

# COVID-19 Testing Information

April 3, 2020



BC is currently testing those with respiratory symptoms who are:

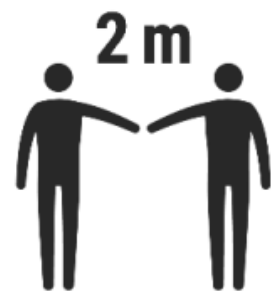
- Hospitalized, or likely to be hospitalized
- Health care workers
- Residents of long term care facilities
- Part of an investigation of a cluster or outbreak

Testing is currently limited, but it is available for anyone who falls into one of the categories above. The BC Ministry of Health strongly urges anyone who has a fever or respiratory symptoms to self-isolate for 10 days. If you have no symptoms, mild symptoms or have returned from travelling, you do not require a test but do need to practice physical distancing and self-isolation. Self-isolation means staying home and avoiding situations where you could come into contact with others.

If you have any concerns, please use the province's [self-assessment tool](#) to determine whether further assessment or testing is needed.

If you have a fever, new cough, or difficulty breathing, call 811 for guidance, or 711 for the deaf or hard of hearing.

Some people may experience no symptoms but can still transmit the virus to others. To protect yourself and others, wash your hands frequently, for at least 20 seconds. If you must leave your home, avoid touching surfaces and maintain a distance of 2 metres from other people.



**It is important that EVERYONE does our part to reduce risks and limit pathways for COVID-19 to come into our community.**