

## WHAT HAPPENS IF SOMEONE IN MUSQUEAM TESTS POSITIVE FOR COVID-19

### STEP 1 – IMMEDIATELY QUARANTINE / SELF ISOLATE TO A DEDICATED ROOM IN YOUR HOME (Ideally Can Be Your Bedroom, Needs To Be In An Enclosed Space)

- MANDATORY **MINIMUM** of 14 days self isolation for the individual(s) who tested positive for COVID-19
- The individual who tested positive → **must remain ISOLATED** in a **DESIGNATED** room **away from everyone else in the home**
- Stringent household **cleaning** is strongly encouraged to minimize potential spread within the home
  - **EVERYONE** in the rest of the family/household are to **STOP ALL** activities:
  - **STOP** sending children to school; **STOP** attending work or school (in person)
  - **STOP RUNNING ERRANDS** – you **must NOT LEAVE THE HOME** for **ANY** reason (**NO** going for groceries, to the bank, or pharmacy, or anywhere)
  - **NO visitors to the home or going to visit any other household**
  - **NO ONE LEAVES** the home **until cleared by Health Officials**

### STEP 2 – MINIMIZE ADDITIONAL RISKS (Stop All Activities To Household, Contact Tracing)

- MIB Health will work closely with the Health Authorities (re: info & stats pertaining to contact tracing &/or other families required to self isolate due to exposures, and any future positive cases)
- MIB Task Force will work with family to ensure they have the necessary essentials; assist in relocation if necessary
- MIB Health Department will look at current services the individual and household are connected to (*examples: home care, nursing care, public works, learning pods, school...etc..*).
  - ALL Services will **STOP** out of safety precautions for MIB staff; the family, and other community members of Musqueam → to prevent any further spread of **COVID-19**
- **Only if deemed absolutely ESSENTIAL services will continue; but with restrictions:**
- Please be advised that this is by a case by case basis\*\* and will be extensively reviewed by MIB Health in collaboration with Public Health
  - Service time will be moved to the days end; MIB staff will not visit any other homes/members afterwards
  - Staff will wear **full PPE** (gowns, gloves, masks, eye protection) the individual/family will need to be made aware not to be alarmed when staff enter their home
  - Staff will **immediately remove** the full PPE once out of the home (\*garbage with tight fitting lid will need to be placed outside the home / will have to be removed 2x weekly Mon & Thurs (Public Works -will also need PPE's)

### STEP 3 – RECOVER AT HOME → RELOCATE IF NEEDED, CONTACT MIB TASK FORCE

- Most (82% of) cases of COVID-19 are considered 'mild' and **can be safely managed at home**
- Public Health will do daily phone calls to check in with family's who are self-isolating and/or recovering from COVID-19
- Connection with friends or family will be by **VIRTUAL MEANS ONLY!**
- If more help is needed persons & families can contact MIB COVID Task Force @ **604 269 3444** or **covid@musqueam.bc.ca**

### STEP 4 – IF THE PERSON WITH COVID-19 CANNOT MANAGE AT HOME → CALL 911

- If the individual's symptoms of **COVID-19 get worse in ANY way then call 911** to be transported to hospital for further medical care management **as soon as possible**.