

Musqueam Community Newsletter Friday April 16, 2021

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212 SAFETY & SECURITY PATROL: 604-968-8058

MUSQUEAM NOTICE

Members Meeting

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Attention Musqueam members: Presentation of operating budget for the 2021/22 fiscal year will happen at a members meeting on April

29, 2021.

This is an important meeting and you are encouraged to attend.

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Operating Budget for Fiscal Year March 31, 2022

When: Thursday, April 29, 2021

Time: 5:30 pm

Where: Online via Zoom (details to follow)

This meeting is online due to COVID-19 restrictions.

Accommodations can be made for members without access to the internet.

More information to come.

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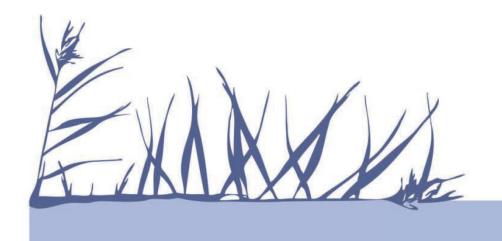
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XwməOkwəyəm Musqueam

LAND CODE

Friday, April 16, 2021

Re: Musqueam Creek Closure 2021 – Creek remains closed since August 2019

Dear Musqueam Membership and community members:

With great respect, be advised that Musqueam creeks are closed due to contamination and are NOT safe:

- No ceremonial bathing and
- No recreational use
- No Pets in water

Musqueam Lands are in field on Musqueam Indian Reserve No. 2 working with Teranis Environmental Consultants taking creek water samples to monitor contamination levels by laboratory testing the creek waters on a weekly basis.

Thank you for remaining safe and staying clear of the creek water until the sources of contamination are confirmed and resolved with the help of Public Works, Housing and Indigenous Services Canada (formerly Indian Affairs).

Kim Guerin, Lands Governance Officer

email: kimaguerin@musqueam.bc.ca

Musqueam Lands Governance Office.



MUSQUEAM INDIAN BAND SEEKING MEMBERS FOR COMMITTEES OF COUNCIL

The Musqueam Indian Band is updating their governance model to better reflect Musqueam cultural values. The Musqueam Chief & Council and Administration are seeking Musqueam Members to sit on the five Standing Committees of Chief & Council for a one year term. Each Committee is required to have Musqueam Members as part of the committee structure. The Committees of Council are:

- Community Services
- Finance and Administration
- Intergovernmental Affairs
- Lands, Capital and Housing
- Transition

Terms of Reference for Committees and Mandates for each of the five Committees of Council are available on the Musqueam Indian Band website https://www.musqueam.bc.ca/.

Each Committee will include three community members: one Elder (over 65 years of age), one youth (18-35 years of age), and one member at large.

Referencing the Mandate letter for each of the Committees, a person with an interest to serve on any <u>one</u> of the particular committees should complete the attached application to the attention of Devin Sharma, C.A.O. Musqueam Indian Band. The applicant should identify their particular interest in being appointed and include their background, knowledge and experience (this should include their life experience, education and knowledge). The applicant should speak about their ability to work respectfully and constructively in bringing community knowledge and views to the Committee.

The C.A.O. and two respected Elders with knowledge of the Musqueam members will be responsible for making the selection and presenting it to Chief & Council for ratification. In making their recommendations, the C.A.O. and the Elders will consult with the Chairs (Heads of Family) of the Committees for fit and suitability.

How to Apply:

Please fill out the attached application form to the attention of the Devin Sharma, C.A.O., Musqueam Indian Band and email to execassist@musqueam.bc.ca.



MUSQUEAM INDIAN BAND

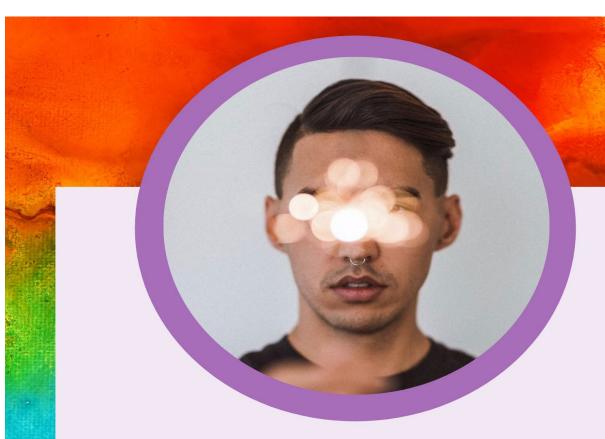
EXPRESSION OF INTEREST FOR COMMUNITY MEMBERS TO SERVE ON MIB COMMITTEES

| | | Appl | icant Infor | mation | | | |
|--|--|--|--|--|---|--|---|
| Name: | | | | | | Date: | |
| ivanic. | Last | First | | | | Date. | |
| Address: | | | | | | | |
| | Street Address | | | | | | |
| | _ | | | | | | |
| | City | | | | Province | Postal Code | |
| Phone: | | | Emai | il | | | |
| \^/l=:=l= =£ tl== | five (F) Committee as would use | | | | | | |
| vvnich of the | e five (5) Committees would you | u like to a | pply for? | | | | |
| | | | | | | | |
| provide police aut Finance an provide police Over Hunce Column Column Column Column Column Column Column Column Column Community Provide police Society Column Col | mmental Affairs Committee — by recommendations and guidate gotiation of the Self-Government of the Administration Committee of the Administration and protocol; Merman Resources and capacity dominication and protocol; Merman Resources and capacity of the Self-Government of Sel | ince relation Agreements; Relation; Relation; Firevelopments and the main and the main and the more relation and Train and Tra | ed to: nent; Constitute ationships with ationships with ationships with ationships with ationships and ate of the Geometric attractions at the Geometric attractions attractions at the Geometric attractions attractions at the Geometric attractions at the Geometric attractions at the Geometric attractions at the Geometric attractions a | ution; Intergoth other First mmittee is to gement and chensive platechnology; Committee is g; Public Woand Security ittee is to he Education; Include: prepare the rvices; Intergothe out from u | overnmental Ist Nations; Part Nations; Part Nations; Part Nations; Part Nations of National Ist | Relations with Federal artnerships with other of Council's priorities are Revenue (OSR); Tayatters supported by a note to Council's priorities Projects; Facilities; Landau Culture; Elders; You Cublic Service for Self-I Strategy; and ive review including a na Act; Overseeing | I, Ind to Exation; budget; s and to Ind Code Ito Ito Ito Gap |
| Are you an | Elder (over 65 years of age)? | YES | NO | | | | |
| Are you a Y | outh (18-35 years of age)? | YES | NO | | | | |

| Are you a Community Member at Large? YES NO □ □ □ | |
|--|-----------|
| Life Experience and Education | |
| What in your background makes you a good candidate for the Committee you would like to serve on: | |
| | |
| | |
| | |
| | |
| Highest Level of Education Completed and the Name/Address of the School: | |
| From: To: Did you graduate? | |
| Specialized Knowledge | |
| Please outline any specialized knowledge that you have that would make you an asset to the Commit | tee: |
| | |
| | |
| | |
| Communication Skills | |
| What do you perceive as your strengths and weaknesses in Communication: | |
| | |
| | |
| | |
| How would you deal constructively and respectively in representing your Community views with the C | ommittee? |
| | |
| | |
| | |
| Signature | |
| I certify that my answers are true and complete to the best of my knowledge. | |
| | |
| Signature: Date: | |



Musqueam Health Dept. Newsletter - April 16, 2021



Join the Musqueam LGBTQ2S+ Group online this upcoming

Tuesday, April 20th at 2:00pm with special guest:

Vance Wright (they/them)

Vance is a Dakelh artist joining Dawn-Marie to discuss art, the LGBTQ2S+ scene, and more!

Link available on the Musqueam Health Department Facebook page



Musqueam Health Dept. Newsletter - April 16, 2021



Register your Newborn

Online Birth Registration

Online birth registration is the simplest way to register your child's birth, and apply for a birth certificate, the Medical Services Plan, Canada Child Benefits, and a Social Insurance Number.

Register your Newborn Birth registration is free, but you'll need a credit card to order a birth certificate at the same time.

Why should I use this service?

Electronic Birth Registration is the fastest and easiest way to register your child, get a birth certificate, and apply for MSF coverage, Canada child benefits, and a SIN. Applying online saves you the extra work of repeating the same information

Required Information

You need the following information to register your child's birth online:

- date of your child's birth
- names you have chosen for your child
- name of the hospital or other place in B.C. where the birth took place
- parents' surnames as they appear on their current birth certificates or change of name certificates
- parents' dates and places of birth, and current ages
- parents' Personal Health Numbers (BC CareCard)

Use the Vital Statistics Agency's <u>secure online service</u> to register your child's birth. It takes 3-4 weeks to register a birth and issue birth certificates. Incomplete or late documents can cause delays. For more information, see <u>Birth Registration</u>.

Link: https://www2.gov.bc.ca/gov/content/life-events/birth-adoption/births/birth-registration

First Nations Health Authority INFANT ENROLLMENT

First Nations infants up to 18 months are eligible for Health Benefits as long as at least one parent meets the Health Benefits eligibility criteria. To register an infant under an eligible parent, clients should submit the following documents to FNHA Health Benefits by mail or fax:

- A copy of the infant's birth certificate; and
- An MSP Change Request Form, available online at http://www.fnha.ca/benefits/MSP

After 18 months, the infant will no longer be covered under the eligible parent and will need to be registered with



Musqueam Health Dept. Newsletter - April 16, 2021

Health Benefits under their own status number. To register an infant for Health Benefits under their own account clients must:

- Register the infant for Indian Status at a local band office or Indigenous Services Canada (ISC); and
- Once "Temporary Confirmation of Registration" is received, <u>call Health Benefits at 1.855.550.5454 with</u> the child's new status number to complete the registration process.

First Nations' Basic Medical Coverage

The <u>First Nations Health Authority</u> enrolls and administers MSP to all Status Indians who are residents of B.C. (excluding persons who receive health benefits by way of a First Nations organization pursuant to self-government agreements with Canada).

FNHA Health Benefits and MSP

The Health Benefits Program manages MSP for First Nations people in BC. If you have status and need to register for MSP, do so through Health Benefits.

MSP registration forms are available online or by calling Health Benefits at 1-855-550-5454.

If you are Metis or Inuit and have questions about the BC Medical Services Plan, please call Health Insurance BC at 1-800-663-7100.

Link: https://www.fnha.ca/benefits/msp

First Nations Health Benefits and Pacific Blue Cross (PBC)

FNHA Health Benefits has partnered with Pacific Blue Cross (PBC) to

deliver Dental, Vision Care, Medical Supplies and Equipment (MS&E) and some Pharmacy items benefits.

You can find out what items and services are covered on your PBC Member Profile on the Pacific Blue Cross (PBC) website: https://pac.bluecross.ca/

<u>Login or Create an Account (Member Profile)</u>
<u>Download the PBC App</u>

Mailing Address: Pacific Blue Cross PO Box 7000 Vancouver, BC V6B 4E1

Link: https://www.fnha.ca/benefits/coverage-details

Need Help? Musqueam Health Department can assist:

For assistance with registering your Newborn you may call Candice Sparkes: 604-269-3312.

For questions or concerns about your Health Benefits or assistance with the PBC website or APP? You may contact: Ashlee Point 604-269-3395



Musqueam Health Dept. Newslett

Community Health Program

Crystal Point, RN, CHN

Musqueam Pre- and Post-Natal Group

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as — milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- > A one-time gift of an Electric Breast pump. One per family
- ➤ Welcome gift for your new baby

To register for the Program, call the Community Health Nurse Crystal Point in the Health Dept.

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child health supports (electronically, virtually and/or home visit if needed).

Crystal Point, CHN: Ph: 604-362-9200 | Email: chn@musqueam.bc.ca

Arlene Haldane, Assist: Ph: 604-655-0580 | Email: nurseassist@musqueam.bc.ca

Home & Community Care Program

Home Care Nurse: Romeo Cosio, RN

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, and all medical supplies & equipment. Home care services & medical equipment require a note from your doctor with your needs specified.

Home Care Office Phone: 604-263-6539

Romeo's Office Hours: Monday, Wednesday Thursday & Friday from 8:30-5:30 Tuesdays - Off

Phone: 604-269-3463 or email: homecare@musqueam.bc.ca or nurseassist@musqueam.bc.ca

Please note: Home Care Clients: If you will not be home during your scheduled hours - please contact the Nurse Assistant, Arlene Haldane - 604 269 3354 or 604 655 0580.

**Please note, the home care nurse may be on a house call so please leave a message.

*For Emergencies Call 911 right away! *



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Musqueam Wellness Program

Janice Cross

This confidential service is available Monday-Friday: 830- 4pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice.

Call: 604-250-2913 **Email:** mentalwellness@musqueam.bc.ca



Art Therapy for Children, Youth & Adults

Janice Carroll,

I am working from home and available Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also, hold sessions via Zoom.

I can be reached on my cell at 778-829-0242 or my email is jcarroll@musqueam.bc.ca

Musqueam National Native Alcohol & Drug Abuse Program

Hannah Green & Brad Morin, Drug & Alcohol Counsellor

Hannah Green, Drug & Alcohol Counsellor.

Supports Musqueam band members with their substance use and help them get connected to the supports they need. She can also lend a judgement-free ear to listen and support you where she can in your personal journey with substances. She would love to connect with you.

Hannah Green Contact Info:

Email: nnadap.hannahg@musqueam.bc.ca

Cell: 236 818 7686

Facebook: facebook.com/hannah.green musqueam.1

Brad Morin, Drug & Alcohol Counsellor

Provides one to one, family, and group counselling whenever necessary and refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety. I conduct outreach to community and band members. Lastly, makes referrals to detox, recovery houses, and treatment centres.

Thank you, Brad Morin.

Brad's office hours: Mon-Fri: 5:00pm-9:00pm &

Sat-Sun: 10:00am - 5:00pm

E: nnadap.bmorin@musqueam.bc.ca

T: 604-652-1368

Youth Centre Program

Sandra Dan

The Youth Centre phone: 604-360-9171 | Email address: youthcentre@musqueam.bc.ca



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WHAT IS METHADONE?

Presented by NNADAP Worker Hannah Green

Call or text for more info: 236 818 7686

METHADONE IS AN OPIOID MEDICATION

Methadone is used to treat severe opioid addiction. Many doctors can prescribe it, including those at the Musqueam Primary Care Clinic.



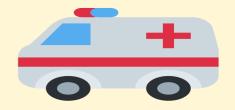


METHADONE CAN REPLACE SHORTER ACTING OPIOIDS

Methadone is longer lasting (8-12 hours) and can help manage symptoms of withdrawl.

YOU CAN OVERDOSE ON METHADONE

Taking more than your prescribed dose or "chipping" and using opioids while on methadone puts you at risk of an overdose.





METHADONE HAS SIDE EFFECTS

These include constipation, changes in sex drive, sweating, dry mouth, drowsiness, nausea and vomitting, and weight gain.

WHATS THE DIFFERENCE BETWEEN METHADONE AND SUBOXONE?

Methdone is a liquid and suboxone is a pill. Treatment depends on an individual's unique circumstances.





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Safe Drinking Water Monitoring Program

Charlene Campbell-Wood

1. Health Benefits

We all know how important it is to stay hydrated, but it is not always clear how our beverage choices impact our health. Evidence links the consumption of sugary drinks to excess weight gain and an increased risk of chronic disease and tooth decay. The solution? Drink water most often! Make it more exciting by adding fresh fruit and herbs like strawberries and basil for a delicious hint of flavor.

2. Save Money

All UBC Food Services locations, including the Residence Dining Rooms, offer free tap water. When you are out and about, Metro Vancouver's TapMap is a great way to find free places to refill water bottles. When you consider that bottled water and other beverages are a 100% markup on free tap water, the math is simple: After the initial investment in a water bottle, tap water will save you money!

3. Reduce Waste

Bottled water vs. tap water...what's better? Water is universally better for you than sugar-sweetened beverages, but often bottled water is simply re-packaged municipal tap water. Opting for tap water over bottled water not only reduces waste from single-use containers and requires less energy to transport, but in Metro Vancouver tap water is held to much higher safety standards than bottled water. Plus, even recyclable bottles require energy and resources, and millions of single-use water bottles still end up in our landfills. SEEDS investigated the sustainability of bottled water vs. tap water a few years ago.

First Nations Health Authority Benefits

If You Receive an Ambulance Bill

If you receive an ambulance bill, please send it to FNHA Health Benefits by email, fax or mail. Please be aware that ambulance bills as a result of a motor vehicle accident or a workplace incident will not be covered by the Health Benefits Program, and should be forwarded to ICBC or WorkSafe BC, respectively.

Coverage for ambulance transport services in BC is based on the rules and rates set out by <u>BC</u> <u>Emergency Health Services</u>. Most ambulance bills will be sent to Health Benefits directly, if you provide BC Emergency Health Services with your status number.

If you have any questions, please call Health Benefits at 1-855-550-5454.

Musqueam Education Notice Friday April 16, 2021



"Education is not received. It is achieved."

-Albert Einstein



Graduating High School Students

Are you considering going to a post-secondary institution in September? Have you applied to any schools? If you are planning on attending a Post-Secondary school, please let the Education Department know, so we can provide you with any information you need for funding.

Graduation fees

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

Musqueam Graduation Celebration

It's that time of year again, we are starting to plan for the annual Musqueam Graduation Celebration!

If you know of any band members who are graduating from grade 7, grade 12, or post-secondary please let the Education Department know so we can include them in the graduation celebration.

As we get closer to June, please keep an eye on the newsletter for more information about the Musqueam Graduation Celebration.

Scholarships and Bursaries

The Chief Joe Mathias British Columbia Aboriginal Scholarship is now accepting applications for the 2021 year. Please visit www.chiefjoemathias.ca to download both the eligibility requirements and the application.

Applications can be submitted electronically (in **one** email containing **one** combined PDF) to chiefjoemathias@gmail.ca, or mailed to the address on the application. Please note that the application must be received prior to the deadline, so please mail it no less than a week in advance of June 19, 2021.

Deadline to apply is June 19, 2021 at 11:59 pm.



Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learning facilitator @musqueam.bc.ca

Cary Campbell, School Bus Driver

Dona Grant, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263 - 4212

Toll free: 1-866-282-3261

EXPERIENCE VCC

Explore 130+ programs at our virtual open house.

APRIL 20 & 21 9:30 AM-5 PM vcc.ca/experience

You're invited to Experience VCC

Our virtual open house is back! Join us for free online sessions hosted by VCC instructors from over 130 different programs, meet current students, ask questions, and enter for a chance to **win \$1,000 in VCC tuition**.

Sign up at:

https://www.eventbrite.ca/e/experience-vcc-spring-2021-virtual-open-house-tickets-138024738709

Attend and Win

Enter to win your tuition

We're giving away **three prizes of 1,000 in tuition** as an Experience VCC door prize! Just watch for contest entry codes that will be revealed at the end of each session. The more sessions you attend, the better your chances of winning!

No application fee

As always, we're **waiving the \$35 application fee** for all Experience VCC participants. Simply <u>register and attend</u> to get your discount. (Domestic students only)

Questions?

Learn more at vcc.ca/experience or connect with us online using #ExperienceVCC

Indigenous Scholarship and Bursary Programs

BC Hydro wants to invest in the next generation of leaders, like you, to build a strong and healthy workforce across the province.

Our scholarships and bursaries are available to Indigenous students from B.C., studying in a program that reflects the work we do.

| Application p | eriod: | | | | | |
|---------------|--------|--|--|--|--|--|
|---------------|--------|--|--|--|--|--|

Scholarships in the amount of \$5,000 are available for students in full-time degree programs.

Bursaries in the amount of \$2,000 are available to students in part-time certificate, diploma, or trades programs.

One \$8,000 Randy Brant Memorial Award will be awarded to the top overall applicant.

For more information including program eligibility and application forms go to bchydro.com/scholarships or email indigenous.awards@bchydro.com.





BC Hydro Indigenous Bursary application

BC Hydro offers bursaries in the following areas:

- \$8,000 Randy Brant Award for the top overall applicant of Scholarships & Bursaries Program.
- \$2,000 bursaries for students in part-time degree program, trades or technical program, and diploma programs.

Eligibility

Full name

- O You must be from a BC First Nation or an Indigenous permanent resident of BC.
- O You must be registered for classes between September 2021 April 2022.
- Part-time (2 classes per semester) at a college, university, trades, or technical program are eligible. For a full list of eligible programs visit bchydro.com/scholarships.

Personal information of applicant

The information provided will be kept confidential and will be used only for the purpose of assessing the applicant's eligibility for BC Hydro bursaries, and other relevant opportunities.

| Permanent address: | |
|--|---|
| Indigenous Affiliation: | |
| Email address: | School Name: |
| Phone number: | Student Number: |
| Are you enrolled in a Co-op Program? Yes | No |
| processing, and disclosing my information and contacting | n is complete and correct. By signing, I agree to BC Hydro collecting, ag me with opportunities related to employment, training, scholarships, photo in external and internal communications including websites and |
| Signature: | |
| Consent of parent or guardian for applicants under the a | age of 18: |
| I, (print name), of (addres | ss), |
| the parent or guardian of the person named above, consthe disclosure of personal information for use during this | sent to the above-named student applying for a BC Hydro award and to s application process. |
| Date: Signature of pare | ent or guardian: |



You must include the following in your application package:

- 1. Proof of registration in a post-secondary program in BC
- 2. Answer the following questions in 100 words (each) or less:
 - a. Describe your program and why it interests you.
 - b. Describe how your program/field of study is relevant to the work BC Hydro does or career opportunities at BC Hydro.
 - c. What activities do you participate in outside of school (community service, sports, work, recreation)?
 - d. Describe what makes you a good candidate for a BC Hydro bursary?
 - e. Share your accomplishments, successes, recognition, or any awards you may have received.
- 3. Provide a character reference letter that speaks to why you would make a good candidate for a BCH scholarship. Letter should be from a teacher, coach, community leader, etc.
- 4. Proof of Indigenous ancestry; photocopy of status card or letter from band.
- 5. Unofficial transcript from most current year of studies.

Evaluation

Applications will be evaluated based on the responses in your personal summary. Grades will also be taken into consideration.

Submit your complete application by May 31, 2021 to Indigenous.Awards@bchydro.com

*Only electronic submissions will be accepted. Include all attachments in 1 email. We will send you an email notification when your application has been received.





BC Hydro Indigenous Scholarship application

BC Hydro offers scholarships in the following areas:

- \$5,000 scholarships for full-time students in an undergraduate or graduate program in BC.
- \$8,000 Randy Brant Award for the top overall applicant of Scholarships & Bursaries Program.

Eligibility

- O You must be from a BC First Nation or an Indigenous permanent resident of BC.
- O You must be registered for classes between September 2021–April 2022.
- Full-time (4 class minimum per semester) college or university degree program.
 For a full list of programs visit bchydro.com/scholarships.

Personal information of applicant

The information provided will be kept confidential and will be used only for the purpose of assessing the applicant's eligibility for BC Hydro scholarships and other relevant opportunities.

| Full name: | | |
|----------------------------|--|--|
| Permanent address: | | |
| Indigenous Affiliation: _ | | |
| Email address: | | School Name: |
| Phone number: | | Student Number: |
| Are you enrolled in a Co | o-op Program? Yes | No |
| processing, and disclosing | my information and contacting me | mplete and correct. By signing, I agree to BC Hydro collecting, with opportunities related to employment, training, scholarships, in external and internal communications including websites and |
| Date: | Signature: | |
| Consent of parent or guar | dian for applicants under the age of | 18: |
| I, (print name) | , of (address) | |
| | the person named above, consent to information for use during this appli | the above-named student applying for a BC Hydro award and to cation process. |
| Date: | Signature of parent or o | guardian: |





You must include the following in your application package:

- 1. Proof of registration in a post-secondary program in BC
- 2. Answer the following questions in 100 words (each) or less:
 - a. Describe your program and why it interests you.
 - b. Describe how your program/field of study is relevant to the work BC Hydro does or career opportunities at BC Hydro.
 - c. What activities do you participate in outside of school (cultural activities, community service, sports, work, recreation, family commitments)?
 - d. Describe makes you a good candidate for a BC Hydro scholarship?
 - e. Share your accomplishments, successes, recognition, or any awards you may have received.
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- 5. Unofficial transcript from most current year of studies.

Evaluation

Applications will be evaluated based on the responses in your personal summary. Grades will also be taken into consideration.

Submit your complete application by May 31, 2021 to Indigenous.Awards@bchydro.com

*Only electronic submissions will be accepted. Include all attachments in 1 email. We will send you an email notification when your application has been received.





Energy Conservation Assistance Program

We have received multiple application so far and are still accepting new application!

Musqueam housing department is working with BC Hydro and Fortis BC to bring the Energy Conservation Assistance Program (ECAP) to the community.

What is included in the ECAP?

- FREE home energy evaluation: An evaluator will work with you to find simple ways to improve your home's energy efficiency at NO COST to you.
- FREE Energy upgrades: You will receive LED light bulbs, water-efficient showerheads and faucet aerators, exterior door weather stripping, and hot water pipe insulation. Some Homes may even qualify for an ENERGY STAR® certified fridge or high efficiency gas furnace installation at NO COST.

You are eligible for the ECAP if.

- You live in a home on Musqueam reserve,
- You have a BC Hydro or Fortis BC residential accountin your name,
- You have not received the ECAP service in 2013 and 2017.

To receive the service, please fill the ECAP application form (next page). If you have a BC Hydro and a Fortis BC account, fill both sections of the application. Please drop the filled application at the reception in the band office or take a picture of your application and email it to: ehaghi@musqueam.bc.ca

We will submit the forms on your behalf.

Questions?

If you need assistance in filling the forms and the application process, contact: Ehsan Haghi – Community Energy Specialist at Musqueam Indian Band Email: ehaghi@musqueam.bc.ca, Cell: 2267924266





Salish Seas Fisheries Limited Partnership is a commercial fishing business partnership between Musqueam, Tla'amin, and Tsleil-Waututh Nations. Salish Seas has issued a Request for Proposals (RFPs) for community members interested in leasing an **Area I Crab Licence** for the 2021 fishing season (opening around June 2021).

To pick up an RFP packages, please contact:

Lawrence Guerin @ 778.997.5510

All Proposals must be submitted to the TWN reception or via email to:

salishseaslp@gmail.com

Proposal Due Date: 4:30 pm April 26th, 2021