



## Musqueam Community Newsletter

Friday May 21, 2021

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

### 1017 - Office & Administration - Receptionist

Main Office, 6735 Salish Drive, Vancouver, British Columbia,  
Tuesday, April 27, 2021

The Receptionist provides a telephone and personal reception service for the Band Administration Office. The incumbent receives and directs telephone calls and visitors to the appropriate department or person. When required, the Receptionist provides clerical assistance as assigned.

#### Duties:

Answers telephone switchboard and directs callers to appropriate station.

Greets visitors, and provides direction to the appropriate department or person.

Collects and distributes mail and faxes to appropriate personnel.

Maintains a staff calendar board to track whereabouts. Distributes cheques.

Typing, filing, photocopying, faxing, telephone answering, and other clerical support work.

Assists other departments by providing clerical support on an as needed basis.

Develops and maintains effective working relationships with coworkers and office visitors.

Back up support to Administrative assistant, creates newsletter and administrative functions as needed

Oversees First Aid orders, directs calls for First Aid; updates and follows through on First Aid Attendees and oversees small budget for First Aid

#### Knowledge and Abilities:

Skill and knowledge usually attained by successful completion of High School with some business related courses and experience in operating a large telephone switchboard; or an equivalent combination of skill, knowledge, and experience.

First Aid Training/Certificate

Ability to take minutes at meetings/Basic Minute Taking Training

Knowledge and experience of the Musqueam Indian Band, Band administration and policies and First Nations culture and history.

Ability to use tact and good judgement in dealing with callers and visitors.

Ability to maintain confidentiality.

This is a full-time permanent position, where the employee is entitled to participate in the benefits and pension programs.

Salary Range: \$17.80 - \$18.47 hourly

Please apply on the band website under Community Job Postings.

#### INSIDE THIS ISSUE:

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Job Postings & Scholarships  
And Bursaries 9-19



**HAVE A SAFE AND  
HAPPY LONG  
WEEKEND!!!**

My name is Ehsan Haghi and I am the Community Energy Specialist at Musqueam Indian Band. I am going to share tips on how we can maintain our homes more effectively and reduce our hydro and gas bills. Today, we are focusing on lighting systems:

Lighting accounts for about five per cent of a home's total energy use.<sup>1</sup> In addition to replacing older incandescent and halogen with energy-efficient LED lighting, you can take some simple actions to both save energy and enhance your home's lighting.

#### **Make the most of natural light**

A small amount of daylight can provide enough light for an entire room. When decorating, consider using lighter colours that will reflect natural daylight and other lighting.

#### **Turn off the lights when not in use**

In addition to turning lights off when you leave a room, consider how smart technologies such as occupancy or motion sensors, timers and dimmers could automatically control the lighting in your home.

#### **Dust off light bulbs and fixtures**

Keeping light bulbs clean helps maximize their light output.

#### **Focus on task lighting**

Direct light where it's needed in work areas such as your desk, workshop or kitchen by using reading lamps, track lighting and under-cabinet lights to reduce the need for background lighting.

#### **Replace incandescent and halogen bulbs with LEDs**

Incandescent light bulbs are less expensive than energy-efficient lighting products, but use more energy and have a shorter lifespan. ENERGY STAR® certified LED bulbs use less power, last about 15 times longer than traditional bulbs, and are available in a range of types, wattages and colour temperatures for most applications.

**Are you interested in receiving FREE energy saving products including LED lamps? Musqueam housing department is working with BC Hydro and Fortis BC to bring the Energy Conservation Assistance Program (ECAP) to the community.**

**To receive the service, please fill the ECAP application form. If you have a BC Hydro and a Fortis BC account, fill both sections of the application. Please drop the filled application at the reception in the band office or email/text it to Ehsan Haghi. We will collect the forms and submit them on your behalf.**

#### **Questions?**

**If you need assistance in filling the forms and the application process, contact:**

**Ehsan Haghi – Community Energy Specialist at Musqueam Indian Band**

**Email: [ehaghi@musqueam.bc.ca](mailto:ehaghi@musqueam.bc.ca), Cell: 2267924266**

# Energy Conservation Assistance Program application

For aboriginal communities and residents of non-profit housing



Bulk reference number Musqueam 2021

To apply for the FREE Energy Conservation Assistance Program, please complete each of the following before submitting the application:

- ☐ Complete the application in full (or we will not be able to process your application).
- ☐ Attach the Landlord Consent form (if you rent from a private landlord).
- ☐ Sign the declaration at the bottom of the page (highlighted in yellow below).

If you require assistance completing this application form please call the program contractor **It's On Electric 1-855-560-3227**.

## 1. Account holder information

### BC Hydro account

First name (on BC Hydro bill)	Last name (on BC Hydro bill)	BC Hydro account number	
Account address	City	Province	Postal code
Home phone number	Other phone number	Email address	

### FortisBC account

First name (on FortisBC bill)	Last name (on FortisBC bill)	FortisBC account number
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## 2. Property information

How many people live in your home?	Last name	Name of company (if you are a property manager)
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What type of home do you live in?

- ☐ Detached house    ☐ Duplex    ☐ Town house    ☐ Apartment/condominium\*    ☐ Mobile home  
☐ Other:

\*Please see terms and conditions for eligible products and measures for apartment units.

Do you rent your home?

- ☐ Own    ☐ Rent

(If you selected rent, and rent from a private landlord please complete and attach the Landlord Consent Form and complete the Landlord contact information below)

\*If you live in a band-owned home, or non-profit housing you are NOT required to submit a Landlord Consent Form.

Landlord name (please indicate if home is band owned)	Contact phone number
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## 3. Income qualification and authorization for disclosure and collection

I understand that in order to qualify as a participant, BC Hydro requires proof that my household income meets the program's income requirement, and/or my building is eligible to participate in the program under the Terms and Conditions. By signing this form, I consent to BC Hydro collecting my personal information (including all items listed on this application form and income qualification status) indirectly from my band/non-profit administration office. Furthermore, I permit my Band/Non-Profit administrative office to disclose that personal information to BC Hydro for the purpose of qualification and for the administration of the program.

### MUST COMPLETE

By signing below, I certify that I understand and agree to all of the preceding declarations and all terms and conditions that follow on this application. I certify that all the information is true and complete in every respect and that any willful misstatements may cause the rejection of my application.

BC Hydro account holder signature (BC Hydro account holder)

Date (Yr/Mth/Day)

FortisBC account holder signature  
(If there is a FortisBC natural gas account associated with the residence.)

Date (Yr/Mth/Day)

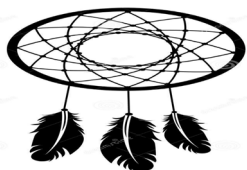
Mail completed application to:  
BC Hydro and FortisBC ECAP Operations  
PO Box 8910 Stn Terminal  
Vancouver, BC V6B 9Z9

### OFFICE USE ONLY

Meets LICO threshold

- ☐ Yes    ☐ No

Authorized signature



x<sup>w</sup>məθk<sup>w</sup>əyəm

Musqueam Health Dept. Newsletter – May 21, 2021

Musqueam Health

## IMPORTANT UPDATE

### COVID-19 VACCINE CLINICS: 2nd DOSE

Musqueam is hosting **three** clinics for **second dose** immunizations of the Pfizer COVID-19 vaccine.

Immunization will follow the same order as the first clinics.

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#### CLINIC #1: Tuesday, May 25, 2021

Elders, medically vulnerable and members who have **NOT had their first vaccine dose**, including youth aged 12-15.

\*Parents/guardians: to register your child, call Ashlee (604-263-3261) or Arlene (604-655-0580)



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#### CLINIC #2: Tuesday, June 1, 2021

#### CLINIC #3: Thursday, June 3, 2021

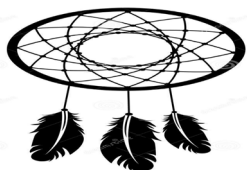
All remaining community members that received a first dose at a Musqueam vaccine clinic.

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***Musqueam Health will call you with your appointment time.***



We have all your info, so expect a call from us in the coming days and weeks. Please keep your phone with you and be prepared for our call to streamline our work. If you do not have a phone, please email: [ashleepoint@musqueam.bc.ca](mailto:ashleepoint@musqueam.bc.ca) **or** [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)



x<sup>w</sup>məθk<sup>w</sup>əyəm

Musqueam Health Dept. Newsletter – May 21, 2021

x<sup>w</sup>məθk<sup>w</sup>əyəm



## MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday May. 24	Tuesday May. 25	Wednesday May. 26	Thursday May. 27	Friday May. 28
<b>CLOSED</b> <b>VICTORIA DAY</b>	<b>Dr. Dumont, GP</b> 9:30am - 3:30pm	<b>Karen Chandra, NP</b> <b>Jane Estey, NP</b> 9:30am - 3:30pm	<b>Karen Chandra, NP</b> 9:30am - 3:30pm	<b>Karen Chandra, NP</b> <b>Jane Estey, NP</b> 9:30am - 3:30pm



**If you missed your telehealth appointment, you will need to REBOOK for the next available date. Please be available 15 minutes before and after your scheduled appointment call.**

**Family Physician (Dr. Dumont) is in on Tuesdays.**

**The Nurse Practitioners (Karen and/or Jane) are in the rest of the week.**

The Musqueam Clinic is at capacity with 700+ patients registered.

**We cannot accommodate walk-ins and/or same day appointments.**

**Please do not come to the clinic without a booked appointment.**

Be mindful of your prescription running low and make an appointment prior to running out of your medication.

Please leave a voicemail if you cannot get through - we will return your call as soon as possible!

**For an appointment please call 604-266-0043**



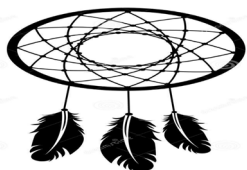
**HAVE A SAFE AND HAPPY VICTORIA DAY!!!**

Take care,

MIB Primary Care Clinic Staff

Thank you, Charlene Point - MOA





x<sup>w</sup>məθk<sup>w</sup>əyəm

## Musqueam Health Dept. Newsletter – May 21, 2021

### Community Health Program

*Crystal Point, RN, CHN*

#### Musqueam Pre- and Post-Natal Group

*Are you pregnant or have you recently had a baby?*



The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – **milk, eggs, cheese, fruits & vegetables** to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

To register for the Program, call the Community Health Nurse Crystal Point in the Health Dept.

**Due to Public Health Guidelines**, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child health supports (electronically, virtually and/or home visit if needed).

**Crystal Point, CHN:** Ph: 604-362-9200 | Email: [chn@musqueam.bc.ca](mailto:chn@musqueam.bc.ca)

**Arlene Haldane, Assist:** Ph: 604-655-0580 | Email: [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

### Home & Community Care Program

*Home Care Nurse: Romeo Cosio, RN*

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, and all medical supplies & equipment. Home care services & medical equipment require a note from your doctor with your needs specified.

**Home Care Office Phone: 604-263-6539**

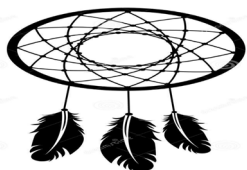
**Romeo's Office Hours:** Monday, Wednesday Thursday & Friday from 8:30-5:30 Tuesdays - Off

**Phone: 604-269-3463 or email:** [homecare@musqueam.bc.ca](mailto:homecare@musqueam.bc.ca) or [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

**Please note: Home Care Clients:** If you will not be home during your scheduled hours - please contact the Nurse Assistant, Arlene Haldane – 604 269 3354 or 604 655 0580.

*\*\*Please note, the home care nurse may be on a house call so please leave a message.*

**\*For Emergencies Call 911 right away! \***



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## Musqueam Health Dept. Newsletter – May 21, 2021

### Musqueam Wellness Program

Janice Cross



This confidential service is available Monday-Friday: 830- 4pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice.

**VIRTUAL  
COUNSELLING**

**Email:** [mentalwellness@musqueam.bc.ca](mailto:mentalwellness@musqueam.bc.ca)

**Call:** 236-558-9977.



### Art Therapy for Children, Youth & Adults

Janice Carroll, RCAT

I am working from home and available Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also, hold sessions via Zoom.

I can be reached on my cell at 778-829-0242 or my email is [jcarroll@musqueam.bc.ca](mailto:jcarroll@musqueam.bc.ca)

### Youth Centre Program

Sandra Dan

**The Youth Centre phone: 604-360-9171 | Email address: [youthcentre@musqueam.bc.ca](mailto:youthcentre@musqueam.bc.ca)**

### Musqueam National Native Alcohol & Drug Abuse Program

Hannah Green & Brad Morin, Drug & Alcohol Counsellor

#### **Hannah Green, Drug & Alcohol Counsellor.**

Supports Musqueam band members with their substance use and help them get connected to the supports they need. She can also lend a judgement-free ear to listen and support you where she can in your personal journey with substances. She would love to connect with you.

Hannah Green Contact Info:

Hannah's office hours

Mon-Wed. & Fri: **9am-4pm** | Thurs **12-7pm**

Email: [nnadap.hannahg@musqueam.bc.ca](mailto:nnadap.hannahg@musqueam.bc.ca)

Cell: 236 818 7686

Facebook: [facebook.com/hannah.green.musqueam.1](https://facebook.com/hannah.green.musqueam.1)

#### **Brad Morin, Drug & Alcohol Counsellor**

Provides one to one, family, and group counselling whenever necessary and refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety. I conduct outreach to community and band members, lastly, makes referrals to detox, recovery houses, and treatment centres.

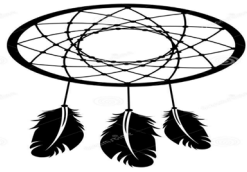
Thank you, Brad Morin.

**Brad's office hours:**

**Mon-Fri: 5pm-9pm | Sat-Sun: 10am - 5pm**

E: [nnadap.bmorin@musqueam.bc.ca](mailto:nnadap.bmorin@musqueam.bc.ca)

T: 604-652-1368



x<sup>w</sup>məθk<sup>w</sup>əyəm

Musqueam Health Dept. Newsletter –May 14, 2021

## Safe Drinking Water Monitoring Program

*Charlene Campbell-Wood*

### STAYING HYDRATED DURING THE HOT SUMMER WEATHER

Stay safe and performing at your best this summer with these hydration tips!

Whether you're doing high intensity training or simply enjoying the outdoors on a hike or a run, it is important to stay hydrated, especially when the mercury rises during the summer months.

Water is the basis for life. It is second only to oxygen in importance for health, making up to 75% of the body. Although water does not provide a source of calories, adequate hydration is at least as important to good athletic performance as the food you eat and is essential for efficient training, playing and racing.

Proper hydration not only quenches one's thirst but allows the body to flush toxins, maintain system equilibrium (balance), support brain function, hormone balance, metabolic processes (including fat metabolism), the transportation of life-giving vitamins and minerals, and supports the integrity of muscle, joint and bone in our bodies.

Although the human body can, in extreme cases, go without food for up to six weeks, it can only survive a week without water. As a general rule, it is recommended that the average person consume at least eight, 8-ounce servings of water each day (2 litres a day).

The more time you spend outdoors and the more active you are, the more water you need to replenish lost fluids. Replenishing fluids is especially important when exercising in hot and humid weather conditions as your body tends to sweat more.

#### **Tips for Proper Hydration**

Start and end your day with a 250 ml serving of water. Your body loses water while you sleep, so drink a serving before bed and again when you wake up.

#### **Drink before you are thirsty.**

By the time you feel thirsty; you have probably already lost two or more cups of your total body water composition. Drink plenty of water throughout the day. Carry a bottle of water with you daily. Keep a bottle of water on your desk and refill at the office water cooler regularly.

Don't substitute with alcoholic beverages. Alcohol is a diuretic and will cause you to lose water through increased urination. It's important to note that although coffee and tea do have a diuretic effect, they do provide a significant amount of fluid and any effect of caffeine on urine losses are minor (especially for habitual caffeine users).

#### **Hydration Following Activity**

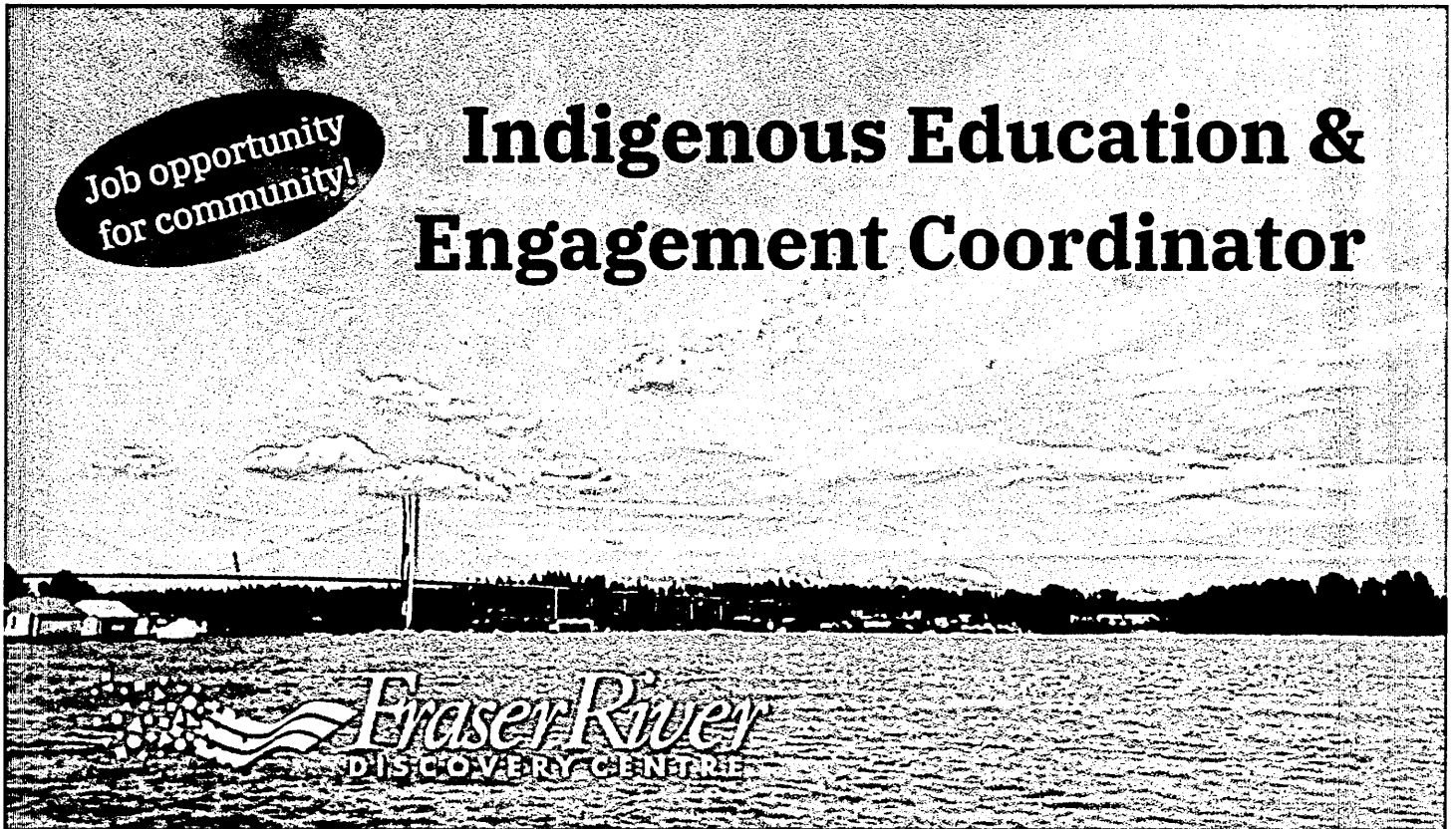
Drink 500-1000ml within 1 hour, post exercise. You should aim to 'push' fluid intake even if you don't feel thirsty. Given that you will eliminate some fluid through urination, you'll want to drink more than what you've lost.

#### **Hydration During Exercise**

Drink 200-350 ml every 15-20 minutes. If possible, given your sporting activity, take regular 'sips' throughout the activity. For longer training sessions (or in hot weather) consider using a sports drink as part of your hydration regimen (prior to, during and following activity). The sodium and potassium content in most sports drinks will permit you to maintain a proper electrolyte balance.



## JOB OPPORTUNITY



Interested in education and community engagement? Love the Fraser River and want to learn more about our history?

**The Fraser River Discovery Centre (FRDC) is seeking a Musqueam community member to become their first Indigenous Education and Engagement Coordinator!**

Last year, Musqueam and the FRDC signed an agreement setting out an intention to create an Indigenous place of learning. The new coordinator will support our partnership with FRDC, and develop educational materials about Musqueam's Fraser River history, as well as other local First Nations. A big part of the job is building relationships with First Nations communities to receive input about the place of learning.

Applicants need to be a Musqueam community member familiar with local Indigenous culture, traditions and protocols, and be eager to share their knowledge.

The role is a full-time contract from June-December 2021, with possible extension.

**Pay:** \$18/hour, plus 4% in lieu of vacation pay.

**Deadline:** May 31, 2021

Read more about the job on our website:

[www.musqueam.bc.ca/job-opportunity-fraser-river-discover-centre-indigenous-coordinator](http://www.musqueam.bc.ca/job-opportunity-fraser-river-discover-centre-indigenous-coordinator)

# Native Youth Program 2021

Summer Opportunity  
for FIRST NATIONS  
HIGH SCHOOL STUDENTS  
[AGE 15-18] [\$15.20/HR]



APPLY NOW FOR THE

## [ WHAT will you gain?]

Seven weeks training and work experience exploring traditional and contemporary Indigenous cultures from your own experiences and research.

ACTIVITIES MAY INCLUDE....

CREATING Podcasts, Zines and Short Films  
LEARNING from Elders, mentors, and artists  
RESEARCHING the museum collection  
about material that matters to you  
GIVING guided museum tours  
PRESENTING the Reciprocal Research  
Network to museum visitors

## [WHEN and WHERE?]

July 5th—August 20th, 2021 at the UBC Museum of Anthropology.

# APPLICATIONS ARE OPEN!

need more information? contact [nyp@moa.ubc.ca](mailto:nyp@moa.ubc.ca)



# NATIVE YOUTH PROGRAM 2021

Co-Sponsored by the Museum of Anthropology (MOA) &  
UBC First Nations House of Learning (FNHL)

## Summer Employment Opportunities

### FIRST NATIONS HIGH SCHOOL STUDENTS

The Native Youth Program provides students with an opportunity to research their own and other cultures through the museum collection and online resources and participate in workshops and study trips. They will also learn about the resources at the UBC First Nations House of Learning and the Museum of Anthropology and develop public presentation skills using objects and new media. Participants will share this knowledge with other students and museum visitors through guided tours, presentations and a final report reflecting on their experience and research.

**Requirements:** Candidates must be 15 to 18 years old, enrolled in high school and must have an interest in First Nations heritage.

**Details:** Full-Time  
7 weeks (Start date July 5<sup>th</sup> to August 20<sup>th</sup>)  
35 hours/week  
9:00 am - 4:00 pm Monday to Friday  
  
\$15.20/hour

**Apply to:** [nyp@moa.ubc.ca](mailto:nyp@moa.ubc.ca)  
Safoura Rigi-Ladiz, NYP Manager

UBC Museum of Anthropology  
6393 N.W. Marine Drive  
Vancouver, B.C. V6T 1Z2



**APPLICATION DEADLINE: May 28<sup>th</sup>, 2021**

# BC Hydro Indigenous Scholarship application

BC Hydro offers scholarships in the following areas:

- \$5,000 scholarships for full-time students in an undergraduate or graduate program in BC.
- \$8,000 Randy Brant Award for the top overall applicant of Scholarships & Bursaries Program.

## Eligibility

- You must be from a BC First Nation or an Indigenous permanent resident of BC.
  - You must be registered for classes between September 2021–April 2022.
  - Full-time (4 class minimum per semester) college or university degree program.
- For a full list of programs visit [bchydro.com/scholarships](http://bchydro.com/scholarships).

## Personal information of applicant

The information provided will be kept confidential and will be used only for the purpose of assessing the applicant's eligibility for BC Hydro scholarships and other relevant opportunities.

Full name: \_\_\_\_\_

Permanent address: \_\_\_\_\_

Indigenous Affiliation: \_\_\_\_\_

Email address: \_\_\_\_\_ School Name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Student Number: \_\_\_\_\_

Are you enrolled in a Co-op Program? Yes ☐ No ☐

I declare that the information provided in this application is complete and correct. By signing, I agree to BC Hydro collecting, processing, and disclosing my information and contacting me with opportunities related to employment, training, scholarships, and bursaries. I agree to BC Hydro using my name and photo in external and internal communications including websites and social media.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Consent of parent or guardian for applicants under the age of 18:

I, (print name) \_\_\_\_\_, of (address) \_\_\_\_\_,

the parent or guardian of the person named above, consent to the above-named student applying for a BC Hydro award and to the disclosure of personal information for use during this application process.

Date: \_\_\_\_\_ Signature of parent or guardian: \_\_\_\_\_



She Wolf gifted  
to BC Hydro by  
Art Thompson  
from the Dłtłdeht  
First Nation.



**BC Hydro**  
Power smart

## You must include the following in your application package:

1. Proof of registration in a post-secondary program in BC
2. Answer the following questions in 100 words (each) or less:
  - a. Describe your program and why it interests you.
  - b. Describe how your program/field of study is relevant to the work BC Hydro does or career opportunities at BC Hydro.
  - c. What activities do you participate in outside of school (cultural activities, community service, sports, work, recreation, family commitments)?
  - d. Describe what makes you a good candidate for a BC Hydro scholarship?
  - e. Share your accomplishments, successes, recognition, or any awards you may have received.
3. Provide a character reference letter that speaks to why you would make a good candidate for a BCH scholarship. Letter should be from a teacher, coach, community leader, etc.
4. Proof of Indigenous ancestry; photocopy of status card or letter from band.
5. Unofficial transcript from most current year of studies.

## Evaluation

Applications will be evaluated based on the responses in your personal summary. Grades will also be taken into consideration.

**Submit your complete application by May 31, 2021 to [Indigenous.Awards@bchydro.com](mailto:Indigenous.Awards@bchydro.com)**

\*Only electronic submissions will be accepted. Include all attachments in 1 email. We will send you an email notification when your application has been received.



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to BC Hydro by  
Art Thompson  
from the Dłidaht  
First Nation.



**BC Hydro**  
Power smart

# BC Hydro Indigenous Bursary application

## BC Hydro offers bursaries in the following areas:

- ☐ \$8,000 Randy Brant Award for the top overall applicant of Scholarships & Bursaries Program.
- ☐ \$2,000 bursaries for students in part-time degree program, trades or technical program, and diploma programs.

## Eligibility

- ☐ You must be from a BC First Nation or an Indigenous permanent resident of BC.
- ☐ You must be registered for classes between September 2021 – April 2022.
- ☐ Part-time (2 classes per semester) at a college, university, trades, or technical program are eligible. For a full list of eligible programs visit [bchydro.com/scholarships](http://bchydro.com/scholarships).

## Personal information of applicant

The information provided will be kept confidential and will be used only for the purpose of assessing the applicant's eligibility for BC Hydro bursaries, and other relevant opportunities.

Full name: \_\_\_\_\_

Permanent address: \_\_\_\_\_

Indigenous Affiliation: \_\_\_\_\_

Email address: \_\_\_\_\_ School Name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Student Number: \_\_\_\_\_

Are you enrolled in a Co-op Program?    Yes                      No

I declare that the information provided in this application is complete and correct. By signing, I agree to BC Hydro collecting, processing, and disclosing my information and contacting me with opportunities related to employment, training, scholarships, and bursaries. I agree to BC Hydro using my name and photo in external and internal communications including websites and social media.

Signature: \_\_\_\_\_

Consent of parent or guardian for applicants under the age of 18:

I, (print name) \_\_\_\_\_, of (address) \_\_\_\_\_,

the parent or guardian of the person named above, consent to the above-named student applying for a BC Hydro award and to the disclosure of personal information for use during this application process.

Date: \_\_\_\_\_ Signature of parent or guardian: \_\_\_\_\_



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**BC Hydro**  
Power smart



## You must include the following in your application package:

1. Proof of registration in a post-secondary program in BC
2. Answer the following questions in 100 words (each) or less:
  - a. Describe your program and why it interests you.
  - b. Describe how your program/field of study is relevant to the work BC Hydro does or career opportunities at BC Hydro.
  - c. What activities do you participate in outside of school (community service, sports, work, recreation)?
  - d. Describe what makes you a good candidate for a BC Hydro bursary?
  - e. Share your accomplishments, successes, recognition, or any awards you may have received.
3. Provide a character reference letter that speaks to why you would make a good candidate for a BCH scholarship. Letter should be from a teacher, coach, community leader, etc.
4. Proof of Indigenous ancestry; photocopy of status card or letter from band.
5. Unofficial transcript from most current year of studies.

## Evaluation

Applications will be evaluated based on the responses in your personal summary. Grades will also be taken into consideration.

**Submit your complete application by May 31, 2021 to [Indigenous.Awards@bchydro.com](mailto:Indigenous.Awards@bchydro.com)**

\*Only electronic submissions will be accepted. Include all attachments in 1 email. We will send you an email notification when your application has been received.



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from the Ditidaht  
First Nation.





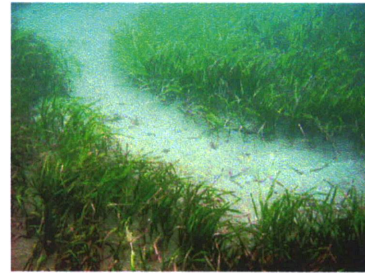
## JOB POSTING

<b>Job Title:</b> Shore Crew Member	<b>Employment Status:</b> Temporary (approximate duration 10 weeks)	<b>Location:</b> Burnaby, BC
<b>Service Areas:</b> Ecosystem Restoration		<b>Closing Date:</b> May 21, 2021

### BACKGROUND:

Inlailawatash Limited Partnership (**Inlailawatash**) is a 100% First Nations company providing a range of cultural and renewable resource services. We place the respect of Aboriginal and environmental values as the priority of our business. Visit [www.inlailawatash.ca](http://www.inlailawatash.ca) for more details.

Inlailawatash is working with Musqueam, Squamish and Tsleil-Waututh First Nations and the Port of Vancouver to help restore and enhance approximately 1.6 hectares of eelgrass habitat as part of the Maplewood Marine Restoration Project located on the north shore of Burrard Inlet.



### JOB SUMMARY:



The eelgrass restoration work involves a dive team harvesting eelgrass shoots from suitable donor sites, a shore crew sorting and preparing the shoots for transplant, and the dive team transplanting the prepared shoots at the Project restoration site.

Inlailawatash is looking to recruit 6-8 Musqueam, Squamish and Tsleil-Waututh community members to form a shore labour crew. The shore labour crew will be responsible for hand preparation of eelgrass shoots for transplanting by the dive team. The work will

be 5 days per week for approximately 10 weeks duration, starting May 31st through to mid-August. The work location is on the south shore of Burrard Inlet, at Berry Point, near Burnaby.

### DUTIES AND RESPONSIBILITIES:

Hand preparation of eelgrass shoots includes:

- Sorting and trimming eelgrass shoots
- Attaching eelgrass shoots to an anchor (plain steel washer)
- "Daisy-chain" linking 8 anchored shoots together into a bundle of 8 in readiness for transplant
- Managing seawater-filled totes to ensure that shoots are kept cool.



[inlailawatash.ca](http://inlailawatash.ca)

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#### SKILLS / ATTRIBUTES:

We are seeking applicants with the following skills and attributes:

- Dexterity - good working with their hands
- Willingness to learn and take direction from the crew supervisor
- Ability to undertake repetitive actions while staying focused and alert
- Enjoy working outdoors and in a team environment
- Honest and reliable (references if available will be welcome)
- Willingness to commit to approximately 10 weeks of work from late May through to end of July / mid-August
- Interest in environmental projects and habitat restoration



#### WAGE RATE:

Wages will be on an hourly basis with a starting wage of \$19/hour. The hourly rate will increase by \$1.00 each week based on regular, continuous and productive attendance.

Apply by sending an email quoting the reference 2021Eelgrass/ILP to:  
[admin@inlailawatash.ca](mailto:admin@inlailawatash.ca)

**Closing Date: May 21, 2021.**

*If you have any questions or would like further information, please contact Andrew Spence at Inlailawatash on 604-3457-9406*



[inlailawatash.ca](http://inlailawatash.ca)

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**DELTA STEEL**

**T. 604-946-8506**

7208 Honeyman Street, Delta, BC V4G 1G1

**Job Description: Structural Steel Fitter/Fabricator**

**Job Responsibilities:**

- Manage large projects with minimal supervision.
- Interpret engineered drawings to fabricate a variety of custom steel and metal structures.
- Fabricating large structures.
- Working safely with all standard tooling and machinery in the fabrication industry.
- Possess a high standard of quality and be able to fit to tight tolerances.
- Must be able to work effectively and efficiently.

**Skills and Qualifications:**

- Read and interpret blueprints, drawing specifications, structural drawings, and welding symbols.
- Possess a high standard of quality in workmanship.
- Work effectively and efficiently.
- High School Diploma or equivalent
- Minimum 3 years fitting experience.
- Knowledge of standard concepts, practices, and procedures within the structural steel industry.
- Strong written and verbal communication skills.
- Practice safe work procedures and follow all health & safety regulations.
- Bolt sections together
- Set up and operate heavy-duty metal-working machines
- Lay out reference points and patterns
- Construct patterns and templates
- Assemble and fit plates and sections to form structures
- Rig, hoist and move materials to storage areas or within worksite
- Install fabricated components in final product

**Equipment and Machinery Experience:**

- Shears
- Saws
- Grinders
- Drills
- Cutting torches

**Additional Skills and Welding Techniques are an Asset:**

- CWB Certification (SMAW, GMAW) and/or Trade Certification.
- Certified Forklift/Crane Operator
- Shielded metal arc welding (SMAW)
- Gas metal arc welding (GMAW)

**Area of Specialization**

- Structural metal or steel

**Security and Safety:**

- Driver's validity license check

**Own Tools/Equipment**

- Steel-toed safety boots
- Hardhat

**Work Site Environment**

- Indoors/Shop
- Noisy

## **Monarch Delta Steel**

**We are a private employee-owned company focused on organizational health through a team-first corporate culture and dedication to service excellence. It is our unique set of core values that drive our organization:**

- Integrity – Actions speak louder.
- Attitude – Everyone makes coffee.
- Accountability – Put your name on it.
- Curiosity – is there a better way?
- Respect – Be respectful

**Reasons to work with us:**

**Great team environment ~ Opportunity for advancement ~ Benefit package**

**Full-time, permanent position, Hourly rate – starting \$26-\$28 depending on experience.**

**<https://monarchstructures.com/delta-steel>**

**Email Resume to [Info@monarchstructures.com](mailto:Info@monarchstructures.com)**





Musqueam  
Employment & Training

Canada



**SMALL  
VESSEL  
OPERATOR  
PROFICIENCY**

MARINE FIRST AID  
& VHF/RADIO CERTIFICATION

**July 9-14, 2021**

**Location:**

Howard Marine Services  
901 3rd Street W. North Vancouver  
BC V7P 3P9

**Requirements**

- Completed 'PIF'
- Direct Deposit Information

No Cost for Eligible Participants | Completion Bonus Provided

**REGISTER TODAY**

Courtney Copoc, Program Coordinator  
604-916-8579 | [ccopoc@musqueam.bc.ca](mailto:ccopoc@musqueam.bc.ca)

Angela Nahanee, Job Coach  
778-919-7349 | [anahanee@musqueam.bc.ca](mailto:anahanee@musqueam.bc.ca)