



Musqueam Community Newsletter
Thursday ~ August 19, 2021
TOLL FREE: 1-866-282-3261, FAX: 604-263-4212
SAFETY & SECURITY PATROL: 604-968-8058

The Children's House

Daycare Hours: Monday—Friday 7:45—5:00pm

Preschool Program hours: Monday – Friday 9:00am to 3:00pm.

The Children's House phone # 604 269-3302

Renee Stogan Manager email: childcaresup@musqueam.bc.ca

Preschool Registration

Preschool Registration for children who are ages 3-5 is open.

If you would like to register your child for preschool please contact

Renee Stogan at:

604 269-3302 or email: childcaresup@musqueam.bc.ca

Renee Stogan: childcaresup@musqueam.bc.ca Phone: 604 269-3302

Preschool staff: Ernestine Herman, Sherry Point, Lauren Mitchell

Infant/Toddler staff: Kelly Herman, Stacy George, Christy Friesen, Alice
Stogan

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INSIDE THIS ISSUE:

MCC—CFO Job Post-24

Health Dept.—5-11

Housing Info.—12



ST. MICHAELS' CHURCH

Sunday Mass will begin
@1:00 pm.

Come join us.





Chief Financial Officer (Permanent, Full-time)

POSITION SUMMARY:

Reporting to the CEO, the Chief Financial Officer (CFO) will be responsible for managing the financial affairs of the organization including accounting, finance, planning, reporting, treasury, insurance, and tax. The position ensures effective financial governance, the accurate reflection of business activities in the company's records, and provision of financial reports and analyses for strategic business planning. In addition, the position is responsible for overseeing some aspects of Human Resources, Administration, and Information Technology functions for the organization. With a balance in strong business, technical and management-leadership skillset, the successful candidate will be a key member of the executive management team.

MAJOR RESPONSIBILITIES:

ACCOUNTING:

- Oversee full-cycle accounting functions.
- Maintains the general ledger and all financial records (including journal entries and reconciliations) in coordination with the Finance Department.
- Ensure continuous development and implementation of proper internal controls.
- Oversee the operation of the department in compliance with policies and procedures.
- Oversee requirements related to statutory filings and reporting.
- Managing the full year-end audit cycle.
- Supervise Accounting Manager.
- Lead and develop finance and accounting team.

FINANCE, ANALYSIS, PLANNING & REPORTING:

- Prepare and present financial reports as required to assist senior management and the MCC Board in making effective decisions related to acquisitions, developments, businesses, and other opportunities. This Includes investment appraisals, project summaries, key performance metrics, financing scenarios, cash-flow plans.
- Arranging various financing requirements related to acquisitions, developments and other capital as required.
- Assist in establishing and managing various project and administration budgets to ensure full control.
- Perform complex financial modeling and analysis, analyze legal agreements, documents and other thirdparty reports as required.
- Prepare and present external financial and management reporting to banks, institutions, and government funders.
- Prepare and present effective financial reporting to various audiences and stakeholder groups including, Chief and Council and Musqueam Membership.
- Manage and direct the preparation of monthly financial statements and the preparation of variance reports in coordination with the Finance Department.
- Develops and maintains organizational progress, metrics reports and financial reporting for the organization.

TREASURY & TAX:

- Oversee all cash management functions of the organization, including electronic banking.
- Oversee all investment functions, including short- and long-term investments according to strategy and policy.
- Manage transactions with all entities and comply with reporting requirements.
- Capital projects cash management and reporting.
- Maintain and develop relationships with financial institutions.
- Lead tax planning for MCC and related entities under management; requires strong collaboration with MIB Finance and third-party consultants.

STRATEGIC DECISION SUPPORT:

- Provide financial support and advice to the CEO and senior managers.
- Provide input to strategic plans, business case development, legal agreements & contracts, corporate structures, and all strategic initiatives, from a financial perspective.
- Ensures compliance with MCC Policies; updates and develops policies & procedures, as necessary.

INTERPERSONAL:

- Ethics: Must exhibit ethical behaviour and business practices and ensure that own behaviour and the behaviour of others is consistent with these standards and aligns with the values of Musqueam and the organization.
- Communication: Speak, listen, and write in a clear, thorough, and timely manner using appropriate and effective communication tools and techniques. Present to and engage with internal and external parties with a clear understanding of the range of audiences.
- Creativity/Innovation: Develop new and unique ways to improve operations of the organization and to create new opportunities.
- Collaboration: Work cooperatively and effectively with others to set goals, resolve problem, and make decisions that enhance organizational effectiveness.
- Leadership: Positively influence others to achieve results that are in the best interest of the organization; take on a mentorship role.
- Decision Making: Assess situations to determine the importance, urgency, and risks, and make clear decisions which are timely and in the best interests of the organization.
- Organized: Set priorities, develop a work schedule, monitor progress towards goals, and track details/data/information/activities.
- Plan: Determine strategies to move the organization forward, set goals, create, and implement actions plans, and evaluate the process and results.
- Solutions Provider: Assess problem situations to identify causes, gather and process relevant information, generate possible solutions, and make recommendations and/or resolve the problem.

**OTHER:**

- Fulfills governance duties and responsibilities with the Board of Directors, F&A Committee, and from time to time, Chief and Council.
- Maintains confidentiality on all matters relating to the affairs of the organization.
- Develops and maintains effective working relationships with external partners and stakeholders including governments, and First Nation organizations.
- Oversee Administration and IT for the organization
- Engage in risk management to ensure maximum risk mitigation is contemplated and proper insurance coverage is in place

QUALIFICATIONS:**EDUCATION:**

- Bachelor's degree in commerce, finance, accounting or related discipline or equivalent combination of education and experience
- CPA designation

PROFESSIONAL:

- Minimum 10 years related experience with minimum 5 years in finance leadership role in real estate and/or asset management finance
- Experience working in First Nations environment preferable
- Strong relationships with banks, institutions, and other lenders

KNOWLEDGE, SKILLS, AND EXPERIENCE:

- Developed knowledge of the practices, procedures and principles of finance, accounting, legal and taxation sufficient to analyze detailed concepts, and apply these in a range of related subjects or functional areas
- Ability to interpret and work within a robust governance model

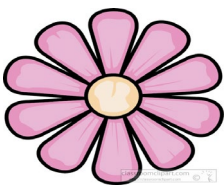
WORKING CONDITIONS:

- Work is performed in an office environment
- Valid Driver's License
- Successful Criminal Record Check

To apply, please email cover letter and resume to cthomas@musqueamcapital.ca and write "Chief Financial Officer" on the subject line.

Applicants of Musqueam and/or Indigenous ancestry are encouraged to apply.

We thank all applicants, however, only those short-listed will be contacted.



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Musqueam Health Dept. Newsletter –Aug.19, 2021

Pacific Blue Cross is the new third-party administrator of the following benefits for clients of the First Nations Health Authority (FNHA):

- Look up coverage information for dental services, vision care, medical supplies and equipment (MS&E), and supplementary drugs not covered under Plan W
- Get reimbursed via direct deposit in as little as 48 hours
- Check your balance for your benefit
- Search for vision care providers who are registered with Pacific Blue Cross

Step-by-Step Instructions for Creating a Member Profile

Here's how to create a Pacific Blue Cross Member profile and claim online:

- Go to www.pac.bluecross.ca/fnhaclient
- Click on "I want to Register for Access to my Member Profile."
- Enter your Status Number
- Create your profile:
 - first name
 - last name
 - birth date
 - e-mail address (so Pacific Blue Cross can email you a temporary password)
 - Choose three security questions
 - Read and click "I accept the User Agreement & Privacy Policy."
- Go to your email and click on the temporary password link from PBC
- Create your own password, enter it twice to confirm
- Click on "Submit"

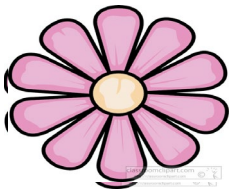
You're all set! You can view all of your dental, vision and MS&E benefits and see how much you can claim for each benefit.

Download the Pacific Blue Cross mobile app to submit claims using your phone. You can also use the app to show your PBC Member ID card to health care providers.

Call FNHA Health Benefits toll-free at 1.855.550.5454 if you need help or cannot sign in.

For information about other health benefits offered by the FNHA - prescription drugs, medical transportation and mental health support - see www.fnha.ca/benefits.





UBC Active Kids—Activity Kits



stem? (what?)

Musqueam Health partnered with UBC Active Kids to create an at home Activity Kit! Each kit has some additional equipment necessary to complete the activity book, other equipment for the games/activities can be found in your home. Some games can be done with a friend or sibling, and others can be done individually. Games are geared towards 5—12 year olds.

təntem? (when?)

AUGUST 20TH, 2021 @ 11am until all kits are handed out

ni? ʔəncə? (where?)

- ♦ Come to the MIB Youth Centre to see **Sylvia Miller** or **Taryn Point** to pick up a kit. Parents are encouraged to complete registration. We are supplying one kit per household as supplies are limited.

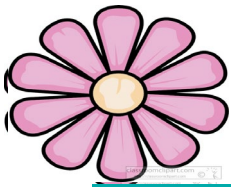
For some **EXTRA FUN**, & to be entered into a **DRAW FOR PRIZES**:



Upload some pictures and/or a short video clip of your child (children) doing some of the activities from the book onto the **Musqueam Health-Department Facebook Page!**

**Door prize draws will be on:
~Aug.31, 2021**





First Nations Health
Directors Association

Invitation for Indigenous Elder Advisory Members

Community Living BC is seeking Indigenous Elders to help us improve how we serve adults with developmental disabilities, Autism Spectrum Disorder (ASD) or Fetal Alcohol Spectrum Disorder (FASD)

Guide

- Help to guide our provincial and regional work as we develop Indigenous Strategies.

Collaborate

- Support our Indigenous Advisory Committee (meet quarterly).

Innovate

- Support the service delivery and design work happening across CLBC regions for Indigenous people with diverse abilities.

Support

- Support individuals accessing services through the Provincial Assessment Center.

Participate

- Participate in our working groups to help us understand what's important to Indigenous people living with a diverse ability.



As part of CLBC's (Community Living British Columbia) work to strengthen relationships with Indigenous people we serve and their communities, CLBC is inviting Elders in B.C. to join a new Indigenous Elder Advisory group.

Elder Advisory Members will:

Help to guide our provincial and regional work as we develop Indigenous strategies

Support our Indigenous Advisory Committee

Support the service delivery and design work happening across CLBC regions for Indigenous people living with a diverse ability

Support individuals accessing services through the [Provincial Assessment Centre](#)

Participate in our working groups to help us understand what's important to Indigenous people living with a diverse ability.

CLBC supports British Columbia's commitment to Bill 41 - 2019: Declaration on the Rights of Indigenous Peoples Act, the 2018 Draft Principles to guide the BC Public Service on relationships with Indigenous Peoples and the Truth and Reconciliation Commission of Canada's Calls to Action.

CLBC's new Indigenous team led by Joanne Mills, Executive Director of Indigenous Relations, is working to help advance the goals in CLBC's strategic plan and the 2020/21-2022/23 Service Plan to build trusting relationships with Indigenous communities by improving awareness of CLBC and available supports and services among Indigenous Peoples and communities and by increasing CLBC staff understanding about Indigenous Peoples' history and culture. Indigenous Elder Advisors will provide valuable contributions to this work.

Please share this invitation with Elders who are interested in this opportunity and can contact Pat Cormier at patrice.cormier@gov.bc.ca or 604-786-4396, or Billie Metz at billie.metz@gov.bc.ca or 250-826-9211.



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Musqueam Health Dept. Newsletter –Aug.19, 2021

Musqueam National Native Alcohol & Drug Abuse Program

Brad Morin, Drug & Alcohol Counsellor

Brad provides **one to one**, family, and group counselling whenever necessary and can also refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety. I conduct outreach to community and band members, lastly, makes referrals to detox, recovery houses, and treatment centres.



**NEW
HOURS**

Brad's office hours: Mon-Fri: **6pm-9pm** | Sat-Sun: 1pm-5pm on-site at the NNADAP Office

E: nnadap.bmorin@musqueam.bc.ca | T: 604-652-1368

Community Health Program

Crystal Point, RN, CHN

Musqueam Pre- and Post-Natal Group

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – **milk, eggs, cheese, fruits & vegetables** to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

To register for the Program, call the Community Health Nurse Crystal Point in the Health Dept.

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child health supports (electronically, virtually and/or home visit if needed).

Crystal Point, CHN: Ph: 604-362-9200 | Email: chn@musqueam.bc.ca

Arlene Haldane, Assist: Ph: 604-655-0580 | Email: nurseassist@musqueam.bc.ca



Health Benefits

Need Help Registering Baby for MSP and FNHA? Give us a call!

For assistance with registering your Newborn you may call Candice Sparkes: 604-269-3312.

For questions or concerns about your Health Benefits or assistance with the PBC website or APP? You may contact: Ashlee Point 604-269-3395



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Musqueam Health Dept. Newsletter –Aug.19, 2021

Musqueam Wellness Program

Janice Cross



**VIRTUAL
COUNSELLING**

This confidential counseling services are available Monday-Friday: 830- 4pm to our Musqueam people via phone or virtually.

Call or email to and set up a time to talk to Janice.

Email: mentalwellness@musqueam.bc.ca

For Counseling Call: 236-558-9977

Art Therapy for Children, Youth & Adults

Janice Carroll, RCATi am working from home and available Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also, hold sessions via Zoom.

I can be reached on my cell at 778-829-0242 or my email is

jcarroll@musqueam.bc.ca

KUU-US
CRISIS RESPONSE SERVICES
1-800-KUU-US17 | 1-800-588-8717
CHILD/YOUTH: 250.723.2040 ADULT/ELDER: 250.723.4050

**CULTURALLY SAFE
HELP AVAILABLE**

**24 HOURS A DAY
7 DAYS A WEEK**

**FIRST NATIONS AND
ABORIGINAL PEOPLES
HELPING FIRST NATIONS
AND ABORIGINAL PEOPLES**

First Nations Health Authority
Health through wellness

KUU-US Crisis Line Society

Important Phone Numbers

If you or someone you know needs help, call one of the numbers below:

9-1-1 if you are in an emergency.

8-1-1 for non-emergency information on how to access alternatives to toxic drug supply and substance use services

1-800-SUICIDE (1-800-784-2433) if you are considering suicide or are concerned about someone who may be.

310 Mental Health Support at 310-6789 (no area code needed) for emotional support, information and resources specific to mental health.

Kid's Help Phone at 1-800-668-6868 to speak to a professional counsellor, 24 hours a day.

Alcohol & Drug Information and Referral Service at 1-800-663-1441 (toll-free in B.C.) or 604-660-9382 (in the Lower Mainland) to find resources and support.



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MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7



(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Aug. 23	Tuesday Aug. 24	Wednesday Aug. 25	Thursday Aug. 26	Friday Aug. 27
Jane Estey, NP	Dr. Dumont, GP	Jane Estey, NP	Jane Estey, NP	Karen Chandra, NP
9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm



Missed your telehealth or in-person appointment? Call us to rebook for the next available date. Please be available 15 minutes before and after your scheduled appointment call.

Family Physician (Dr. Dumont) is in on Tuesdays.

The Nurse Practitioners (Karen and/or Jane) are in the rest of the week.

The Musqueam Clinic is at capacity with 700+ patients registered.

All appointments must be booked in advance. No walk-ins.

We cannot accommodate same day appointments.

Prescription running low? Please book an appointment a few days **prior** to running out of your medication.

Nasal Naloxone kits are available for pick-up. Please check to see if your current Naloxone Kit has expired.

For an appointment please call 604-266-0043

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.

Musqueam Traditional Healing and Song

Every Wednesday at 2:00pm

Join **Alec Dan and Iona Paul** for
Musqueam Traditional Healing and Song on the Musqueam
Health Department Facebook Page.

Please Note:






**We are now located in the
trailer next door to the
Elders Centre.**



Youth Centre

August 23rd -27th

Sandra Dan at the Youth Centre, 604-269-3452 Cell Phone 604-360-9171 | Email: youthcentre@musqueam.bc.ca

Monday Aug 23 rd syəlewətnet	Tuesday Aug 24 th səmənts	Wednesday Aug 25 th stix ^w s	Thursday Aug 26 th sxaʔaθəns	Friday Aug 27 th st-ḡecəss
Game Day 	Movie Day 	Bracelet making 	Canvas Painting 	Teen Night 2:00-5:00 

The Youth Centre summer hours will be open from 10:00 am—5:00 pm Monday—Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**

Safe Drinking Water Monitoring Program

Charlene Campbell-Wood

5 Reasons Why Everyone Deserves Clean Drinking Water

1. Provides Nourishment

Water is the number one source of nutrition. The human body is made of 60% water, and this is a clear enough indication of the importance of water. Humans need to be [adequately hydrated for their physiological systems to function](#). Additionally, water helps maintain organ health and allows the blood to maintain the consistency it requires to flow freely and transport oxygen and nutrients to every cell of the body.

2. The Prevention of Diseases

Did you know that if people are unable to drink safe and clean water, it gives rise to various kinds of diseases? Fatal medical conditions like [cholera, typhoid, and hepatitis A](#) all occur because of the consumption and or the presence of contaminated water. Imagine the risks that people are exposed to when the only thing they can drink is water that comes from sewage and contaminated sites like industries. Clean water is essential not only to remain safe from disease but also to maintain good health.

3. Helps in Getting Rid of Toxins

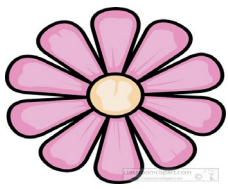
Clean, fresh and safe water also helps in getting the body rid of all kinds of toxins, whether they are created due to bodily reactions, obtained from outside sources or ones that occur because of the consumption of contaminated water.

4. Needed for Agriculture and Food Production

When it comes to the [production of food](#), clean water is an essential ingredient. If the crops and grains are given contaminated water, the bacteria and disease will spread to those who consume the fresh produce. Therefore, water that is used for agriculture must also come from safe and clean resources.

5. Improved Sanitation Facilities

Clean water is not just needed for drinking but for sanitation purposes as well. If clothes are washed, or the body is washed with contaminated water, this too will result in the rise of diseases. Same is the case for cooking, cleaning and other similar tasks that are an integral part of our lives. Clean water is necessary for good health.



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Musqueam Health Dept. Newsletter – Aug.19, 2021

Home & Community Care Program

Home Care Nurse: Romeo Cosio, RN

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, and all medical supplies & equipment. Home care services & medical equipment require a note from your doctor with your needs specified.

Romeo's Office Hours: Monday, Wednesday Thursday & Friday from 8:30-5:30 Tuesdays - Off

Phone: 604-269-3463 or email: homecare@musqueam.bc.ca or nurseassist@musqueam.bc.ca

Please note: Home Care Clients: If you will not be home during your scheduled hours - please contact the Nurse Assistant, Arlene Haldane – 604 269 3354 or 604 655 0580.

**If you are calling and there is no answer please note the home care nurse may be on a house call so please leave a message.*

***For Emergencies Call 911 ***

First Nations Health Directors Association and IRSS Supports

We know that in order to take care of others, we must also take care of ourselves. To take care of our hearts, minds, and spirits, the following health, wellness and cultural supports are available for all First Nations people, 24 hours a day:

Tsow-Tun-Le-Lum (cultural support and counselling):

- 1-888-403-3123

Indian Residential School Survivors Society:

- 1-800-721-0066 or
- 604-985-4464

The Kuu'us Crisis Line Society:

- Adults and Elders: 250-723-4050;
- Children and Youth: 250-723-2040;
- Toll-free 1-800-588-8717



**INDIAN RESIDENTIAL
SCHOOL SURVIVORS
SOCIETY**

The Indian Residential School Survivor Society (IRSSS) has a wealth of experience delivering wellness and healing services to Indian Residential School Survivors and intergenerational Survivors throughout B.C. IRSSS provides essential services to Residential School Survivors, their families, and to those dealing with intergenerational traumas. These impacts affect every family and every community across B.C. and Canada.

IRSS services include:

- [grief and loss](#) counselling
- [crisis counselling](#)
- [trauma](#) counselling
- [clinical therapy](#)
- [art therapy](#)
- [alternative healing therapy](#)
- [energy healing](#)
- [emotional support for people in the settlement process](#)
- [family and group](#) counselling
- [basic life skills coaching](#)
- [educational workshops on a broad range of health issues](#)
- [traditional healing methods and medicines](#)
- [traditional foods sourcing and preparation](#)
- [crisis support](#)

For CRISIS SUPPORT 24/7 call 1-800-721-0066



Presents:

A Look at Insurance claims



The Housing team is alerted & our service guys arrange to make a site visit.



Housing checks out the problem, works to limit the damage, takes pics & enters the info into the database; the info is shared with the team. If the problem is due to mold or faulty contractor work, this is dealt with before the insurance claim can go forward.



Housing alerts the insurance company of a possible claim (if it hasn't done so yet), and submits the insurance paperwork



The claims adjuster reviews & reports on the damage; advises Housing on the next steps & connects us with their project manager.



Housing coordinates the repair work with the project manager & the Member, organizes payments & updates the file.



The call gets logged into the database.



The Member details the problem & gives contact info so that access can be arranged & new info can be passed along. If it's a leak, the insurers are notified immediately.



UH-OH!

A serious problem has been found! The Members reports it to Housing right away.