



Musqueam Community Newsletter  
Thursday ~ September 16, 2021  
TOLL FREE: 1-866-282-3261, FAX: 604-263-4212  
SAFETY & SECURITY PATROL: 604-968-8058

## The Children's House

Daycare Hours: Monday—Friday 7:45—5:00pm

Preschool Program hours: Monday – Friday 9:00am to 3:00pm.

The Children's House phone # 604 269-3302

Renee Stogan Manager email: [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)

### Preschool Registration

Preschool Registration for children who are ages 3-5 is open.

If you would like to register your child for preschool please contact

Renee Stogan at:

604 269-3302 or email: [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)

Renee Stogan: [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca) Phone: 604 269-3302

Preschool staff: Ernestine Herman, Sherry Point, Lauren Mitchell

Infant/Toddler staff: Kelly Herman, Stacy George, Christy Friesen, Alice Stogan

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### ST. MICHAELS' CHURCH

Sunday Mass will begin  
@1:00 pm.

Come join us.

### THANK YOU !!!

Heather Pritchard and Family take this time to thank family, friends and the Musqueam community for all the love and support received throughout this difficult time.



## Musqueam Education Notice Friday Sept 17, 2021



### SEPTEMBER SCHOOL CHEQUES

High School and Elementary September school cheques are available for pick up at the band office. Post-Secondary will remain direct deposit.

### 2021 Graduates

If you were included in the 2021 Musqueam Graduation Celebration and haven't yet picked up your gift please contact the department to make arrangements.

If you graduated from High School in 2021 you may be eligible for a **Musqueam Education Award**; please submit a copy of your Dogwood Certificate and final BC of Ministry of Education transcripts to the Education Department, or contact us for more information.



### Tutoring

If students require tutoring for the upcoming school year please contact the Education Department so that we may offer assistance.

### Musqueam School Bus

If your child will be riding the school bus, please fill out a bus form and return it to the Education Department (form on following page). If you prefer an electronic copy, please email April Campbell at [learningfacilitator@musqueam.bc.ca](mailto:learningfacilitator@musqueam.bc.ca). This information is necessary to make sure the children on the bus are safe and parents can be contacted in case of emergency.

**Bus Route on the page following the Bus Form.**



#### Education Department:

Faye Mitchell, Education Manager:

[fmitchell@musqueam.bc.ca](mailto:fmitchell@musqueam.bc.ca)

April Campbell, Learning Facilitator:

[learningfacilitator@musqueam.bc.ca](mailto:learningfacilitator@musqueam.bc.ca)

Cary Campbell, School Bus Driver

Dona Grant, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

### VSB Registration

For VSB registration please contact the school directly to complete the registration forms and provide any other required paperwork.

## Scholarships and Bursaries

**KEL, KELOFEN OE S, ISTEW** Education Fund– Is inviting all Indigenous, First Nations, Inuit, and Métis students pursuing careers in architecture and engineering to apply. The award is \$5000. Application form can be found at: <https://indigenouseaward.ca/application>. The application process is open from June 21, 2021 to September 31, 2021

**UBC MUSQUEAM SCHOLARSHIP**- Musqueam First Nation students who are either newly admitted to or, currently registered at The University of British Columbia are encouraged to apply to the Musqueam First Nation Scholarship. This award was created to acknowledge the strong relationship between UBC and the Musqueam First Nation.

It is a community-based scholarship for students from the Musqueam First Nation studying at the University of British Columbia in their undergraduate, post baccalaureate (including Medicine, Dentistry, Law, Education, Pharmacy, Nursing, Midwifery, and Social Work), and graduate studies. The award is valued up to \$5,500 annually and renewable for up to 4 years.

Recipients will have demonstrated academic and leadership achievements including, but not limited to, engagement in the arts, athletics, school, and/or their community. Recipients will be selected on their ability to demonstrate their openness to continuing to learn who they are, where they come from, and their responsibility in enriching and carrying knowledge forward in their community and the world.

The application will be open from July 26<sup>th</sup>, 2021 until- September 20<sup>th</sup>, 2021 (11:59 PM PT). For more information about the award or to apply, please email [musqueam.scholarship@ubc.ca](mailto:musqueam.scholarship@ubc.ca)

### Riddle

Last week's answer: Your eye colour

This weeks riddle: What get larger the more you remove from it?



### Quote

“Education is only a ladder to gather fruit from the tree of knowledge, not the fruit itself.”

- Albert Einstein



# MIB School Bus Form

PARENT/GUARDIAN INFORMATION		Date:	
Parent/Guardian's Name			
Relationship to Child			
Street Address			
City		Postal Code	
Home Phone		Work:	
Email address		Cell:	
Alternate Contact		Alternate ph:	
STUDENT INFORMATION:			
Student First Name		Student Surname	
Grade		Student PEN#	
Status Number		Date of Birth	
School attending (mark with a check)	<input type="checkbox"/>	Southlands Elementary	<input type="checkbox"/> Immaculate Conception
<b>Medic Alerts:</b> (Please identify any medic alerts or special needs that the bus supervisor should be aware of)			



## MUSQUEAM INDIAN RESERVE NO. 2 SCHOOL BUS PICK-UP TIMES AND LOCATIONS

### PICK-UP ORDER AND TIME

#### Immaculate Conception

##### School (ICS)

\*Please be at bus stop by 8:00 am

- 1 8:00 am
- 2 8:14 am
- 3 8:15 am
- 4 8:20 am

ICS: 8:25 am

estimated arrival time

#### Southlands Elementary

##### School (SES)

\*Please be at bus stop by 8:30 am

- A 8:30 am
- 2 8:35 am
- 3 8:40 am

Southlands: 8:45 am

estimated arrival time

Property of the Musqueam Indian Band. Produced by the GIS Service Centre, September 2019

\*This map should only be used for reference purposes and should not be considered an official survey.





## 2021 - 2022

## LEGEND

Statutory Holiday

Non-Instructional / PRO D Day (6 days)

School Vacation

Days of Instruction

Administration

September 06 - Labour Day

September 07 - Anti-racism Inservice Day

September 08 - First Day of School

September 24 - PRO D Day (Flexible)

October 11 - Thanksgiving Day

October 22 - Provincial PRO D Day

November 11 - Remembrance Day

November 26 - Non-Instructional - Indigenous Focus

December 20 - January 03 - Winter Break

December 25 - Christmas Day

December 26 - Boxing Day

December 27 - in lieu of Christmas Day

December 28 - in lieu of Boxing Day

January 01 - New Year's Day

January 03 - in lieu of New Year's Day

January 04 - School Reopens

January 17 - PRO D Day (Flexible)

February 18 - District Wide PRO D Day

February 21 - Family Day

March 14 - 25 - Spring Break

April 15 - Good Friday

April 18 - Easter Monday

April 25 - District Wide PRO D Day

May 23 - Victoria Day

June 30 - Administrative Day

July						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August						
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29	30	31				

September						
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26	27	28	29	30		

October						
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24	25	26	27	28	29	30
31						

November						
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28	29	30				

December						
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January						
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30	31					

February						
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27	28					

March						
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April						
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May						
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29	30	31				

June						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



# Immaculate Conception

V A N C O U V E R

3745 West 28th Avenue, Vancouver, BC V6S 1S5  
Phone: 604-224-5012 Fax: 604-224-3721  
office@icschoolvancouver.com  
www.icschoolvancouver.com

*Today, I will grow in knowledge, love of God and service to others.*

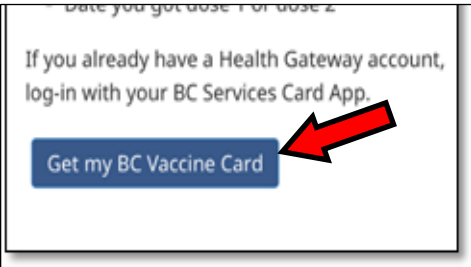
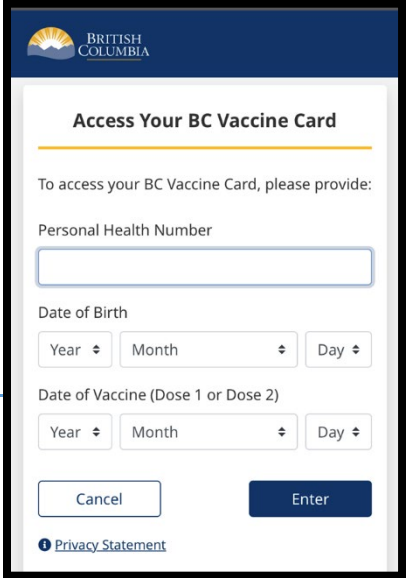
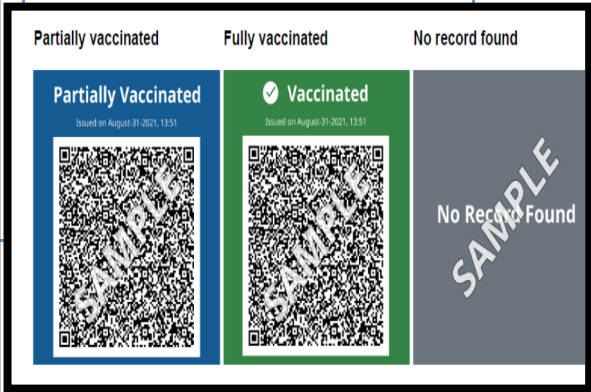
## School Calendar 2021-2022

<b>September</b>	7	<b>School Starts - DISMISSAL 10:30</b>
	8	School Mass
	16	Meet the Teacher 6:30 pm
	29	Terry Fox Run
	24	Walkathon (TBC)
	30	NATIONAL DAY FOR TRUTH AND RECONCILIATION – NO SCHOOL
<b>October</b>	5	Photo Day
	8	Pro-D Day – NO SCHOOL
	11	Thanksgiving Day – NO SCHOOL
	13	School Mass
	27	Living Rosary 8:45
	28	Parent Teacher Conferences 10:00am-7:00pm
<b>November</b>	3	School Mass
	11	Remembrance Day – NO SCHOOL
	12	Pro-D Day – NO SCHOOL
	16	Photo Re-takes
	19	VCH – Immunization Clinic
	26	Progress Reports Issued
<b>December</b>	8	School Mass
	16	Advent Paraliturgie TBD
	17	<b>Last Day of School – DISMISSAL 12:00</b>
<b>January</b>	4	<b>Return to School</b>
	5	School Mass
	19	Open House for New Applicants 6:30
	21	Living Rosary 8:45
	24	Pro-D Day – NO SCHOOL
	29	First Reconciliation
<b>February</b>	2	School Mass
	17	Pro-D Day – NO SCHOOL
	18	Pro-D Day – NO SCHOOL
	21	Family Day – NO SCHOOL
	23	Student-Led Conferences 10:00 am-7:00 pm

<b>March</b>	2	Ash Wednesday/ School Mass
	10	Progress Reports Issued
	11	Last Day of School - DISMISSAL 12:00
	14-25	SPRING BREAK
	28	<b>Return to School</b>
<b>April</b>	6	School Mass
	14	Holy Thursday Retreat – DISMISSAL 12:00
	15	Good Friday – NO SCHOOL
	18	Easter Monday – NO SCHOOL
<b>May</b>	1	First Communion 2:00pm
	2	Class Photos
	4	School Mass
	17	Living Rosary 8:45
	23	Victoria Day – NO SCHOOL
	27	VCH – Immunization Clinic
<b>June</b>	3	Pro-D Day – NO SCHOOL
	10	Sports Day – DISMISSAL 12:00 pm
	27	Grade 7 Farewell 10:30 am
	<b>28</b>	<b>Last Day of School – DISMISSAL 10:30 am</b>
	28	Progress Reports Issued



## BC VACCINE PASSPORT

STEP 1	STEP 2	STEP 3
<p>Type in/Go to:</p> <ul style="list-style-type: none"> <li>• <a href="http://www2.gov.bc.ca/vaccinecard.html">www2.gov.bc.ca/vaccinecard.html</a></li> <li>• Scroll down the page to get to the box: "Get my Vaccine Card"</li> <li>• <b>Click the blue button:</b></li> </ul> 	<p>Fill in the information it asks for:</p> <ul style="list-style-type: none"> <li>• Care Card number</li> <li>• Date of Birth</li> <li>• Date of Vaccine (dose 1 OR dose 2)</li> </ul> 	<p>Save the image that comes up, by taking a screen shot or printing it. It should include:</p> <ul style="list-style-type: none"> <li>• Your name</li> <li>• QR code (unique square that looks almost like a barcode; establishments will be scanning this code prior to entry)</li> </ul> 

### Vaccination key dates

#### September 13: Partially vaccinated

You must now be partially vaccinated to access some events, services and businesses.

You're partially vaccinated with 1 dose.

#### October 24: Fully vaccinated I'm not vaccinated yet

By October 24, you must be fully vaccinated to access some events, services and businesses.

You're fully vaccinated with 2 doses.

You won't be able to access some events, services and businesses.

- [I need to get vaccinated](#)



JOIN THE MUSQUEAM 2SLGBTQAI+ GROUP FOR:

## COAST SALISH DESIGNING WITH CHRYSTAL SPARROW

TUESDAY SEPTEMBER 21<sup>ST</sup> AT 2PM ON ZOOM



Practice drawing Coast Salish designs to inspire your imagination and creativity!

Chrystal Sparrow is a x<sup>w</sup>məθk<sup>w</sup>əyəm (Musqueam) artist and carver. She also carries strong bloodlines of the Esk'etemc (Alkali Lake) and Nehiyawak (Cree) people. Chrystal was traditionally mentored by her late father Irving Sparrow, master carver. She is currently mentored by her brother Chris Sparrow.

She works in both traditional and contemporary Coast Salish art forms, designing feminine art in red cedar panels, house posts and other mediums.

Chrystal believes her work is a living art language that expresses her family values and teachings. She is humbled and honored to carry the role of a female Coast Salish artist and carver.






**Available to Musqueam Band Members living on reserve.**

**15 spots available with supplies included!**

Please email Dawn-Marie at [LGBTQ@musqueam.bc.ca](mailto:LGBTQ@musqueam.bc.ca) to sign up or  
call her at 236-558-9948.

## AMBULANCE BILLS

### IF YOU RECEIVE AN AMBULANCE BILL

-  If you receive an ambulance bill, **please send it to First Nations Health Benefits** with your date of birth and Status number on it and send by email, fax or mail.
  - Email: Email: [healthbenefits@fnha.ca](mailto:healthbenefits@fnha.ca)
  - Fax: Fax: 1-888-299-9222
  - Address: **FNHA Health Benefits**, 540 – 757 West Hastings Street, Vancouver, BC V6C 1A1
-  Please be aware that ambulance bills as a result of a motor vehicle accident or a workplace incident will not be covered by the First Nations Health Benefits Program, and should be forwarded to ICBC or WorkSafe BC, respectively.
-  **Most ambulance bills will be sent to First Nations Health Benefits directly, if you provide BC Emergency Health Services with your Status Number.**

If you have any questions, please call First Nations Health Benefits at 1-855-550-5454.



## DO YOU HAVE QUESTIONS

## ABOUT YOUR HEALTH COVERAGE, WHAT IS COVERED, AND YOUR ELIGIBILITY?

PACIFIC BLUE CROSS IS THE NEW THIRD-PARTY ADMINISTRATOR OF THE FOLLOWING BENEFITS FOR CLIENTS OF THE FIRST NATIONS HEALTH AUTHORITY (FNHA)

- Quick Look up coverage information for **dental services, vision care, medical supplies and equipment (MS&E)**
- Get reimbursed via **direct deposit in as little as 48 hours**
- Check **your balance for your benefits**
- Search for vision care providers who are registered with Pacific Blue Cross

## STEP-BY-STEP INSTRUCTIONS FOR CREATING A MEMBER PROFILE

HERE'S HOW TO CREATE A PACIFIC BLUE CROSS MEMBER PROFILE AND CLAIM ONLINE:

- Go to [www.pac.bluecross.ca/fnhaclient](http://www.pac.bluecross.ca/fnhaclient)
- Click on "I want to Register for Access to my Member Profile."
- Enter your Status Number
- Create your profile:
  - first name
  - last name
  - birth date
  - e-mail address (so Pacific Blue Cross can email you a temporary password)
  - Choose three security questions
  - Read and click "I accept the User Agreement & Privacy Policy."
- Go to your email and click on the temporary password link from PBC
- Create your own password, enter it twice to confirm
- Click on "Submit"

You're all set! You can view all of your dental, vision and MS&E benefits and see how much you can claim for each benefit.

Download the Pacific Blue Cross mobile app to submit claims using your phone. You can also use the app to show your PBC Member ID card to health care providers.

**Call FNHA Health Benefits toll-free at 1.855.550.5454 if you need help or cannot sign in.**

For information about other health benefits offered by the FNHA - prescription drugs, medical transportation and mental health support - see [www.fnha.ca/benefits](http://www.fnha.ca/benefits).





## MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM

### ***Brad Morin, Drug & Alcohol Counsellor is BACK in the Community Centre!!***

Brad provides **one to one**, family, and group counselling whenever necessary and can also refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety. I conduct outreach to community and band members, lastly, makes referrals to detox, recovery houses, and treatment centres.

**Brad's hours: Mon-Fri: [6pm-9pm](#) | Sat-Sun: 1pm-5pm**

E: [nnadap.bmorin@musqueam.bc.ca](mailto:nnadap.bmorin@musqueam.bc.ca) | T: 604-652-1368

## COMMUNITY HEALTH PROGRAM

*Crystal Point, RN, CHN*

### MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – **milk, eggs, cheese, fruits & vegetables** to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

To register for the Program, call the Community Health Nurse Crystal Point in the Health Department.

**Due to Public Health Guidelines**, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child health supports (electronically, virtually and/or home visit if needed).

**Crystal Point, CHN:** Ph: 604-362-9200 | Email: [chn@musqueam.bc.ca](mailto:chn@musqueam.bc.ca)

**Arlene Haldane, Assist:** Ph: 604-655-0580 | Email: [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

### NEED HELP REGISTERING BABY FOR MSP/FNHA HEALTH BENEFITS? GIVE US A CALL!

For assistance with registering your Newborn you may call Candice Sparkes: 604-269-3312.

For questions or concerns about your Health Benefits or assistance with the PBC website or APP? You may contact: Ashlee Point 604-269-3395

**\*\* Please stay tuned for updates on Musqueam's Pre- and Post-Natal Luncheons – coming soon! ☺ .**



## MUSQUEAM MENTAL HEALTH AND WELLNESS PROGRAM

*Janice Cross*

This confidential counseling services are available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually.

Call or email to and set up a time to talk to Janice Cross.

**Email:** [mentalwellness@musqueam.bc.ca](mailto:mentalwellness@musqueam.bc.ca)

**For Private Counseling Call: 236-558-9977**

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## ART THERAPY FOR CHILDREN, YOUTH & ADULTS

*Janice Carroll, RCAT*

I am available here at the Community Centre Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also I can hold sessions via Zoom.

I can be reached on my **cell at:** 778-829-0242 or my **email is** [jcarroll@musqueam.bc.ca](mailto:jcarroll@musqueam.bc.ca)

## HOME & COMMUNITY CARE PROGRAM

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment.

Home care services & medical equipment require a note from your doctor with your needs specified.

**Romeo's Office Hours:** Monday, Wednesday Thursday & Friday from 8:30-5:30 Tuesdays - Off

**Phone: 604-269-3463**

**email:**

[homecare@musqueam.bc.ca](mailto:homecare@musqueam.bc.ca)

or [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

**HOME CARE CLIENTS:** If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant, Arlene Haldane – 604 269 3354 or 604 655 0580.

If there is no answer please leave a message.

**\*For Emergencies Call 911 \***





## SAFE DRINKING WATER MONITORING PROGRAM

*Charlene Campbell-Wood*

### How To Clean Water Cooler

#### You'll need:

- A gallon jug or a pitcher
- 1 cup of [distilled white vinegar](#)
- 3 cups of hot water
- A bucket
- Mild dishwashing liquid
- A microfiber cloth
- [Dishwashing gloves](#) (optional)

1. Unplug the water cooler and remove the bottle.
2. Using the cold tap, drain the contents of the cooler into your pitcher or jug. This water is still drinkable.
3. Remove the water guard from the inside of the cooler if needed. (The water guard is the part that punctures the lids of the water bottles. Not all coolers have one.)
4. Gently remove the baffle, which is a plastic or metal disc.
5. Wash the water guard and/or the baffle using a mixture of mild dishwashing liquid and warm water, just as you would [wash dishes by hand](#).
6. Rinse the baffle and/or water guard to make sure all the soap is removed and set them aside on a clean and dry microfiber cloth.
7. Mix 1 cup of distilled white vinegar with 3 cups of hot water and pour this into the reservoir of the cooler. (Gloves may come in handy here, especially if you have sensitive skin.)
8. Wipe the inside of the reservoir clean using this solution and a microfiber cloth.
9. Drain the cleaning solution from the reservoir into your bucket.
10. Rinse the reservoir twice by filling it with clean water which you then drain into the bucket.
11. Return the baffle and the water guard to their place.
12. Install a new bottle in the cooler and plug the power supply back in.

### How to Clean a Water Cooler on the Outside (Including the Taps)

The outside of your water dispenser needs love, too! Just think of all the hands that touch it and what might be going on inside those taps. Fortunately, this is a fairly easy task.

#### You'll need:

- [Mild dishwashing liquid](#)
  - Distilled white vinegar in a spray bottle
  - Microfiber cloths
1. Unplug your water cooler.
  2. Remove the taps and tray and wash these in the sink using a mixture of dishwashing liquid and warm water.
  3. Wipe the taps and tray dry with a [microfiber cloth](#).
  4. Spritz the outside of the cooler with the vinegar, including the area where the tray would sit. (Be careful if you have stone floors in your kitchen, as vinegar can damage this material.)
  5. Use the microfiber cloth to wipe away any grime and vinegar residue.
  6. Return the taps and tray to their places.
  7. Plug your water cooler back in.



# x<sup>w</sup>məθk<sup>w</sup>əyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ SEPTEMBER 17, 2021

## x<sup>w</sup>məθk<sup>w</sup>əyəm



### MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Sept. 20	Tuesday Sept. 21	Wednesday Sept. 22	Thursday Sept. 23	Friday Sept. 24
Karen Chandra, NP 9:30am - 3:30pm	Dr. Dumont, GP 9:30am - 3:30pm	Karen Chandra, NP 9:30am - 3:30pm <b>Traditional Healing and Song</b> (Facebook Live) 2:00pm – 2:30pm	Karen Chandra, NP 9:30am - 3:30pm	Karen Chandra, NP 9:30am - 3:30pm

*Traditional Healing and Song:* Join **Alec Dan and Iona Paul** every Wednesday on the [Musqueam Health Department Facebook Page](#).



**Missed your telehealth or in-person appointment?** Call us to rebook for the next available date. Please be available 15 minutes before and after your scheduled appointment call.

**Family Physician (Dr. Dumont) is in on Tuesdays.**

**The Nurse Practitioners (Karen and/or Jane) are in the rest of the week.**

The Musqueam Clinic is at capacity with 700+ patients registered.

**All appointments must be booked in advance. No walk-ins.**

**We cannot accommodate same day appointments.**

**Prescription running low?** Please book an appointment a few days **prior** to running out of your medication.

**Nasal** Naloxone kits are available for pick-up. Please check to see if your current Naloxone Kit has expired.

**Call 604-266-0043 to book an appointment**

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.

**Walk/Drive-up Covid-19 Testing Site @ St. Vincent's**

Entrance off West 33rd Avenue by Heather Street, Vancouver.

Open daily 8:00am – 7:00pm (drop-in only)

Ages 4+ ; nasopharyngeal and saline gargle available.

\*Community members must identify that they are from Musqueam First Nation.

**Please Note: We are now located in the trailer next door to the Elders Centre.**

Have a great weekend! 😊

Take care, MIB Primary Care Clinic Staff



x<sup>w</sup>məθk<sup>w</sup>əyəm





MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ SEPTEMBER 17, 2021

## YOUTH CENTRE

September 20<sup>th</sup>-24<sup>th</sup>, 2021

Sandra Dan at the Youth Centre, **604-269-3452** Cell Phone **604-360-9171**

Email: [youthcentre@musqueam.bc.ca](mailto:youthcentre@musqueam.bc.ca)

Monday Sept 20 <sup>th</sup> syəlewətnet	Tuesday Sept 21 <sup>st</sup> sθəmants	Wednesday Sept 22 <sup>nd</sup> stix <sup>w</sup> s	Thursday Sept 23 <sup>rd</sup> sxaʔaθəns	Friday Sept 24 <sup>th</sup> st-ʔecəss
<b>Coloring Night</b> 	<b>Game Night</b> 	<b>Fall Arts &amp; Crafts</b> 	<b>Movie Night</b> 	<b>Balloon Dip Painting</b> 

**The Youth Centre will be open from 2:00 pm—9:00 pm Monday—Friday**

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**

Musqueam **Housing** says

Winter is Coming.

So come visit the  
Cultural Centre  
on October 28th  
for the

Games  
Food  
Home Winterization  
Safety Tips



# GAME OF HOMES



RSVP the Housing Department at  
[servicerequest@musqueam.bc.ca](mailto:servicerequest@musqueam.bc.ca)  
for your free food tickets

Fast Entry passes are available for  
RSVPs with proof of full covid  
vaccination

Thursday, October 28th from 3pm—6pm at the Cultural Centre. **Be Prepared.**



# Vancouver Aboriginal Health Society

## INDIGENOUS DENTAL CLINIC AIMING TO INCREASE SERVICES TO INDIGENOUS COMMUNITIES

To: Whom It May Concern, -

### Executive Summary

The Vancouver Aboriginal Health Society Dental Clinic (VAHS-DC) provides emergency dental care to those in critical need at our Downtown Vancouver clinic. Our mission: to provide accessible dental care services for the community.

VAHS-DC provides residents with dental care services on a not-for-profit basis, offering emergency services as well as standard dental care appointments – five days a week. Our clients are primarily Indigenous status, low-income and/or poor working class, including homeless, impoverished, and clients who cannot afford treatment in a private dental office. We also operate via referral from private clinics, hospitals, and not-for-profit associations.

We are aiming to increase our services towards the indigenous population. It is a way that we talk about possible services that we provide / partnership with your community.  
our website: [WWW.VAHS.LIFE](http://WWW.VAHS.LIFE)

Sincerely,

Lex Vides

DDS (University of El Salvador - 2007) | Not licensed to practice in BC Canada

MBA, B.B. Adm., D.B.A-Health, HCP, PM-Diploma.

Vancouver Aboriginal Health Society

Dental Program Director | Operations Analytics at VNHS

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