



Musqueam Community Newsletter

Friday October 15, 2021

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

ANNUAL FLU CLINIC (& COVID CLINIC)

WHEN: MONDAY OCTOBER 25, 2021

WHERE: MUSQUEAM GYM

TIME: 2PM—6PM *(Last appt.—5:40 PM !!)*

Call the Main MIB Reception to speak to one of the MIB Health Staff listed to complete registration!

INFORMATION REQUIRED AT REGISTRATION:

Full name, date of birth, care card number, address & contact information

For each registration!

Covid Vaccines will be available at the Flu Clinic!

Important information if you want a Covid Vaccine-

- All those who are born in 2009 and earlier are eligible for dose 1
- **All members who have a minimum of 28 days between doses can get dose 2 (September 27th or earlier, you can get your 2nd dose at this years Flu Clinic)**
- We do not have control over which Covid Vaccine we receive (Moderna or Pfizer)
- 3rd dose eligibility criteria is very strict, and BCCDC recommends ALL 3rd dose Covid vaccines will be the Moderna Vaccine regardless of which dose 1 and 2 you have had

If you have questions regarding Covid vaccines please contact the CHN, Crystal Point at 604 362 9200 or by email: chn@musqueam.bc.ca

INSIDE THIS ISSUE:

Elders Luncheon—2

Job postings—3

Education—4-8

Health Dept.—9-18

Housing—19

Remianing News— 20-27



ST. MICHAELS' CHURCH

Sunday Mass will begin
@1:00 pm.

Come join us.





MUSQUEAM ELDERS CENTRE

Elder's Luncheons

Please note, that the Elder's Centre has resumed operations and our regular bi-weekly luncheons, we will no longer be delivering luncheons door to door.

The next scheduled Elder's Luncheon is

THURSDAY, 21st OCTOBER

12noon at The Elder's Centre

**Brenda Campbell, Elder's Coordinator
Musqueam Elder's Centre 604-263-6312**





Current Job Openings at Musqueam Indian Band:

MIB is currently recruiting for:

- Lands Governance Manager
- Housing Manager
- Band Secretary
- Project Analyst
- Housing Maintenance Supervisor
- A relief person for the smoke shop

For more information or to apply for these and other positions, go to:

<https://can60.dayforcehcm.com/CandidatePortal/en-US/musqueam/site/Community>

or call Human Resources at 604-263-3261, extension 3306

Musqueam Education Notice Friday Oct 15, 2021



SCHOOL CHEQUES

October high school bus pass cheques are available for pick up at the band office. **November** high school cheques will be available to pick up on OCT 29th at the band office, Post-Secondary will remain direct deposit.

West Point Grey Academy - First Nations Legacy Scholarships

WPGA is a coeducational independent school that provides a strong academic foundation balanced by our commitment to character building, global awareness, outdoor education, community service and student wellness.

WPGA looks forward to receiving applications from students from the Musqueam, Squamish and Tsleil-Waututh Nations. We encourage motivated, engaged and dynamic students interested in pursuing a WPGA education to apply. Although preference is given to applicants applying to grades 1, 4 and 8 (intake years), we accept applications for all grades.

All students will be invited for an assessment and to attend a family interview. Successful candidates will receive full tuition scholarships for their time at WPGA.

Applications must be submitted by November 1, 2021. Should you have any questions, please contact the enrolment office at enrolment@wpga.ca or 604-222-8750, ext. 1533.



2022 Graduates

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

2021 Graduates

Musqueam band members that graduated from High School in 2021 may be eligible for a Musqueam Education Award; please submit a copy of your Dogwood Certificate and BC of Ministry of Education transcripts to the Education Department, contact us for more information.

Tutoring

If students require tutoring for the upcoming school year please contact the Education Department so that we may offer assistance.

Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Cary Campbell, School Bus Driver

Dona Grant, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263 - 4212

Toll free: 1-866-282-3261



Portrait of a Southlands Student

Brent is a student in grade 7 at Southlands. He is known for his playful antics, his sense of humour and his very realistic sound effects. This September, Brent volunteered to be on the Southlands Safety Patrol. He has been doing his weekly shift with regularity, except when he has gone hunting with his Uncle Wayne! We are so proud of Brent and the commitment he has made, both to the school and learning about his culture. Brent: keep up the good work! We are proud of you!

Riddle

The person who built it sold it. The person who bought it never used it. The person who used it never saw it. What is it?

Answer: A coffin

Educational Quote

“The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice.”

-Brian Herbert





Indigenous Gathering on Pathways in Business

An afternoon of knowledge sharing on careers in business,
finance and accounting for First Nations, Inuit, and Métis people



Indigenous Gathering on Pathways in Business

October 14, 2021
3:30 pm – 7:30 pm
Virtual via Hopin

More info and register by using the QR code



Event Partners:



Open call for art submissions from Youth Indigenous artists under 30 years.

What does freshwater mean to you, your family, and your community?



Are you an
Indigenous
artist?

Enter our
art contest
and win
great prizes!

**Naut'sa mawt Tribal Council and Island Trust
invites you to show us what freshwater
means to you, your family, and community
through your art!**

Prizes:

1st place - \$500 and cool swag

2nd place - \$250

3rd place - \$150

How to enter:

visit www.nautsamawt.org/water

Submission Deadline:

October 31, 2021

Learn more at: www.nautsamawt.org/water



Are you passionate about native plants? Are you curious about the connection between plants and clean water?



Islands Trust and Naut'sa mawt Tribal Council are looking for the Indigenous community to participate in our “Native Plants/Clean Water Connection Virtual Talking Circle” this October.

Forests are an important part of a healthy watershed. Trees and other plants collect and filter rainwater, stabilize streambanks, and provide food and habitat for salmon and other animals. Each plant has a special role to play. Join youth, elders, and ethnobotanist J.B. Williams (Tsawot and Ahousat descent) in a Virtual Talking Circle to learn more about the ecological, cultural, and spiritual significance of native plants.

Virtual Talking Circle:
October 25, 2021 from 1pm - 3:00pm
October 27, 2021 from 1pm - 3:00 pm

Honorarium will be provided. Contact George Van at youthcouncil@nautsamawt.com or 778-700-5990 for more info or to register.

Additional Opportunity: Youth participants will be invited to apply their learning to a short-term employment opportunity restoring native plants along a stream on Salt Spring Island later this fall. Contact islandstrust@nautsamawt.com to learn more.





x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ OCTOBER 15, 2021

Annual Flu Clinic (& Covid Clinic)

təmtem (when?)

OCTOBER 25TH, 2021

ni? ʔəncə (where?)

MUSQUEAM GYM

2PM–6PM

LAST APPT: 5:40PM!!



Please see below for the BCCDC recommendations and criteria for a 3rd dose of the Covid Vaccine. Those with health conditions which make them severely immunocompromised (extremely weakened immune system) will receive a letter from their physician/Doctor (Doc, stating they qualify to receive a 3rd dose of the Covid Vaccine. Contact your Primary Care Provider for further questions around the 3rd dose.

Any questions pertaining to the Flu/Covid Clinic, or the Covid Vaccines please contact the Musqueam CHN, Crystal Point, at chn@musqueam.bc.ca or 604 362 9200.

Covid Vaccines will be available at the Flu Clinic!

Important information if you want a Covid Vaccine-

- ✚ All those who are born in 2009 and earlier are eligible for dose 1
- ✚ **All members who have a minimum of 28 days between doses can get dose 2 (September 27th or earlier, you can get your 2nd dose at this years Flu Clinic)**
- ✚ We do not have control over which Covid Vaccine we receive (Moderna or Pfizer)
- ✚ 3rd dose eligibility criteria is **very strict**, and BCCDC recommends ALL 3rd dose Covid vaccines will be the Moderna Vaccine regardless of which dose 1 and 2 you have had

If you have questions regarding Covid vaccines please contact the CHN, Crystal Point at 604 362 9200 or by email: chn@musqueam.bc.ca



COVID-19 3RD DOSE ELIGIBILITY:

The Public Health Office has set out specific criteria for those who are eligible for a 3rd dose (booster shot) of the Covid-19 vaccine. It is a very specific list, please review below. You may also receive notification like a personalized letter sent to you by your specialist or doctor. If you fit into one or more of the categories below follow up with your Primary Care Provider (family Doctor or Nurse Practitioner) to further discuss if you are eligible:

- You have had a solid organ transplant (received one of the following organs: heart, lung, liver, kidney, pancreas or islet cells, bowel or combination of a transplant)
- Since January 2020 have received an anti-CD20 drug for a malignant condition
- Since March 2020, have received or receiving systemic therapy (including chemotherapy, molecular therapy, immunotherapy, targeted therapies including CAR-T, monoclonal antibodies, hormonal therapy for cancer). This includes tumors as well as hematologic cancers within this time period.
- Since September 2019, have had bone marrow or stem cell transplant or are still taking immunosuppressant medications related to transplant.
- On active treatment with specific immunosuppressive therapies.
- Have had combined immune deficiencies affecting T cells, immune dysregulation, have a moderate to severe primary immunodeficiency, or have had prior AIDS defining illness.
- On dialysis (hemodialysis or peritoneal dialysis) or have stage 5 chronic kidney disease.

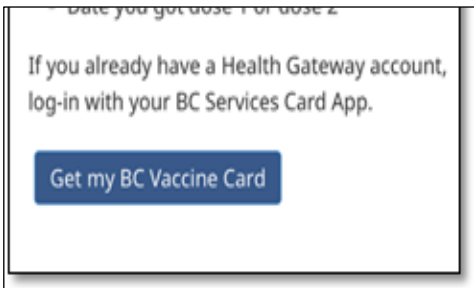
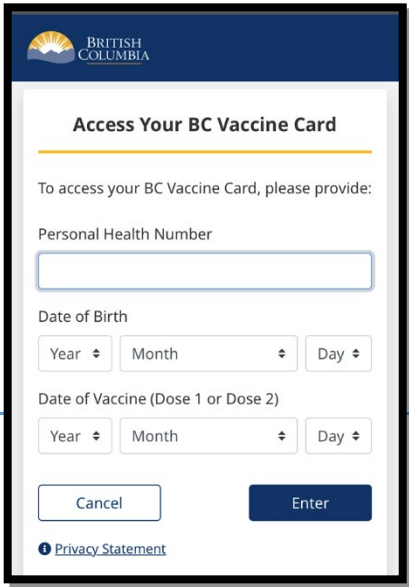
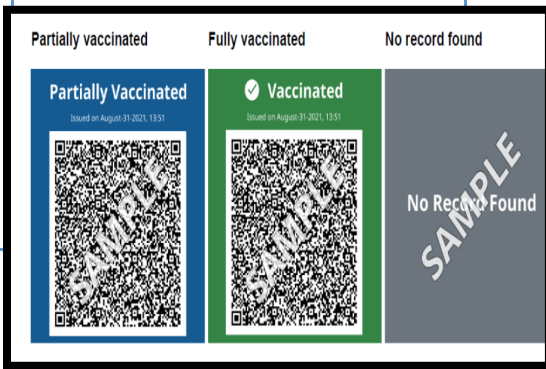


Important Additional Note:

BCCDC recommends that the 3rd dose (booster shot) will be the Moderna vaccine, regardless of which vaccines you received for dose 1 and dose 2.



BC VACCINE PASSPORT

| STEP 1 | STEP 2 | STEP 3 |
|---|---|---|
| <p>Type in/Go to:</p> <ul style="list-style-type: none"> • www2.gov.bc.ca/vaccinecard.html • Scroll down the page to get to the box: "Get my Vaccine Card" • Click the blue button:  | <p>Fill in the information it asks for:</p> <ul style="list-style-type: none"> • Care Card number • Date of Birth • Date of Vaccine (dose 1 OR dose 2)  | <p>Save the image that comes up, by taking a screen shot or printing it. It should include:</p> <ul style="list-style-type: none"> • Your name • QR code (unique square that looks almost like a barcode; establishments will be scanning this code prior to entry)  |

You can order a paper copy by phone. **Note:** You can't request a paper copy for someone else.
Call: [1-833-838-2323](tel:1-833-838-2323)

Vaccination key dates

September 13: Partially vaccinated

You must now be partially vaccinated to access some events, services and businesses.

You're partially vaccinated with 1 dose.

October 24: Fully vaccinated I'm not vaccinated yet

By October 24, you must be fully vaccinated to access some events, services and businesses.

You're fully vaccinated with 2 doses.

You won't be able to access some events, services and businesses.

- [I need to get vaccinated](#)



MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM

Nicolette Moore & Brad Morin, Drug & Alcohol Counsellor is BACK in the Community Centre!!

~Nicolette Moore offers support in:

- ❖ addiction support
- ❖ Treatment referrals or questions
- ❖ Addition education
- ❖ Family Interventions

Nicolette's hours: Monday- Wednesday 8:30-4:30 pm | Thursday 1-8 pm | Friday 8:30-4:30 pm

T: 236-558-8482 | **E:** nnadap.nmoore@musqueam.bc.ca

~Brad Morin provides:

- One to one, family, and group counselling whenever necessary and can also refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety.
- Conduct outreach to community and band members
- Makes referrals to detox, recovery houses, and treatment centres.

Brad's hours: Wednesday-Friday: 6pm-9pm | Saturday-Sunday: 1pm-5pm

T: 604-652-1368 | **E:** nnadap.bmorin@musqueam.bc.ca

TWO SPIRIT TUESDAY: OUR NEXT SESSION WILL BE TUESDAY, OCTOBER 19TH.

Dawn Marie, Trans Care Program Coordinator

Musqueam's 2SLGBTQ+ group will take place

October 19th at 2pm via Zoom



This month, we will have Musqueam's Land-Based Healing Coordinator, Patricia Isaak, joining in! Come hear about our work and future plans for cultural activities. We'd love to hear what you'd like to do!

Email Dawn-Marie at LGBTQ@musqueam.bc.ca for the zoom link if you'd like to participate.

My hours are 10am to 3pm on Thursdays ☺

Dawn-Marie (She/Her/Hers)

Trans Care Program Coordinator

2SLGBTQ+ Group

Musqueam Indian Band

x^wməθk^wəyəm

6735 Salish Drive/Van. B.C/ V6N 3P2

Phone: 1(236)558-9948

Email: dmari@musqueam.bc.ca



COMMUNITY HEALTH PROGRAM

Crystal Point, RN, CHN

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – **milk, eggs, cheese, fruits & vegetables** to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump.
One per family
- Welcome gift for your new baby

To register for the Program, call the Community Health Nurse, Crystal Point, RN in the Health Department.

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child

health supports (electronically, virtually and/or home visit if needed).

Crystal Point, CHN: Ph: 604-362-9200 | Email: chn@musqueam.bc.ca

Arlene Haldane, Assist: Ph: 604-655-0580 | Email: nurseassist@musqueam.bc.ca

NEED HELP REGISTERING BABY FOR MSP/FNHA HEALTH BENEFITS? GIVE US A CALL!

For assistance with registering your Newborn you may call Candice Sparkes: 604-269-3312.

For questions or concerns about your Health Benefits or assistance with the PBC website or APP? You may contact: Ashlee Point 604-269-3395

**** Please stay tuned for updates on Musqueam's Pre- and Post-Natal Luncheons – coming soon! 🍷 .**

HOME & COMMUNITY CARE PROGRAM

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment.

Home care services & medical equipment require a note from your doctor with your needs specified.

Romeo's Office Hours: Monday, Wednesday, Thursday & Friday from 8:30-5:30 Tuesdays - Off

Phone: 604-269-3463 email: homecare@musqueam.bc.ca or nurseassist@musqueam.bc.ca

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant, Arlene Haldane – 604 269 3354 or 604 655 0580.

If there is no answer please leave a message. ***For Emergencies Call 911 ***



MUSQUEAM MENTAL HEALTH AND WELLNESS PROGRAM

Janice Cross

This confidential counseling services are available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually.

Call or email to and set up a time to talk to Janice Cross.

Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.

I can be reached on my **cell at:** 778-829-0242 or my **email is** jcarroll@musqueam.bc.ca

LAND BASED HEALING COORDINATOR

Patricia Isaack

Elders, would you like to do some ***gardening*** in an easy to reach garden box?

The “Land Based Healing” program in the Health Dept. is providing garden boxes to Elders with limited mobility. The Land Based Healing program is new to Musqueam and we need your knowledge and insight! This program is created to facilitate community members connecting to the land as a wellness practice. We will deliver the box and soil to you, as well as some seasonal plants.



Please contact Trish in the Health Department to sign up for delivery during the month of October

What: Garden boxes that are accessible for elders

When: Month of October

Who: Contact Trish @ (778)239-4325

Email lbh@musqueam.bc.ca



Indigenous End of Life Guide

HONOURING THE FINAL JOURNEY TO BE WITH ANCESTORS

For some First Nations and Indigenous people, wanting to remain in or return to their community to die is very important, and an integral part of their plan for their final journey to the Spirit World. To make this possible, support and care are needed.

In many First Nations communities, there are often people who provide this kind of care naturally, however, remaining in community to die is not always an option.

A unique four-day course is aimed at First Nations and Indigenous individuals who have been or will be called upon to voluntarily provide care, support and advocacy for someone who is facing the end of their life. Students in this program develop an understanding of how the continuity of care and advocacy they provide work to complement and enhance the end of life care provided by the medical community and hospice palliative care workers and volunteers.

Comfort, dignity and respect are hallmarks of good quality end-of-life care, and need to meet emotional, mental, spiritual and physical needs of the individual. For people facing the end of their life, continuity of care and advocacy of their health care treatment decisions can be a challenge that an Indigenous End of Life Guide can help to honour and support.

Participants in this course will learn about palliative support, the importance of end of life care and the role of an Indigenous End of Life Guide. There is a focus on teaching advanced communication skills including active listening and conflict resolution; initiating and conducting difficult conversations about end of life, and facilitating family meetings. The complexity of grief is discussed including a variety of coping mechanisms, useful resources and the importance of effective self-care. Advance Care Planning conversations are highlighted, including a range of medical and non-medical interventions available to ensure comfort as well as tools for guiding planning and making wishes known to others. Participants will learn facilitation skills that will equip them to engage in community education initiatives.

This course provides opportunities to discuss issues, ask questions, and find a community of practice that can support an Indigenous End of Life Guide in attending to individuals and families during their end of life journey. Carefully interwoven are cultural practices and protocols unique to each Nation. A knowledge keeper will co-facilitate with the instructor. Registration and funding are offered through FNHA. We invite you to view our short video to learn more about this important and meaningful work: [Video Link Here](#) or go to FNHA Facebook page.

This program is ideal for anyone wanting to deepen their understanding of how to assist people who are facing their end of life journey.

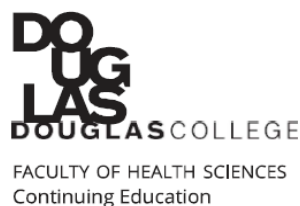
Online (Zoom) and In-Person courses available:

- **Combined Region (online):** November 4, 5, 8 and 9, 2021
- **Combined Region (online):** January 31, February 1, 3, and 4, 2022
- **Fraser Salish Region (in-person in New Westminster):** March 28, 29, 30, and 31 2022



To apply for the course in your area, complete an application form and return to FNHA

EMAIL: homecare@fnha.ca or FAX: 604.666.0275



Participant Application Form



First Nations Health Authority
Health through wellness

INDIGENOUS END OF LIFE GUIDE: FIRST NATIONS HEALTH AUTHORITY

This online course is designed for Indigenous individuals who have been or will be called upon to provide care, support and advocacy for someone who is facing the end of their life. Learners in this course develop an understanding of how the continuity of care and advocacy they provide complements the end of life care provided by the medical community, hospice/palliative care workers, home visitors and community volunteers. This course will provide you with opportunities to discuss issues, ask questions, and join a community of practice that can support you as a caregiver when providing support to individuals and families experiencing end of life. This course is for non-regulated health care providers, paid workers whose role it is to visit clients/ families, or community volunteers.

I have previously taken a course at Douglas College. Student # (if known) _____

Personal Information

Please print as your information will be used for registration and certificate upon completion of the course.

NOTE: The names indicated below must be your legal names for use on all official documentation.

| | | | |
|--|---|---|--|
| LAST NAME | | FIRST NAME | |
| MIDDLE NAME | | FORMER NAME (IF APPLICABLE) | |
| Mailing Information: (for online courses, a package will be mailed to this address) | | | |
| HOUSE AND STREET OR P.O. BOX NUMBER | | APT NUMBER | |
| CITY/TOWN | PROVINCE | COUNTRY | POSTAL CODE |
| EMAIL ADDRESS (REQUIRED): | | | |
| Phone: | AREA CODE | PHONE NUMBER | EXTENSION |
| Alternate: | AREA CODE | PHONE NUMBER | EXTENSION |
| Gender: | <input type="radio"/> Female <input type="radio"/> Trans Man | <input type="radio"/> Male <input type="radio"/> Trans Woman | <input type="radio"/> Two Spirit <input type="radio"/> Other <input type="radio"/> Transgender <input type="radio"/> Prefer not to answer |

Date of Birth (REQUIRED):

DATE (XX) MONTH (XX) YEAR (XXXX)



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ OCTOBER 15, 2021



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MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

(Clinic closed 12:00pm – 1:00pm for lunch)

| Monday Oct. 18 | Tuesday Oct. 19 | Wednesday Oct. 20 | Thursday Oct. 21 | Friday Oct. 22 |
|--|---------------------------------------|--|--|---|
| Karen Chandra, NP 9:30am - 3:30pm | Dr. Dumont, GP 9:30am - 3:30pm | Karen Chandra, NP 9:30am - 3:30pm Traditional Healing and Song (Facebook Live) 2:00pm – 2:30pm | Karen Chandra, NP 9:30am - 3:30pm | NO PHYSICIAN ON SITE. Administration Only. 9:30am - 3:30pm |

Traditional Healing and Song: Join Alec Dan and Iona Paul every Wednesday on the [Musqueam Health Department Facebook Page](#).



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.
Please be available 15 minutes before and after your scheduled appointment call.

Family Physician (Dr. Dumont) is in on Tuesdays.

The Nurse Practitioners (Karen and/or Jane) are in the rest of the week.

The Musqueam Clinic is at capacity with 700+ patients registered.

All appointments must be booked in advance. No walk-ins.

We cannot accommodate same day appointments.

Prescription running low? Please book an appointment a few days prior to running out of your medication.

Nasal Naloxone kits are available for pick-up. Please check to see if your current Naloxone Kit has expired.

**Please Note: We are now
located in the trailer next door
to the Elders Centre.**

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.

October is

Breast Cancer Awareness Month

The Canadian Cancer Society “offers the largest support system in the country for people with cancer and their family, friends and caregivers. Access free programs and services that can help manage life with cancer.”

Visit <https://cancer.ca/en/> for more information

Walk/Drive-up Covid-19 Testing Site @ St. Vincent's

Entrance off West 33rd Avenue by Heather Street, Vancouver.

Open daily 8:00am – 7:00pm (drop-in only)

Ages 4+ ; nasopharyngeal and saline gargle available.

*Community members must identify that they are from Musqueam First Nation.

Have a great weekend! 😊

Take care,

MIB Primary Care Clinic Staff



YOUTH CENTRE Schedule

October 18th-22nd

Sandra Dan, Youth Outreach Worker

Youth Centre: 604-269-3452 | Cell Phone: 604-360-9171

Email: youthcentre@musqueam.bc.ca

| Monday Oct.18 syə'lewətnet | Tuesday Oct.19 sθəmənts | Wednesday Oct.20 stix ^w s | Thursday Oct.21 sxaʔaθəns | Friday Oct.22 st ⁻ qecəss |
|---|---|--|---|---|
| Origami  | Stress Ball  | Coloring contest  | Honeycomb cookie making  | Movie Night  |

The Youth Centre will be open from 2:00 pm—9:00 pm Monday—Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

I am the Safe Drinking Water Monitor for the Musqueam Health Department/First Nation Health Authority under our, FNHA Health Officer and our Health Coordinator.

Each week for 52 weeks per year, I've been collecting water samples for the Musqueam Indian Band. I take samples from Musqueam owed buildings and bring them to the British Columbia Centre for Disease Control to be tested for e-coli and total chloroform. During Covid I collect samples from outside taps of certain buildings. I can only enter a building that does not have a tap outside and I take necessary safety steps such as wearing a mask and using disinfectant on the taps inside and outside.

If there is a positive test for e-coli and total chloroform, the FNHA will contact me when the results are in and the EHO (Environmental Health Officer) gives me the address and necessary information in order that a sample will be retested as soon as possible.

Musqueam **Housing** says WINTER IS COMING

October 28th

GAME OF HOMES

Cultural Centre

3pm—6pm

Games

Food

Prizes



It's about
Homes

RSVP to the Housing Department for your **free food tickets**



Call for Artists!

Enter to win **\$1000**

How does x^wməθk^wəyəm picture
“The Soul of the Fraser”?

Scan for info!



Environmental Documentary featuring Musqueam Indian
Band is looking for MUSQUEAM ARTISTS to design a
logo for the film!

No age restriction. No purchase necessary. All participants must identify as members of the x^wməθk^wəyəm (Musqueam) First Nation. NERV Productions Inc. will deliver to the grand prize winner a cheque valued at \$1000. NERV Productions Inc. has final say on how much of the interview with the grand prize winner is edited into the documentary film. NERV Productions Inc. reserves the right to decide not to use the winning artwork for any materials.

SOUL OF THE FRASER

Logo Competition

NERV Productions' newest documentary, *The Soul of the Fraser*, features Musqueam Indian Band. We are looking for Musqueam Artists to design a logo for the film! The winner will receive a \$1,000 cash prize and will have their piece featured in the film, along with an interview with the artist about the piece.

Design a logo for the film:

- Prompt: What does the soul of the Fraser Estuary mean to you?
- Create a drawing, painting or digital rendition of what you feel represents the soul of this incredible region. This art piece should be suitable as the film's title, it is encouraged that the piece includes the text "The Soul of the Fraser".
- High-Resolution Digital files or scans required in a .PNG format
- Deliver your contest entry files via email to admin@nervproductions.com with the email subject line as "Musqueam Logo Contest". Please include your full name in the email.
- All participants must identify as members of the Musqueam Indian Band.
- Competition ends on December 1st at 12:00am Midnight, a winner will be announced on December 5th!
- If you have any questions regarding the contest or submission, contact us via admin@nervproductions.com

About the Doc: In beautiful British Columbia, Canada, follow an ensemble cast ranging from a former government worker turned activist to a boat captain with an indigenous family history long forgotten, as they search for a way to save what's left of the Fraser Estuary. This documentary feature uses the estuary as a case study proving a lack of environmental stewardship as a result of indigenous suppression.

Fine Print: No age restriction. No purchase necessary. All participants must identify as members of the xʷməθkʷəy̓əm (Musqueam) First Nation. NERV Productions Inc. will deliver to the grand prize winner a cheque valued at \$1000. NERV Productions Inc. has final say on how much of the interview with the grand prize winner is edited into the documentary film. NERV Productions Inc. reserves the right to decide not to use the winning artwork for any materials.

All images are taken from the film *Soul of the Fraser*, NERV Productions Inc. 2021

Job Title: Executive Assistant
Work Site: Aboriginal Health
Status: Regular Full Time
Start Date: As soon as possible
Hours: 0830-1630
Days off: Saturday, Sunday and Statutory Holidays
Reference#: 149833-fkh

Come work as an Executive Assistant with Vancouver Coastal Health (VCH)!

Vancouver Coastal Health is looking for an Executive Assistant to support our VP of Indigenous Health. This is joining an innovative team who have widespread impact on pioneering culturally safe practices within the health authority. Apply today to join our team!

As an Executive Assistant with Vancouver Coastal Health you will:

- Provide confidential administrative and secretarial support to the VP of Indigenous Health
- Triage information of a sensitive and confidential nature, coordinates the flow of information for the area, ensuring accurate and timely delivery of administrative services, and keeps the VP of Indigenous Health apprised of issues and activities.
- Interact with VP of Indigenous Health, senior leaders, managers/directors and administrative support staff across the organization to convey information and promotes positive and respectful relationships.
- Professionally represents the interests of the VP and organization and communicates in a compelling manner to influence and persuade internal and external stakeholders/customers at all levels.
- Work independently and pro-actively to ensure administrative needs of the VP of Indigenous Health are met.
- May coordinate and provide work direction to other departmental administrative and clerical support staff.

WHY JOIN VANCOUVER COASTAL HEALTH?

VCH is a world class innovator in medical care, research and teaching, delivering service to more than one million BC residents. At VCH, we embrace thinking boldly, taking smart risks, and "going first" when we believe it will lead to the best possible outcomes for patients and their families. We invite you to join us in creating healthy lives in healthy communities by showcasing our passion for care, connection to the communities we serve, and our culture of teamwork that makes VCH a great place to work.

- Comprehensive health benefits package, including MSP, extended health and dental and municipal pension plan
- Grow your career with employer-paid training and leadership development opportunities
- Wellness supports, including counselling, critical incident and innovative wellness services are available to employees and their immediate families
- Award-winning recognition programs to honour staff, medical staff and volunteers
- Access to exclusive discount offers and deals for VCH staff

QUALIFICATIONS:

Education & Experience

- Graduation from a recognized administrative assistant/secretarial post-secondary Diploma program
- Five to seven (5-7) years of experience supporting senior executive(s) or an equivalent combination of education, training and experience.
- Must have advanced word processing, spreadsheet, presentation, desktop publishing, and database software skills and the ability to type a minimum of 60 w.p.m. Bachelor's Degree preferred.

Knowledge & Abilities

- Exercises considerable judgment, tact and discretion in preparing, disclosing and handling information of a confidential and/or sensitive nature.
- Liaises in a professional and courteous manner with SET members, senior leaders, managers/directors, staff and the public to gather and disseminate information.
- Communicates in a compelling, clear and understandable manner (both verbally and in writing) and uses strong persuasion abilities to represent the needs of the SET member and organization.
- Applies excellent time management skills to prioritize and complete assignments in a manner that optimizes departmental effectiveness and contributes to organizational success.
- Practices care and thoroughness when maintaining, monitoring, calculating and summarizing data, records and budget information.
- Collaborates with peers and/or provides leadership and direction to clerical staff to ensure administrative systems and processes are consistently followed and monitored for effectiveness. Ensures gaps are addressed and resolved when identified.
- Employs expertise in the use of desktop computer applications to create a variety of documents and presentations.
- Physical ability to perform the duties of the position.

Diversity, equity and inclusion are essential to delivering exceptional care and building a great place to work. At VCH, we value and accommodate unique differences to ensure that our staff and medical staff (both current and prospective) have the opportunity and are supported to thrive.

For inquiries regarding the role, or to forward your resume, please reach out to our Indigenous Recruitment Advisor: Stephanie.beaulieu@vch.ca



Musqueam Employment & Training

Looking to obtain your Class 7L License?

DRIVE FORWARD 'L' WORKSHOP

Dates:

Saturday, November 20, 2021

Saturday, November 27, 2021

Start: 9:00 AM

End: 2:00 PM

Location: TBD

Each session is 4-hours including
a 30-minute lunch break
(with lunch provided).

Requirements:

Completed PIF and valid
photo ID.

PLEASE CONTACT E&T STAFF:

Courtney Copoc

T: 604-916-8579

E: ccopoc@musqueam.bc.ca

Angela Nahanee

T: 778-919-7349

E: anahanee@musqueam.bc.ca

Krista Brisk

T: 236-999-7253

E: employassist@musqueam.bc.ca

Alicea Bradley

T: 778-855-4047

E: employclerk@musqueam.bc.ca



BC Hydro Apprenticeship Programs



- Power Line Technician
- Cable Splicer
- Electrician
- Winder
- Mechanic
- Meter Technician
- Truck & Transport Mechanic
- Technologist Trainee

The goal of our apprentice program is to provide students with the practical knowledge and experience needed to be successful in their chosen field after graduation. If accepted into our apprentice program, you'll earn 75% of the full trade rate while you learn. You'll also receive an excellent benefits package.

All on-the-job training is done under the supervision of a journey person at BC Hydro while the classroom portion is done at our Trades Centre In Surrey. You'll need a minimum of English 12, Math 12, Physics 11, and a class 5 driver's license to be eligible.

We are currently recruiting for Mechanic apprentices. Go to bchydro.com/careers to apply or connect with the BC Hydro contact below for more information.

For more information, contact:

Jay Gladish

BC Hydro, Employment and Training

Jay.gladish@bchydro.com

Phone: 604 230 9305



Health Care Assistant Certificate Program



Classes start Oct 2021

Why apply?

- Tuition is **FREE**
- Uniforms are provided
- Living allowance incentive
- Program is offered on site in Musqueam

Applications accepted until program start date



Prepare for an exciting career as a front-line caregiver working in a variety of health care and community-based settings such as community home support, assisted living, complex and long-term care, and special-care areas.



For more info contact

Megan Harkey

1-236-688-3407

mharkey@necvancouver.org

NEC Admissions

604-873-3772 ext 328

admissions@necvancouver.org



Ministry of
Advanced Education
and Skills Training

Apply via the Native Education College website
<https://www.necvancouver.org/admissions/apply>

Energy Conservation Assistance Program (ECAP)

This program is open to on-reserve Musqueam membership. More than 50 on-reserve homes have applied for this program in the past couple of months.

Through this program, you will receive:

- LED lamps – installed for all homes
- drying rack – for all homes
- Weather stripping – installed for all homes
- Water-saving shower head – installed for all homes
- CO detectors – installed for all homes

You may also receive:

- Window film
- Added attic insulation
- New bathroom fan
- New fridge
- New furnace



New ECAP applicants will receive a Tim Horton's gift card!

If you have applied before, bring another application from a friend or family member and you will both receive a gift card!

Energy Conservation Assistance Program application

For aboriginal communities and residents of non-profit housing



Bulk reference number Musqueam 2021

To apply for the FREE Energy Conservation Assistance Program, please complete each of the following before submitting the application:

- ☐ Complete the application in full (or we will not be able to process your application).
- ☐ Attach the Landlord Consent form (if you rent from a private landlord).
- ☐ Sign the declaration at the bottom of the page (highlighted in yellow below).

If you require assistance completing this application form please call the program contractor **It's On Electric 1-855-560-3227**.

1. Account holder information

BC Hydro account

| | | | | | |
|-------------------------------|--------------------|------------------------------|---------------|-------------------------|-------------|
| First name (on BC Hydro bill) | | Last name (on BC Hydro bill) | | BC Hydro account number | |
| Account address | | | City | Province | Postal code |
| Home phone number | Other phone number | | Email address | | |

FortisBC account

| | | |
|-------------------------------|------------------------------|-------------------------|
| First name (on FortisBC bill) | Last name (on FortisBC bill) | FortisBC account number |
|-------------------------------|------------------------------|-------------------------|

2. Property information

| | | |
|------------------------------------|-----------|---|
| How many people live in your home? | Last name | Name of company (if you are a property manager) |
|------------------------------------|-----------|---|

What type of home do you live in?

- ☐ Detached house ☐ Duplex ☐ Town house ☐ Apartment/condominium* ☐ Mobile home
☐ Other:

*Please see terms and conditions for eligible products and measures for apartment units.

Do you rent your home?

- ☐ Own ☐ Rent

(If you selected rent, and rent from a private landlord please complete and attach the Landlord Consent Form and complete the Landlord contact information below)

*If you live in a band-owned home, or non-profit housing you are NOT required to submit a Landlord Consent Form.

| | |
|---|----------------------|
| Landlord name (please indicate if home is band owned) | Contact phone number |
|---|----------------------|

3. Income qualification and authorization for disclosure and collection

I understand that in order to qualify as a participant, BC Hydro requires proof that my household income meets the program's income requirement, and/or my building is eligible to participate in the program under the Terms and Conditions. By signing this form, I consent to BC Hydro collecting my personal information (including all items listed on this application form and income qualification status) indirectly from my band/non-profit administration office. Furthermore, I permit my Band/Non-Profit administrative office to disclose that personal information to BC Hydro for the purpose of qualification and for the administration of the program.

MUST COMPLETE

By signing below, I certify that I understand and agree to all of the preceding declarations and all terms and conditions that follow on this application. I certify that all the information is true and complete in every respect and that any willful misstatements may cause the rejection of my application.

| | |
|---|-------------------|
| BC Hydro account holder signature (BC Hydro account holder) | Date (Yr/Mth/Day) |
|---|-------------------|

| | |
|--|-------------------|
| FortisBC account holder signature (If there is a FortisBC natural gas account associated with the residence.) | Date (Yr/Mth/Day) |
|--|-------------------|

Mail completed application to:
BC Hydro and FortisBC ECAP Operations
PO Box 8910 Stn Terminal
Vancouver, BC V6B 9Z9

OFFICE USE ONLY

Meets LICO threshold

- ☐ Yes ☐ No

Authorized signature