

Musqueam Community Newsletter Friday October 29, 2021

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212 SAFETY & SECURITY PATROL: 604-968-8058

Special Purpose Meeting

1. Special Pupose Meeting

Attention all Musqueam Community Members, the audited financial statements for Fiscal Year March 31, 2021. This is an important meeting and you are encouraged to attend.

Audited Financial Statements Presentation By ~~~~~BDO Canada LLP

When: Thursday, November 25, 2021

Time: 6:00 pm – Meeting will be called to order

Where: Musqueam Community Centre Gymnasium

Meeting will also be available via Zoom (Zoom Details to follow).

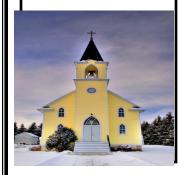
HAPPY HALLOWEEN' EVERYONE!



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ST. MICHAELS' CHURCH

Sunday Mass will begin @ 1:00 PM. Come Join Us.





MUSQUEAM DAY MONDAY, NOVEMBER 1, 2021

MUSQUEAM DAY is a day we recognize as a Statutory Holiday to celebrate the *R v Guerin* Decision, the 1984 Supreme Court case won by Musqueam Indian Band regarding the Shaughnessy Golf Course lease.

Musqueam Administration
Offices will be CLOSED on Monday, November 1st,
2021 and re-open for regular working hours
Tuesday, November 2nd.

With the exception of essential services.

Thank you,

Musqueam Administration

MUSQUEAM 101 – Wednesday, November 3, 2021

What has Richard been doing by the Cultural Centre?

Have you been wondering what Richard Campbell has been doing by the Cultural Centre these past months? Now is your chance to find out! Richard has been carefully screening soils recovered from the ancient Musqueam village at Locarno and brought to Musqueam in the 1990s. Join us to hear about his recovery of ancient belongings from this village. Aviva Rathbone will also join us. Richard and Aviva will bring belongings and treasures from Locarno for us to look at and learn from.

ni? ?əncə? (where?)

Musqueam Elders Centre

təmtem? (when?)

Wednesday, November 3. Dinner will be served at 6:00 p.m. The presentation will start at 7:00 p.m.

Please note: At this time Musqueam 101 is only for community members and Musqueam staff.

WILLINGDON LANDS MEMBERSHIP NOTICE OF MEETING







Fall 2021



GET INVOLVED!

As representatives of the partnership, Aquilini Development will be hosting an information session on November 4th, 2021 if you would like to learn more about the project.

Where: Musqueam Gymnasium

When: November 4th, 2021 from 6:00-7:00pm

Light snacks and refreshments will be provided. Feel free to reach out to the development coordinator from the Musqueam community on any topic. We hope to see you there!

Development Coordinator:

Tara Sparrow-Felix - 604-362-6047 | tara.sparrow-felix@aquilini.com



New Paths and Crossings



Open Space and Parks



Amenity and Service Rich Community



THE WILLINGDON LANDS

The Willingdon Lands are on the unceded territories of the x*məθk**əyəm (Musqueam), skwxwú7mesh (Squamish), and səlilwəta+ (Tsleil-Waututh) Nations, and was purchased in partnership between the Musqueam Indian Band, Tsleil-Waututh Nation, and Aquilini Development.



MUSQUEAM INDIAN BAND

OCTOBER 29, 2021

The Musqueam Indian Band Administration and Chief & Council are inviting Musqueam Members who would like to attend a home Canucks game to sign up by following the link below. Please note that due to covid-19 this is the only way to register there will be no box to drop off hard copies.

https://woobox.com/tmz6z2

Guidelines for signing up/attending:

- * You only have to sign up once per season.
- If you are unable to attend you must return the tickets to the
 Musqueam Administration Office, please do not give away.
- * You have to be able to provide own transportation to the game.
- All covid-19 protocols must be followed.



Musqueam, Speed Watch Needs You!

Make a difference in your community, volunteer with the Musqueam Speed Watch.

We are looking for passionate individuals to give back to their community and remind drivers to slow down.



It's a great way to make an impact in our community. The portable speed radar equipment and big flashing reader board gives drivers feedback on how fast they are going.

If you would like more info, please contact:

Andrew van Rijswijk. Bylaw Enforcement Officer arijswijk@musqueam.bc.ca







Musqueam Education Notice Friday Oct 29, 2021



October high school bus pass cheques are available for pick up at the band office. **November** high school cheques will be available to pick up on <u>OCT 29th</u> at the band office, Post-Secondary will remain direct deposit.

West Point Grey Academy - First Nations Legacy Scholarships

WPGA is a coeducational independent school that provides a strong academic foundation balanced by our commitment to character building, global awareness, outdoor education, community service and student wellness.

WPGA looks forward to receiving applications from students from the Musqueam, Squamish and Tsleil-Waututh Nations. We encourage motivated, engaged and dynamic students interested in pursuing a WPGA education to apply. Although preference is given to applicants applying to grades 1, 4 and 8 (intake years), we accept applications for all grades.

All students will be invited for an assessment and to attend a family interview. Successful candidates will receive full tuition scholarships for their time at WPGA.

Applications must be submitted by November 1, 2021. Should you have any questions, please contact the enrolment of fice at enrolment@wpga.ca or 604-222-8750, ext. 1533.



2022 Graduates

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

2021 Graduates

Musqueam band members that graduated from High School in 2021 may be eligible for a Musqueam Education Award; please submit a copy of your Dogwood Certificate and BC of Ministry of Education transcripts to the Education Department, contact us for more information.

Tutoring

If students require tutoring for the upcoming school year please contact the Education Department so that we may offer assistance.

Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Cary Campbell, School Bus Driver

Dona Grant, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263 - 4212

Toll free: 1-866-282-3261



Portrait of a Southlands Student

Jones Peter is a student in Grade 6 at Southlands. He is also a member of the Southlands Safety Patrol and takes his job very seriously. Jones is a quiet fellow, but he is a keen observer. He notices when people need help and is quick to respond. His teacher reports: "Jones is a thoughtful learner and a caring friend. He shows curiosity about his learning and is a kind, patient and well-liked member of the school community." Well done, Jones! We are proud of you!

Riddle

I protect, I stand tall. My purpose is to strike fear in all. What am I?

Answer: A Scarecrow

Educational Quote

"The beautiful thing about learning is that no one can take it away from you."

- B.B. King



TRAIN + UPGRADE YOUR SKILLS WITH US!

THE ESSENTIALS PROGRAM

CULINARY AND BAKING & PASTRY ARTS



Local businesses face recruitment challenges in light of

With close to 40,000 vacancies, the hospitality industry is facing a shortage of labour.

Do you love cooking? Thinking about a career in food and hospitality?
The new WorkBC Community Workforce Response program from the provincial government provides free skills training for qualified individuals. Call one of our Admission Advisors today to find out more information and to see if you qualify.





Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.

THINKING ABOUT A CAREER IN FOOD? FIND OUT IF YOU QUALIFY FOR THIS FREE PROGRAM







FULFILL ONE OF THE FOLLOWING TO QUALIFY:

- ☐ Currently unemployed or employed part-time
- ☐ Currently on Employment Insurance or Income Assistance
- ☐ Unemployed or Underemployed
- ☐ Ages: 19 to 55
- ☐ First Nations
- ☐ Part-time workers or unskilled workers

THE ESSENTIALS PROGRAM

- 8 weeks hands-on training
- ☐ Two programs: Culinary Essentials or Baking & Pastry Essentials
- ☐ Employment assistance included
- ☐ Equipment, uniforms, & supplies included
- ☐ Evening classes from 5:30pm to 10pm

CULINARY

Open call for art submissions from Youth Indigenous artists under 30 years.

What does freshwater mean to you, your family, and your community?



Are you an Indigenous artist?

Enter our art contest and win great prizes!

Naut's a mawt Tribal Council and Island Trust invites you to show us what freshwater means to you, your family, and community through your art!

Prizes:

1st place - \$500 and cool swag

2nd place - \$250 3rd place - \$150

How to enter:

visit www.nautsamawt.org/water

Submission Deadline:

October 31, 2021

Learn more at: www.nautsamawt.org/water







MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29. 2021

COLD OR FLU KNOW THE DIFFERENCE

The flu and a cold can have similar symptoms. The difference is how intense they feel and how common they are.

In general, symptoms of the flu appear quickly, while symptoms of a cold happen slowly.

COLD

You may feel chills but fever is rare

Cough, chest discomfort (mild but may last a while)

Body aches & pains (mild)

Tiredness (you can still do your daily activities)

Headache (mild)

Sore throat

Stuffy, runny nose, sneezing



FLU

Fever

Cough, chest discomfort (dry cough can be severe)

> Body aches & pains (can be severe)

Bedridden (you may feel extremely exhausted)

> Headache (can be severe)

> > Sore throat

Stuffy, runny nose

COMPLICATIONS CAN INCLUDE...

- + Lung infections
- + Throat infections
- + Ear infections
- + Sinus infections

People experience symptoms differently. If your symptoms get worse or persist, see your healthcare provider.

COMPLICATIONS CAN INCLUDE...

- + Pneumonia
- Pre-existing health conditions getting worse (such as asthma)
- Hospitalization
- + Death

TO LEARN MORE, VISIT CANADA.CA/FLU





MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021



THE FLU CAN BE SERIOUS.

- The flu is very contagious and can spread quickly and easily.
- + Before you even know you are sick, you can pass the flu on to others.
- + In Canada, an average of 12,200 hospitalizations and 3,500 deaths related to the flu occur each year.

THE FLU CAN AFFECT ANYONE.

- + Even healthy people can get the flu, and it can be serious.
- People at higher risk of serious complications* are:
 - > adults aged 65 and over
- those living with one or more chronic health conditions
- > those residing in nursing homes or other facilities
- > young children
- > pregnant women
- > Indigenous peoples

YOU NEED TO GET VACCINATED EVERY YEAR.

Flu viruses change each year. Experts create a new vaccine to protect you each flu season.

YOU CAN'T GET THE FLU FROM THE FLU SHOT.

The viruses in the flu shot are either killed or weakened and cannot give you the flu.

THE FLU SHOT IS SAFE.

- + The flu shot has benefited millions of Canadians since 1946.
- Most people don't have reactions to the flu shot; those who do may have soreness, redness or swelling at the injection site.
- + Severe reactions to the vaccine are extremely rare.

EVERYBODY WINS WHEN YOU GET VACCINATED.

- + If you do get the flu, the flu shot may reduce the severity of your symptoms.
- By getting the flu shot, you protect yourself and others because you are less likely to spread the flu.
- It's a simple action that can prevent complications and save lives.
- National Advisory Committee on Immunization (NACI): Canadian Immunization Guide Chapter on Influenza and Statement on Seasonal Influenza Vaccine.

TO LEARN MORE, VISIT CANADA.CA/FLU

Canada







MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM

Nicolette Moore offers support in:

-Addiction support -Treatment referrals or questions

-Addition education -Family Interventions

Nicolette's hours: Monday-Wednesday 8:30-4:30 pm | Thursday 1-8 pm | Friday 8:30-4:30 pm

T: 236-558-8482 | E: nnadap.nmoore@musqueam.bc.ca

Brad Morin provides:

One to one, family, and group counselling whenever necessary and can also refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety.

Conduct outreach to community and Band Members

Makes referrals to detox, recovery houses, and treatment centres.

Brad's hours: Wednesday-Friday: 6pm-9pm | Saturday-Sunday: 1pm-5pm

T: 604-652-1368 | E: nnadap.bmorin@musqueam.bc.ca

MUSQUEAM MENTAL HEALTH AND WELLNESS PROGRAM

Janice Cross

This confidential counseling services are available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice Cross.



Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.

I can be reached on my cell at: 778-829-0242 or my email is jcarroll@musqueam.bc.ca

2SLGBTQ+ SUPPORT: TWO SPIRIT TUESDAY- OUR NEXT SESSION WILL BE TUESDAY, OCTOBER 19TH.

Dawn Marie, Trans Care Program Coordinator



TWO SPIRIT TUESDAY- our next session will be Tuesday, October 19th.

Dawn-Marie's office hours in the Health Department are Thursday 10am – 3pm.

PH: 1-236-558-9948 email: LGBTQ@musqueam.bc.ca



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021

COMMUNITY HEALTH PROGRAM

Crystal Point, RN, CHN

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as — milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

To register for the Program, call the Community Health Nurse, Crystal Point, RN in the Health Department.

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child health supports (electronically, virtually and/or home visit.

Crystal Point, CHN: Ph: 604-362-9200 | Email: chn@musqueam.bc.ca

Arlene Haldane, Assist: Ph: 604-655-0580 | Email: nurseassist@musqueam.bc.ca

NEED HELP REGISTERING BABY FOR MSP/FNHA HEALTH BENEFITS? GIVE US A CALL!

For assistance with registering your Newborn you may call Candice Sparkes: 604-269-3312.

For questions or concerns about your Health Benefits or assistance with the PBC website or APP? You may contact: Ashlee Point 604-269-3395

** Please stay tuned for updates on Musqueam's Pre- and Post-Natal Luncheons – coming soon! 3

HOME & COMMUNITY CARE PROGRAM

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment.

Home care services & medical equipment require a note from your doctor with your needs specified.

Romeo's Office Hours: Monday, Wednesday, Thursday & Friday from 8:30-5:30 Tuesdays - Off

Phone: 604-269-3463 email: homecare@musqueam.bc.ca or nurseassist@musqueam.bc.ca

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant, Arlene Haldane – 604 269 3354 or 604 655 0580.

If there is no answer please leave a message. *For Emergencies Call 911 *



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29. 2021

LAND BASED HEALING PROGRAM

Patricia Isaac, Coordinator

GARDEN BOXES HAVE ARRIVED! Call Trish to reserve yours today

Elders, would you like to do some *gardening* in an easy to reach garden box?



THE "LAND BASED HEALING" PROGRAM IN THE HEALTH DEPT. IS PROVIDING GARDEN BOXES TO ELDERS WITH <u>LIMITED MOBILITY</u>. THE LAND BASED HEALING PROGRAM IS NEW TO MUSQUEAM AND WE NEED YOUR KNOWLEDGE AND INSIGHT! THIS PROGRAM IS CREATED TO FACILITATE COMMUNITY MEMBERS CONNECTING TO THE LAND AS A WELLNESS PRACTICE. WE WILL DELIVER THE BOX AND SOIL TO YOU, AS WELL AS SOME SEASONAL PLANTS.

WHAT: GARDEN BOXES THAT ARE ACCESSIBLE FOR ELDERS

WHEN: MONTH OF OCTOBER

WHO: CONTACT TRISH @ (778)239-4325

THE LAND BASED HEALING PROGRAM IS HAPPY TO PRESENT

CANADIAN FIREARM SAFETY COURSE (CFSC)



Available to Musqueam community members age 12+

Please register early as there is limited capacity. Lunch will be provided on both days.

This is a TWO-DAY program, offered at the Musqueam community Centre in November 2021 (exact date to be announced)

To sign up please call/text/email Trish Isaak 778-235-4325

Email: lbh@musqueam.bc.ca

THIS COURSE INCLUDES

- Safety rules (ACTS and PROVE).
- Loading and unloading of 9 typical action types.
- o Firearms history.
- o Ammunition types (handgun, rifle and shotgun).
- Best practices for using a firearm in the field or at the range.
- o Carrying positions and cleaning principles.
- Overview of Canadian gun laws and regulations.
- Hands-on practice session on deactivated firearms.
- Federal multiple choice & practical tests (CFSC non restricted).
- Federal multiple choice & practical tests (CRFSC restricted).
- PAL application package, to be submitted to the CFO by the student after successful completion of the course.
- o Official RCMP CFSC/CRFSC course manual (free pdf).

Any individual prohibited from possessing firearms cannot attend any of our firearms courses including the CFSC/CRFSC



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021

HEALTH PATIENT NAVIGATOR

Lisa Mitchell

Lisa Mitchell and I am the Patient Navigator in the Musqueam Health Department. I am available to assist and support community members on their healthcare journeys.

If you have any questions regarding your health care coverage, FNHA Benefits, or need assistance filling out medical forms please do not hesitate to contact me.

I am available Monday to Friday from 8:30am to 4:30pm by phone: 604-764-5349 or email: navigator@musqueam.bc.ca

Did you know you can book your Lifelabs appointment online?

Follow the steps below:



STEP 2 STEP 1 STEP 3 Select your preferred Go to www.lifelabs.com Create or log in to your location, Dunbar PSC is existing My Care Compass Click the blue button and the closest location to account. select British Columbia Musqueam, and click Book Review your appointment Scroll down and click on the an Appointment details and then click red Book an Appointment Review the patient Confirm button instructions and click Next Scroll down and enter your Select an available timeslot postal code and click Find from the monthly calendar 0 #112-3540 41st Ave W. Vancouver, BC O Time remaining to confirm: 01:24 1. Select who the appointment is for: 1. Select day you want to book: Musqueam Primary Care Clinic Appointments available 2. Confirm appointment booking: Su Mo Tu We 31 01 02 03 Closed v v 03 07 08 09 10 Closed v v v **Dunbar PSC** 10:10 AM Friday, 05 November 2021 APPOINTMENTS REQUIRED Location: - 3540 W. 41st Avenue #112-3540 41st Ave W, Vancouver, BC Vancouver, BC 22 23 3. Confirm your phone number: 24 LifeLabs will contact you on this phone number if there are any 1 km away Directions ues with LifeLabs appointments you make 30 Account phone number: 6042660043 CONFIRM APPOINTMENT 🖨



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021



British Columbia Aboriginal Network on Disability Society (BCANDS)

Jordan's Principle Provincial Service Coordinator

Jordan's Principle was developed in memory of Jordan River Anderson from Norway House Cree Nation in Manitoba. Jordan's Principle is a child first initiative that ensures children in First Nations communities find products, services or support they need.

Some supports covered by Jordan's Principle are:

Health:

- Cordans control
- Medical supplies & equipment
- Mobility Aids
- Therapeutic services for individuals or groups (speech therapy, physiotherapy, occupational therapy)

Social:

- Social worker
- · Land-based activities
- Respite care (individual or group)

Education:

- School Supplies
- · Tutoring services
- · Teaching assistants

The BCANDS Jordan's Principle Service Coordinator serves the entire province of British Columbia and is available to support First Nation children/youth and their families/caregivers in identifying and accessing services for their holistic needs. We encourage you to contact us should you have any questions, need assistance accessing health, social and education supports including Jordan's Principle funding, or have any other inquires about the program.

For more information, please contact:

Raylene McCreath

Jordan's Principle Provincial Coordinator Telephone: (250) 381 - 7303 ext. 201 Cell: 250-208-3599 (TEXT ONLY)

Toll Free: 1-888-815-5511 Fax: (250) 381 - 7312

Email: jordansprinciple@bcands.bc.ca.

Twitter: @IDCChildren Website: www.bcands.bc.ca B.C. Aboriginal Network on Disability Society (BCANDS) #6 - 1610 Island Highway Victoria, British Columbia - Canada -

V9B 1H8

Jordan's Principle Call Centre: Available 24/7 1-855-572-4453

For Assistance with Jordan's Principle support services you may also contact our Musqueam Health
Patient Navigator Lisa Mitchell: Monday to Friday from 8:30am to 4:30pm

by phone: 604-764-5349 or email: navigator@musqueam.bc.ca



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

Community Based Drinking Water Quality Monitoring Program

Community Based Drinking Water Monitors (CBWM) play a key role in the Drinking Water Safety Program as the designated person responsible for sampling, testing, recording and communicating the microbiological quality of drinking water within the community. The CBWM is also responsible for distributing results and may assist with developing and carrying out a drinking water quality awareness program.

The CBWM may be a Community Health Representative (CHR), Water Treatment Plant Operator (WTPO), or another individual selected by the Band. If a community does not have a CBWM, the activities may be completed by the FNHA Environmental Health Officer or an FNHA Environmental Health Technician. Environmental Health Officers train CBWMs to sample and test the drinking water for potential microbial contamination using community lab equipment (Colilert®).

WaterTrax®, an internet-based data management system, is used to securely manage all drinking water quality data to which the CBWM, Band Health Directors, and the Drinking Water Safety Program (DWSP) team have access

BREAKFAST CLUB



Please note: The Breakfast Club will be **closed on:** Monday, November 1, 2021 for Musqueam

Day.

Breakfast Club phone number: 604-269-3465

MUSQUEAM ELDERS

Brenda Campbell, Elders Coordinator

Elders Luncheons

*Please note, that the Elder's Centre has resumed operations and our regular bi-weekly luncheons, we will no longer be delivering luncheons door to door.

The next scheduled Elder's Luncheon is:

Thursday November 4, 2021 12 noon at The Elder's Centre

Elder Ladies Night

We will be starting up our Ladies Night once again on Tuesdays

Time: 6:00 pm – 8:00 pm at Musqueam Elder's Centre

We bring a little snack to share with one another.

Looking forward to seeing you all.

Brenda Campbell, Elders Coordinator Musqueam Elder's Centre 604-263-6312



$x^w m \partial k^w \partial y \partial m$

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021



MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

Monday Nov. 01	Tuesday Nov. 02	Wednesday Nov. 03	Thursday Nov. 04	Friday Nov. 05
	Dr. Dumont, GP	Karen Chandra, NP	Karen Chandra, NP	Karen Chandra, NP
CLINIC CLOSED FOR	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm
MUSQUEAM DAY	Janice Cross, MWSW In office 1:00-4:00	Traditional Healing and Song (Facebook Live) 2:00pm – 2:30pm	Janice Cross, MWSW In office 1:00-4:00	

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.

Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.

Prescription running low? Please book an appointment a few days **prior** to running out of your medication.

Nasal Naloxone kits are available for pick-up. Please check to see if your current Naloxone Kit has expired.



Walk/Drive-up Covid-19 Testing Site @ St. Vincent's

Entrance off West 33rd Avenue by Heather Street, Vancouver.

Open daily 8:00am – 7:00pm (drop-in only)
Ages 4+; nasopharyngeal and saline gargle available.

*Community members must identify that they are from Musqueam First Nation.



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021



throughout the Vancouver Coastal Health Region. The influenza vaccine is free for everyone in BC 6 months old and older and is widely available at pharmacies and doctors offices

Where can you get the flu shot?

- Your family doctor/NP's office
- Your local pharmacist
- Some local clinics in around the city (walk in clinics, travel or community clinics)

To book your flu shot or find a clinic near you visit

https://immunizebc.ca/clinics/flu#12/49.2508/-123.1272

Clinics near Musqueam:

Vancouver Family Flu Clinic

Italian Cultural Centre, 3075 Slocan St., Vancouver

Richmond Family Flu Clinic

River Rock Casino, 8811 River Rd., Richmond

COVID Vaccine? Where can I

VANCOUVER:



INTERNATIONAL LANGUAGE ACADEMY - (1125 Melville St.)

ITALIAN CULTURAL CENTRE (3075 Slocan St.) Hours: Oct 28th 12pm—7pm

Oct 27th-Oct 31st 9am to 7pm

Nov 1st-10th

9am to 7pm

Nov 12th-21st 9am to 7pm

RICHMOND:

RIVER ROCK CASINO—The Show Theatre (8811 River Rd. Richmond)

Hours

Oct 27th -31st 9am to 7pm

Nov 1st—10th

9am to 7pm

Nov 12th—21st 9am to 7pm



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ October 29, 2021



Musqueam Health will be hosting a Breast Cancer Walk



October 30th, 2021

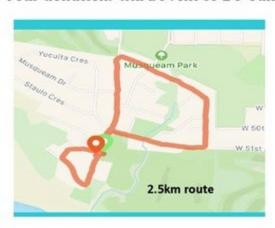
Gather @9:45am at the Cultural Centre

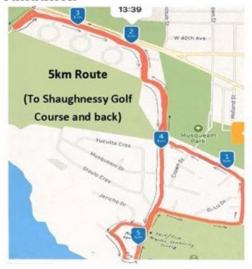
Walk starts at 10am, 2 routes to choose from

Start & finish at the MIB Cultural Centre

-> 2.5km option or ->5km option

- There will be a photobooth, a donation box, and boxed lunches for attendees to take home following the walk/run
- · Your donations will be sent to BC Cancer Foundation













Call for Artists! Enter to win \$1000

How does x^wməθk^wəyəm picture "The Soul of the Fraser"?





Environmental Documentary featuring Musqueam Indian Band is looking for MUSQUEAM ARTISTS to design a logo for the film!

No age restriction. No purchase necessary. All participants must identify as members of the x^wməθk^wəyəm (Musqueam) First Nation. NERV Productions Inc. will deliver to the grand prize winner a cheque valued at \$1000. NERV Productions Inc. has final say on how much of the interview with the grand prize winner is edited into the documentary film. NERV Productions Inc. reserves the right to decide not to use the winning artwork for any materials.





admin@nervproductions.com 604 396 1037

SOUL OF THE FRASER

Logo Competition

NERV Productions' newest documentary, The Soul of the Fraser, features Musqueam Indian Band. We are looking for Musqueam Artists to design a logo for the film! The winner will receive a \$1,000 cash prize and will have their piece featured in the film, along with an interview with the artist about the piece.

Design a logo for the film:

- Prompt: What does the soul of the Fraser Estuary mean to you?
- Create a drawing, painting or digital rendition of what you feel represents the soul of this incredible region. This art piece should be suitable as the film's title, it is encouraged that the piece includes the text "The Soul of the Fraser".
- High-Resolution Digital files or scans required in a .PNG format
- Deliver your contest entry files via email to admin@nervproductions.com with the email subject line as "Musqueam Logo Contest". Please include your full name in the email.
- All participants must identify as members of the Musqueam Indian Band.
- Competition ends on December 1st at 12:00am Midnight, a winner will be announced on December 5th!
- If you have any questions regarding the contest or submission, contact us via admin@nervproductions.com

About the Doc: In beautiful British Columbia, Canada, follow an ensemble cast ranging from a former government worker turned activist to a boat captain with an indigenous family history long forgotten, as they search for a way to save what's left of the Fraser Estuary. This documentary feature uses the estuary as a case study proving a lack of environmental stewardship as a result of indigenous suppression.

Fine Print: No age restriction. No purchase necessary. All participants must identify as members of the xwməθkwəỷ əm (Musqueam) First Nation. NERV Productions Inc. will deliver to the grand prize winner a cheque valued at \$1000. NERV Productions Inc. has final say on how much of the interview with the grand prize winner is edited into the documentary film. NERV Productions Inc. reserves the right to decide not to use the winning artwork for any materials.

All images are taken from the film Soul of the Fraser, NERV Productions Inc. 2021

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MOA NEWS





Announcing MOA Director Dr. Susan Rowley

The Museum of Anthropology is delighted to announce that the University of British Columbia has appointed Dr. Susan Rowley to a three-year term as Director of MOA. Dr. Rowley has served as Acting Director since July 1, 2021, when Dr. Anthony Shelton completed his third term as Director.

Sue, as she is known to her colleagues and friends, is a Curator at MOA and an Associate Professor in the Department of Anthropology, two roles she has served in with passion and curiosity since joining the UBC community in 2001. Originally from Ottawa, Sue holds a PhD in archaeology from Cambridge University. Her research

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extensively with Inuit elders on historical research and with Inuit youth on archaeology projects. Through her work at MOA, she collaborates regularly with Musqueam and other Indigenous communities in British Columbia on exhibitions, training initiatives, and research projects.

"Musqueam has been working with Sue for many years through various initiatives, and I'm pleased to now welcome her in the role of MOA's Director," said Leona Sparrow, Musqueam liaison to MOA and UBC. "Sue is respected for her deeply held relationships and her collaborative style. She is a strong leader for MOA."

Sue serves as the long-time Chair of MOA's Repatriation Committee, which most recently facilitated a request for the return of a Haida mortuary pole in 2018. She has curated several major exhibitions at MOA, including <u>The Fabric of Our Land: Salish Weaving</u> (2017/2018) and the award-winning <u>cesna?em, the city before the city</u> with co-curator Jordan Wilson (Musqueam) (2015/2016).



In 2019, Sue was instrumental in supporting the development of the Indigenous Internship Program at MOA, a joint initiative with six Indigenous partners: the Musqueam Indian Band, the Squamish Lil'wat Cultural Centre, the Haida Gwaii Museum, the U'mista Cultural Society, the Nlaka'pamux Nation, and the Coqualeetza Cultural Society. The Indigenous Internship Program provides training opportunities for Indigenous people already working in museums and cultural centres or intending to do this kind of work.

Sue also

serves as Co-Academic Coordinator for Musqueam 101, an ongoing speaker series hosted by Musqueam in partnership with UBC. The program builds greater cross-cultural understanding of Musqueam's rich cultural and historical legacy, and provides an opportunity for visiting



scholars to engage with Musqueam community members and for community members to meet educators and participate in the academic culture of UBC.

During MOA's Partnership of Peoples expansion project, completed in 2010, Sue served as one of the leads for the creation of the Reciprocal Research Network

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collections around the world, with a focus on First Nations heritage from the Northwest Coast and British Columbia. The RRN was co-developed with the Musqueam Indian Band, the Stó:lō Nation/Tribal Council, the U'mista Cultural Society, and UBC's Laboratory of Archaeology (LOA). As part of the Partnership of Peoples project, moreover, Sue oversaw the development of a suite of research labs for LOA within the Museum.

Sue is a dynamic teacher who, in addition to her curatorial work at MOA, mentors and supervises

PhD and MA students. She teaches the popular Museum Practice and Curatorship course to undergraduates—a course that is taught at MOA and provides practical hands-on learning in different areas of museum work. Her major service roles have included Director of LOA, Chair of the Anthropology Graduate Studies Committee, and Co-Head of the Department of Anthropology.

"Through her many contributions to MOA and the Department of Anthropology over the years, Dr. Rowley has demonstrated her strengths in a range of administrative and leadership roles, and she has garnered the trust and respect of her colleagues and members of the Indigenous communities with whom she has worked for many decades," said Dr. Gage Averill, Dean of the Faculty of Arts. "I am confident that the combination of administrative experience, strong interpersonal and leadership skills, and deep



understanding of and engagement with the issues facing the Museum will equip her to be successful in carrying out the responsibilities of the Directorship and in bringing MOA closer towards the fulfillment of the commitments it has made to the United Nations Declaration on the Rights of Indigenous Peoples and <a href="mailto:the University's Indigenous Strategic Plan."

Critically, Sue will lead MOA through a period of major transition as the Museum undertakes several significant endeavours in the immediate term: recovering visitorship and revenue following the COVID-19 pandemic, undergoing seismic

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Sue was appointed at the conclusion of an international search, on the recommendation from the advisory search committee, which was comprised of community members from Musqueam, student and faculty representatives from the departments of Anthropology, First Nations and Indigenous Studies, Political Science, and History, as well as MOA staff representatives.

"I am honoured and humbled by this opportunity to further develop MOA's history of



working with Indigenous partners and originating communities around the world," said Sue. "I look forward to working with the dedicated team at MOA as we review our policies and procedures and implement BC's Declaration on the Rights of Indigenous Peoples Act as well as UBC's Indigenous Strategic Plan. I am

also committed to developing and strengthening MOA's relationships with the many peoples and communities engaged in the Museum's initiatives."

Read More

Photo credits (top to bottom): 1) Sue Rowley and Debra Sparrow (Musqueam) study a Salish weaving with a Dinoscope. Photo by Alina Ilyasova. 2) Visiting a smoke house at Musqueam with Kenny Wilson, Dickie Louis and Jordan Wilson. Photo courtesy of Kate Hennessy and Reese Muntean. 3) Making molds for "cesna?em, the city before the city" with mold-maker Raj Mariathasan. Photo courtesy of Kate Hennessy and Reese Muntean. 4) A class visit in Laboratory of Archaeology storage at MOA. Photo courtesy of Kate Hennessy and Reese Muntean. 5) Sue with Grayson Francis (Sq'ewlets) and Chrystal-Lee Williams (Sq'ewlets) during a community visit at MOA. Photo by Heidi Swierenga. 6) Sue speaking at Sound House: Never Forgotten on Orange Shirt Day. Photo by Xinyue Liu/VANDOCUMENT.

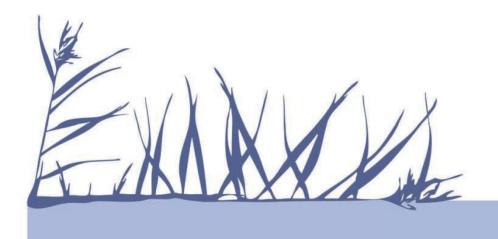
MOA acknowledges that it is built on the traditional, ancestral and unceded land of the Musqueam people.

Museum of Anthropology at UBC A place of world arts + cultures









XwməOkwəyəm Musqueam

LAND CODE

Musqueam Land Code Committee - Request for Expression of Interest

The Musqueam Land Code Committee of Council invites a letter of expression of interest from any Band Member interested to be considered for an appointment to serve on the Musqueam Land Code Committee.

The Musqueam Band Council is the deciding body as to who will be selected for the committee that is comprised of a total of seven members.

There are four people required to be appointed:

- Two Musqueam Band Member at Large;
- One Musqueam Band Youth Representative;
- One Musqueam Band Elder Representative.
- The Committee are core to supporting Musqueam Lands Governance in the
 execution of their committee duties to follow the Terms of Reference; ensure
 financial statements are prepared per Lands activities; Ensure Audited financial
 statements are prepared and provided to Band; Report to Members lands activities;
 review: draft laws; lands applications; development applications for consideration
 and recommendations to Chief and Council and are supported by MLGO staff and
 legal advisors, Murray Browne, Legal Land Code Consultant and Melissa Louie,
 Musqueam General Counsel

https://www.musqueam.bc.ca/wp-content/uploads/2018/11/ECopy-Musqueam-Land-Code.pdf

Musqueam Land Code implementation is a great work and require the dedication of the Committee working group to ensure the Musqueam Land Code Pre-conditions comply and to develop the Laws, Processes, applications and much more work is necessary as we work to build our capacity for Musqueam to govern ourselves and our lands.

Deadline November 19, 2021 Application Deadline

Please submit a letter expressing your interest to serve on the Musqueam Land Code committee to the attention of Kim A. Guerin, Coordinator. Ph. 604-263-3261

Kim@musqueam.bc.ca or hand deliver to the Band Office. Date of Notice: Oct. 29, 2021



MUSQUEAM INDIAN BAND

LANDS COMMITTEE TERMS OF REFERENCE

(Draft, May 10, 2019)

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1. Introduction

- 1.1 Musqueam Indian Band passed the Musqueam Land Code dated for reference June 28, 2012 in accordance with the Framework Agreement on First Nation Land Management between Musqueam Indian Band and Canada and ratified on behalf of the Government of Canada by the First Nations Land Management Act, S.C. 1999 c.24.
- 1.2 The Musqueam Land Code came in to effect on June 5, 2017.
- 1.3 The Land Code established a **Lands Committee** under section 24 and subsection 24.4 states that: "The Lands Committee may establish rules for the procedure at its meetings and generally for the conduct of its business matters, not inconsistent with those established by Council."

2. Lands Committee Mandate

- 2.1 The Lands Committee's mandate under subsection 24.1 of the Land Code is to:
 - (a) assist with the development of the land administration system;
 - (b) advise the Council and its staff on matters respecting First Nation Land;
 - (c) recommend to Council Laws, Resolutions, policies and practices respecting First Nation Land;

- (d) hold regular and special meetings of Members to discuss land issues and make recommendations to Council on the resolution of these land issues;
- (e) assist in the flow of information on land issues between Members and the Council; and
- (f) oversee community approvals under this Land Code.
- 2.2 The Lands Committee also has a role under the Land Code in the following areas:
 - (a) making recommendations or proposals for laws relating to lands (sections 6 and 7);
 - (b) establishing a community process to develop and implement the core initial land laws referred to in subsection 11.1 and rules and procedures referred to in subsection 24.2 and presenting these to Council:
 - (i) land use planning and zoning;
 - (ii) transfers and assignments of interests;
 - (iii) setting rates, rents and fees;
 - (iv) environmental protection and assessment;
 - (v) disputes relating to lands; and
 - (vi) spousal property (subsections 11.2, 24.2, 24.3, 27.1, and 39.2);
 - (c) making recommendations regarding proposed expropriations (subsection 15.7);
 - (d) assisting in providing information to the community for any land exchanges that may be proposed (subsection 17.7);
 - (e) avoiding conflicts of interest (section 18);
 - (f) assisting in preparing or making recommendations for an annual report on lands to Members (subsection 22.1);
 - (g) advising Council on the granting of interests, licenses and permits and, if delegated by Resolution, granting specified interests, licenses and permits (subsection 32.3);
 - (h) making recommendations to Council on granting allotments or CPs (subsection 34.2);
 - (i) granting rights of access onto Musqueam First Nation Lands if delegated (subsection 37.2);
 - (j) appointing panelists to the Dispute Resolution Panel (subsection 40.3);
 - (k) assisting to develop and implement annual work plans and budgets for the Lands Governance Office;
 - (I) holding Committee meetings and other meetings to discuss issues relating to Musqueam First Nation Land and to make recommendations to Councils on the resolution of such issues:
 - (m) assisting in the exchange of information between Committee members and Council;
 - (n) assisting in coordinating meetings with Members in relation to the Land Codes;
 - (o) assisting in reviewing applications under Land Code laws and making recommendations to Council;
 - (p) taking reasonable measures to consult Elders with respect to matters in general under the Land Code, and particularly in respect of heritage lands and sacred lands; and

(q) performing such other dues and functions as Councils may direct.

Other Recommendations

- 2.3 The Lands Committee may recommend to Council:
 - (a) policies for the remuneration and recovery of expenses incurred by Lands Committee members;
 - (b) programs for the orientation and education of Lands Committee members;
 - (c) amendments to these Terms of Reference;
 - (d) laws, policies or procedures relating to Lands; and
 - (e) amendments to the Land Code.

Mainly Advisory

2.4 Unless otherwise expressly stated in the Land Code or in a delegation Resolution from Council, the role of the Committee is strictly advisory.

3. Lands Committee Appointments and Membership

- 3.1 The Lands Committee appointments, eligibility for appointments, terms and related matters are set out in section 25 of the Land Code.
- 25.1. The Lands Committee shall be composed of 7 Members, including the chairperson, all of whom must be Eligible Voters.
- 25.2. Any Eligible Voter, whether resident on or off First Nation Land, is eligible for appointment to the Lands Committee, except for the following persons:
 - (a) unless waived by a Majority vote of those Eligible Voters present at a Meeting of Members, any person convicted of an offence that was prosecuted by way of indictment;
 - (b) any person who is an undischarged bankrupt or owes money to the Musqueam Indian Band; and
 - (c) any person convicted of a corrupt practice in connection with an election, including accepting a bribe, dishonesty or wrongful conduct.
- 25.3. The Members of the Lands Committee are to be appointed by Council as follows:
 - (a) two Eligible Voters;
 - (b) one representative of the Elder Community;
 - (c) one representative of the Youth Community; and
 - (d) the other 3 Members are to be members of the Council.

4. Lands Committee Meetings and Recommendations

- 4.1 The Lands Committee will try to meet at least monthly and more often as necessary to fulfill their responsibilities.
- 4.2 The quorum for a meeting is four (4) members.
- 4.3 If a Lands Committee meeting has a quorum of members that passes the agenda for the meeting, and one or more members later leaves the meeting, the meeting may continue and

decisions and recommendations may be made provided there are at least three (3) members present.

- 4.4 Any Lands Committee meeting may continue without a quorum provided that:
 - (a) notice of the meeting was sent to all Lands Committee members in accordance with this Terms of Reference; and
 - (b) no final decisions or recommendations are made at the meeting in the absence of a quorum.

The Chair

- 4.5 The Chair shall be appointed in accordance with section 26 of the Land Code. The Chairperson shall be chosen by the Lands Committee from among its members.
- 4.6 The Chair shall carry out the duties set out in the Land Code and generally assist in ensuring that agendas for Lands Committee meetings are prepared and followed and that the Lands Committee carries out its roles and responsibilities under the Land Code and these Terms of Reference.

Notices, Agendas and Materials

- 4.7 The Lands Manager shall ensure that:
 - (a) an agenda and meeting notice are prepared for each Lands Committee meeting and circulated to Lands Committee members, along with any relevant drafts, reports or documents, at least one week in advance of each meeting;
 - (b) guests or advisors who are scheduled to be on the agenda receive the meeting notice, and their time on the agenda at least a week in advance of each meeting;
 - (c) a meeting schedule is developed, and revised if necessary, and Lands Committee members are notified at least one week in advance of each meeting;
 - (d) facilities and meals are arranged for each meeting; and
 - (e) any other necessary phone or video equipment is prepared and any other necessary arrangements are made for each meeting.

Decisions and Recommendations

- 4.8 All decisions and recommendations shall be determined by a vote on a duly presented and seconded motion.
- 4.9 Any Lands Committee member may request that the reasons for their abstention or opposition in a vote be recorded in the meeting minutes.

Minutes

- 4.10 The Musqueam Lands Governance Office will maintain minutes and provide the minutes to Committee members, with a copy to file, in a timely manner after each meeting.
- 4.11 Minutes will comply with Musqueam policies for all committees and, in addition, will contain:
 - (a) the start time for the meeting;

- (b) a copy of the agenda, as amended;
- (c) an update or review of action items from past meetings;
- (d) a list of attendees at the meeting;
- (e) a list of any Lands Committee members who disclosed a potential conflict of interest or who left the meeting or abstained from participating in discussions or decisions;
- (f) all decisions or recommendations made;
- (g) a list of any proposed action items, along with proposed timelines and designated people;
- (h) the time of adjournment;
- (i) the proposed next meeting date; and
- (j) any other relevant information.
- 4.12 The Musqueam Lands Office will ensure that all Lands Committee members receive a copy of the previous meeting Minutes for review and comment. The Lands Manager will retain and archive Minutes in accordance with Musqueam Lands Governance Office policies and procedures and provide copies to the Lands Committee members at their request.

Meeting Attendance

- 4.13 All Committee members are expected to attend each Lands Committee meeting and if a Lands Committee member cannot attend a meeting, they will notify the Musqueam Lands Governance Office in writing.
- 4.14 If a Lands Committee member misses more than 3 meetings in a row without appropriate justification, the Lands Committee member will be removed and replacement will be appointed by Chief & Council.
- 4.15 Lands Committee members may also be invited to attend the following additional meetings but will not receive honoraria for these additional meetings unless specifically invited in writing to play a role in the meeting:
 - (a) community meeting at which a Land matter is on the agenda for the community; and
 - (b) community meeting or event organized and implemented by the Lands Committee,
- 4.16 Meetings may be in-person or via tele/video-conference.
- 4.17 The Lands Committee may invite First Nation officers, staff, guests, advisors or others to attend Lands Committee meetings as necessary.

Training and Ongoing Education

- 4.18 From time to time, external training opportunities, workshops or meetings regarding Lands may be made available; attendance by Lands Committee members to these events and any budget required must be approved by the Musqueam Lands Governance Office in accordance with the Lands budget approved by Council.
 - (a) Attendance may be limited by availability of resources.

- (b) If attendance is approved, the attending Lands Committee members must:
 - (i) attend the full event, unless otherwise approved or directed by the committee or the Lands Manager;
 - (ii) participate in an effective manner; and
 - (iii) report back at a committee meeting directly following the event.

5. Oath; Confidentiality and Conflicts of Interest

- 5.1 Each Lands Committee member shall sign an oath at the beginning of their term to confirm that they will act in accordance with the Land Code and this Terms of Reference.
- 5.2 The Lands Committee members must comply with the applicable provisions of the Musqueam Land Code and any other Musqueam laws or policies relating to maintaining confidentiality and avoiding conflict of interest.

6. Remuneration

- 6.1 Lands Committee members will receive an honorarium in the dollar amount for each scheduled Lands Committee meeting in the amount as set by Council Resolution or policy.
- 6.2 Unless otherwise stated in a Council Resolution or policy,
 - (a) the honoraria shall be a fixed amount for each Lands Committee meeting including approximately two hours of preparation time and two hours of meeting time; and
 - (b) honoraria may be set at a higher amount for half-day or full-day meetings.

7. Amendments to Terms of Reference

7.1 These Terms of Reference may be reviewed from time to time by the Lands Committee and amended as necessary if approved by Council by Resolution.

Approved by Council at a duly convened meeting on:	, 2019				
Signature of Council Member					

Artist Opportunity: Sperling Substation (BC Hydro)







Calling all Musqueam artists!

Musqueam and BC Hydro are seeking an art installation for the corner of King Edward and Arbutus.

- This stand-alone installation will be at a prominent corner along Arbutus Greenway, and will increase recognition of Musqueam's ancestral territory in the area.
- No specific type of installation is currently defined. Artists are encouraged to be creative about how this space could be used.
- Open to emerging and established Musqueam artists working in a style that is reflective of Musqueam culture.

Submission deadline: December 1, 2021