

Musqueam Community Newsletter Friday December 3, 2021

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212 SAFETY & SECURITY PATROL: 604-968-8058

MUSQUEAM ~~~ CHILDREN

CHRISTMAS PARTY

DATE: SATURDAY DECEMBER 11, 2021

TIME: 11:00AM-2:00 PM

LOCATION: MUSQUEAM COMMUNITY CENTRE

(6777 Salish Drive, Vancouver BC V6N 4C4)

Follow link to register:

https://woobox.com/ig8mm5

MUST REGISTER BY DECEMBER 01, 2021

Photo booth, inflatable obstacle course/toddler farm town, animals, balloon twisters, lunch, snacks and Santa and Friends!

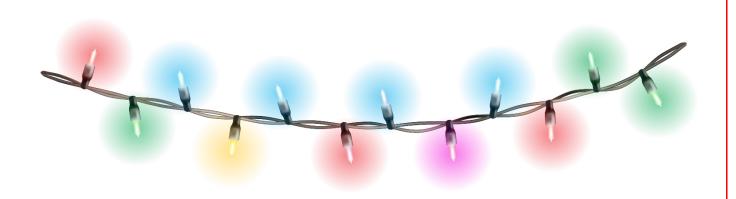


INSIDE THIS ISSUE:

Christmas Eve Mass—2 Childrens' House—3 Job Postings—4 Xmas Bird Count—5 Youth Nights—6-7 REMAINING NEWS—8-28







ST. MICHAEL'S CHURCH ~~~~

CHRISTMAS MASS WILL BE ON:

DATE: FRIDAY – DECEMBER 24, 2021 – ON CHRISTMAS EVE!!!

TIME: 7:00 P.M.

PLEASE COME AND JOIN US !!!

Mass still continues Every Sunday @ 12:45 P.M.







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The Children's House

Hours of Operation:

Preschool Program Hours: Monday - Friday 9:00am-3:00pm

Daycare Hours: Monday - Friday 7:45 - 5:00pm

The Children's House Staff

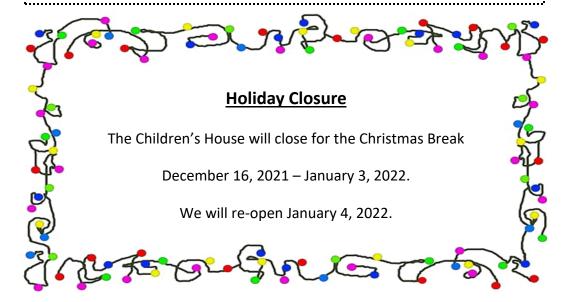
Manager: Renee Stogan

Phone: 604-269-3302

Email: childcaresup@musqueam.bc.ca

Infant/Toddler Staff: Christy Friesen, Kelly Herman, Alice Stogan

Preschool/Daycare Staff: Ernestine Herman, Sherry Point, Stacy George





Current Job Openings at Musqueam Indian Band:

MIB is currently recruiting for:

- Employment and Training Manager
- Housing Admin Assistant
- Band Secretary
- Project Analyst
- Legal Analyst
- Communications Assistant

For more information or to apply for these and other positions, go to:

https://can60.dayforcehcm.com/CandidatePortal/en-US/musqueam/site/Community

or call Human Resources at 604-263-3261, extension 3306

ANNUAL VANCOUVER CHRISTMAS BIRD COUNT



SATURDAY DECEMBER 18, 2021

8AM TO 4PM - RAIN OR SHINE

Are you interested in Birds & Nature? Come join us in our quest to count all the birds in the Musqueam area on December 18.

Contact Donna McKenzie at 604-261-1929 or admckenzie@shaw.ca for further information.

No experience or equipment is needed. Pre-registration is required. Participants must be 16 or older & fully vaccinated. Registration is limited. A COVID protocol will apply.

This count is organized by Nature Vancouver, as part of an annual international citizen science volunteer effort to document bird populations and status. The counts have been running annually for over 120 years.

Musqueam Youth Nights!

Hey Musqueam youth (ages 11-18)! Do you want to spend your weekends having fun and trying out things you've never done before? Join the new Musqueam Youth Nights! With activities such as rock climbing, laser tag, and getting out of an escape room; as well as Cultural activities (including beading and weaving), VPD talks, workshops and tours.

Youth Nights will kick off on *Saturday, December 11th, 2021, from 5pm to 9:30pm* where we will be going to the *Van Dusen Festival of Lights*! Meet at the community center for 5pm and Dinner to follow!



Then the week after, **Saturday December 18th**, **2021 from 4pm to 8pm** where we will be doing a **Downtown Eastside Tour with VPD's Beat Enforcement Team**

To sign up please contact Bethany Jones at (604) 997-6758 and/or Sandra Dan at (604) 360-9171, where you will be asked to complete a waiver form that is due FRIDAY, DECEMBER 3^{RD.}



Musqueam Youth Nights Program Permission Slip

I give permission for my child/children to participate in the Musqueam Youth Nights (MYN) Program during December of 2021- February of 2022. It is my understanding that any injury or accidents that may happen during this program are my responsibility and not that of the Musqueam Indian Band or its employees. I understand that my child must be 11 years of age or older on the day of the outing to attend, they must be dressed appropriately, we provide Dinner and tickets. If they get into trouble I will be informed by Musqueam youth night workers as soon as possible, and my child may be sent home due to these incidents.

Parent /Guardian Name:	Home Phone:	Cell Phone:	
Childs Name	Childs Age	Childs Birth Date*	Additional Information (ex. Allergies)
1.			g
2.			
3.			

Please be reminded of our regular MYN Program rules:

- Priority for all activities will go to children aged **11-18 years of age**.
- Children must have a permission slip to attend.
- Children must be dressed appropriately for all activities.
- Bullying and disrespectful behaviour will not be tolerated.
- Children will be sent home after 1 major incident or after 3 warnings during the night.

Parent Guardian Signature	Date

By signing this form, I acknowledge that I have read and agree to the above rules and guidelines and that I have discussed these with my child.

Please drop forms off at the Youth Centre or Recreation no later than <u>Wednesday</u> <u>December 8th, 2021</u> as we need to know numbers for the outings and activities.

Musqueam Education Notice Friday Dec 3, 2021



SCHOOL CHEQUES

December high school bus pass cheques are available for pick up from the band office.

**Please note that we will be mailing out <u>January high</u> <u>school cheques</u>, please confirm your mailing address when you pick up your December cheque. If we don't have an address the cheque will be available for pick up when the office reopens after the holiday break.

2022 Graduates

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

Planning for Post-Secondary in Grade 12

- Check that the Grade 12 courses you are taking meet the admission requirements of the program/institution you want to attend
- Make sure you have the following information available to you: SIN, PEN, transcripts
- Check the admission and documentation deadlines for the institutions you plan on applying to on their website; for most institutions the deadline is between Jan-Mar
- The Education Dept will cover the cost of post-secondary application fees for band members in grade 12, submit receipts for reimbursement

Tutoring

If students require tutoring for the upcoming school year please contact the Education Department so that we may offer assistance.

*

Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Cary Campbell, School Bus Driver

Dona Grant, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263 - 4212

Toll free: 1-866-282-3261



Countdown to Christmas

22

sleeps until Christmas



Riddle

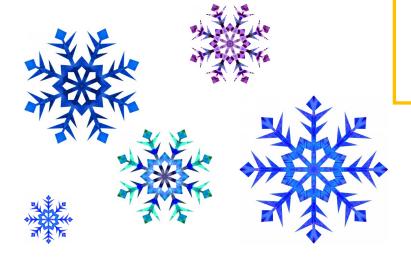
In which place does Christmas come before Thanksgiving?

Answer: The dictionary

Educational Quote

"When educating the minds of our youth, we must not forget to educate their hearts"

- Dalai Lama









MUSQUEAM EMPLOYMENT TRAINING

SAVE THE DATE Safety Training 2021 2022

THIS WEEKEND

Where: Musqueam Cultural Centre

When: 8:30am - 3:00 pm

BOOM LIFT Saturday, December 4, 2021

SKID STEER Sunday, December 5, 2021

MINI EXCAVATOR DAY 1 Saturday, January 15, 2022

MINI EXCAVATOR DAY 2 Sunday, January 16, 2022

TELEHANDLER DAY 1 Saturday, January 22, 2022

TELEHANDLER DAY 2 Sunday, January 23, 2022

INTRO TO APPRENTICESHIP Sunday, January 30, 2022

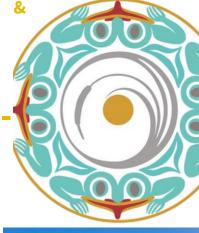
Requirements:

- Completed PIF
- Direct Deposit Info
- Proof of Vaccination

Training Includes:

- Breakfast & Lunch
- Completion bonus

Please contact E&T staff to register









Musqueam Employment & Training

COMPUTERS 101

Start Date: Monday, January 17, 2022

End Date: Thursday, March 24, 2022

When: Monday and Thursday Nights

Time: 2-hour class, times TBD (between 4pm - 8pm

Location: Musqueam Computer Lab

Catering included

Computer Basics

- Basic computer terminology
- Navigating the different operating systems (Google, Internet Explorer, etc.)
- Keyboarding techniques
- Email basics/etiquette
- Introduction to Microsoft Office (Word, Outlook, etc.)

Requirements

- Completed E&T Paperwork
- Proof of Vaccination
- Direct Deposit Info

A Microsoft Office Administrative computer course will follow in late March of 2022

PLEASE CONTACT E&T STAFF TO REGISTER:

Angela Nahanee

778-919-7349 | anahanee@musqueam.bc.ca

Krista Brisk

236-999-7253 | employassist@musqueam.bc.ca

Microsoft

Alicea Bradley 778-855-4047 | employclerk@musqueam.bc.ca



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ DECEMBER 3, 2021

COMMUNITY HEALTH PROGRAM

Crystal Point, RN, CHN

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

Nursing pads, as needed

A one-time gift of an Electric Breast pump. One per family

Welcome gift for your new baby

To register for the Program, call the Community Health Nurse, Crystal Point, RN in the Health Department.

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child health supports (electronically, virtually and/or home visit.

Crystal Point, CHN: Ph: 604-362-9200 | Email: chn@musqueam.bc.ca

Arlene Haldane, Assist: Ph: 604-655-0580 | Email: nurseassist@musqueam.bc.ca

NEED HELP REGISTERING BABY FOR MSP/FNHA HEALTH BENEFITS? GIVE US A CALL!

For assistance with registering your Newborn you may call Candice Sparkes: 604-269-3312.

For questions or concerns about your Health Benefits or assistance with the PBC website or APP? You may contact: Ashlee Point 604-269-3395

** Please stay tuned for updates on Musqueam's Pre- and Post-Natal Luncheons – coming soon! 🚱 .

HOME & COMMUNITY CARE PROGRAM

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment.

Home care services & medical equipment require a note from your doctor with your needs specified.

Romeo's Office Hours: Monday, Wednesday, Thursday & Friday from 8:30-5:30 Tuesdays - Off

Phone: 604-269-3463 email: homecare@musqueam.bc.ca or nurseassist@musqueam.bc.ca

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant, Arlene Haldane - 604 269 3354 or 604 655 0580.

If there is no answer please leave a message. *For Emergencies Call 911 *



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ DECEMBER 3, 2021

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM

Nicolette Moore offers support in:

-Addiction support -Treatment referrals or questions

-Addition education -Family Interventions

Nicolette's hours: Monday- Wednesday 8:30-4:30 pm | Thursday 1-8 pm | Friday 8:30-4:30 pm

T: 236-558-8482 | E: nnadap.nmoore@musqueam.bc.ca

Brad Morin provides:

One to one, family, and group counselling whenever necessary and can also refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety.

Conduct outreach to community and Band Members

Makes referrals to detox, recovery houses, and treatment centres.

Brad's hours: Wednesday-Friday: 6pm-9pm | Saturday-Sunday: 1pm-5pm

T: 604-652-1368 | E: nnadap.bmorin@musqueam.bc.ca

MUSQUEAM MENTAL HEALTH AND WELLNESS PROGRAM

Janice Cross

This confidential counseling service is available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice Cross.



Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.

I can be reached on my cell at: 778-829-0242 or my email is jcarroll@musqueam.bc.ca

2SLGBTQ+ SUPPORT: TWO SPIRIT

Dawn Marie, Trans Care Program Coordinator

Dawn-Marie's office hours in the Health Department are Thursday 10am – 3pm.

PH: 1-236-558-9948 email: LGBTQ@musqueam.bc.ca



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ December 3, 2021

HEALTH PATIENT NAVIGATOR

Lisa Mitchell

Lisa Mitchell and I am the Patient Navigator in the Musqueam Health Department. I am available to assist and support community members on their healthcare journeys.

If you have any questions regarding your health care coverage, FNHA Benefits, or need assistance filling out medical forms please do not hesitate to contact me.

I am available Monday to Friday from 8:30am to 4:30pm by phone: 604-764-5349 or email: navigator@musqueam.bc.ca

BREAKFAST CLUB

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them <u>at all times who will care for them</u>. **Children 0-6 without a parent or guardian will be sent home.**

Breakfast Club phone number: 604-269-3465

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

FNHA Public Health

Drinking Water

The Environmental Health section of the FNHA provides:

- Public education about safe drinking water and risk prevention;
- Provides training and education material to Community-Based Water Monitors (CBWMs);
- Provides drinking water quality testing;
- Review and interpret drinking water quality results according to the latest version of the Guidelines for Canadian Drinking Water Quality including bacteriological, chemical, physical and radiological parameters; and
- Provides engineering reviews of water infrastructure project proposals from a public health perspective.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ DECEMBER 3, 2021

MUSQUEAM ELDERS

Brenda Campbell, Elders Coordinator

Elders Luncheons

Please note, that the Elder's Centre has resumed operations and our regular bi-weekly luncheons, we will no longer be delivering luncheons door to door.

The next scheduled Elder's Christmas Dinner Luncheon is:

Thursday Dec.15, 2021

5:00pm at The Elder's Centre

Elder's Wellness- Chair Exercise session is back!

When: Thursday, Dec.9, 2021

Time: 12:30-1:30



Elder Ladies Night

We will be starting up our Ladies Night once again on Tuesdays

Time: 6:00 pm – 8:00 pm at Musqueam Elder's Centre

We bring a little snack to share with one another.

Looking forward to seeing you all.

Brenda Campbell, Elders Coordinator Musqueam Elder's Centre 604-263-6312



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ December 3, 2021

MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

<u>Located in the Primary Care Trailer</u>



(Clinic closed 12:00pm - 1:00pm for lunch)

Monday	Tuesday	Wednesday	Thursday	Friday
Dec. 06	Dec. 07	Dec. 08	Dec. 09	Dec. 10
Karen Chandra, NP	Dr. Dumont, GP	Karen Chandra, NP	Karen Chandra, NP	Karen Chandra, NP
9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm
		Traditional Healing and Song (Facebook Live)		
		2:00pm – 2:30pm		

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)
Please check to see if your current kit has expired.
Naloxone training on Wednesdays by appointment only.



Prescription running low? Please book an appointment a few days in advance. Or, ask your pharmacy to send us a refill request.



Walk/Drive-up Covid-19 Testing Site @ St. Vincent's

Entrance off West 33rd Avenue by Heather Street, Vancouver.

Open daily 8:00am - 7:00pm (drop-in only)

Ages 4+

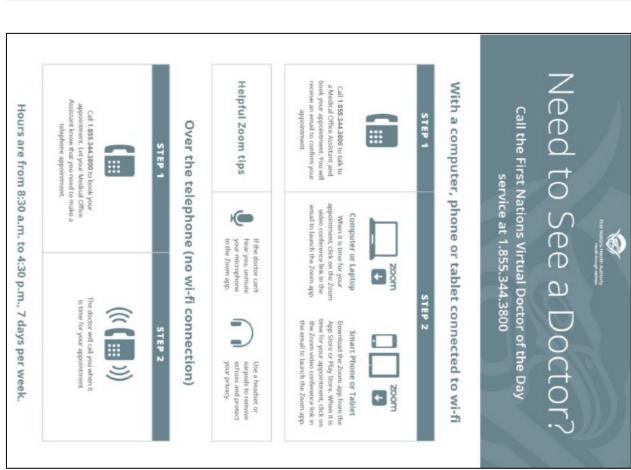
Nasopharyngeal and saline gargle available.

*Community members must identify that they are from Musqueam First Nation.

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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~ DECEMBER 3, 2021







ENVIRONMENTAL STEWARDSHIP

NEWSLETTER

VOLUME 5, ISSUE 2

VISION

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"We, the Musqueam, will work together to take care of our territory so the following generations will know how to be self-reliant. We will remember our own history and as well, use our traditional teachings to take care of everyone and everything on this earth".

IN THIS ISSUE...

From the Editor	Page 2
B.C. Judge Denies Extension of Fairy Creek Injunction	Pages 2 - 4
B.C. Species and Ecosystem Projects	Pages 5 - 6
Zero Emissions Buildings in Vancouver	Pages 7 - 8
Winter Events Around Vancouver	Pages 9 - 10
Contact Us	Page 10

FROM THE EDITOR

Happy December and Happy Holidays Everyone,

On behalf of the Environmental Stewardship team, we hope everyone had a relaxing Autumn. With Winter now approaching, we hope everyone has a good pair of boots and a nice warm coat! With everyone in a festive mood and shorter days, it may slip our minds about the earth around us — but we must remain conscious of environmental impacts and the practices we can undertake towards sustainability. We hope everyone continues to stay safe with their families and wish the community prosperous holidays and new year.

Best Wishes,

Yeganeh Asadian, M.Sc., P.Ag., Environmental Stewardship Department Manager

B.C. JUDGE DENIES EXTENSION OF FAIRY CREEK INJUNCTION



On September 28, a ruling by the British Columbia Supreme Court effectively removed police forces from the front lines of the Fairy Creek blockades, a 14-month-long act of civil disobedience dedicated to protecting old growth from logging in and around the Fairy Creek watershed on southwestern Vancouver Island.

The court denied the application of the Teal Jones Ltd. timber company to extend an injunction order against protestors interfering with logging. The original injunction authorized the Royal Canadian

Mounted Police (RCMP) to arrest and remove all demonstrators, peaceful or otherwise. Since enforcement began in May 2021, police have arrested more than 1,100 people, making this the largest act of civil disobedience in Canadian history.

Shortly after Justice Douglas Thompson handed down the court's decision, the grassroots organization that started the protest, the Rainforest Flying Squad, posted triumphantly on Instagram: "Today is a day for celebration. Dancing has broken out...and we are already reoccupying the gravel pit at Fairy Creek HQ."

Kathleen Code, a spokesperson for the Rainforest Flying Squad, wrote an email to *Outside* stating that after the ruling, the RCMP packed up and left its posts at Fairy Creek. The next day, September 29, the "cop-car parade" that usually deploys each morning from the local RCMP detachment never came. "We're not sure if the current withdrawal is a permanent situation or not," Code wrote.

The ruling was made amid escalating tensions at the blockades, with police accusing protestors of using more extreme and sophisticated techniques, like building 30-foot structures for protestors to sit in, and protestors claiming increased police aggression and violence. In August, videos surfaced of RCMP officers pepper-spraying a seemingly peaceful group of protestors and appearing to beat a man after they dragged him to the ground.

Fairy Creek is located on the unceded lands of the Pacheedaht First Nation, and the RCMP's alleged use of unreasonable force has been traumatic for the movement's many Indigenous and BIPOC members, who are more likely to suffer police violence. It's important to note that the court's judgement, while a win for activists, does not prevent police from arresting those found engaging in criminal offenses, which could include protestors involved in some of the more extreme blockade measures that have been taken to date, like digging trenches in logging roads.

Also, Teal Jones still holds the rights to log old growth in Fairy Creek and the surrounding area, known in the timber industry as Tree Farm License 46 (TFL 46). Rob Shaw, a political correspondent at the Vancouver Island—based CHEK News, reported on September 29 that Teal Jones will appeal the court decision, and that the company intends to continue logging.

The B.C. government, despite promising to protect old-growth forests during the last election cycle, in October 2020, has yet to permanently protect Fairy Creek or the remaining 2.7 percent of high-productivity old growth—giant trees that support local biodiversity and global carbon sequestration—across the province. In the court ruling, Justice Thompson declined to weigh in on matters of right and wrong when it came to destroying what he called a "rare and irreplaceable ecosystem in the context of an existential environmental and climatological crisis," essentially lobbing the ball back to politicians to fulfill their constitutional responsibilities.

Thompson acknowledged that the RCMP had at times acted out of line, "showing disquieting lapses in reasonable crowd control." But for the most part, he wrote, interactions between protestors and police were respectful and nonviolent. His reasons for denying the application to extend the injunction were due to the RCMP's failure to uphold civil liberties during its enforcement tactics, including illegally restricting access to the injunction area and impairing freedom of the press.

"One journalist who has reported on all manner of police events in Canada and elsewhere ... deposed that the level of police restriction on journalist movement in TFL 46 was familiar to him from his work in China where he was accompanied by police who decided what he was allowed to see. In every other democratic society this journalist has worked in, he has been allowed to do his job without police escorts and exclusion zones," Thompson wrote.

Thompson also rebuked police working on the Fairy Creek blockades for removing individual identification, like name tags, and for continuing to wear thin blue line patches, which are considered by some First Nations as symbolic of a history of RCMP involvement that enforced policies resulting in the genocide of Indigenous peoples.

"It might be argued that this is 'just a patch, just a symbol.' But we all know the impact that symbols can have," he wrote. "I am certain that RCMP commanders know that these 'thin blue line' patches are seen as provocative and insensitive by some of the citizens they serve."

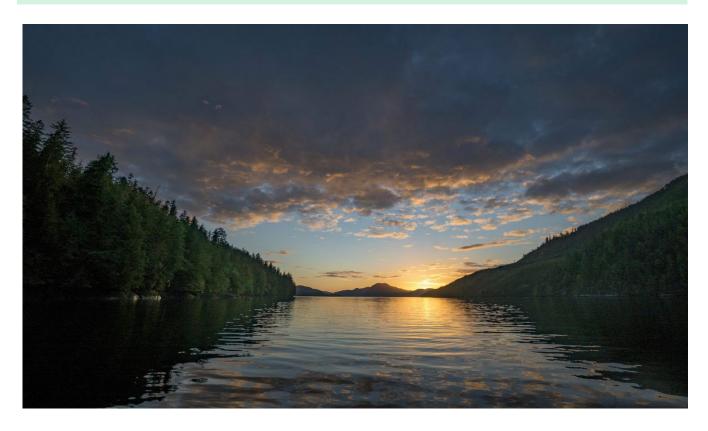
What happens next is still unclear. In the meantime, the Rainforest Flying Squad continues to invite "all those who recognize the vital importance of our remaining ancient rainforests to join us in protecting these forests now, and for future generations."

Sources:

 $\underline{https://www.cbc.ca/news/canada/british-columbia/b-c-fairy-creek-court-civil-liberties-injunction-1.6192827$

https://www.theglobeandmail.com/canada/british-columbia/article-bc-supreme-court-ends-fairy-creek-injunction/

B.C. SPECIES AND ECOSYSTEM PROJECTS



More than 60 projects dedicated to restoring diverse ecosystems and conserving fish, wildlife and habitat are planned or underway throughout B.C.

The projects, which are being completed through partnerships with Indigenous communities, environmental groups, universities and local stewardship organizations, help ensure B.C.'s unique species and ecosystems stay healthy, vibrant and resilient.

"Healthy watersheds and ecosystems are critically important for species conservation and climate adaptation, reducing the impacts and risks caused by floods, droughts and wildfires," said George Heyman, Minister of Environment and Climate Change Strategy. "By working with partners across the province, we are restoring priority habitat to support threatened species. These meaningful projects also highlight the importance of environmental stewardship and what can be achieved when we work together."

Conservation and restoration projects will be underway in threatened habitats, such as wetlands, grasslands, forests, rivers and streams. On southern Vancouver Island, the Koksilah and Chemainus watersheds support large populations of steelhead and salmon species. They have significant historical and cultural values for Cowichan Tribes. However, climate change, along with water and land use practices, are impacting salmon in the area and their habitats. The Cowichan Watershed Board will assess salmon populations, study the water levels that support salmon habitat and restore habitat along the rivers.

"The Koksilah and Chemainus river ecosystems are being threatened by climate change, which we know will have impacts on salmon and everything that depends on them for decades to come. By bringing together Indigenous knowledge of the past with scientific study of the rivers today, we can understand how to plan for these changes," said Chief William Seymour of the Cowichan Tribes. "This is critical work for our Nations' food and culture, but healthy salmon watersheds feed species all up and down the coast and are a benefit to the whole province."

In B.C.'s Central Interior, fisher populations have declined considerably during the past 20 years due to habitat disturbance. Working with First Nations partners, biologists will assess fisher populations in the region, predict responses to the changing landscape and recommend conservation actions for the recovery of the species.

The Province has partnered with the Habitat Conservation Trust Foundation (HCTF) to deliver the projects under the Conservation Economic Stimulus Initiative.

"Investing in species conservation, ecosystem restoration and habitat improvement is an expression of core values that define us as British Columbians. Conservation stands the best chance for success when governments, organizations and individuals work together," said Winifred Kessler, chair, HCTF board of directors. "These investments will provide much-needed economic relief to communities and families affected by the COVID-19 pandemic while strengthening B.C.'s conservation network."

This initiative is part of B.C.'s \$10-billion COVID-19 response, which includes StrongerBC — a plan to protect people's health and livelihoods while supporting businesses and communities. About \$10 million is dedicated to support projects for species conservation and ecosystem restoration, and is expected to create more than 350 jobs.

The projects support the Province's commitment to develop and invest in new strategies to strengthen protection for fish, wildlife and their habitat. Scheduled for completion by December 2021, the projects have been identified by provincial government biologists and regional staff with local knowledge of priority needs, along with non-governmental partners.

Sources:

https://environmentjournal.ca/projects-to-protect-ecosystem-habitats-in-b-c/https://news.gov.bc.ca/releases/2021ENV0022-000516

ZERO EMISSIONS BUILDINGS IN VANCOUVER



A zero emissions building (ZEB) is highly energy efficient and uses only renewable energy. The city of Vancouver plans to transition to zero emissions buildings in all new construction by 2030. To achieve this, they're setting limits on emissions and energy use in new buildings, and will reduce these limits over time.

Zero-Emissions Building Plan

The zero-emissions building plan is a flexible, phased approach to combat and reduce carbon pollution in Vancouver. The plan establishes specific targets and actions to achieve zero emissions in all new buildings by 2030, does not focus on retro-fitting buildings, will allow the use of natural gas for restaurants and will not require replacement of gas appliances.

Benefits of zero emission buildings for residents:

- Improve comfort by better managing temperature
- Improve health by better managing fresh air throughout the building
- Reduce noise through better insulation and airtightness
- Require less energy helping you to lower your energy bills
- More durable

Benefits of the plan for industry:

- Is closely coordinated with the province-wide energy step code
- Creates a new level of consistency and predictability across local governments

• Provides clear timelines for future updates will help businesses to invest in and develop products and skills to meet the next steps in requirements

Reducing Embodied Emissions

Embodied emissions occur when building materials are produced, shipped, and assembled to construct a new building or renovate an existing one. They also occur over the life of the building as materials are replaced, and at the end of a building's life to demolish it and transport the materials to a landfill or recycling depot.

Vancouver City Council has set a target of reducing embodied emissions by 40% by 2030, as part of the City's declaration of a climate emergency. This ambitious target will encourage innovation in all types of construction materials as well as building design and engineering, and will help position local industries as leaders in low carbon construction.

Low Carbon Cities Canada

The 2019 federal budget included \$350M for an exciting initiative called Low Carbon Cities Canada (LC3), a program that the City of Vancouver has actively participated in developing. Through the LC3 initiative, and in partnership with the Federation of Canadian Municipalities, \$183M has been earmarked to establish a network of low carbon innovation centers in seven cities across Canada, including Vancouver, Edmonton, Calgary, Toronto, Ottawa, Montreal and Halifax.

The LC3 funding proposal was inspired by the successful model pioneered by The Atmospheric Fund (TAF) in Toronto, which was established in 1991 through an endowment from the City of Toronto. TAF uses innovative financial tools, administers grants and advances policies and programs to reduce carbon emissions and improve air quality in the Greater Toronto and Hamilton Area.

The LC3 innovation centers are expected to be operated at arm's length from local government, but to work in close partnership. For the Vancouver area, the City will be taking the lead to determine the appropriate governance structure, mandate and physical home for the LC3 center over the coming months. Staff will be undertaking this process in collaboration with Metro Vancouver, local governments, NGO's, and other local stakeholders.

LC3 is an exciting opportunity for the City—and the region as a whole--to accelerate our climate action, while also supporting the growth of green jobs and improved affordability.

WINTER EVENTS AROUND VANCOUVER

* Please note that all events are in accordance with BC Health & Safety Guidelines regarding COVID-19*

Vancouver's Winter Solstice Lantern Festival

Date: to be determined

The festival takes place during the Christmas season, but it isn't a Christmas-themed event. Rather, it's a celebration of the darkest day of the year and old-world traditions. It's also fun, family-friendly, community-focused and mostly free, although some venues are ticketed and donations are encouraged.

The Winter Solstice Festival takes place at two or three different venues each year – in Yaletown, at Granville Island and, in some years, at Dr. Sun Yat-Sen Garden in Chinatown.

In 2019 the 26th Annual Winter Solstice Lantern Festival took place on Saturday, December 21st. In 2020, because of the COVID-19 pandemic and government orders banning live events, the festival took place online instead of at its usual venues. See the **secretlantern.org** website for details. 2021 details are to be determined.

Metro Vancouver New Year's Day Polar Bear Swims

Date: to be determined

A crazy annual tradition for many Vancouverites is taking a plunge in the icy waters of the ocean on New Year's Day.

The Polar Bear Swim at English Bay in Vancouver attracts the largest crowds. The Penguin Plunge at Panorama Park in North Vancouver's Deep Cove is a similar, although much smaller, event and usually includes live entertainment. Also popular are the Polar Bear Swim by the pier event in White Rock, the Penguin Plunge in Port Moody, the Polar Bear Swim in Delta and a dip in the river in Fort Langley.

Note: Due to the COVID-19 pandemic, these events did not take place in-person in 2021. Details about the 2022 events are to be determined.

Vancouver Coastal First Nations Dance Festival

Date: February 25th to March 1st.

The Dancers of Damelahamid First Nations Dance Festival happens in the early spring each year. 2022 marks its 14th season.

The festival is always a remarkable series of cultural performances. In typical years, in addition to afternoon shows, there are also special evening performances that usually sell out.

It's a cultural experience that's highly recommended and you won't want to miss it!

A highlight of this year's festival was the world premiere of a new dance performed by the Dancers of Damelahamid in honour of the late Margaret Harris, who founded the dance group behind the event. Other 2021 performers included the Git Hayetsk Dancers, Dakhká Khwáan Dancers, Git Hoan Dancers, 'Yisya' winuxw Dancers, Spakwus Slolem, and David Robert Boxley (all of which have performed at the festival in previous years too).

CONTACT US

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