



Musqueam Community Newsletter

Friday February 4, 2022

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

Important message from City of Vancouver

Temporary schedule change in effect for green bin collection

Due to staff shortages as a result of COVID-19, green bins will be collected every two weeks on your regular garbage day for the month of February.

This schedule change is temporary and we anticipate green bin service to resume to regular weekly collection at the end of February.

Look up your collection schedule: vancouver.ca/waste

We apologize for the inconvenience and appreciate your ongoing patience as our crews do their best to maintain services and safely collect Vancouver's waste during these challenging times.

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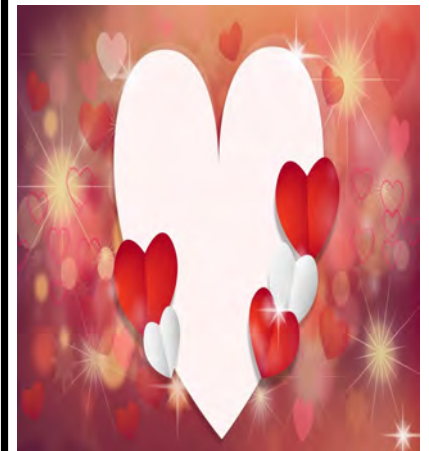
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February 2022

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The Children's House

Hours of Operation:

Preschool Program Hours: Monday—Friday 9:00 am—3:00pm.

Daycare Hours: Monday—Friday 7:45—5:00pm

The Children's House phone # 604 269-3302

Renee Stogan Manager email: childcaresup@musqueam.bc.ca

The Children's House is closed February 21, 2022 for Family Day!

The Children's House Staff

Renee Stogan Manager: Phone # 604 269-3302

Infant/Toddler Staff: Christy Friesen, Kelly Herman, Alice Stogan

Preschool Staff: Ernestine Herman, Sherry Point, Stacy George

Have a Wonderful Weekend!



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MUSQUEAM HEALTH UPDATE:

Jan 5th, 2022

COVID RAPID TESTS

WHO TO CONTACT FOR A (Take Home) COVID TEST:

- o MIB Covid Liaison @ 236 688 4821

Or via email: covid@musqueam.bc.ca

- o The Covid Liaison is available 7 days/week
- o If you or your household are self-isolating and need assistance with groceries, we will assist with essentials for all who are isolating for the recommended isolation period only.
- o If you test too early, there is not enough viral load to be detected on the Rapid Antigen Test; this is why health authorities are saying test on day 3 of symptoms.

Be advised MIB Health is following the Updated Guidelines from local Health Authorities and the BCCDC.

The Provincial Health Officer has stated that not everyone needs to be tested; those who are at high risk for contracting Covid should seek testing. If you feel sick, immediately self-isolate.

When to test Recommendation:

TEST ON DAY 3 OF SYMPTOMS

Local testing centres are still operating and available to provide rapid tests if you have your own transportation to get there. If you cannot, contact the Covid Liaison as we have limited tests on hand.

SYMPTOMS		WHAT TO DO
<ul style="list-style-type: none">• Fever (above 38° C)• Chills• Cough	<ul style="list-style-type: none">• Loss of sense of smell or taste• Difficulty breathing	1 or more of these symptoms: Get tested and stay home.
<ul style="list-style-type: none">• Sore throat• Loss of appetite• Headache• Body aches	<ul style="list-style-type: none">• Extreme fatigue or tiredness• Nausea or vomiting• Diarrhea	If you have 1 symptom: Stay home until you feel better. 2 or more of these symptoms: Monitor and manage symptoms; contact the Covid Liaison on Day 3 of symptoms; an assessment will be done to see if you need a test



MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~FEBUARY 4TH, 2022

PLEASE BE KIND TO OUR STAFF IN THESE DIFFICULT TIMES.

WE ARE WORKING HARD TO LOOK AFTER YOU.

WHAT NEXT AFTER YOU'VE DONE YOUR TEST?

If you receive a take home testing kit from MIB Health, it is helpful to us to self-report to the CHN or Covid Liaison to help you navigate through next steps based off of your test result. If you or someone in your household tests positive, the Covid Liaison can assist with supports (like grocery orders) if needed.

- The Community Health Nurse is available to assist with questions, concerns around Covid testing, and/or results.
- The Covid Liaison is also available for additional information and/or supports during self-isolation.

RAPID TESTS

If you live in community, if you feel sick & are experiencing any symptoms & would like a rapid test;



- If you have a vehicle and can drive,
- Proceed to the nearest testing sites to receive a rapid test kit.
- Local Testing sites: St.Vincent Drive-up 4875 Heather St., YVR 5911 N.Services Rd.,Richmond.

*Due to limited numbers of available rapid tests, we are making this request to our community. If you need assistance call the Musqueam COVID-19 Liaison: 236-688-4821.

IF YOU HAVE TESTED POSITIVE for COVID-19 Please call the COVID-19 Liaison for assistance and further supports and supplies such as masks. Call: 236-688-4821 7days/wk.

GROCERY ORDERS: Please be advised our local grocery stores are experiencing shortages and some grocery orders are missing requested items- please note that we are doing the best we can with what we have access to. *(Please keep your receipts from your grocery order and bring to Musqueam reception after your isolation is done.)*

CONTACT TRACING & SELF ISOLATE:

- Notify your household members and or your close contacts that you have tested positive so that they may monitor their symptoms, and their loved ones.
- Self-isolate. Stay, and sleep in separate room from other family members, use separate bathroom.
- If you must share kitchen/bathroom, wear a mask.
- STAY HOME, do not visit house to house. This is an added precaution for our community to take extra care for our Elder's and community and to ensure everyone in community is supported and stays safe.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER ~FEBRUARY 4TH, 2022

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COMMUNITY HEALTH PROGRAM

Crystal Point, RN, CHN

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – **milk, eggs, cheese, fruits & vegetables** to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. **One per family**
- Welcome gift for your new baby

To register for the Program, call the Community Health Nurse, Crystal Point, RN in the Health Department.

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. The Community Health Nurse is available to assist with maternal child health supports (electronically, virtually and/or home visit.

Crystal Point, CHN: Ph: 604-362-9200 | Email: chn@musqueam.bc.ca

Arlene Haldane, Assist: Ph: 604-655-0580 | Email: nurseassist@musqueam.bc.ca

NEED HELP REGISTERING BABY FOR MSP/FNHA HEALTH BENEFITS? GIVE US A CALL!

For assistance with registering your Newborn you may call Candice Sparkes: 604-269-3312.

For questions or concerns about your Health Benefits or assistance with the PBC website or APP? You may contact: Ashlee Point 604-269-3395

**** Please stay tuned for updates on Musqueam's Pre- and Post-Natal Luncheons – coming soon! ☺ .**

HOME & COMMUNITY CARE PROGRAM

The Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment.

Home care services & medical equipment require a note from your doctor with your needs specified.

- **Romeo's Office Hours:** Monday, Wednesday, Thursday & Friday from 8:30-5:30 Tuesdays - Off
- **Phone:** 604-269-3463
- **email:** homecare@musqueam.bc.ca
- **or** nurseassist@musqueam.bc.ca

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant, Arlene Haldane – 604 269 3354 or 604 655 0580.

If there is no answer please leave a message. ***For Emergencies Call 911 ***





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PLEASE BE KIND TO OUR STAFF IN THESE DIFFICULT TIMES.

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MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

WE CAN HELP. MEDICATION SUPPORT FOR ADDICTION

Health Department - Programs and Services - Musqueam Indian Band

The Musqueam Primary Care Clinic offers Musqueam community and band members addiction support through the issuance of prescribed medications.

We offer support for opioid addiction (i.e. methadone, suboxone), and for alcohol addiction (i.e. naltrexone), and for overdose prevention (i.e. naloxone).

Call the Primary Care Clinic to make an appointment with the NURSE PRACTITIONER or DOCTOR regarding medication support for addiction.

Please call to book an appointment at 604-266-0043.

Hours of operation: Mon-Fri, 9:30am-3:30pm (closed 12:00pm-1:00pm for lunch)

HEALTH PATIENT NAVIGATOR

Lisa Mitchell

Lisa Mitchell is the Patient Navigator in the Musqueam Health Department. I am available to assist and support community members on their healthcare journeys.

If you have any questions regarding your health care coverage, FNHA Benefits, or need assistance filling out medical forms please do not hesitate to contact me.

I am available Monday to Friday from 8:30am to 4:30pm by phone: 604-764-5349 or email:

navigator@musqueam.bc.ca

BREAKFAST CLUB

Breakfast Club is open we do the sandwiches first thing in the morning we'd like you to pick them up between 730-8:00am

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home. Breakfast Club phone number: 604-269-3465**

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 830-430, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.



I can be reached on my **cell at: 778-829-0242** or my **email is** jcarroll@musqueam.bc.ca

MUSQUEAM MENTAL HEALTH AND WELLNESS PROGRAM

Janice Cross

This confidential counseling services are available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice Cross.

Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977



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SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

The Protocol for Safe Drinking Water in First Nations Communities contains standards for design, construction, operation, maintenance, and monitoring of drinking water systems and is intended for use by First Nations staff responsible for water systems. It is also intended for use by Indian and Northern Affairs Canada (INAC) staff, Public Works and Government Services Canada (PWGSC) for INAC staff, and all others involved in providing advice or assistance to First Nations in the design, construction, operation, maintenance, and monitoring of their drinking water systems in their communities, in accordance with established federal or provincial standards, whichever are the most stringent.

Any water system that produces drinking water destined for human consumption, that is funded in whole or in part by INAC, and that serves five or more households or a public facility, must comply with the requirements of this protocol.

MUSQUEAM HEALTH 2SLGBTQ+ SUPPORT

Dawn Marie, Trans Care Program Coordinator

Dawn-Marie's office hours are Thursday 10am – 3pm. PH: 1-236-558-9948 email: LGBTQ@musqueam.bc.ca



First Nations Health Authority
Health through wellness

FIRST NATIONS HEALTH BENEFITS (PLAN W)

Plan W is designed to meet the unique needs of B.C. First Nations, and is funded by the [First Nations Health Authority \(FNHA\)](#).

Plan W covers 100 percent of:

- Eligible prescription costs
- Certain medical supplies
- **Certain over-the-counter drugs**
- Some natural health products
- Pharmacy services

Who is eligible for Plan W? You do not need to apply for Plan W. Your pharmacist submits your prescription claim online, and your BC PharmaCare coverage is applied immediately.

Over-the-counter medications: To be eligible for coverage for many [over-the counter \(OTC\) medications](#) you will need a prescription from your:

- Physician, Nurse practitioner, or Midwife **OR A recommendation from your pharmacist**

For all covered OTCs, your pharmacist must submit a claim to PharmaCare at the time of purchase.

Contact the First Nations Health Authority if you have questions about your coverage. See [general coverage policies](#) for information about PharmaCare plans, including Plan W.

Call FNHA Health Benefits Support Line Toll Free: 1-855-550-5454 Email the FNHA: HealthBenefits@fnha.ca



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MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Feb. 07	Tuesday Feb. 08	Wednesday Feb. 09	Thursday Feb. 10	Friday Feb. 11
Karen Chandra, NP	Dr. Dumont, GP	Karen Chandra, NP	Karen Chandra, NP	Jane Estey, NP
9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm	9:30am - 3:30pm
Traditional Healing and Song (Facebook Live in the evenings)		Traditional Healing and Song (Facebook Live in the evenings)		Traditional Healing and Song (Facebook Live in the evenings)

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)

Please check to see if your current kit has expired.

Naloxone training on Wednesdays by appointment only.



Prescription running low? Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Influenza vaccines available, call the clinic to schedule an appointment

The MIB Primary Care Clinic

will not be testing

for Covid-19

Please call COVID Liaison 236-688-4821



Walk/Drive-up Covid-19 Testing Site @ St. Vincent's

Entrance off West 33rd Avenue by Heather Street, Vancouver.

Open daily 8:00am – 7:00pm (drop-in only)

Ages 4+

Nasopharyngeal and saline gargle available.

*Community members must identify that they are from Musqueam First Nation.

Musqueam Education Notice Friday Feb 4, 2022



SCHOOL CHEQUES

February high school cheques were mailed, if we don't have your address on file the cheque is available for pick up at the office. Post-secondary will remain direct deposit.

2022 Graduates

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

Planning for Post-Secondary in Grade 12

- Check that the Grade 12 courses you are taking meet the admission requirements of the program/institution you want to attend
- Make sure you have the following information available to you: Social Insurance Number, Personal Education Number, transcripts
- Check the admission and documentation deadlines for the institutions you plan on applying to on their website; for most institutions the deadline is between Jan-Mar
- The Education Dept will cover the cost of post-secondary application fees for band members in grade 12, submit receipts for reimbursement

Tutoring

If students require tutoring for the upcoming school year please contact the Education Department so that we may offer assistance.



Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Cary Campbell, School Bus Driver

Dona Grant, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

Important Notice: Musqueam School Bus Information

Children boarding the bus will be asked to sanitize their hands, they will also be asked Covid-19 health screening questions.

If your child is unwell or is a close contact with someone with Covid-19 or suspected Covid-19 please keep them home and isolate.

Children are required to wear a mask at all times on the bus and to practice social distancing.





THE UNIVERSITY
OF BRITISH COLUMBIA

Centre for Excellence in
Indigenous Health

UBC Summer Science and the Virtual Indigenous Science Experience (VISE)

2022 applications open NOW!



What is UBC Summer Science Program?

UBC Summer Science is a one-week cultural, health and science program for Indigenous students in grades 8-11. The program promotes interest in health and science programs through firsthand experience at the University of British Columbia. The Summer Science Program is a great opportunity to meet new friends, eat great food, connect with Elders/role models while enjoying fun, laughter and learning.

Who: Students entering grades 9 - 12 in fall 2022

Where: UBC Vancouver campus

When: July 10th - 23rd

What is VISE?

The VISE 2022 is an online, interactive workshop program for Indigenous high school students. Students are introduced to the University of British Columbia and various science fields. They also learn Indigenous teachings from dedicated facilitators

Who: Students entering grades 9 - 12 in fall 2022

Where: Online

When: July 2022 (exact dates TBD)

Application deadline May 1st, 2022

For more information: <https://bit.ly/UBCSSPVICE>

Got Questions? Email: summer.science@ubc.ca

If COVID-19 restrictions do not allow us to gather in-person for UBC Summer Science from July 10th-23rd we will then offer VISE 2022. With respect to those that may not want to attend an in-person Summer Science this year, we are opening VISE 2022 applications to assess the demand for the program. Closer to April 2022, we will announce if one or both programs (UBC SSP & VISE 2022) will be running in July 2022.

SCAN ME



Musqueam **Housing** presents

Yo, Homes!



MARCH 17TH, NOON—2PM

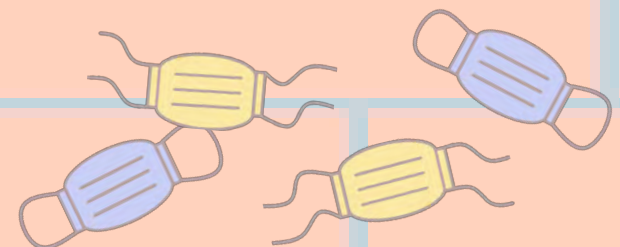
CULTURAL CENTRE

FUN. FOOD. FREEBIES.

Join us for our **March Madness** tournament and
win some **super prizes** for you and your neighbours!

Learn about **fall prevention** and take home some
great giveaways!

Please send your RSVP to ronette.stogan@musqueam.bc.ca
to receive your free food ticket



Practice kindness—wear a mask!

MUSQUEAM HOUSING DEPARTMENT

The Musqueam Housing Department would like to remind our Social Housing and Section 95 Tenants that should you have Tenants move in and/or move out that you are to advise the Housing Department per the signed Rental Agreement. Each Tenant is responsible for contributing towards the monthly rent to the Musqueam Indian Band. Rent is due on the **first** of each month. There are four payment options available for your convenience:

Pre-authorized Debit (PAD): If you would like to set up direct debit, we can provide you with the required document.

E-transfers are acceptable: etransfer@musqueam.bc.ca please include your **name** and **address**

Certified Cheque or Money Orders: can be dropped off or mailed to 6735 Salish Drive, Vancouver BC V6N 4C4

Cash payments: to be schedule with Ronette Stogan- Tenant Relations

Thank you!

Musqueam Housing Department

PROCESS FOR SERVICE REQUESTS

- 1) Head of household (name on Rental Agreement) are to contact Housing Reception or email housingadminassist@musqueam.bc.ca to discuss the issue.
 - 2) The service request is made and sent to Maintenance
 - 3) Before the visit please have the area clean, accessible, & sanitized.
 - 4) Maintenance will go to the house then report back to Housing Admin.
 - 5) *IF any parts or services are needed - Wait for Housing Managers approval.
 - 6) When approved:
 - a. Maintenance will purchase/order parts.
 - b. If services are needed Housing Admin will have to contact vendors set up time and date.
- Please understand that there is a time delay when it comes to purchasing/ordering part and when Housing Admin have to communicate with vendors.**
- 7) * if necessary* maintenance will return to the home to do repairs/replacement after receiving the part needed or the technician will be at the house.
 - 8) Service Request Complete.

Emergency service requests to call (604) 269 3381 immediately day or night. Emergencies include – **Hot water tank not working, furnace not working, electrical problems or major leaks.** Please provide correct contact information when making maintenance calls.

MUSQUEAM HOUSING DEPARTMENT

Due to the COVID-19 isolation please read below to maintain your furnace and hot water tank. If it is an absolute emergency with either of these Maintenance will visit the house or a vendor. Please follow the social distancing (6 feet away) and have the area cleared and sanitized.

FURNACE AND HOTWATER TANK MAINTENANCE

Furnace –

- Keep the area around the furnace clear of any debris, dirt and dust.
- Check the filter every six months to ensure the filter is not clogged and is able to breathe freely, if the filter is clogged the furnace will start over working then the sensors will start failing.
- Please make sure that the filter is the correct size for your furnace: having the wrong size filter could cause the furnace to prematurely wear and malfunction.
- If you have a re-usable filter, wash it every six months and make sure that it is 100% dry before placing it back into the furnace, if the filter is not dry the filter will develop mold.
- If the pilot light goes out, read the lighting instructions and follow the step by step instructions to re-light.
- Check the battery in the thermostat frequently and change frequently, Housing Department do not provide filters or batteries.

Hot Water Tank –

- Check for any leaks from connections (TPR valve, drain valve or shut off valve).
- Make sure the tank is not covered in dust, debris or clutter.
- If the tank is in a confined space, be sure the door(s) are vented.
- If there is a skirt on the bottom of the tank, check and clean when necessary.
- If the tank shuts off, follow the Manufacturers' instructions and follow the step by step instructions to re-light.

PLEASE DO NOT DISPOSE OF ANY COOKING FATS, OILS, OR GREASE DOWN THE DRAIN!

The Musqueam Indian Band has experienced a sewer backup in two houses on the same street due to grease build up in the sewer lines.



WHAT HAPPENS WHEN FATS OILS AND GREASE ARE PUT DOWN THE DRAIN?

As seen in the picture fats, oils and grease that are put down your household drains cause problems further down the pipe as well resulting in a backup and blockages. Liquefied fats, oils and greases will solidify and clog pipes and contribute to blockages and blockages may cause a backup into your home.

FATS - DAIRY PRODUCTS, SALAD DRESSINGS, MARGARINE, SHORTENING, ETC

OILS - COOKING OILS (OLIVE, COCONUT, CANOLA, VEGETABLE) AND SAUCES

GREASE - MEAT DRIPPINGS, LARD



When disposing Fats, Oils, and Grease:

- Pour all used cooking oils and grease into a small container so it can cool and harden.
- When the container is full, cap the container or cover it tightly, place in a bag to prevent leakage and put in garbage container.
- Dry wipe all pots, pans and plates before washing in sink or dishwasher. Use paper towels and wipe grease and food contents into a garbage container.
- If you have a kitchen sink garbage grinder, use this as little as possible since food particles and grease from the grinded material will still clog your pipes and affect the downstream sewer system.

Calling for x^wməθk^wəyəm Artists!

The Musqueam Environmental Stewardship Department
is looking for a Musqueam artist to design App icons for
a Field Monitoring App

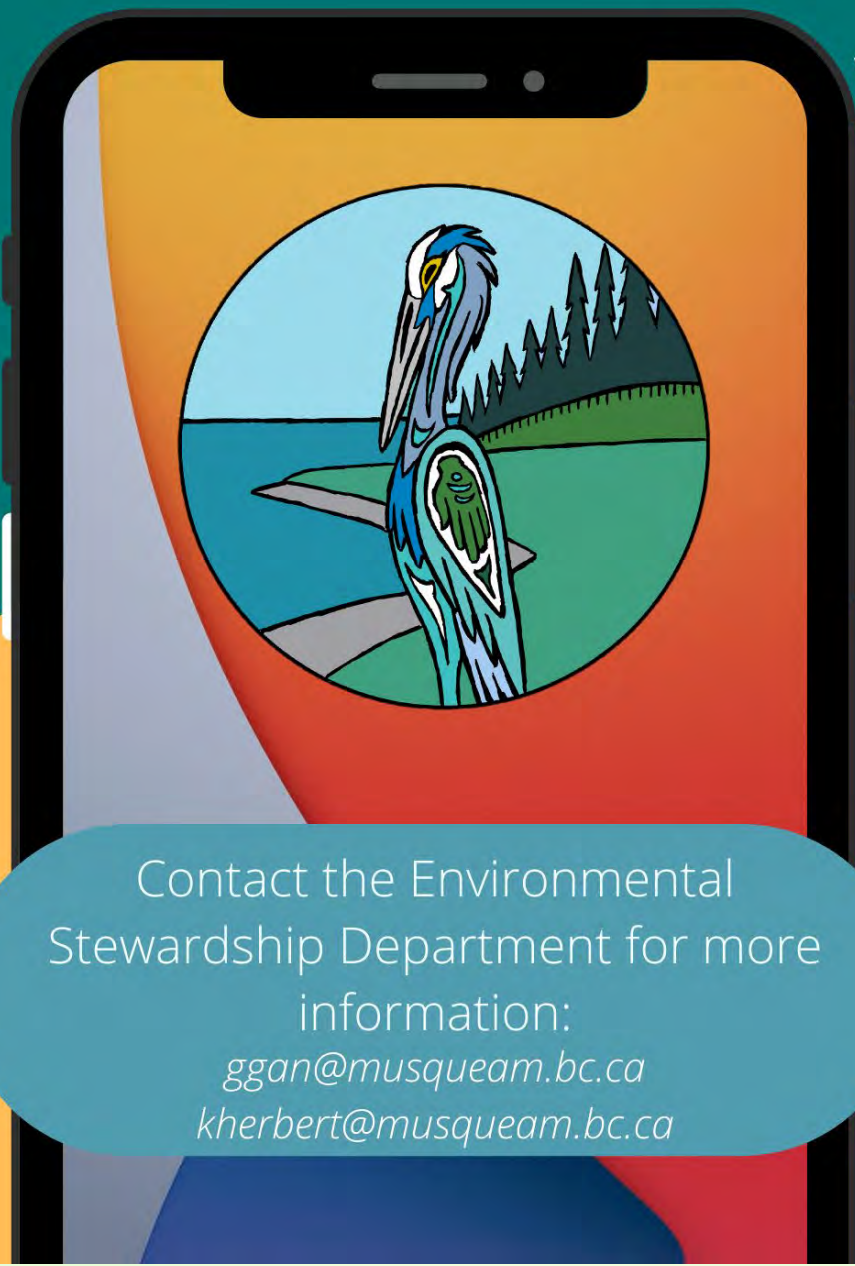
RFP here



Submit your bids
By March 4 2022

Contact the Environmental
Stewardship Department for more
information:

ggan@musqueam.bc.ca
kherbert@musqueam.bc.ca





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Musqueam Indian Band

Environmental Stewardship Department

Request for Proposal

Call to Musqueam Artist

February 2022

x^wməθk^wəyəm

Musqueam Indian Band

6735 Salish Drive

Vancouver, BC V6N 4C4



Introduction and Executive Summary

Musqueam Indian Band (xʷməθkʷəy̓əm) is an Indigenous group whose core Traditional Territory lies within the City of Vancouver. The xʷməθkʷəy̓əm people are the oldest-known residents of Vancouver, and have lived in the Fraser River estuary for thousands of years. xʷməθkʷəy̓əm's administration has developed the Environmental Stewardship Department (ESD) to work on behalf of the xʷməθkʷəy̓əm community to help steward the lands and waters governed under xʷməθkʷəy̓əm's Traditional Territory while under the direction of Chief and Council.

Scope of Designs

xʷməθkʷəy̓əm ESD is seeking to contract a qualified xʷməθkʷəy̓əm Artist to develop a selection of digital graphic designs for an internal xʷməθkʷəy̓əm Application/Platform.

Please include a portfolio of previous similar work, and a cover letter in your submission. If you do not have digital copies of your work, please reach out and we can arrange a meeting.

- The contractor will work with xʷməθkʷəy̓əm ESD to develop a set of graphic designs for a custom platform in development.
- The designs will be reflective of xʷməθkʷəy̓əm's vision and it is expected that the contractor will work collaboratively and iteratively throughout the project, while demonstrating cultural safety and sensitivity.
- Development of approximately 10 pieces of art (±5 pieces)

Submission Details

Submission Deadlines

All submissions for responding to this request must be submitted on paper and delivered to our office or electronically, as stated below, no later than:

Friday, March 4, 2022
No later than 4:30 PST

Submission Delivery Address

The delivery address to be used for all paper submissions is:

Yeganeh Asadian

Environmental Stewardship Manager
Musqueam Indian Band
6735 Salish Drive
Vancouver, BC V6N 4C4
Office: 604.269.3361
Cell: 604.362.1509

Electronic Submissions

Electronic submissions in response to this Request for Proposal will be accepted as long as they meet the following criteria:

Sent via email to: yasadian@musqueam.bc.ca

- Document standards:
 - Must be in Microsoft Word, PDF format, JPEG or PNG
 - Must be encrypted to protect confidential information

Submission Questions and Clarifications

You may contact the following person(s) if you have any questions or require clarification on any topics covered in this Request for Proposal:

Kara Herbert

Environmental Stewardship Major Projects Coordinator
Cell: 250.308.9941
Email: kherbert@musqueam.bc.ca

Gadwyn Gan

Environmental Stewardship Analyst
Cell: 604.562.6756
Email: ggan@musqueam.bc.ca

Terms and Conditions

Terms and conditions are to be finalized through the development of a contract between Musqueam ESD and the Artist. The Artist will be hired on a project basis, whereby they will provide services by an established date and monetary amount for compensation.

There are rebates available to cover a partial cost of your furnace and hot water tank replacement.

Have you recently installed a new furnace or hot water tank? You might be eligible for

I can help you apply for the rebate. Please contact me:

Ehsan Haghi – Community Energy Specialist at Musqueam Indian Band

Email: ehaghi@musqueam.bc.ca, Cell: 2267924266

The Musqueam housing department is still accepting applications for our initiatives:

Are you interested in receiving FREE energy saving products including LED lamps? Musqueam housing department is working with BC Hydro and Fortis BC to bring the Energy Conservation Assistance Program (ECAP) to the community.

To receive the service, please fill the ECAP application form. If you have a BC Hydro and a Fortis BC account, fill both sections of the application. Please drop the filled application at the reception in the band office or email/text it to Ehsan Haghi. We will collect the forms and submit them on your behalf.

Questions?

If you need assistance in filling the forms and the application process, contact:

Ehsan Haghi – Community Energy Specialist at Musqueam Indian Band

Email: ehaghi@musqueam.bc.ca, Cell: 2267924266

Energy Conservation Assistance Program application

For aboriginal communities and residents of non-profit housing



Bulk reference number Musqueam 2021

To apply for the FREE Energy Conservation Assistance Program, please complete each of the following before submitting the application:

- ☐ Complete the application in full (or we will not be able to process your application).
- ☐ Attach the Landlord Consent form (if you rent from a private landlord).
- ☐ Sign the declaration at the bottom of the page (highlighted in yellow below).

If you require assistance completing this application form please call the program contractor **It's On Electric 1-855-560-3227**.

1. Account holder information

BC Hydro account

First name (on BC Hydro bill)	Last name (on BC Hydro bill)	BC Hydro account number	
Account address	City	Province	Postal code
Home phone number	Other phone number	Email address	

FortisBC account

First name (on FortisBC bill)	Last name (on FortisBC bill)	FortisBC account number
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2. Property information

How many people live in your home?	Last name	Name of company (if you are a property manager)
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What type of home do you live in?

- ☐ Detached house ☐ Duplex ☐ Town house ☐ Apartment/condominium* ☐ Mobile home
☐ Other:

*Please see terms and conditions for eligible products and measures for apartment units.

Do you rent your home?

- ☐ Own ☐ Rent

(If you selected rent, and rent from a private landlord please complete and attach the Landlord Consent Form and complete the Landlord contact information below)

*If you live in a band-owned home, or non-profit housing you are NOT required to submit a Landlord Consent Form.

Landlord name (please indicate if home is band owned)	Contact phone number
---	----------------------

3. Income qualification and authorization for disclosure and collection

I understand that in order to qualify as a participant, BC Hydro requires proof that my household income meets the program's income requirement, and/or my building is eligible to participate in the program under the Terms and Conditions. By signing this form, I consent to BC Hydro collecting my personal information (including all items listed on this application form and income qualification status) indirectly from my band/non-profit administration office. Furthermore, I permit my Band/Non-Profit administrative office to disclose that personal information to BC Hydro for the purpose of qualification and for the administration of the program.

MUST COMPLETE

By signing below, I certify that I understand and agree to all of the preceding declarations and all terms and conditions that follow on this application. I certify that all the information is true and complete in every respect and that any willful misstatements may cause the rejection of my application.

BC Hydro account holder signature (BC Hydro account holder)	Date (Yr/Mth/Day)
---	-------------------

FortisBC account holder signature (If there is a FortisBC natural gas account associated with the residence.)	Date (Yr/Mth/Day)
--	-------------------

Mail completed application to:
BC Hydro and FortisBC ECAP Operations
PO Box 8910 Stn Terminal
Vancouver, BC V6B 9Z9

OFFICE USE ONLY

Meets LICO threshold

- ☐ Yes ☐ No

Authorized signature



xʷməθkʷəy̓əm Archaeology

RISC Archaeological Training Course



This past November 2021 xʷməθkʷəy̓əm hosted Resources Information Standards Committee (RISC) Archaeological Training, a course about finding, surveying, and recording archaeological sites to Provincial standards.

The course was held at the Musqueam Cultural Centre, with field visits to archaeological sites. Participants were from xʷməθkʷəy̓əm, səliłwətał, Skawahlook First Nation, Tsawwassen First Nation, and Skwxwú7mesh Úxwumixw. The course was taught by Sean Connaughton, Ian Sellers, Ailidh Hathaway (Inlailawatash Limited Partnership) Richard Campbell (xʷməθkʷəy̓əm), Aviva Rathbone (MIB), and Kody Huard (MIB) .

Classroom activities

Course participants learned about archaeological site types, including Culturally Modified Trees, and methods of surveying, mapping (electronic and paper), and recording sites. They also learned about the Heritage Conservation Act, the provincial law which regulates management of archaeological sites, and how this affects Indigenous communities' management of their heritage.



xʷməθkʷəy̓əm archaeology field technician Alec Dan welcoming course participants



Practicing Excavation, Screening, and Mapping

With permission from xʷməθkʷəy̓əm , participants had the opportunity to screen archaeological materials from the Locarno site, and to practice digging shovel tests (small excavations to assess an archaeological site) and mapping at maləy̓.



Locarno Site Visit

During a visit to the Locarno site, Richard Campbell along with Geordie Howe, Shauna Huculak (City of Vancouver) spoke about the site history and the co-management of the site between xʷməθkʷəy̓əm, Skwxwú7mesh Úxwumixw, and səliłwətał (MST).

Guest Speakers

Andrew Martindale and Steve Daniel from UBC spoke about and demonstrated Ground Penetrating Radar. (GPR).

Kat McNamara a course participant and Natural Resource Officer for the province, spoke about her job.



RISC Course Results:

Everyone who took the course passed and is now certified to identify and record archaeological sites in the province. Congratulations to all of the course participants!

Special congrats to the graduates from xʷməθkʷəy̓əm: Alec Dan, Brenden Guerin, Cassandra Louis, Erica Joseph, AJ Speck, Darnell Campbell, Drako Haskell, Oliver Haskell, Lindsay McLean, and Aeli Black!

If there are any specific archaeology topics you would like to hear about please email us at: archaeology@musqueam.bc.ca



xʷməθkʷəy̓əm Archaeology

The Basket

For this issue the xʷməθkʷəy̓əm Archaeology team would like to share details of a basket that was found this past summer by Cyler Point, along the shores of the Fraser River. The basket is incredibly intricate and rare, and the weaving is extremely technologically advanced—it has a zig-zag design that is not visible from the inside of the basket. The basket had been preserved due to the saturated muddy sediments in which it was found.

In early August Cyler sat down with Aviva Rathbone and shared the story of the day he found the basket. When Cyler woke up that morning in late July, he checked the tides so he could take his dog for a walk on the beach. He had heard a story from his grandmother who had once found a basket laying on the shore—he often walked on the beach and would find tools and ʔeləw̓kʷ (belongings).

Here is more of Cyler's story:

That morning I headed out down to the beach and out to the sandbar, on the way back my dog kept playing with a stick – he then happened to drop the stick, and that's when I looked down and saw what looked like the top of a cedar hat. As I put my hand through it I noticed the bottom base was concaved in. It was the shape of a cedar basket covered in mud, I could feel the textures and rows on rows of mud and what felt like wood. It took about an hour to carefully dig it out of the mud and tar. When it was fully excavated it was clear that the basket was nearly whole, only two pieces had broken off including the bottom base. As I walked back along the shore I saw an eagle sitting on the post and watching me. I felt I was meant to find it – someone or something was there, maybe an ancestor. So many things could have gone differently that day, but everything happened the way it did because it felt like it was meant to be.



How old is the basket?

With the permission of Chief and Council a small sample of the basket was sent to a Radiocarbon Laboratory for dating. The results of the analysis came back in late October with a date between the late 1700's to mid-1900's. The most likely date of the basket being somewhere around 1798.

Update on the basket now:

The basket is currently being cleaned and preserved at the Laboratory of Archaeology, at UBC. The basket had been preserved in the muddy and saturated ground, keeping the material in its original state from when it was left by the person who placed it there.

This type of belonging is very delicate and so the preservation process involves slowly and carefully removing the mud from the grooves and between the wood fibres. As well as keeping it submerged in water for an extended period of time, to allow the material to stabilize.



The basket was presented at a recent xʷməθkʷəy̓əm 101.

If there are any specific archaeology topics you would like to hear about please email us at: archaeology@musqueam.bc.ca

Emergency and Safety Coordinator

Position Summary:

Reporting to the Emergency Planner and Safety Manager, the Coordinator assists with the development of emergency and safety plans. The Coordinator is a member of the Emergency Management Committee and liaises with external emergency agencies and community stakeholders. Finally, the Coordinator acts as an assistant to the Manager.

Duties:

- Assist the program Manager in plan development and emergency training
- Perform community engagement activities
- Work in the Emergency Operations Center when it is activated
- Engage in continuous professional development
- Maintain and test program equipment
- Assist in ensuring MIB OHS and Worksafe compliant
- Co-chairing Joint Health and Safety and Emergency Planning meetings

Job Knowledge & Skills:

The work requires the following knowledge, skill and/or abilities:

- High School diploma or GED
- Ability to communicate effectively in speech and writing
- Proficient with MS Office
- Ability to manage personal and team stress
- Ability to manage multiple tasks or projects simultaneously
- High degree of emotional intelligence
- Ability to work in or lead teams
- Ability to think and make decisions strategically
- Must be physically fit, coordinated and comfortable with heights and confined spaces
- Cultural competency and knowledge of the MIB's cultural traditions

Working Conditions:

- Work is performed in a wide variety of settings from classrooms to ground zero of disaster site
- Valid Driver's License
- Successful Criminal Record Check

Compensation:

- Salary scale starts at \$60,000 and increases with education and experience
- We offer a comprehensive benefit and pension plan as well as educational activities

Individuals interested should apply on the Musqueam website in the Careers section.

[View this email in your browser](#)

MOA NEWS



Celebrate Black History Month at MOA

February is Black History Month and to celebrate MOA is offering free museum admission all month-long for Black and African community members. The history of Black communities in Canada dates back to the early 1600s and they have been vital in shaping our country's heritage and identity, but Black history has not always been recognized. As a museum we strive to enrich diverse ways of knowing the world by celebrating cultures and arts, particularly those that have been marginalized and underrepresented.

We welcome all visitors to MOA's feature exhibition, [Sankofa: African Routes](#), [Canadian Roots](#) to learn about the living legacy of the African diaspora and the local

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Be inspired by [these recent visitor photos](#) taken at *Sankofa*. Snap photos of your own visit at the exhibition this month, or even share a sketch! Tag [@moa_abc](#) and you could be featured in MOA's Instagram feed too.

Join us this month and every day in honouring and celebrating the rich contributions of Black Canadians in Vancouver and across the country.

[Plan Your Visit](#)

Sankofa Exhibition Events



Sankofa Films from the Diaspora

Presented in conjunction with MOA's feature exhibition [Sankofa: African Routes, Canadian Roots](#), this mini film festival features a series of short and feature-length documentaries telling beautiful and poignant stories from the African diaspora throughout the Americas.

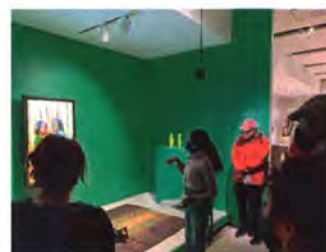
February 12 | 11 am – 3 pm
Free with museum admission

[Join Us](#)


Black Strathcona Walking Tour

Join MOA and the [African Descent Society BC](#) for a walking heritage tour of Vancouver. Retrace the neighbourhoods where people of African descent developed vibrant communities and learn about their tragic removal to build the Georgia Street Viaducts.

February 19
10 am – 12:30 pm
By donation

[Register Now](#)


Sankofa Exhibition Tours

Take an exhibition tour of [Sankofa: African Routes, Canadian Roots](#), led by a selection of local Black curators, artists and community leaders. The tours focus on sharing perspectives about African and Black history, political affirmation and cultural identity.

Select Saturdays | 3 – 4 pm
Free with museum admission

[Join Us](#)

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Kids Take Over UBC at MOA

This Family Day Weekend join MOA for day of museum fun for the whole family, where kids and youth can take part and take the lead!

Enjoy an afternoon of activities and events placing children and youth in the centre of arts and culture.

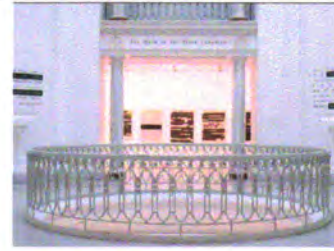
February 20 | 11 am – 3 pm
Free with museum admission

[Join Us](#)


Artist-in-Residence: Willy White

MOA is thrilled to welcome Tsimshian weaver Willy White as an Artist-in-Residence. Stop by and visit Willy while he is working, during regular museum hours. This is a special and rare opportunity to witness the artist at work, and to join him in conversation about his artistic practice.

February 8 – 20
Free with museum admission

[Meet Willy](#)


Visual and Cultural Seminar Series

MOA's free seminar series brings researchers from across UBC together to share their work on visual and material culture and broaden the dialogue.

February 3 | [From the Clock to the Maze with Haoyue Li](#)

February 17 | [Visual Politics: Documenting Black Western Canadian Diasporic Cultural Production with Nya Lewis](#)

[Register Now](#)

MOA Stories



Artists Unscripted: Benin Reimagined

This edition of Artists Unscripted was presented as part of MOA's feature exhibition [Sankofa: African Routes, Canadian Roots](#). Dig deeper into



Stories from the Indigenous Internship Program

Our latest series of MOA Stories feature the fascinating research conducted by members of the Fall 2021 Indigenous Internship Program

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relation to repatriation as well as the idea of "authentic" African art.

the discovery of a Musqueam woven basket and its significance.

[Watch Now](#)[Read Now](#)

News from MOA



Happy Year of the Tiger!

This gorgeous tiger is part of MOA's popular shadow puppet collection (MOA Collection 3322/4). May you embody the traits of the tiger: confidence, courage, strength and the desire to stand up for what is right and help others.

MOA honours the diversity of Lunar New Year celebrations across Asia and around the world and wish you all the best in the year ahead!

[Read More](#)

Disponible en français 提供中文版本

Announcing: MOA's new multimedia guide is now also available in French and Simplified Chinese! Explore the Museum and its worldwide collections through rich, multimedia content—at your own pace, in your own order—in more languages!

[Download Now](#)

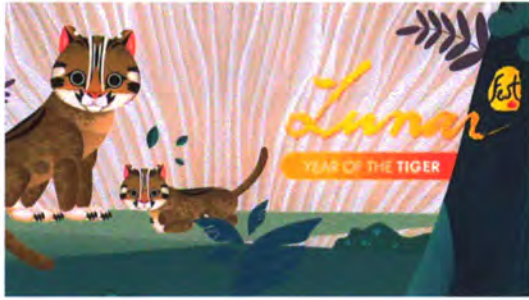
Great Hall seismic upgrade updates

January was a dramatic month for MOA's Great Hall as the glass walls of the iconic room were dismantled in preparation for demolition work. Follow MOA's Instagram for stories and highlights of the project as it progresses. Check it out now to see before and after photos and watch a video of the glass breaking!

[Watch Now](#)

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In the Community



LunarFest Vancouver

Various locations
Events throughout the month of February

Enjoy engaging virtual and in-person programming and workshops for all ages. Born from the Vancouver Winter Olympics Cultural Olympiad in 2010, LunarFest is Canada's premier presenter of contemporary expression in Asian arts and culture.



History of Anti-Black Racism in Canadian Schools and Universities—with Dr. June Francis

February 5 | 1:30 pm | Online

Presented by BC Black History Awareness Society, Dr. June Francis discusses anti-Black racism in Canadian universities and the significance of the Scarborough Charter for addressing anti-Black racism.

Photo credits (top to bottom): 1) Photo by Sarah Race 2) Photo courtesy of National Film Board 3) Photo courtesy of African Descent Society BC 4) Photo by Issaku Inami 5) Design courtesy of UBC Campus & Community Planning 6) Photo by Alina Ilyasova 7) Photo courtesy of Nya Lewis 8) Screenshot from Artists Unscripted: Benin Reimagined 9) Photo by Heidi Swierenga 10) Shadow Puppet (MOA Collection 3322/4), maker unrecorded. Photo by Alina Ilyasova 11) Photo by Amina Chergui 12) Photo by Kristi Fuoco 12) Design courtesy of LunarFest Vancouver 13) Photo courtesy of BC Black History Awareness Society

**MOA acknowledges that it is built on
the traditional, ancestral and unceded land of the Musqueam people.**

Museum of Anthropology at UBC
A place of world arts + cultures



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