



Musqueam Community Newsletter

Thursday August 11 , 2022

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

NOMINATIONS

MUSQUEAM FISHERIES COMMISSION FOUR (4) CANDIDATES TO BE ELECTED FOR A THREE (3) YEAR TERM

Notice is hereby given to the electors of the Musqueam Indian Band that a Nomination Meeting will be held to nominate FOUR (4) candidates for the Fisheries Commission of the Musqueam Indian Band consisting of FOUR (4) being elected for a THREE (3) year term, and that such nominations will be open from **4:00PM until 7:00PM** at the Musqueam Administration Office in the Main Boardroom, on **WEDNESDAY, AUGUST 17, 2022.**

NOTE: THIS ELECTION PROCESS IS INTERNAL AS PER THE TERMS OF REFERENCE OF THE MUSQUEAM FISHERIES COMMISSION, PLEASE INFORM YOUR FAMILY MEMBERS OFF RESERVE AS THERE WILL NOT BE AN OFF RESERVE MAIL OUT.

Jocelyn Campbell-Axson

Electoral Officer

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Business Development Update

Where : Musqueam Cultural Centre

When: Wednesday August 16th, 2022

Dinner served at 5:00

**Introductions and Presentation to
follow**

*Join the MCC Business development team for a meal to learn about the
projects we are involved in and how you or someone you know can get
involved!*

We have asked several of our partners to join us so you can learn more!

**Please contact Camille Robinson if you have any
questions 604-559-5400**

You're invited to a day at...

sθəqəlxenəm park

872 Richards Street
Downtown Vancouver

Thursday, August 11

11am - 3pm

Shuttle at 10:15am

Light lunch provided



A community celebration at sθəqəlxenəm park - the first Vancouver park to receive a həŋqəmiñəm name from Musqueam.

FREE PARKING AVAILABLE!

Register by Tues. Aug. 9 for a
parking spot: 604-263-3261

Open to all Musqueam
community members!

Musqueam **Housing** presents

WINNER, WINNER, CHICKEN DINNER!

MENU

Games!



Giveaways!

DEMONSTRATIONS!

PRIZES!

HOUSING PROGRAMS!



AND ONE GIANT CHICKEN.

This one's not for eating.

Thursday, Aug. 25th

4:30pm - 7pm

MUSQUEAM CULTURAL CENTRE



MUSQUEAM 101

CALL FOR CATERING BIDS:

UBC&MUSQUEAM (Musqueam 101) now accepting bids for catering services to be provided for 2022-2023 session of Musqueam 101. Please note that more than 1 caterer may be selected, with a number of consecutive dates allocated to each caterer selected.

Bid Requirements

- A Cost Breakdown, per person (usually about 30 people per week)
- A Sample menu – Hot dinner, light dessert & beverage with supplies (dishes, cutlery, etc)
- A commitment to early April 2023
- Must have Food Safe

Musqueam 101 will gather in the Elders Centre from September - April on Wednesday evenings.

Food set up by 6 p.m. with clean up at 9 p.m.

Musqueam 101 will start on Wednesday, September 14.

**The deadline for Submissions is
4:00 Friday August 26th, 2022**

Proposals should be addressed to Leona Sparrow and may be dropped off at the Band Office or emailed to

Leona: lsparrow@musqueam.bc.ca





SCHOOL CHEQUES—SEPTEMBER

**ALL ELEMENTARY AND HIGH SCHOOL CHEQUES WILL
BE AVAILABLE FOR PICK UP AT THE BAND OFFICE ON
AUGUST 31 .**

**POST-SECONDARY CHEQUES WILL REMAIN DIRECT
DEPOSIT.**

YVRAF Aspiring Artist Awards

YVR Art Foundation is currently accepting applications for the Aspiring Artist Awards! Applications are accepted on a rolling basis and up to 10 awards will be distributed in 2022.

[Aspiring Artist Awards](#) are for BC and Yukon Indigenous youth between the ages of 15 and 20 who reside in BC or the Yukon. Aspiring Artist Awards are \$500 each and are awarded on an annual basis to youth to support their self-directed work in the visual arts through the purchase of supplies, attending workshops and much more.

Applying is easy! Visit the link below to apply online or download an application form!

www.yvraf.com/application-aspiring-artist-awards/

Riddle: The more you take, the more
you leave behind. What am I?

Answer: Footsteps

Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Lucetta George-Grant, Education Advocate K-12:

education.advocate@musqueam.bc.ca

Cary Campbell, School Bus Driver

Dona Grant, School Bus Supervisor

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

Musqueam Employment & Training

A big congratulations to Sylvia Miller and Branden Shaw for joining Lattimer Gallery at YVR!

Sylvia Miller



"Hands raised to Musqueam Employment & Training and Lattimer Gallery for helping to get the Musqueam Arts store summer student program off the ground! -Mary Point"

Branden Shaw



MUSQUEAM EMPLOYMENT & TRAINING



MINI EXCATOR

Aug 6th & Aug 7th

Over the weekend, Employment & Training hosted a 2-day Mini Excavator safety training course with 4 successful participants!

Keep an eye out for future training opportunities and schedule to meet with a staff member for any other training and employment needs.

Contact E&T Staff:
Angela Nahanee
604-269-3316
anahanee@musqueam.bc.ca

Krista Brisk
604-269-3461
employassist@musqueam.bc.ca

Alicea Bradley
604-269-3355
employclerk@musqueam.bc.ca



BRIDGE WATCH RATING PROGRAM

In partnership with Musqueam Employment & Training, Group Ocean and BCIT, here is an inclusive training opportunity offered to Musqueam community members!

**Deckhand (Towing and Navigation)
Deckhand (Dredging and Marine Works)**



Join us on a Tug Boat Tour and Open House!
Please reach out to an E&T staff member to be added to the wait list.

Krista Brisk | 604-269-3461
Angela Nahanee | 604-269-3316
Alicea Bradley | 604-269-3355



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 12, 2022 |

COMMUNITY HEALTH COVID-19:

IF YOU NEED A COVID TEST PLEASE SEE THE FOLLOWING:

- **Covid test kits are available** Rapid antigen testing kits are free at pharmacies. Local pharmacies such as Southlands, Shoppers Drug Mart, & London Drugs.
- **There is NO need to test for clearance.** Some people can continue to test positive for months after contracting Covid-19, but are not contagious to others.
- **COVID-19 Vaccine's: Get your booster dose are free at your local pharmacy.**
Current eligibility: Seniors and Indigenous people. Call your local pharmacy to Book an appointment for your COVID-19 Vaccine Booster eligibility is: if you are 70 years and older, or 55 years and older and Indigenous. *Notify booking clerk you are Indigenous & over 55.

Link: <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/booster#second>

Rapid antigen testing kits are free for residents of B.C. 18 years and older who have a Personal Health Number (PHN). 1 kit contains 5 individual tests. You are allowed 1 kit every 28 days. This makes sure that everyone who wants a kit can get one. You can't pay for additional kits.

A test should only be used by people who develop symptoms of COVID-19 and want to confirm a positive or negative result. The tests are not suitable for international travel requirements.

Pharmacy staff will:

- Ask for your PHN. You can find your PHN on the back of your B.C. driver's license, BC Services Card or Care Card
- A pharmacy should never ask you to pay for a kit. Members residing off reserve may now pick up a test kit at their local pharmacy.
- You can pick up a kit for someone else, like a parent or grandparent. Make sure you know their full name, date of birth and PHN, the pharmacist will ask you for that information.

Travel: if you choose to travel and are required to self-isolate by the Canadian Border Services, this is your responsibility and Musqueam Health Department does not provide supports, please make prior arrangements with your family and friends.

NEWS UPDATES FROM THE
**First Nations
Health Authority**

Common allergy symptoms include sneezing, runny or stuffy nose, itchy or watery eyes, itchy nose or ears, post-nasal drip (which can sometimes cause a mild sore throat), and mild fatigue (not including drowsy-causing allergy medications).



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MUSQUEAM HEALTH DEPARTMENT

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Dental Services at Musqueam in August



What: Dental Hygienist
When: Thursday, August 25th
Where: Community Centre

To book an appointment
with the dental hygienist, call:

604-340-8442

What: Denturist
When: Thursday, August 18th
Where: Elders Centre Medical Office

To book an appointment
with the denturist, call:

604-558-4867





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LAND BASED HEALING PROGRAM

Patricia Isaak

What does “Land Based Healing” mean to you? Do you have ideas of cultural activities or ceremonies that you would like to see revitalized in the community? Please reach out, I would love to hear from you!

Patricia Isaak (778)239-4325 lbh@musqueam.bc.ca

- **GARDEN HARVEST**

Every Tuesday until September there will be produce from the Musqueam Garden at UBC, the harvest will be shared at the Community Centre, outside the gym doors. All community members are welcome.

If you are unable to pick up for health reasons please contact me and I will arrange a delivery.

- **Tea in the Garden**

Join us for an informal time in the garden to visit, have snacks and enjoy the plants.

Elders Centre greenhouse

August 15 & September 12, 10:30 am

- **CANADIAN FIREARM SAFETY COURSE**

Tim Quinn from Shishalh Nation will again be joining us to teach the Firearm Safety Course.

September 17-18 8:30-4:30 both days.

Lunch and Completion Bonus included.



MUSQUEAM ELDERS

Brenda Campbell, Elders Coordinator
Ph: 604 263 - 6312



Ladies Night

Every Tuesday

Time: 6-8pm

Location: Elders Centre



Next Elder's Luncheon:

Wednesday, August 24

Time: 12:00 Noon

Location: Elders Centre



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MUSQUEAM PATIENT NAVIGATOR

I am available to assist and support community members on their healthcare journeys.

If you have any questions regarding your health care coverage, FNHA Benefits, or need assistance filling out medical forms for example Jordan's Principal please do not hesitate to contact me.

I am available Monday-Friday from 8:30am to 4:30pm.

Lisa Mitchell, Musqueam Patient Navigator. Phone: 604-764-5349 or email: navigator@musqueam.bc.ca

COMMUNITY HEALTH

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. **One** per family
- Welcome gift for your new baby

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person.

Please call Arlene Haldane, Assistant to register for the Prenatal Program, call **Arlene Haldane**:

Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,

Home Care Nurse Romeo's Office Hours: Monday, Wednesday - Friday from 8:30-5:30 Tuesdays - Off

Phone: 604-269-3463 | **Email:** homecare@musqueam.bc.ca

Arlene Haldane: Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message. ***For Emergencies Call 911 ***



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MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

THE MUSQUEAM NNADAP TEAM AND MUSQUEAM PRIMARY CARE CLINIC MEDICATION SUPPORT FOR ADDICTION

The Musqueam Primary Care Clinic offers Musqueam community and band members addiction support through the issuance of prescribed medications. We offer support for opioid addiction (i.e. methadone, suboxone), and for alcohol addiction (i.e. naltrexone), and for overdose prevention (i.e. naloxone).

Call the Primary Care Clinic to make an appointment with the NURSE PRACITIONER or DOCTOR regarding medication support for addiction. Please call to book an appointment at 604-266-0043.

Hours of operation: Mon-Fri, 9:30am-3:30pm (closed 12:00pm-1:00pm for lunch)



Nicolette Moore offers support in:

- Addiction support
- Treatment referrals or questions
- Addiction education
- Family Interventions

Nicolette's hours: Monday- Friday 8:30-4:30 pm

T: 236-558-8482 | **E:** nnadap.nmoore@musqueam.bc.ca



Brad Morin provides:

- ✚ One to one, family, and group counselling whenever necessary and can also refer clients to other appropriate professionals. Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety.
- ✚ Conduct outreach to community and Band Members
- ✚ Makes referrals to detox, recovery houses, and treatment centers.

Brad's hours: Wednesday-Friday: 6pm-9pm | Saturday-Sunday: 1pm-5pm

T: 604-652-1368 | **E:** nnadap.bmorin@musqueam.bc.ca



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MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

(Clinic closed 12:00pm – 1:00pm for lunch)

| Monday Aug.15 | Tuesday Aug.16 | Wednesday Aug.17 | Thursday Aug.18 | Friday Aug.19 |
|--|---------------------------------------|---------------------|---|---|
| Karen Chandra, NP 9:30am - 3:30pm | Dr. Dumont, GP 9:30am - 3:30pm | Closed | Karen Chandra, NP Natalie Bruneau, NP 9:30am - 3:30pm | Karen Chandra, NP Natalie Bruneau, NP 9:30am - 3:30pm |

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)
Please check to see if your current kit has expired.
Naloxone training on Wednesdays by appointment only.



Prescription running low? Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Our clinic has reached capacity; however, we are doing our best to accommodate the waitlist. Call the clinic to be added to the **patient waitlist**. Please note that we are **no longer a walk-in clinic**.



Influenza 'Flu' vaccines available, call the clinic to schedule an appointment.

Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment.

Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

Available to First Nations people and their family members, even if those family members are not Indigenous.

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>



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SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

Where does Vancouver tap water come from?

Water from both Seymour and Capilano are treated at the Seymour-Capilano Filtration Plant, while water from Coquitlam is treated at the Coquitlam Water Treatment Plant. Water from Seymour and Capilano comes from the steep North Shore Watersheds, which carry heavy particles from erosion during heavy rains. Filtration removes these particles. On the other hand, water from the Coquitlam Watershed is much more clear even during heavy rain. Filtration is not needed, and ozone is used to remove iron, manganese, taste, odors, sulfur without adding chemicals.– ozone and UV provide excellent water treatment for this source. Both treatment plants use UV to kill bacteria and viruses, and add Chlorine to keep the water disinfected as it enters the distribution system.

An additional eight rechlorination stations control chlorine levels as water moves away from the primary treatment plants. The closer you are to one of these, the higher the chances water will taste poorly.

Once water enters Vancouver's distribution system, it is tested from 53 dedicated water sampling stations. Water must comply with the health standards set out in the *BC Drinking Water Regulation*.

MWSU MENTAL WELLNESS COUNSELLOR

Janice Cross

This confidential counseling service is available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice Cross.

Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 8:30am-4:30pm, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.

I can be reached on my **cell at:** 778-829-0242 or my

Email is jcarroll@musqueam.bc.ca

Job Title: Food and Beverage Manager
Department: Food and Beverage Operations
Reports To: Director of Golf and Marina Operations

SUMMARY

The Food & Beverage Manager is responsible for directly supporting the Restaurant manager and the service staff in facilities to include the Westward-Ho! Patios, Halfway Hut/Kiosk, Beverage Cart & other On-Course F&B services. He or she directly leads the banquet and events department ensuring the highest level of service by overseeing all aspects of event coordination, service, and service staff during operating hours, while working in a clean and safe environment, and efficiently executing and achieving all departmental goals (financial, guest satisfaction, and staff fulfillment). He or she will support the F&B Team and be the main point of contact and leader of the department.

The Food & Beverage Manager will report to the Director of Golf & Marina Operations with a commitment to teamwork and a focus on achieving **the department's overall vision and goals.**

ESSENTIAL DUTIES AND RESPONSIBILITIES include the following but not limited to:

Essential

- Manages service aspects in specific food and beverage assigned areas and operations and acknowledges, greets and thanks all staff and guests
- Supports the management of the restaurant, halfway hut/kiosk, beverage cart, and other on course operations to ensure proper room preparation, execution, and clean up
- Directly manages the coordination, set up, and execution of all events and banquets.
- Works with Golf Operations team regarding Golf related events and the events office bookings
- Supports the F&B Team as the department leader
- Focuses on tasks centered on supporting the overall vision of the department including building policies and procedures, tracking results, analyzing data, and supporting direct reports

Staff Relations

- Creates and supports systems that enable effective recruitment, training, and orientation for new and returning staff
- Directly leads the banquet and event staff, and supports the restaurant manager in leading the restaurant staff
- Directly supervises Banquet staff ensuring all club and departmental policies are adhered to including: uniforms, opening/closing procedures, codes of conduct, cleaning schedules, and operational systems
- Supports the Restaurant Manager in supervising restaurant staff ensuring all club and departmental policies are adhered to including: uniforms, opening/closing procedures, codes of conduct, cleaning schedules, and operational systems
- Communicates effectively with all staff members
- Evaluates and supervises performance and carries out disciplinary action as needed, in accordance **with the Club's policies and applicable laws**
- Responsible for employee relation issues and reviews incidents with Human Resource Manager
- Completes and administers employee performance appraisals
- Coaches staff members when an area is identified that needs improvement
- Empowers staff to take initiative to drive sales and repeat business
- Helps structure the restaurant organizational chart for maximum effectiveness
- Defines job descriptions for all subordinate F&B positions.

Departmental Teamwork

- Strives to achieve departmental goals and adheres to the overall UGC F&B vision, mission, and core values
- Works with F&B Assistant Manager, Restaurant Manager, and Chef as well as with Events Department and Golf Operations team as required
- Communicates effectively with the food and beverage management team, Events department and Golf Operations team with a commitment to collaboration, teamwork, discussion, adaptability, and adherence
- Communicates and teams well with all F/B departments ensuring appropriate staff levels and ensuring assigned responsibilities are carried out
- Attends and participates in weekly leadership meetings
- Implements and supports all Club and departmental initiatives and programs as requested by management

Departmental Results

- Ensures compliance with licensing, hygiene and health and safety legislation/guidelines
- Protects Club, staff, and guests by training staff in and adhering to all safety, sanitation, food preparation, food storage and alcohol beverage control policies including confirming legal drinking age and discontinuing service to intoxicated guests
- Assists in conducting monthly beverage inventories while establishing and ensuring all inventory control policies are created, executed, and adhered to
- Controls costs of all food and beverage outlets by assisting, as requested, in purchasing, maintaining effective profit and loss controls and monitoring labour costs following demand patterns, budget and local labour laws
- Maintains balanced staffing and scheduling strategies to meet business needs
- Maximizes food and beverage sales by identifying and targeting sales opportunities through marketing including promotions and special events and by training staff on "up-selling"
- Assesses and improves profitability, setting sales targets, and handling administration as required

Customer Relations

- Handles customer enquiries and complaints and utilizes problem solving techniques to resolve issues
- Maintains guest satisfaction by handling inquiries, concerns or comments and providing solutions; acquiring feedback from guests, staff, and co-workers in order to ensure satisfaction and/or implement service improvement ideas; developing new concepts to ensure customer satisfaction and repeat business
- Encourages customer feed back
- Ensures guest service standards are created, implemented, and executed at a high level

Maintains high visibility at the course by greeting and listening to customers' comments and needs

OTHER DETAILS

*37.5 hours a week; great benefits and perks!

*Salary position (industry rates)

*Must be fully vaccinated

*Looking to fill this role immediately

Please send resume to hr@universitygolf.com

