



Musqueam Community Newsletter

Friday September 2 , 2022

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

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THE CHILDREN'S HOUSE

Daycare Hours: Monday—Friday 7:45 am—5:00 pm

The Children's House phone # 604-269-3302

Renee Stogan; Manager email: childcaresup@musqueam.bc.ca

Preschool Registration

Preschool Registration for children who are ages 3-5 is open.

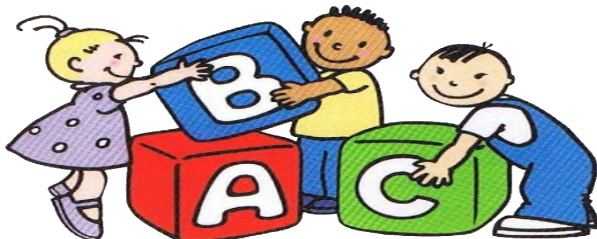
If you would like to register your child for preschool, please contact Renee Stogan at : 604-269-3302 or email: childcaresup@musqueam.bc.ca

Renee Stogan: childcaresup@musqueam.bc.ca Phone: 604-269-3302

Preschool staff: Ernestine Herman, Sherry Point, Stacy Gerge

Infant / Toddler Staff: Kelly Herman, Christy Friesen, Alice Stogan

WE WILL BE CLOSED ~ FRIDAY SEPTEMBER 2, 2022—FOR PROFESSIONAL DEVELOPMENT



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ST. MICHAEL'S CHURCH

Please join us Every Sunday
for mass @ 1:00 PM



Thank you Jeannie Campbell
604-338-4645

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x^wməθk^wəyəm Musqueam!

You Are Invited to
The Grand Opening & Ribbon Cutting
of
 Ielə̀m Village

When: Wednesday, September 14, 2022
Where: 5425 Shortcut Road, Vancouver, BC
Time: 10:00am - 1:00pm
Lunch will be served

Shuttle service provided.
Please contact Grace Ulu at 604-771-2101
or gulu@musqueamcapital.ca



MUSQUEAM
CAPITAL CORPORATION

Musqueam Education Notice Friday Sept 2, 2022



SCHOOL CHEQUES—SEPTEMBER

ALL ELEMENTARY AND HIGH SCHOOL CHEQUES ARE AVAILABLE FOR PICK UP AT THE BAND OFFICE.

SEPTEMBER START –Elementary

Southlands: First day– September 6th, 9am-10am. Regular hours for the rest of the week. Kindergarten has separate gradual entry hours.

Immaculate: First day– September 6th, dismissal at 10:30am.

Our next canning session will be:

When: September 6, 2022

Time: 10:00am

Where: Community Centre Kitchen

All youth 12 and over are welcome to join us.



If your child(ren) is planning on riding the school bus this year, please fill out and return the MIB School Bus Form on the following page.



Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Lucetta George-Grant, Education Advocate K-12:

education.advocate@musqueam.bc.ca

Cary Campbell, School Bus Driver

Ph. # 604 - 263 - 3261 Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

MIB SCHOOL BUS FORM

PARENT/GUARDIAN INFORMATION		Date:	
Parent/Guardian's Name			
Relationship to Child			
Street Address			
City		Postal Code	
Home Phone		Work:	
Email address		Cell:	
Alternate Contact Person		Alternate ph:	
STUDENT INFORMATION:			
Student First Name		Student Surname	
Grade		Student PEN#	
Status Number		Date of Birth	
School attending (mark with a check)	<input type="checkbox"/> Southlands Elementary	<input type="checkbox"/> Immaculate Conception	
Medic Alerts: (Please identify any medic alerts or special needs that the bus supervisor should be aware of)			



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT2, 2022 |

Musqueam Community COVID-19 VACCINE Clinic coming soon

***Watch for any updated information in future Health Dept. Notices for Covid Clinic dates.**

- **Children's Vaccines and boosters**
- **Adult Vaccines & Boosters**

PRIMARY SERIES (Dose 1 & Dose 2):

AGE GROUP	RECOMMENDED VACCINE PRODUCTS	INTERVAL BETWEEN DOSES
6 months to 4 years	Pediatric Moderna (2 doses)	8 weeks
5 years to 11 years	Pediatric Pfizer (2 doses)	8 weeks
12years to 29 years	Adult Pfizer (2 doses)	8 weeks
30 years and older	Adult Moderna (2 doses)	8 weeks

BOOSTER DOSE:

AGE GROUP	RECOMMENDED VACCINE PRODUCTS	
	BOOSTER DOSE #1 (6 month interval between primary series to booster dose #1)	BOOSTER DOSE #2 (6 month interval between booster dose #1 and booster dose # 2)
12years to 17 years	Adult Pfizer	N/A
18 year to 29 years	Adult Pfizer	Adult Pfizer
30 years to 69 years	Adult Moderna (1/2 dose)	Adult Moderna (1/2 dose)
>70 years (70 years of age or older at time of presentation)	Adult Moderna	Adult Moderna (½ Dose)

- There may be two booster vaccine products available this fall, the new bivalent booster (Wuhan and Omicron) and the current monovalent booster (Wuhan strain). Both Booster vaccines are excellent. Eligibility criteria for the Fall Booster will be announced closer to the start of the campaign. Federal approval for the new bivalent booster vaccine is expected mid-September, but this is not guaranteed.
- Anyone 18 years of age and older may receive a second booster dose now should they wish to, but it is preferable to delay their second booster dose until the fall.



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT2, 2022 |

COMMUNITY HEALTH COVID-19:

Rapid antigen testing kits are free for residents of B.C. 18 years and older who have a Personal Health Number (PHN).

1 kit contains 5 individual tests. You are allowed 1 kit every 28 days. This makes sure that everyone who wants a kit can get one. You can't pay for additional kits.

A test should only be used by people who develop symptoms of COVID-19 and want to confirm a positive or negative result. The tests are not suitable for international travel requirements.

Pharmacy staff will:

- Ask for your PHN. You can find your PHN on the back of your B.C. driver's license, BC Services Card or Care Card

A pharmacy should never ask you to pay for a kit. Members residing off reserve may now pick up a test kit at their local pharmacy.

You can pick up a kit for someone else, like a parent or grandparent. Make sure you know their full name, date of birth and PHN, the pharmacist will ask you for that information.

Travel: if you choose to travel and are required to self-isolate by the Canadian Border Services, this is your responsibility and Musqueam Health Department does not provide supports, please make prior arrangements with your family and friends.

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | SEPT2, 2022 |

LAND BASED HEALING PROGRAM

Patricia Isaak

What does “Land Based Healing” mean to you? Do you have ideas of cultural activities or ceremonies that you would like to see revitalized in the community? Please reach out, I would love to hear from you!

Patricia Isaak (778) 239-4325 lbh@musqueam.bc.ca

- CANADIAN FIREARM SAFETY COURSE

TWO SPOTS LEFT!!!

Tim Quinn from Shishalh Nation will again be joining us to teach the Firearm Safety Course.

September 17-18 8:30-4:30 both days. Lunch and Completion Bonus included.

- Tea in the Garden

Join us for an informal time in the garden to visit, have snacks and enjoy the plants.

Elders Centre greenhouse | September 12, 10:30 am

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

Safe Drinking Water Monitoring by Charlene Campbell-Wood

If you are experiencing an odd taste, odour or colour of your tap water in your home, please email or call the Musqueam Health Department at 604-263-3261 and they will inform me and I'll place a call to our Environmental Health Officer She usually may accompany me. I will then be able to test your water as soon as possible. In the meantime, drink bottled water.

MWSU MENTAL WELLNESS COUNSELLOR

Janice Cross

This confidential counseling services are available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice Cross.

Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 8:30am-4:30pm, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.

I can be reached on my cell at: 778-829-0242 or my

Email is jcarroll@musqueam.bc.ca



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT 2, 2022 |



**Burnaby
Orthopaedic
& Mastectomy**

300-6411 NELSON AVENUE

BURNABY, BC V5H-4H3

TEL: 604-436-6092

BURNABY ORTHOPAEDIC

Will be at the Musqueam Community Center in the Yoga Room on Sept.21, 2022 from 10:00am-4:00pm

Do you have a doctor's note for the following items?



****Prescriptions from a family doctor, an orthopaedic surgeon, and a nurse practitioner are accepted****

All items are covered under First Nations Health Authority

Burnaby Orthopaedic services include:

- Custom Foot Orthotics
- Custom Knee Braces
- Wrist, Elbow, Back, and Ankle Braces
- Lymphedema Arm Sleeves and Gloves
- Breast Forms and Mastectomy Bras ...and more!

Inquire and schedule an appointment:

Arlene (604) 269-3354

www.burnabyorthopaedic.com



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | SEPT2, 2022 |

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

THE MUSQUEAM NNADAP TEAM AND MUSQUEAM PRIMARY CARE CLINIC MEDICATION SUPPORT FOR ADDICTION

The Musqueam Primary Care Clinic offers Musqueam community and band members addiction support through the issuance of prescribed medications. We offer support for opioid addiction (i.e. methadone, suboxone), and for alcohol addiction (i.e. naltrexone), and for overdose prevention (i.e. naloxone).

Call the Primary Care Clinic to make an appointment with the NURSE PRACITIONER or DOCTOR regarding medication support for addiction. Please call to book an appointment at 604-266-0043.

Hours of operation: Mon-Fri, 9:30am-3:30pm (closed 12:00pm-1:00pm for lunch)



Nicolette Moore offers support in:

- ✚ Addiction support
- ✚ Treatment referrals or
- ✚ Questions
- ✚ Addition education
- ✚ Family Interventions

Nicolette's hours:

Monday- Friday 8:30-4:30

T: 236-558-8482



Brad Morin provides:

- ✚ One to one, family, and group counselling whenever necessary and can also refer clients to other appropriate professionals.
- ✚ Follows up with clients returning from treatment and continue to offer them support as they maintain their sobriety.
- ✚ Conduct outreach to community and Band Members
- ✚ Makes referrals to detox, recovery houses, and treatment centers.

Brad's hours: Wednesday-Friday: 6pm-9pm

Saturday-Sunday: 1pm-5pm

T: 604-652-1368

E: nnadap.bmorin@musqueam.bc.ca



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | SEPT.2, 2022 |

Musqueam Indian Band Brighter Futures Program

“Breakfast Club”



Opens on Sept.6, 2022 at 7:30am.

Parents please fill out the registration form below and return it to the
Breakfast Program.

The Brighter Futures Life Skills Program (The Breakfast Club) is a “Before School” program intended to provide school-aged children an environment that promotes nutrition, personal hygiene and life skills, by providing a healthy nutritious breakfast before school as well as a bag lunch.

The success of the program relies on the cooperation of the students and the support of parents/guardians in the following:

- Abide by the rules of the Breakfast Club
- Cooperation with the Breakfast Program staff
- Parent(s)/Guardian(s) to commit to have their child/ren arrive on time
- Students responsible for rinsing their own dish/bowl, cup and utensils
- Respect for other students, worker(s), parents and the Youth Centre & surrounding property
- Respect themselves and others by using appropriate behaviour and language
- Understand there will not be drive-thru/drop-off services

Please read the attached registration form and sign to show that you have read and agree to the provisions set out by the Brighter Futures Life Skills Program (The Breakfast Club).



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | SEPT2, 2022 |

Musqueam Indian Band

Brighter Futures Life Skills Program

Breakfast Club Registration

Registration

Child's Last Name _____ First Name _____

Date of Birth (month) _____ (day) _____ (year) _____

Address _____

Home phone _____

Mother/Guardian _____ Work contact number _____

Father/Guardian _____ Work contact number _____

Care card Number _____

Emergency Contact _____ Phone _____

Child's School _____ Grade _____

Does your child have food Allergies or food restrictions? Yes _____ No _____

If yes please list Allergies: _____

Food restrictions/sensitivities: _____

Parent/Guardian Commitment

[Please print name(s) of parent(s) or guardian(s)]

I, _____ and (name of child) _____ understand that the success of the program relies on the support of parents/guardians and commit to cooperate with the Breakfast Program staff and having my child/ren arrive on time

Parent/Guardian signature _____ Date _____



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT2, 2022 |

MUSQUEAM PRIMARY CARE CLINIC



Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Sept.5	Tuesday Sept.6	Wednesday Sept.7	Thursday Sept 8	Friday Sept 9
CLOSED FOR LABOR DAY	Dr. Dumont, GP Dr. Lesperance, 9:30am - 3:30pm	Dr. Lesperance, GP 9:30am - 3:30pm	Dr. Lesperance, GP 9:30am - 3:30pm	Dr. Lesperance, GP 9:30am - 3:30pm

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)
Please check to see if your current kit has expired.
Naloxone training on Wednesdays by appointment only.



Prescription running low? Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Our clinic has **reached capacity**; however, we are doing our best to accommodate the waitlist. Call the clinic to be added to the **patient waitlist**. Please note that we are **no longer a walk-in clinic**.



Influenza 'Flu' vaccines available, call the clinic to schedule an appointment.

Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment.

Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

*Available to First Nations people and their family members,
even if those family members are not Indigenous.*

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT2, 2022 |

MUSQUEAM PATIENT NAVIGATOR

I am available to assist and support community members on their healthcare journeys.

If you have any questions regarding your health care coverage, FNHA Benefits, or need assistance filling out medical forms for example Jordan's Principel please do not hesitate to contact me.

I am available Monday-Friday from 8:30am to 4:30pm.

Lisa Mitchell, Musqueam Patient Navigator. Phone: 604-764-5349 or email: navigator@musqueam.bc.ca

ALL ABOARD THE HandyDART!



What is HandyDART?

- It is a door-to-door, shared ride service for people who have trouble navigating public transit.
- HandyDART is a convenient option for medical appointments - you don't have to worry about finding or paying for parking!

Who is eligible?

- If you have a physical, sensory, or cognitive disability you may be eligible to use HandyDART. Ask your care provider if you are eligible.
- You must register with TransLink by submitting an application form that has been signed by a health professional.

How does it work?

- The buses run seven days a week, but rides must be booked in advance.
- All trips are paid with either exact change \$2.05 - \$3.10 or by using a Compass ticket.

For more information or assistance booking your next trip you can contact:

Lisa Mitchell – Patient Navigator @ 604-764-5349



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | SEPT2, 2022 |

COMMUNITY HEALTH

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. **One** per family
- Welcome gift for your new baby

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person.

Please call Arlene Haldane, Assistant to register for the Prenatal Program, call **Arlene Haldane**:

Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,

Home Care Nurse Romeo's Office Hours: Monday, Wednesday - Friday from 8:30-5:30 Tuesdays - Off

Phone: 604-269-3463 | **Email:** homecare@musqueam.bc.ca

Arlene Haldane: Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message.

***For Emergencies Call 911 ***

MUSQUEAM ELDERS

Brenda Campbell, Elders Coordinator

Ph: 604 263 – 6312



Ladies Night

Every Tuesday

Time: 6-8pm

Location: Elders Centre



Next Elder's Luncheon:

Wednesday, Sept.7

Time: 12:00 Noon

Location: Elders Centre



Musqueam Employment & Training



Sylvia Miller and Branden Shaw

Congratulations to Sylvia Miller and Branden Shaw for successfully completing their training through the Summer Student Program and a big thank you to Lattimer Gallery!

Musqueam Employment & Training

SEPT 2, 2022

The Musqueam Employment and Training Team would like to wish everyone returning to school this Fall the very best and congrats on your educational/training journey. Remember, we are here to support you on your path to success.

If anyone has yet to apply for funding or is looking to explore employment or training opportunities, please book an appointment with one of our staff.

Have a fun and safe long weekend!

-Musqueam Employment and Training Department



Bill Reid Gallery

of Northwest Coast Art

Indigenous Education Specialist (3-month term position)

Nestled in the heart of downtown Vancouver, the Bill Reid Gallery is Canada's only public gallery dedicated to contemporary Indigenous Art of the Northwest Coast. The Gallery celebrates the vital and diverse Indigenous cultures of the Northwest Coast through the extraordinary work of Bill Reid and the presentation of exceptional contemporary art.

We respectfully acknowledge the xʷməθkʷəy̍əm (Musqueam), Skwxwú7mesh (Squamish), and səliłwətał (Tsleil-Waututh), and all the Indigenous peoples of the Northwest Coast, on whose traditional and unceded territories we live and work.

Job description

The Gallery is seeking a creative, enthusiastic, and motivated Indigenous Education Specialist. Reporting to the Curator, the Education Specialist will promote, deliver and evaluate education programs for grades K-12, as well as professional development programs for educators.

The ideal candidate will have 2-5 years of experience in youth and community centered education and programming, preferably in an arts or Indigenous organization. You have a proven track record of working with Indigenous communities and creating and implementing youth driven programming and educational experiences.

Specific duties include:

- Using creative and innovative thinking in a non-traditional teaching and learning environment
- Conducting education tours, programs, workshops, and other presentations that align with BC curriculum, including hands-on activities
- Liaising with teachers to schedule class tours and professional development programs
- Distributing materials to promote educational programs to schools and community in collaboration with marketing staff
- Communicating information, through presentations and events, about the Gallery's education programs to schools, community groups and potential partners.

Knowledge, Skills and Abilities:

- Ability to communicate and interact positively with students and teachers
- Knowledge of BC curriculum and core competencies
- Knowledge of Northwest Coast art and Indigenous cultural history
- Fluent in English, Indigenous language would be an asset
- Excellent oral communication and interpersonal skills
- Friendly, outgoing personality; excited to meet, engage, and facilitate
- Experience working in teams and an interest in building leadership skills
- Possess excellent time management, organization, and multi-tasking skills
- Previous experience and/or interest in working with children and/or youth
- Self-motivated, energetic, forward-thinking, and creative with strong attention to detail
- Ability to monitor budgets

Qualifications:

- Post-Secondary degree in a related field (Education, Indigenous Studies, etc.), and/or equivalent community-based experience.
- First Aid and CPR certificate is an asset
- A criminal record check will be required
- Indigenous peoples are strongly encouraged to apply. Preference for this role will support individuals who have lived experience as Indigenous and have existing relations with Indigenous communities.
- Candidates will be chosen on the basis of their skill level and ability; therefore we welcome all applicants regardless of race, gender or disability

This is a three-month term position, with possibility of renewal. The Indigenous Education Specialist will work 4 days per week, mostly 9:30 am – 5:30 pm with flexibility for Gallery events and programs on evenings and weekends as required. The work is primarily onsite in an office environment and in the Gallery. Monthly salary is \$3,000 based on experience and qualifications. The Bill Reid Gallery actively supports a healthy workplace, and offers flexible schedules, statutory holiday substitutions, and other health and cultural safety measures.

The Bill Reid Gallery of Northwest Coast Art is proud to have a dynamic and diverse team of Indigenous and non-Indigenous staff and Board. We strive to be a safe space where all voices are heard and valued and work towards accessibility, anti-racism, LGBTQ2S+ inclusion and encourage diversity in our staff team. Indigenous candidates are strongly encouraged to apply. The Bill Reid Gallery is committed to providing equitable access to everyone. Should you require any accommodations in the application process, please contact bcarter@billreidgallery.ca

Please forward applications with resume and cover letter by email only to:

bcarter@billreidgallery.ca

Applications will be accepted until September 12, 2022




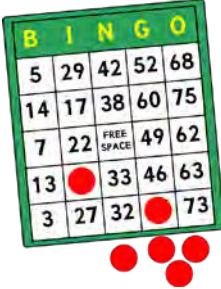

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

Youth Centre

September 5th - 9th

Sandra Dan at the Youth Centre, **604-269-3452** Cell Phone **604-360-9171**

Email: youthcentre@musqueam.bc.ca

Monday Sept 5 th syəléwətnet	Tuesday Sept 6 th sθəmənts	Wednesday Sept 7 th słixʷs	Thursday Sept 8 th sɣaʔaθəns	Friday Sept 9 th sł-ḡecəss
Closed for Labour Day 	Game Night 	Coloring Night 	BINGO Night 	Movie Night 

The Youth Centre will be open from 2:00 pm—9:00 pm Monday—Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**

CHANGE THE DATE



Fundraiser



Date: **September 4th, 2022**

Location: 3910 Ke-kait place
(Lynn & Lloyd's house)

Time: 5pm-8pm

Menu: Indian Tacos/drink

\$10 large ndn taco

\$2 drinks

desserts

Loonie Toonie Auction

*Thank you in advance from
Lorraine Dan, Tyson Nahanee and Laura Paul*