



Musqueam Community Newsletter  
THURSDAY SEPTEMBER 15, 2022  
TOLL FREE: 1-866-282-3261, FAX: 604-263-4212  
SAFETY & SECURITY PATROL: 604-968-8058

THE CHILDREN'S HOUSE

Daycare Hours: Monday—Friday 7:45am—5:00 pm

The Children's House phone # : 604-269-3302

Renee Stogan: Manager / Email: [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)

PRESCHOOL REGISTRATION

Preschool Registration for children who are ages 3-5 is open.

If you would like to register your child for preschool, please contact Renee Stogan @ 604-269-3302 or Email : [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)

Renee Stogan : [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca) T: 604-269-3302

Preschool Staff: Ernestine Herman, Sherry Point, Stacy George

Infant/Todder Staff: Kelly Herman, Christy Friesen, Alice Stogan

INSIDE THIS ISSUE:

Musqueam 101-2

Education Dept.-3-6

Health Dept.- 7-19



ST. MICHAEL'S  
CHURCH

Please join us every  
Sunday @ 1:00 PM.  
For Mass.

hay čx<sup>w</sup> qə

## **MUSQUEAM 101**

**stem? (what?) Musqueam 101, Wednesday, September 21**

***UBC's Indigenous Strategic Plan – what changes are happening at the university?***

Please join the UBC's Office of Indigenous Strategic Initiatives (OISI) for a presentation showcasing the Indigenous Strategic Plan's advancement since its launch in 2020. OISI is the team working to implement the university's commitments to Indigenous human rights as outlined in the Indigenous Strategic Plan.

### **Presenters:**

Dr. Sheryl Lightfoot, Senior Advisor to the President on Indigenous Affairs

Vicki George, Associate Director, OISI

Jessie Penner, Indigenous Strategic Programming Manager, OISI

Claire Sarson, Program Coordinator, OISI

Andrea Barragan Rivero, Executive Coordinator, OISI

### **ni? ʔəncə? (where?)**

Musqueam Elders' Centre

### **təmtem? (when?)**

Wednesday, September 21. Dinner will be served at 6:00 p.m. with the presentation starting at 7:00 p.m.

**PLEASE JOIN US!**

# TRUTH & RECONCILIATION DAY

## Friday, September 30

Band office closed for federal statutory holiday.

Musqueam is invited to a two-part event to honour our loved ones who attended Indian residential schools.

---

### Community Lunch

*Musqueam only*

---

11am - 1pm

Community Centre Gym

---

### Re-Naming Ceremony

*Public*

---

1pm-3pm

Community Centre Gym

Musqueam is gifting a new name to the City of Vancouver to replace Trutch Street in Kitsilano.

## **Auction—3 Sheds**

Musqueam Admin will be auctioning off the **3 Storage Sheds** that were used as Check points during Covid. Please see below the pictures of the 3 sheds and the reference number to bid by.

Start date for auction will Friday September 9, 2022 at 4:00 pm and **will end Friday SEPTEMBER 23, 2022 .**

All 3 Storage sheds with pictures will be posted individually on Musqueam Bulletins/News Facebook page.

If members cannot bid on the Musqueam Bulletins Facebook page, please submit your bid in a sealed envelope (please state which storage shed bidding on, see below pictures with label of each shed), and drop off at the Admin Office with Reception.

**Starting Bid \$100.00**

### **Rules**

All pictures will be posted separately with the label of the shed.

Please submit bid in comments section of the Musqueam Bulletins/News Facebook post.

If submitting bid in person please place your bid in an envelope and note the Storage shed you wish to bid on, seal envelope and give to receptionist at admin office, please put your contact information on envelope.

**All bids will end at 4:00 pm sharp, FRIDAY SEPTEMBER 23, 2022....on Facebook and in-person.**

Musqueam will tag the winners. If in person– bidder wins Musqueam will contact the winner.

**Shed #1—Old Preschool**



**Shed #2—Golf Course**



**Shed #3—Cultural Centre**



## Musqueam Education Notice Friday Sept 16, 2022



### SCHOOL CHEQUES—OCTOBER

OCTOBER HIGH SCHOOL CHEQUES WILL BE AVAILABLE FOR PICK UP AT THE BAND OFFICE ON THURSDAY SEPT 29TH.

POST SECONDARY WILL REMAIN DIRECT DEPOSIT.

### BC PUBLIC SCHOOLS WILL BE CLOSED MONDAY SEPTEMBER 19TH AS A DAY OF MOURNING.

WEST POINT GREY ACADEMY, IMMACULATE CONCEPTION, AND FRASER ACADEMY WILL ALSO BE CLOSED.

FOR OTHER PRIVATE SCHOOLS PLEASE CONTACT THE SCHOOL DIRECTLY TO FIND OUT IF CLASS IS IN SESSION.

### Homework Club

Homework club runs every Tuesday and Thursday from 3:30-5:30 in the Library Space. Bring your homework and join us!! Snacks will be available.



### Education Department:

Faye Mitchell, Education Manager:

[fmitchell@musqueam.bc.ca](mailto:fmitchell@musqueam.bc.ca)

April Campbell, Learning Facilitator:

[learningfacilitator@musqueam.bc.ca](mailto:learningfacilitator@musqueam.bc.ca)

Lucetta George-Grant, Education Advocate:

[education.advocate@musqueam.bc.ca](mailto:education.advocate@musqueam.bc.ca)

Cary Campbell, School Bus Driver

Ph. # 604 - 263 - 3261; Fax # 604 - 263-4212

Toll free: 1-866-282-3261

## Our next canning session will be:

**When: September 23, 2022**

**Time: 10:00am**

**Where: TBA**

**All youth 12 and over are welcome to join us.**

**Lunch will be provided.**

### SCHOOL BUS INFO

If your child(ren) is planning on riding the school bus this year, please fill out and return the MIB School Bus Form on the following page.

**Children are required to wear a mask at all times on the bus.** If your child is sick please keep them home.

**It is strongly recommended that parents/caregivers wait with their young children at the bus stop until they are on the bus.**



### Riddle:

I can travel at nearly 100 miles per hour, but never leave the room. You can cover me up, but that doesn't slow me down. You will not know if I come only once or again and again and again. What am I?

Answer: A sneeze



## MIB SCHOOL BUS FORM

PARENT/GUARDIAN INFORMATION		Date:		
Parent/Guardian's Name				
Relationship to Child				
Street Address				
City		Postal Code		
Home Phone		Work:		
Email address		Cell:		
Alternate Contact Person		Alternate ph:		
STUDENT INFORMATION:				
Student First Name		Student Surname		
Grade		Student PEN#		
Status Number		Date of Birth		
School attending (mark with a check)	<input type="checkbox"/>	Southlands Elementary	<input type="checkbox"/>	Immaculate Conception
<b>Medic Alerts:</b> (Please identify any medic alerts or special needs that the bus supervisor should be aware of)				





## MUSQUEAM INDIAN RESERVE NO. 2 SCHOOL BUS PICK-UP TIMES AND LOCATIONS

### PICK-UP ORDER AND TIME

#### Immaculate Conception

##### School (ICS)

\*Please be at bus stop by 8:00 am

- 1 8:00 am
- 2 8:14 am
- 3 8:15 am
- 4 8:20 am

ICS: 8:25 am

estimated arrival time

#### Southlands Elementary

##### School (SES)

\*Please be at bus stop by 8:30 am

- A 8:30 am
- B 8:35 am
- C 8:40 am

Southlands: 8:45 am

estimated arrival time

Property of the Musqueam Indian Band. Produced by the GIS Service Centre, September 2019

\*This map should only be used for reference purposes and should not be considered an official survey.



Scale

0 25 50 100 Meters

MAP ID: MIB\_0033\_SchoolBusRoute





x<sup>w</sup>məθk<sup>w</sup>əyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT.16, 2022 |

### Musqueam Community COVID-19 VACCINE Clinic

- Children's Vaccines and boosters
- Adult Vaccines & Boosters

stem? (what?)	ni? ʔəncə? (where?)	təmtəm? (when?)
<b>Covid-19 Immunization Clinic</b>	<b>Elders Centre</b>	<b>Sept.23, 2022 2:00 – 4:30pm</b>



- Anyone wanting their 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, or 4<sup>th</sup> dose of the Covid Vaccine
- Any children or youth aged 6 month and over needing their 1st or 2nd dose of the Covid Vaccine

**Register Monday to Friday**

*Speak to Ashlee, Arlene the Health Department*

*@ 604 263 3261*



x<sup>w</sup>məθk<sup>w</sup>əyəm

# MUSQUEAM HEALTH DEPARTMENT

## NEWSLETTER | SEPT.16, 2022 |

**Musqueam Health Department will be holding a vaccine clinic for children and babies.**

---

**stem?** (what?) Covid Vaccine for ages 6 months and up

**ni? ʔəncə?** (where?) Musqueam Elders Centre

**təmtem?** (when?) September 23, 2:30- 4:30

### More Information

Clinic staff are trained in the delivery of childhood COVID-19 immunizations, and are committed to making it a positive experience for families. Musqueam will establish a separate quiet space for children with special needs such as autism, sensory processing, or needle phobia. Older children from five years of age and above continue to be eligible for vaccination. Parents or guardians with several children will be accommodated for immunizations.

### Safety of vaccines for use in children

Although children are less likely to get severe COVID-19 infections, they can still get sick from the virus and have long-term consequences. They may also spread the infection to others.

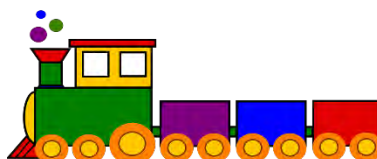
Regardless of your child's age, it is important to keep their routine immunizations other vaccine-preventable diseases up-to-date. A strong immune system can reduce the impact of COVID-19, and prevent illness from other communicable diseases. To receive the best protection, children should receive two doses with at least eight weeks between the first and second dose.

### Further information about COVID-19 immunizations for children

We will be holding an online townhall with RN Crystal Point to answer any questions or concerns you may have about vaccinating your child against Covid 19. Please stay tuned!

COVID-19 vaccination information and resources, including guidance on how to prepare children for vaccination, can be found on the BCCDC Website, or reach out to your family doctor, nurse practitioner or call 8-1-1- for health care guidance.

To make an appointment please contact: **Ashlee Point or Arlene Haldane at 604-263-3261**





x<sup>w</sup>məθk<sup>w</sup>əyəm

# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | SEPT.16, 2022 |



First Nations  
Health Authority

## WHAT YOU NEED TO KNOW ABOUT COVID-19 BIVALENT VACCINES

Now that [Health Canada has approved use of the bivalent COVID-19 vaccine](#), BC is preparing to deploy them to clinics in time for the fall booster campaign.

Many people who have had their first booster will by now be eligible for their next booster in order to maintain high levels of immunity against COVID-19 and its variant forms throughout the colder months when respiratory viruses more commonly spread. (from their last booster 6 months prior)

**Pharmacies and clinics are expected to have a supply of the bivalent vaccine by mid-to-late September.**

Have questions about the bivalent vaccines or curious about what the term “bivalent” even means? Here are some answers to common questions about this new vaccine!

### What is a bivalent vaccine?

The new vaccine developed by Moderna and approved by Health Canada—following a thorough and independent scientific review—targets not just the original COVID-19 virus, but also the Omicron variant that is found to spread more easily.

Clinical trial tests showed that this bivalent vaccine triggers a strong immune response against both the original virus strain and also Omicron subvariants.

It is important to note that all current vaccines are very effective at triggering a strong immune response against COVID-19 and all known variants, and that you do not need a bivalent vaccine to be protected against COVID-19.

### Who can receive a bivalent vaccine? When can I get one?

Everyone who is 18 years of age and older can receive the bivalent vaccine, as well as those 12 to 17 who are at increased risk with specific medical conditions.

To be eligible to receive a booster you should have received your last dose more than six months ago and have not had a COVID-19 infection in the past three months.

Canada will receive 12 million doses of bivalent vaccine from Moderna, with provinces expected to receive shipments over the next few days in order to run clinics in September and throughout October.

We expect to have sufficient supply of the bivalent vaccine for all who wish to receive it this fall.

### I don't want a bivalent vaccine or a mRNA vaccine but I want to be protected against COVID-19. What are my options?

The bivalent uses mRNA technology—the same vaccine delivery method used safely in hundreds of millions of vaccinations worldwide.



x<sup>w</sup>məθk<sup>w</sup>əyəm

# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | SEPT.16, 2022 |

## COMMUNITY HEALTH COVID-19:

**Rapid antigen testing kits** are free for residents of B.C. 18 years and older who have a Personal Health Number (PHN).

1 kit contains 5 individual tests. You are allowed 1 kit every 28 days. This makes sure that everyone who wants a kit can get one. You can't pay for additional kits.

A test should only be used by people who develop symptoms of COVID-19 and want to confirm a positive or negative result. The tests are not suitable for international travel requirements.

**Pharmacy staff will:**

- Ask for your PHN. You can find your PHN on the back of your B.C. driver's license, BC Services Card or Care Card

A pharmacy should never ask you to pay for a kit. Members residing off reserve may now pick up a test kit at their local pharmacy.

You can pick up a kit for someone else, like a parent or grandparent. Make sure you know their full name, date of birth and PHN, the pharmacist will ask you for that information.

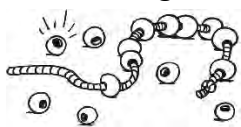
**Travel:** if you choose to travel and are required to self-isolate by the Canadian Border Services, this is your responsibility and Musqueam Health Department does not provide supports, please make prior arrangements with your family and friends.

### Youth Centre

September 19<sup>th</sup>-23<sup>rd</sup>

Youth Centre- **604-269-3452** Cell Phone **604-360-9171**

Email: [youthcentre@musqueam.bc.ca](mailto:youthcentre@musqueam.bc.ca)

Monday Sept 19 <sup>th</sup> syəlewətnet	Tuesday Sept 20 <sup>th</sup> sθəmants	Wednesday Sept 21 <sup>st</sup> słix <sup>w</sup> s	Thursday Sept 22 <sup>nd</sup> sɣaʔaθəns	Friday Sept 23 <sup>rd</sup> słqecəss
<b>Beaded Bracelet Making</b> 	<b>Origami</b> 	<b>Pool Night</b> 	<b>Painting Night</b> 	<b>Movie Night</b> 

**Youth Centre will be open from 2:00 pm—9:00 pm Monday—Friday**

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**



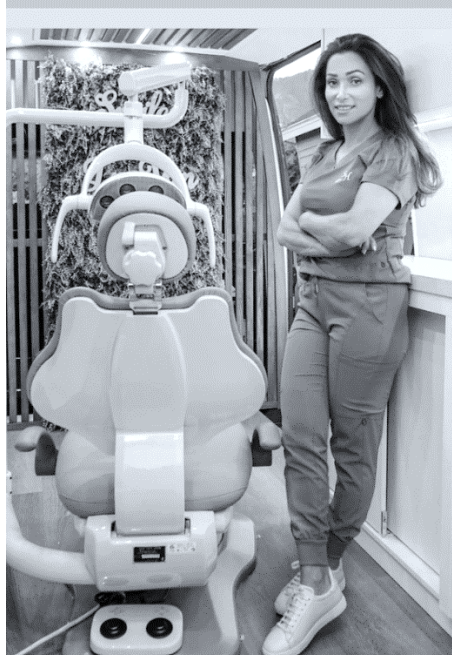


x<sup>w</sup>məθk<sup>w</sup>əyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT.16, 2022 |

## Dental Services at Musqueam in September



What: Dental Hygienist  
When: Thursday, September 29th  
Where: Community Centre

To book an appointment  
with the dental hygienist, call:

**604-340-8442**

What: Denturist  
When: Wednesday, September 14th  
Where: Elders Centre Medical Office

To book an appointment  
with the denturist, call:

**604-558-4867**





x<sup>w</sup>məθk<sup>w</sup>əyəm

## MUSQUEAM HEALTH DEPARTMENT

### NEWSLETTER | SEPT.16, 2022 |

#### MWSU MENTAL WELLNESS COUNSELLOR

*Janice Cross*

This confidential counseling services are available Monday-Friday: 8:30- 4:00pm to our Musqueam people via phone or virtually. Call or email to and set up a time to talk to Janice Cross.

**Email:** [mentalwellness@musqueam.bc.ca](mailto:mentalwellness@musqueam.bc.ca)

**For Private Counseling Call: 236-558-9977**

#### ART THERAPY FOR CHILDREN, YOUTH & ADULTS

*Janice Carroll, RCAT*

I am available Monday to Thursday from 8:30am-4:30pm, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.

I can be reached by: **Cell:** 778-829-0242 | **Email:** [jcarroll@musqueam.bc.ca](mailto:jcarroll@musqueam.bc.ca)

#### MUSQUEAM PATIENT NAVIGATOR

I am available to assist and support community members on their healthcare journeys.

If you have any questions regarding your health care coverage, FNHA Benefits, or need assistance filling out medical forms for example Jordan's Principel please do not hesitate to contact me.

I am available Monday-Friday from 8:30am to 4:30pm.

Lisa Mitchell, Musqueam Patient Navigator. Phone: 604-764-5349 or email: [navigator@musqueam.bc.ca](mailto:navigator@musqueam.bc.ca)

#### SAFE DRINKING WATER MONITORING PROGRAM

*Charlene Campbell-Wood*

##### **First Nations Safe Drinking Water**

##### **Run Until Cold**

Run Until Cold Contact your Environmental Health Officer for more information: [environmental.health@fnha.ca](mailto:environmental.health@fnha.ca)  
Sometimes, tap water can contain small amounts of lead and copper, which can have long-term health effects during the early years for infants and children. That risk can be reduced by running cold water for 15 to 30 seconds before drinking





x<sup>w</sup>məθk<sup>w</sup>əyəm

# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | SEPT.16, 2022 |

## MUQUEAM ELDERS

*Brenda Campbell, Elders Coordinator*

Ph: 604 263 – 6312



### Ladies Night

Every Tuesday

Time: 6-8pm

Location: Elders Centre



### Next Elder's Luncheon:

Wednesday, Sept.21

Time: 12:00 Noon

Location: Elders Centre



### Elders Chair Exercise

Thursday Sept.22, 2022

Time: 1-2pm

Location: Elders Centre

## ELDER'S LUNCHEON

The Health Department will be attending the Elder's Luncheon on Wednesday, September 21<sup>st</sup> to share with you some of the different services available through the Primary Care Clinic.

Currently we have providers coming to the community to offer the following services:

- Denturist
- Hygienist

We are actively working with the following providers to get them set up in the community:

- Dentist
- Audiologist
- Pediatrician

We would like to take this opportunity to address any questions or concerns you may have, and this will give you a chance to provide your feedback.

We look forward to seeing you!





x<sup>w</sup>məθk<sup>w</sup>əyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT.16, 2022 |



Burnaby  
Orthopaedic  
& Mastectomy

300-6411 NELSON AVENUE

BURNABY, BC V5H-4H3

TEL: 604-436-6092

## BURNABY ORTHOPAEDIC

Will be at the **Musqueam Community Center** in the **Yoga Room** on **Sept.21, 2022** from **10:00am-4:00pm**

*Do you have a doctor's note for the following items?*



**\*\*Prescriptions from a family doctor, an orthopaedic surgeon, and a nurse practitioner are accepted\*\***

All items are covered under First Nations Health Authority

Burnaby Orthopaedic services include:

- Custom Foot Orthotics
- Custom Knee Braces
- Wrist, Elbow, Back, and Ankle Braces
- Lymphedema Arm Sleeves and Gloves
- Breast Forms and Mastectomy Bras ...and more!

*Inquire and schedule an appointment:*

*Arlene (604) 269-3354*

[www.burnabyorthopaedic.com](http://www.burnabyorthopaedic.com)



x<sup>w</sup>məθk<sup>w</sup>əyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | SEPT.16, 2022 |



## MUSQUEAM HEALTH / NNADAP DEPT.

| Nicolette Moore | 236-558-8482

October 6<sup>th</sup> 2022

### 2<sup>nd</sup> Harm Reduction Event & Live Concert

**Where:** Musqueam Community Center Gym (6777 Salish Dr)

**When:** October 6<sup>th</sup> 2022

**Time:** 3 - 7pm Community Engagement, Speakers, Bar B Q Dinner & Traditional deserts/drinks

7 – 9pm Live Concert by Local Celebrities to Celebrate sobriety and Healthy Living

Hey everyone:

We are excited to announce we have rebooked our Second Harm Reduction Event & even more excited to present our first ever Live Sober concert with a lineup second to none Artists such as Dani & Lizzy, HK, Sekawnee, Dj Rex Smallboy,. Kapok, Kehill, Kin Balam, Zofia, Mz Shellz,

*We will have Door prizes / incentives for our Musqueam Participation*





x<sup>w</sup>məθk<sup>w</sup>əyəm

# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | SEPT.16, 2022 |

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

THE MUSQUEAM NNADAP TEAM AND MUSQUEAM PRIMARY CARE CLINIC MEDICATION SUPPORT FOR ADDICTION

## Harm Reduction supplies Available

Please Contact



**Nicolette:** 236-558-8482 (Hours 8:30 -4:30 Mon to Fri )

**Brad:** 604-269-3454 (Hours 6-9 pm Wed – Fri & 1-5 pm Sat & Sun)

Or you can also contact the Musqueam Clinic for a kit

We have drug testing kits ~Nasal & needle naloxone ~clean units ~

Addiction education~ treatment or detox support &

1-1 counselling

If you or someone you know would benefit from the harm reduction gear please contact us, were here to help the community stay safe. Test your drugs if you're unsure, keep a kit you could save a life.



x<sup>w</sup>məθk<sup>w</sup>əyəm

# MUSQUEAM HEALTH DEPARTMENT

## NEWSLETTER | SEPT.16, 2022 |



### MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

*(Clinic closed 12:00pm – 1:00pm for lunch)*

Monday Sept. 19	Tuesday Sept. 20	Wednesday Sept. 21	Thursday Sept. 22	Friday Sept. 23
Dr. Lesperance, GP	Dr. Dumont, GP	NO PHYSICIAN ON SITE	NO PHYSICIAN ON SITE	Dr. Lesperance, GP
9:30am - 3:30pm	9:30am - 3:30pm			9:30am - 3:30pm

### Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



**Missed your telehealth or in-person appointment?** Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



**Naloxone kits available.** (Injectable or Nasal Spray)  
Please check to see if your current kit has expired.  
Naloxone training on Wednesdays by appointment only.



**Prescription running low?** Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



**Influenza 'Flu' vaccines** available, call the clinic to schedule an appointment.



Our clinic has reached capacity; however, we are doing our best to accommodate the waitlist. Call the clinic to be added to the **patient waitlist**. Please note that we are **no**

#### Alternate Resources

#### **FNHA Virtual Doctor of the Day**

Call **1-855-344-3800** to book an appointment.

Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

*Available to First Nations people and their family members,*

*even if those family members are not Indigenous.*

#### **Walk-In Clinics Nearby**

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42<sup>nd</sup> Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>



## The Wisdom of the Elder's, Knowledge Keepers, Healers - FNAPCN Strategy Planning Day

**Date:** Thursday, September 22, 2022

**Location:** Tsleil-Waututh Nation Community  
Centre

3010 Sleil-Waututh Rd – North Vancouver

**Time:** 8 am – 2pm

*\*Continental breakfast and lunch provided*

*\*Transportation: Please contact Jackie (780) 952-8063*





x<sup>w</sup>məθk<sup>w</sup>əyəm

# MUSQUEAM HEALTH DEPARTMENT

## NEWSLETTER | SEPT.16, 2022 |

### COMMUNITY HEALTH

#### MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. **One** per family
- Welcome gift for your new baby

**Due to Public Health Guidelines**, the Pre-Natal program is currently not meeting in person.

Please call Arlene Haldane, Assistant to register for the Prenatal Program, call **Arlene Haldane**:

Phone: 604 269 3354

Email: [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

### MUSQUEAM HOME & COMMUNITY CARE PROGRAM

*Romeo Cosio, RN, Musqueam Home Care Nurse & Arlene Haldane, Assistant.*

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

**HOME CARE CLIENTS:** If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,

**Home Care Nurse Romeo's Office Hours:** Monday, Wednesday - Friday from 8:30-5:30 Tuesdays - Off

**Phone:** 604-269-3463

**Email:** [homecare@musqueam.bc.ca](mailto:homecare@musqueam.bc.ca)

**Arlene Haldane:** Monday – Friday 8:30-4:30

Phone: 604 269 3354

Email: [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

\*If there is no answer please leave a message.

**\*For Emergencies Call 911 \***



THE CHAN CENTRE FOR THE PERFORMING ARTS, IN COLLABORATION WITH MUSQUEAM PRESENT

# ʔəməi ce:p xʷiwəl

## Come Toward the Fire

ARTWORK BY CHASE GREY

  
FREE, outdoor  
activities with  
food trucks  
vendors, and  
workshops

SEP  
17

Julian Taylor • PIQSIQ • Miss Christie Lee  
and Lady Sinncere • Indigenous Enterprise  
Carsen Gray • Russell Wallace's Tillicum Shantie  
DJ O Show • Sekawnee and Sekoya Baker  
Noah Crawford • Debra Sparrow  
Tsatsu Stalqayu / Coastal Wolf Pack

CONCERTS FREE FOR INDIGENOUS PEOPLE (SEP 17 ONLY)

SEP  
18

Buffy Sainte-Marie