



## Musqueam Community Newsletter

FRIDAY SEPTEMBER 23, 2022

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

### THE CHILDREN'S HOUSE

Daycare Hours: Monday—Friday 7:45am—5:00 pm

Preschool Hours: Monday—Friday 9am—3pm

The Children's House phone # : 604-269-3302

Renee Stogan: Manager / Email: [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)

### VACCINE FOR AGES 6 MOS. AND UP

Musqueam Elders Centre

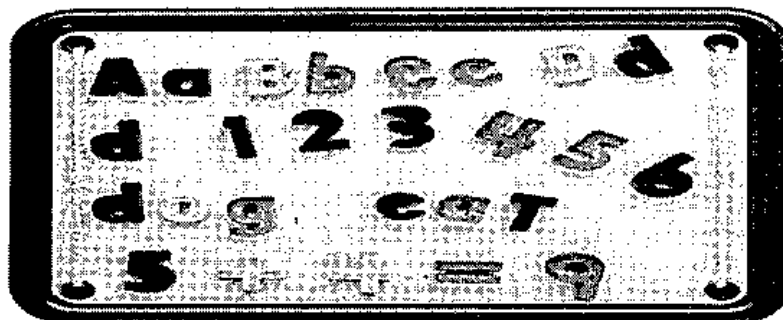
September 23, 2022

2:30 PM—4:30 PM

Renee Stogan : [childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca) T: 604-269-3302

Preschool Staff: Ernestine Herman, Sherry Point, Stacy George

Infant/Todder Staff: Kelly Herman, Christy Friesen, Alice Stogan



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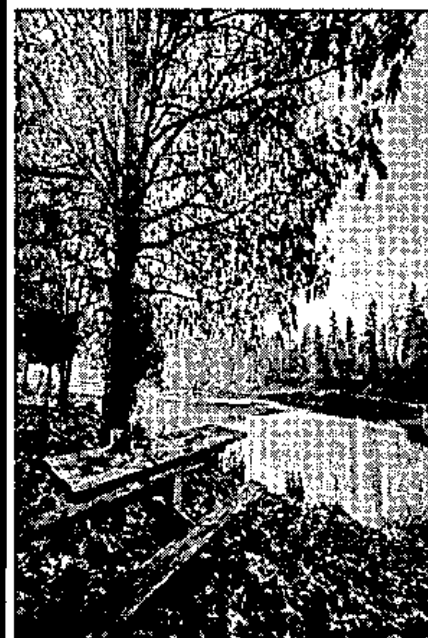
T&R DAY—3

HOUSING DEPT.—4-6

HEALTH DEPT.—7-14

MOA—15-17

Remaining News—18-21



### ST. MICHAEL'S CHURCH

Please join us every  
Sunday @ 1:00 PM.  
For Mass.

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## MUSQUEAM 101

stem? (what?) Musqueam 101, Wednesday, September 28



### ***Inclusion, Reconciliation, and Decolonization in Indigenous-led Genomics***

Please join us for a conversation about the roles of science and technology in the colonization of Indigenous peoples and Indigenous involvement in science and technology.

**Presenter:** Professor Kim TallBear (Sisseton-Wahpeton Oyate) is the Canada Research Chair in Indigenous Peoples, Technoscience and Society at the University of Alberta. Descended from the Cheyenne and Arapaho Tribes of Oklahoma TallBear was raised on the Flandreau Santee Sioux Reservation in South Dakota as well as in St. Paul, Minnesota.

### **ni? ʔəncə? (where?)**

Musqueam Elders' Centre

### **təmtəm? (when?)**

Wednesday, September 28. Dinner will be served at 6:00 p.m. with the presentation starting at 7:00 p.m.

**PLEASE JOIN US!**

# TRUTH & RECONCILIATION DAY

**Friday, September 30**

Band office closed for federal statutory holiday.

Musqueam community members are invited to a two-part event to honour our loved ones who attended Indian residential schools.

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## **Community Lunch**

*Musqueam only*

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11am - 1pm

Cultural Centre

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## **Renaming Ceremony**

*Public*

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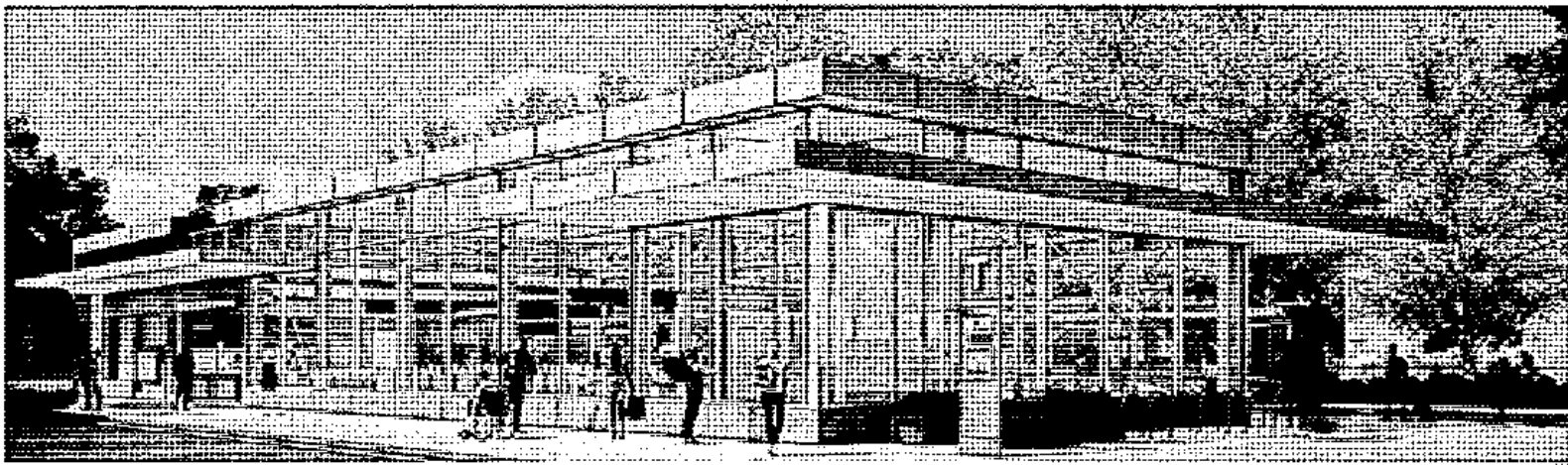
1pm - 3pm

Community Centre Gym

Musqueam is gifting a new name to the City of Vancouver to replace Trutch Street in Kitsilano.

# CALL FOR MUSQUEAM ARTISTS

## BROADWAY SUBWAY PROJECT Arbutus Station



## FOUR OPPORTUNITIES

**1**

**2D METAL FENCE ART**  
\$53,000

**2**

**3D SCULPTURE**  
\$100,000

**3**

**3D SUSPENDED SCULPTURE**  
\$125,000

**4**

**GLASS ART**  
\$296,000

**Application deadline: October 14, 2022**

[www.musqueam.bc.ca/call-for-artists](http://www.musqueam.bc.ca/call-for-artists)

# MUSQUEAM HOUSING DEPARTMENT

The Musqueam Housing Department would like to remind our Social Housing and Section 95 Tenants that should you have Tenants move in and/or move out that you are to advise the Housing Department per the signed Rental Agreement. Each Tenant is responsible for contributing towards the monthly rent to the Musqueam Indian Band. Rent is due on the first of each month. The acceptable forms of payment are as follows:

**Pre-authorized Debit (PAD):** If you would like to set up direct debit, we can provide you with the required document.

**E-transfers are acceptable:** [etransfer@musqueam.bc.ca](mailto:etransfer@musqueam.bc.ca) please include your name and address

**Certified Cheque or Money Orders:** can be dropped off at the office or mailed.

**Cash payments:** schedule with Ronette  
Tuesday & Friday 9-12 or Wednesday & Thursday **1pm-4pm.**  
or payroll deduction for Musqueam Indian Band Employees

We encourage that you do e-transfer or PAD due to the pandemic.

**Please keep in mind you need to continue to keep in contact with Housing Department to update us on NEW Telephone number, Email Address, and occupancies in the home.**

**Thank you!**

**The Musqueam Housing Department 604-269-3381**

**Housing front desk Admin:** William Fraser

**Housing Manager:** Desirae Fraser

**Housing Executive Assistant:** Kerri Timothy

**Housing Accountant:** Lenny Kishi

**Housing Admin Assistant:** Brittany Point

**Housing Tenant Relations:** Ronette Stogan

**Maintenance:** Tyson Nahanee & Joey Charles

# MUSQUEAM HOUSING DEPARTMENT

## FURNACE, HOTWATER TANK, THERMOSTAT MAINTENANCE

**Furnace** – Keep the area around the furnace clear of any debris, dirt and dust. Check the filter every six months to ensure the filter is not clogged and is able to breathe freely. Please make sure that the filter is the correct size for your furnace. Having the wrong size filter could cause the furnace to prematurely wear and malfunction. If you have a re-usable filter, wash it every six months and make sure that it is 100% dry before re-installing. If the pilot light goes out, read the lighting instructions and follow the step by step instructions to re-light.

**Hot Water Tank** – Check for any leaks from connections (TPR valve, drain valve or shut off valves). Make sure the tank is not covered in dust, debris or clutter. If the tank is in a confined space, be sure the door(s) are vented. If there is a skirt on the bottom of the tank, check and clean when necessary. If the tank shuts off, follow the Manufacturers' instructions and follow the step by step instructions to re-light.

**Thermostat** – Before turning on your thermostat for the year please replace your batteries.

Musqueam Housing Department 604-269-3381

### HOUSING STAFF:

Housing Administration Assistant Front Desk: William Fraser

Housing Manager: Desirae Fraser

Housing Executive Assistant: Kerri Timothy

Housing Accountant: Lenny Kishi

Housing Admin Assistant: Brittany Point

Housing Tenant Relations: Ronette Stogan

Maintenance: Tyson Nahanee & Joey Charles



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# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | SEPT.23, 2022 |

## COMMUNITY HEALTH COVID-19:

**Rapid antigen testing kits** are free for residents of B.C. 18 years and older who have a Personal Health Number (PHN).

1 kit contains 5 individual tests. You are allowed 1 kit every 28 days. This makes sure that everyone who wants a kit can get one. You can't pay for additional kits.

A test should only be used by people who develop symptoms of COVID-19 and want to confirm a positive or negative result. The tests are not suitable for international travel requirements.

**Pharmacy staff will:**

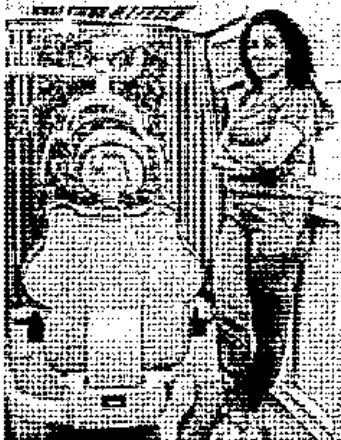
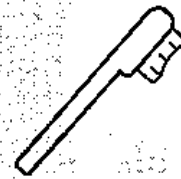
- Ask for your PHN. You can find your PHN on the back of your B.C. driver's license, BC Services Card or Care Card

A pharmacy should never ask you to pay for a kit. Members residing off reserve may now pick up a test kit at their local pharmacy.

You can pick up a kit for someone else, like a parent or grandparent. Make sure you know their full name, date of birth and PHN, the pharmacist will ask you for that information.

**Travel:** if you choose to travel and are required to self-isolate by the Canadian Border Services, this is your responsibility and Musqueam Health Department does not provide supports, please make prior arrangements with your family and friends.

### Dental Services at Musqueam in September



What: Dental Hygienist  
When: Thursday, September 29th  
Where: Community Centre

To book an appointment  
with the dental hygienist, call:

**604-340-8442**



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## MUSQUEAM HEALTH DEPARTMENT

### NEWSLETTER | SEPT.23, 2022 |

#### MUSQUEAM MENTAL WELLNESS COUNSELLOR

*Janice Cross*

This confidential counseling services are available  
Monday-Friday: 8:30- 4:00pm to our Musqueam people  
via phone or virtually. Call or email to and set up a time  
to talk to Janice Cross.

Email: [mentalwellness@musqueam.bc.ca](mailto:mentalwellness@musqueam.bc.ca)

For Private Counseling Call: 236-558-9977

#### ART THERAPY FOR CHILDREN, YOUTH & ADULTS

*Janice Carroll, RCAT*

I am available Monday to Thursday from 8:30am-  
4:30pm, for phone calls, emails or text conversations,  
and also, I can hold sessions via Zoom.

Email: [jcarroll@musqueam.bc.ca](mailto:jcarroll@musqueam.bc.ca)

Cell: 778-829-0242

#### MUSQUEAM PATIENT NAVIGATOR

I am available to assist and support community members on their healthcare journeys.

If you have any questions regarding your health care coverage, FNHA Benefits, or need assistance filling out medical forms for example Jordan's Principel please do not hesitate to contact me.

I am available Monday-Friday from 8:30am to 4:30pm.

Lisa Mitchell, Musqueam Patient Navigator. Phone: 604-764-5349 or email: [navigator@musqueam.bc.ca](mailto:navigator@musqueam.bc.ca)

#### SAFE DRINKING WATER MONITORING PROGRAM

*Charlene Campbell-Wood*

#### Where does Vancouver tap water come from?

Water from both Seymour and Capilano are treated at the Seymour-Capilano Filtration Plant, while water from Coquitlam is treated at the Coquitlam Water Treatment Plan. Water from Seymour and Capilano comes from the steep North Shore Watersheds, which carry heavy particles from erosion during heavy rains. Filtration removes these particles. On the other hand, water from the Coquitlam Watershed is much more clear even during heavy rain. Filtration is not needed, and ozone is used to remove iron, manganese, taste, odors, sulfur without adding chemicals.– ozone and UV provide excellent water treatment for this source. Both treatment plants use UV to kills bacteria and viruses, and add Chlorine to keep the water disinfected as it enters the distribution system.

An additional eight rechlorination stations control chlorine levels as water moves away from the primary treatment plants. The closer you are to one of these, the higher chances water will taste poorly.

Once water enters Vancouver's distribution system, it is tested from 53 dedicated water sampling stations. Water must comply with the health standards set out in the *BC Drinking Water Regulation*.





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## MUSQUEAM ELDERS

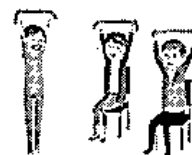
Brenda Campbell, Elders Coordinator  
Ph: 604 263 – 6312



**Ladies Night**  
Every Tuesday  
Time: 6-8pm  
Location: Elders Centre



**Next Elder's Luncheon:**  
Wednesday, Oct.5  
Time: 12:00 Noon  
Location: Elders Centre



**Elders Chair Exercise**  
Thursday Oct.6, 2022  
Time: 1-2pm  
Location: Elders Centre

## LAND-BASED HEALING PROGRAM

Patricia Isaak

The official garden harvest from UBC Farm has ended for the season. There will still be some fall harvest available in the garden, if you would like to collect some for your family please feel free to visit the garden. Thanks to Jeri Sparrow, Kymberlee Stogan, Tyee Louis and many volunteers who were able to make this season possible:

Our wonderful garden worker Tyee Louis is moving on to another exciting opportunity with "Roots and Shoots" Tyee has been a dedicated worker at the farm this season. "Roots and Shoots" is a hands-on land stewardship program in East Vancouver. Congrats Tyee!





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**MUSQUEAM HEALTH DEPARTMENT**  
**NEWSLETTER** | SEPT.23, 2022 |

## MUSQUEAM HEALTH / NNADAP DEPT.

| Nicolette Moore | 236-558-8482

**October 6<sup>th</sup> 2022**

### 2<sup>nd</sup> Harm Reduction Event & Live Concert

**Where:** Musqueam Community Center Gym (6777 Salish Dr)

**When:** October 6<sup>th</sup> 2022

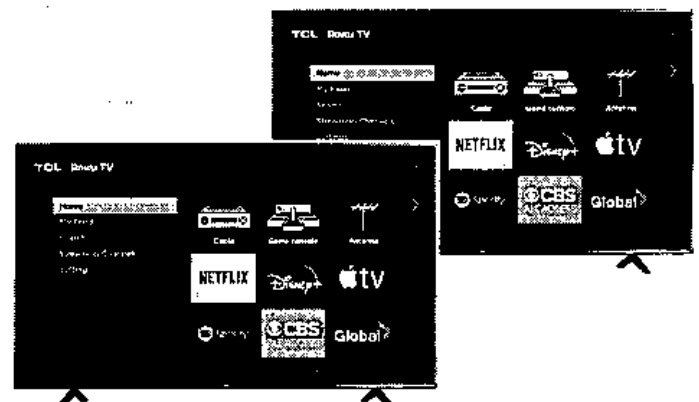
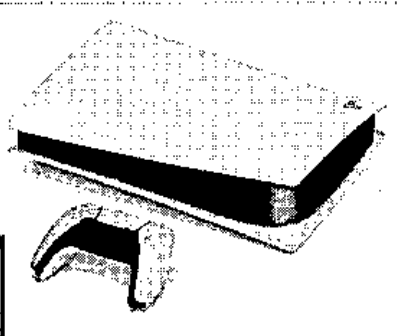
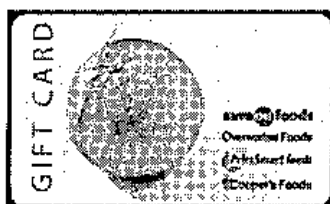
**Time:** 3 - 7pm Community Engagement, Speakers, Bar B Q Dinner & Traditional deserts/drinks

7 – 9pm Live Concert by Local Celebrities to Celebrate sobriety and Healthy Living

Hey everyone:

We are excited to announce we have rebooked our Second Harm Reduction Event & even more excited to present our first ever Live Sober concert with a lineup second to none Artists such as Dani & Lizzy, HK, Sekawnee, Dj Rex Smallboy,. Kapok, Kehill, Kin Balam, Zofia, Mz Shellz,

*We will have Door prizes / incentives for our Musqueam Participation*





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**MUSQUEAM HEALTH DEPARTMENT**  
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MUSQUEAM NADAP NATIVE ALCOHOL & DRUG ABUSE PROGRAM/TEAM

THE MUSQUEAM NNADAP TEAM AND MUSQUEAM PRIMARY CARE CLINIC MEDICATION SUPPORT FOR ADDICTION

## Harm Reduction supplies Available

Please Contact



**Nicolette:** 236-558-8482 (Hours 8:30 -4:30 Mon to Fri )

**Brad:** 604-269-3454 (Hours 6-9 pm Wed – Fri & 1-5 pm Sat & Sun)

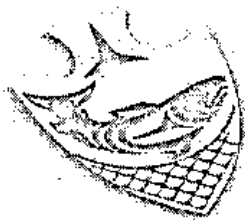
Or you can also contact the Musqueam Clinic for a kit

We have drug testing kits ~Nasal & needle naloxone ~clean units ~

Addiction education~ treatment or detox support &

1-1 counselling

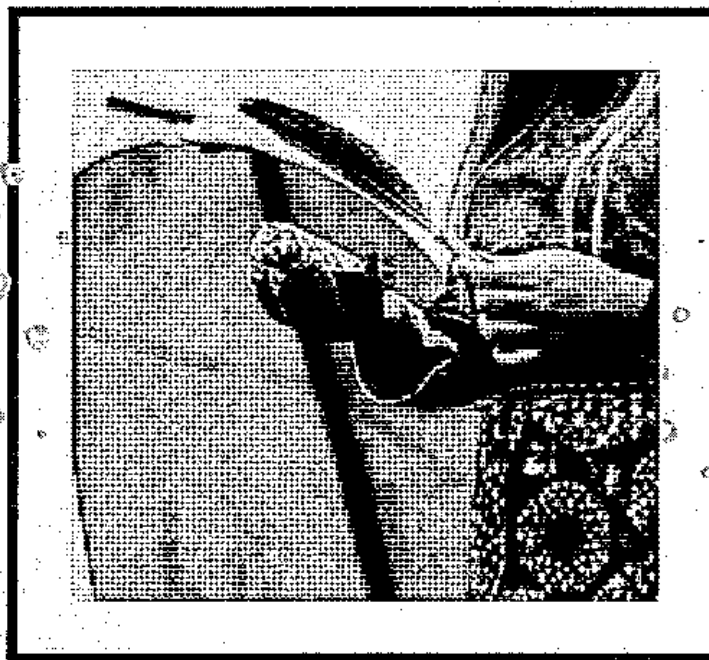
If you or someone you know would benefit from the harm reduction gear please contact us, were here to help the community stay safe. Test your drugs if you're unsure, keep a kit you could save a life.



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**MUSQUEAM HEALTH DEPARTMENT**  
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**WHERE YOUTH LEAD.**



Young Bears Lodge is a culturally-based, holistic healing lodge for Indigenous youth, ages 13-18, looking to make changes to their relationship with drugs or alcohol.

For more information, please contact:  
Emily Hodgson  
Intake & Residential Care Counsellor  
[ybl.intake@unya.bc.ca](mailto:ybl.intake@unya.bc.ca)  
604-322-7577

**Now accepting referrals!**



Urban Native Youth  
Association



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## MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

*(Clinic closed 12:00pm – 1:00pm for lunch)*

Monday Sept. 26	Tuesday Sept. 27	Wednesday Sept. 28	Thursday Sept. 29	Friday Sept. 30
Alexa Lesperance, GP  9:30am – 3:30pm	Dr. Dumont, GP  9:30am – 3:30pm	NO CLINICIAN ON SITE	NO CLINICIAN ON SITE	CLINIC CLOSED FOR TRUTH AND RECONCILIATION DAY

### Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



**Missed your telehealth or in-person appointment?** Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



**Naloxone kits available.** (Injectable or Nasal Spray)  
Please check to see if your current kit has expired.  
Naloxone training on Wednesdays by appointment only.



**Prescription running low?** Please book an appointment a few days in advance. Or, ask your pharmacy to send us a refill request.



**Influenza 'Flu' vaccines available,** call the clinic to schedule an appointment.



Our clinic has reached capacity; however, we are doing our best to accommodate the waitlist. Call the clinic to be added to the **patient waitlist**. Please note that we are **no**

### Alternate Resources

#### FNHA Virtual Doctor of the Day

Call 1-855-344-3800 to book an appointment.

Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

*Available to First Nations people and their family members,  
even if those family members are not Indigenous.*

#### Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42<sup>nd</sup> Avenue (Kerrisdale)

Check wait-times for BC Walk-In Clinics at <http://medimap.ca>



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## MUSQUEAM HEALTH DEPARTMENT

### NEWSLETTER | SEPT.23, 2022 |

#### COMMUNITY HEALTH

#### MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- Nursing pads, as needed
- A one-time gift of an Electric Breast pump. One per family
- Welcome gift for your new baby

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person.

Please call Arlene Haldane, Assistant to register for the Prenatal Program, call **Arlene Haldane**:

Phone: 604 269 3354

Email: [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

#### MUSQUEAM HOME & COMMUNITY CARE PROGRAM

*Romeo Cosio, RN, Musqueam Home Care Nurse & Arlene Haldane, Assistant.*

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,

**Home Care Nurse Romeo's Office Hours: Monday, Wednesday - Friday from 8:30-5:30 Tuesdays - Off**

Phone: 604-269-3463

Email: [homecare@musqueam.bc.ca](mailto:homecare@musqueam.bc.ca)

**Arlene Haldane: Monday – Friday 8:30-4:30**

Phone: 604 269 3354

Email: [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

\*If there is no answer please leave a message.

**\*For Emergencies Call 911 \***

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NEWS**

## **Come to MOA for Reconciliation Day Events**

Join MOA this month for events to commemorate the National Day for Truth and Reconciliation and Orange Shirt Day. This important day is now held annually on September 30 in Canada to raise awareness and honour residential school survivors and their families. Wearing orange is encouraged.

Here are ways you can learn more, participate and honour the occasion at MOA:

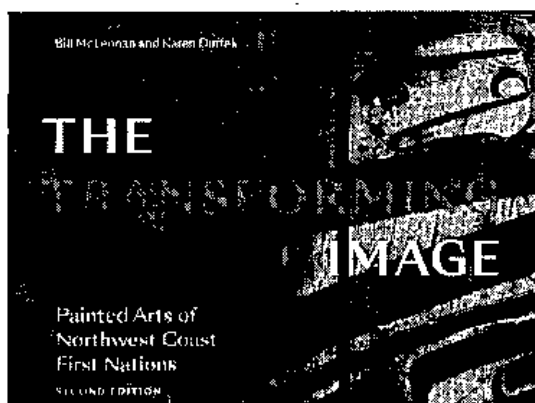
### **Culture Club at MOA: Honour with Orange**

Family-friendly drop-in for storytelling and lantern-making

**September 25 | 11 am – 12:30 pm**

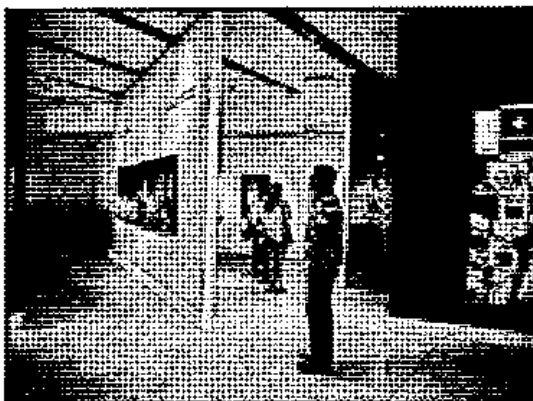
[Subscribe](#)[Past Issues](#)[Translate ▼](#)**Sound House: Honouring with Orange**

Performances by Tsatu Stalqayu (Coastal Wolf Pack) and Spakwus Stolem

**September 29 | 7 pm****\$20 (includes museum admission) | Free for Indigenous Peoples**[Join Us](#)**Announcing New Event at MOA:****Book Launch:*****The Transforming Image: Painted Arts of Northwest Coast First Nations***

Join MOA to celebrate the second edition of the acclaimed book, *The Transforming Image: Painted Arts of Northwest Coast First Nations*.

Remarks from MOA Director Susan Rowley, author Karen Duffek and contributor Lyle Wilson (Haisla) will be followed by book signing and refreshments. Copies of the book will be available in the MOA Shop for \$65.

**October 6 | 4:30 – 6 pm****Free (museum admission not included)**[Join Us](#)**More MOA Events + Programs****Exhibition Artist Talks:  
Xicanx Speaks!****A Conversation with Yū Miri:  
Voices from Fukushima**



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series, *Xicanx Speaks!*, featuring artists from *Xicanx: Dreamers + Changemakers*.

The inaugural event invites Chicana artists from the United States: Judith F. Baca, Sarah Castillo and Kathy Vargas. Learn more from artists who are confronting the critical issues of our time such as racism, diversity and identity.

**September 24 | 2 – 4 pm**

**In-person at MOA + Online via Zoom**

**Free with museum admission**

conversation with Yū Min, entitled "Minamisoma Medley": Weaving Together Voices from Fukushima / 柳美里対談「南相馬メドレー」福島から声をつむぐ. This event is part of MOA Curator Fuyubi Nakamura's project and 2021 exhibition at MOA, *A Future for Memory: Art and Life After the Great East Japan Earthquake*.

**October 5 | 5 – 7 pm**

**UBC Asian Centre Auditorium, 1871 West Mall**

**Free, registration required.**

[Join Us](#)

[Register Now](#)

## MOA Shop



### 2022 Edition: "Every Child Matters" Shirts

Pick up your 'Every Child Matters' shirt at the MOA Shop in time for Orange Shirt Day on September 30.

This year's t-shirts are designed by xʷməθkʷəy̓əm (Musqueam) artist Darryl Blyth. The shirt is a visual reminder that all children have rights, deserve to be loved, and that every child matters.

All net proceeds will be donated to the [Indian Residential School Survivors Society](#).

Available in S–XXL. \$21.95/each.

[Shop Online Now](#)

Photo credits (top to bottom): 1) Photo by Xinyue Liu—Vandocument, 2) Cover design of *The Transforming Image*, 3) Photo by Sarah Race, 4) Photo courtesy of Yū Min, 5) Photo courtesy of the MOA Shop.

**MOA acknowledges that it is built on  
the traditional, ancestral and unceded land of the Musqueam people.**

## Social Development Dept.



## ISSUE

September 23, 2022

**October 2022 cheque issue day will be issued on**

**Thursday September 29th 2022 8:30am -12noon - 1pm- 4:30pm**

**Please bring in renewal slips and job search forms to the admin bldg.**

If you require continued assistance, please bring in your ***renewal slip and job search forms a.s.a.p.*** the 20th has past. For your convenience there is a mailbox by the back door of administration building.

If you are not on direct deposit please reconsider at this time and bring us a void cheque and or a direct deposit form from your bank .

If you are eligible for your bills (hydro, gas and phone) to be paid please bring in a.s.a.p. We cannot pay them if you do not provide your bills.

Thank you,

From Your Social Development Dept.



## CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

### PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

### OFFICE USE ONLY

Administering Authority (AA) and Number:

Name of Worker:

Date Declaration Reviewed:

### Child

Last Name

First Name

Middle Name

1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance?

☐ Yes

☐ No

2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home?

☐ Yes

☐ No

If yes, explain change(s):

3. Are there any changes in the amount of financial contribution to the COPH Assistance child?

☐ Yes

☐ No

If yes, explain change(s) to the amount:

4. Are there other changes concerning the COPH Assistance child or the information provided by the relative?

☐ Yes

☐ No

If yes, explain change(s):

### 5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED

New Address

Telephone ( )

Mailing Address (if different)

### DECLARATION

I declare that the information that I have provided on behalf of \_\_\_\_\_ is true and complete.

(Child's Name)

I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.

Relative's Signature

Relative's Name (Print)

Date Signed

# Musqueam Indian Band

## Active Job Search Statement

List dates, names and phone numbers of employers seen and results of job interviews. When completed, Sign the declaration at the bottom of this form.

**Please return no later than the 20<sup>th</sup> of every month**

Date contact made with Employer	Business name and address	Person contacted	Phone Number Or email	Type of Work sought	Results of your request for a job

If you have taken No Action to find Employment, Indicate **why**:

☐ Found work      ☐ Sick or Incapable (Need a Dr's note)      ☐ Other (explain) \_\_\_\_\_

☐ Pregnancy      ☐ Attending a course of Instruction – Where? \_\_\_\_\_

**Declaration:** I declare that All Employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true.

I understand that confirmation of my contacts may be obtained from Employers whose names I have shown

Printed name of Claimant:	Signature of Claimant:	Date:
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