



Musqueam Community Newsletter

Friday—February 3, 2023

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

MUSQUEAM HUMAN RESOURCES DEPT.

Please note the following open positions – job opportunities!

- Full time Community Health Nurse
- Census Data Collector Part Time / Casual
- Full Time Projects Analyst
- Full Time Projects & Agreements Coordinator
- Casual Employment Opportunities

Please email Human Resources Manager Kia Coles @ kcoles@musqueam.bc.ca your resume for immediate consideration!



hay čx^w qə

Inside this Issue:

Musqueam 101—1

MCC Open House—2

Roberts Bank Terminal Field
Programs 3—6

MIB Education Dept—7-8

MIB Employ & Train —8-9

Health—10-19

Musqueam Youth —20-21

MIB Lands Draft Subdivision
& Service Law -22-23



**Please come and join
us for Mass at**

**St. Michael's Church
Every Sunday @ 1:00
pm.**

**Thank you, Jeannie
Campbell—**

604-781-5641

MUSQUEAM 101

stem? (what?) Musqueam 101, Wednesday, February 8th



Welcome figure by Andrea Wilbur Sligo

Reclaiming the Past to Inform the Future: Rethinking Urban Art & the Coast Salish Typology Project.

Please join us to hear about Alexandra Peck's new projects. The first looks at shared Musqueam and Duwamish histories of urban expulsion and resistance in Vancouver and Seattle. She is looking at public art in both cities, to show how modern and historic Indigenous art installations are frequently located near traditional village sites—demonstrating how art provides a contemporary link to culturally significant landscapes. The second project is much more tentative, with an ultimate goal of creating a publication that details ancient Coast Salish artistic practices through archaeological materials. This project aims to raise awareness of Coast Salish art as a distinct genre, as well as to provide many pre-colonial examples of Coast Salish art for current-day Coast Salish artists, youth, and educators.

Presenter: Alexandra Peck is the Audain Chair in Historical Indigenous Art at UBC. She is of Mediterranean, Scandinavian, and Indigenous descent and her scholarship concerns Native tribes and First Nations in the Pacific Northwest.

ni? ʔəncə? (where?)

Musqueam Elders' Centre

təmtəm? (when?)

Wednesday, February 8. Dinner will be served at 6:00 p.m. at the Elders Centre with the presentation starting at 7:00.

PLEASE JOIN US!



MUSQUEAM
CAPITAL CORPORATION

FEBRUARY 2, 2023



MUSQUEAM FAMILY & FRIENDS, YOU'RE INVITED TO THE MCC OPEN HOUSE!

Picture above taken at the MCC Open House July 28, 2022 in the Cultural Centre.

MCC OPEN HOUSE DETAILS:

Our team will be hosting another Open House! This is an opportunity to hear more about Musqueam Capital Corp (MCC) and receive the latest updates.



When: Thursday, February 23rd, 2023



Where: Musqueam Cultural Centre



Time: 5:00PM to 7:30PM — *Dinner served at 5:30PM*

STOP BY TO MEET OUR TEAM AND FOR A CHANCE TO WIN A DOOR PRIZE!

WE LOOK FORWARD TO SEEING YOU ALL AGAIN!



If you have any questions or comments, please contact:

Grace Ulu at 604-771-2101 or by email at gulu@musqueamcapital.ca



Roberts Bank Terminal 2

2023 Dungeness Crab baiting-away pilot study field program

Field work employment opportunity – Extension

The Vancouver Fraser Port Authority (port authority) is proposing to undertake a pilot study to evaluate the efficacy of a Dungeness crab baiting-away technique, in response to Indigenous group interest, as an approach to reduce the handling of crabs during salvage efforts prior to construction of the proposed Roberts Bank Terminal 2 (RBT2) project. The following is a request for services associated with the field work component of this pilot study.

The port authority is committed to Indigenous participation in field studies, as part of the ongoing environmental and technical work for the proposed RBT2 project. Field work for the 2022 Dungeness crab baiting away pilot study will consist of trapping and tagging Dungeness crabs (*Metacarcinus magister*), recording crab movements with hydrophone receivers, video monitoring of crabs using underwater remotely operated vehicles and estimating densities of unmarked crabs. The port authority is seeking an Indigenous community member as a field technician to support the existing field crew in completing the field component of this pilot study.

Role description

- Participate as part of field crew to undertake trapping, handling / tagging, and recording crab movements
- Participate in the deployment and retrieval of crab traps, hydroacoustic equipment, baited ground lines, and other equipment from a vessel
- Participate in the collection and recording of field data and crab measurements, as well as transcription of data from underwater video footage
- Shares, at their own discretion, knowledge, experience and insights related to the work underway
- Support with photo and video documentation of the field work
- Work in accordance with established health and safety protocols

Time commitments

- One field technician required
- Up to 26 days in the field between March and April 2023 and may include weekends and early morning / evening work
- Approximately 8 - 10 hours in the field per field day
- Up to 208 hours in the field and 10 hours of pre-field planning and training for a total of up to 218 hours. Possibility of additional hours associated with post-field data entry tasks.

Skills desired

- Experience performing environmental survey work
- Physically able to carry heavy equipment (up to 50 lbs)
- Experience identifying, working with, and handling Dungeness crabs
- Experience working on boats and challenging weather conditions

- Willingness to work as part of a team and learn new skills as needed
- Experience recording field data and have attention to detail
- Knowledge of Roberts Bank marine ecology
- On the job training can be provided if candidates do not possess all the desired skills/knowledge

Training required

In preparation for the field study, the field technician will be required to attend a virtual kick-off meeting and review project documents. This may include reviewing a detailed workplan for the field study and reviewing health and safety protocols. The employee will be compensated for any time spent in preparation for the field program.

Remuneration

The field technician will be paid on an hourly basis for their role as support field crew.

Proposed field work schedule

Project kick-off and orientation will occur in February 2023. Field work is expected to be conducted between March 1 and April 30, 2023.

Contact information

For any questions or clarifications about this employment opportunity or to communicate your interest in this position, please contact Alycia Majorkiewicz-Ata by **Friday, February 10, 2023**.

Alycia Majorkiewicz-Ata, Indigenous Consultation Advisor
Vancouver Fraser Port Authority
alyciam@portvancouver.com



Roberts Bank Terminal 2

2023 Dungeness crab baiting-away pilot study field program

Call for vendor proposals – Vessel services for 2023 crab baiting-away pilot study – Extension

The Vancouver Fraser Port Authority (port authority) is proposing to undertake a pilot study to evaluate the efficacy of a Dungeness crab baiting-away technique, in response to Indigenous group interest, as an approach to reduce the handling of crabs during salvage efforts prior to construction of the Roberts Bank Terminal 2 project.

Field work for the 2023 pilot study will involve the following vessel-based activities:

- Deployment and retrieval of crab traps, hydroacoustic equipment, baited ground lines, and other equipment
- Capture of Dungeness crabs (*Metacarcinus magister*) for biological processing (measuring carapace width and determining sex) and tagging
- Collection of field recorder data and video footage by use of an underwater remotely operated vehicle

Description

The port authority is committed to Indigenous participation in field studies, as part of the ongoing environmental and technical work for the project. Safety is paramount, with all work undertaken in adherence to public health safety requirements, including any related to COVID 19. The port authority is seeking statements of qualification, vessel specifications (including photos) and hourly rates for Indigenous-owned vessels and Indigenous vessel operators that may support field work, as described above.

The 2023 Dungeness crab baiting-away pilot study will be carried out over a period of up to 26 field days, where each field day may be up to 10 hours. Field work will be carried out between March and April 2023 and may include weekends and early mornings. Exact survey dates will be chosen based on the availability of field staff and the vessel operator, as well as suitability of the tides for carrying out the work.

Requirements for the vessel and its operator

- Large deck/workspace
- Experience performing environmental survey work
- Experience working on boats in challenging weather conditions
- Mechanical assist with capability of deploying and recovering commercial crab traps
- Must be appropriately certified by Transport Canada to operate vessel commercially
- Vessel operation / job safety procedure and practices, and the ability to accommodate additional safety requirements as specified by WSP Golder
- Ability to work collaboratively with the project team
- Experienced crew is an asset
- Must possess sufficient insurance to operate commercially within the Port of Vancouver and Workers' Compensation Board (WCB) paperwork as required

- Ability to work collaboratively with the team of one Indigenous technician and one member of the port authority's technical team
- Ability to provide services for up to 26 full days (non-consecutive) between March 1 and April 30, 2023.

Contact information

Qualified vendors may submit a proposal package, including statements of qualification, vessel specifications, and hourly / daily rates, to Alycia Majorkiewicz-Ata (alyciam@portvancouver.com) by **Friday, February 10, 2023**. *Please note that a certificate of insurance will need to be provided by no later than Tuesday, February 14, 2023.*

A structured evaluation process will be undertaken to select the preferred vendor based on suitability of the proposals as they relate to the work.

Alycia Majorkiewicz-Ata, Indigenous Consultation Advisor
Vancouver Fraser Port Authority
alyciam@portvancouver.com

Musqueam Education Notice Friday Feb 3, 2023

Homework Club

Homework club runs every Monday and Wednesday from 3:30-5:30 in the Library Space. Bring your homework and join us!! Snacks will be available.



Scholarship and Bursary Workshop

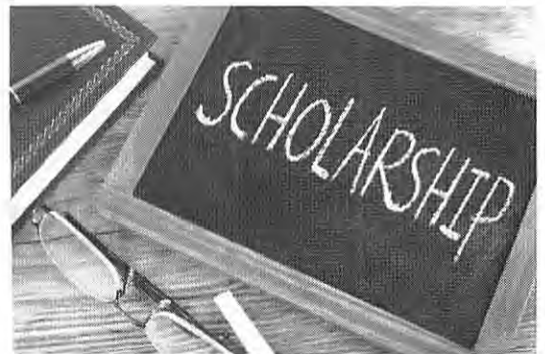
The Education department will be holding a workshop about post-secondary scholarships and bursaries, including how to find ones that are available and tips for applying. The workshop is open everyone, but particularly helpful for older high school students and post-secondary students.

Date: February 8th, 2023

Time: 4:30pm-6:00pm

Where: Band office, Main Boardroom

Dinner will be provided



SCHOOL BUS INFO

If your child(ren) is planning on riding the school bus this year, please contact the Education department to fill out the MIB School Bus Form.

Children are required to wear a mask at all times on the bus. If your child is sick please keep them home.

It is strongly recommended that parents/caregivers wait with their young children at the bus stop until they are on the bus.



Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Lucetta George-Grant, Education Advocate:

education.advocate@musqueam.bc.ca

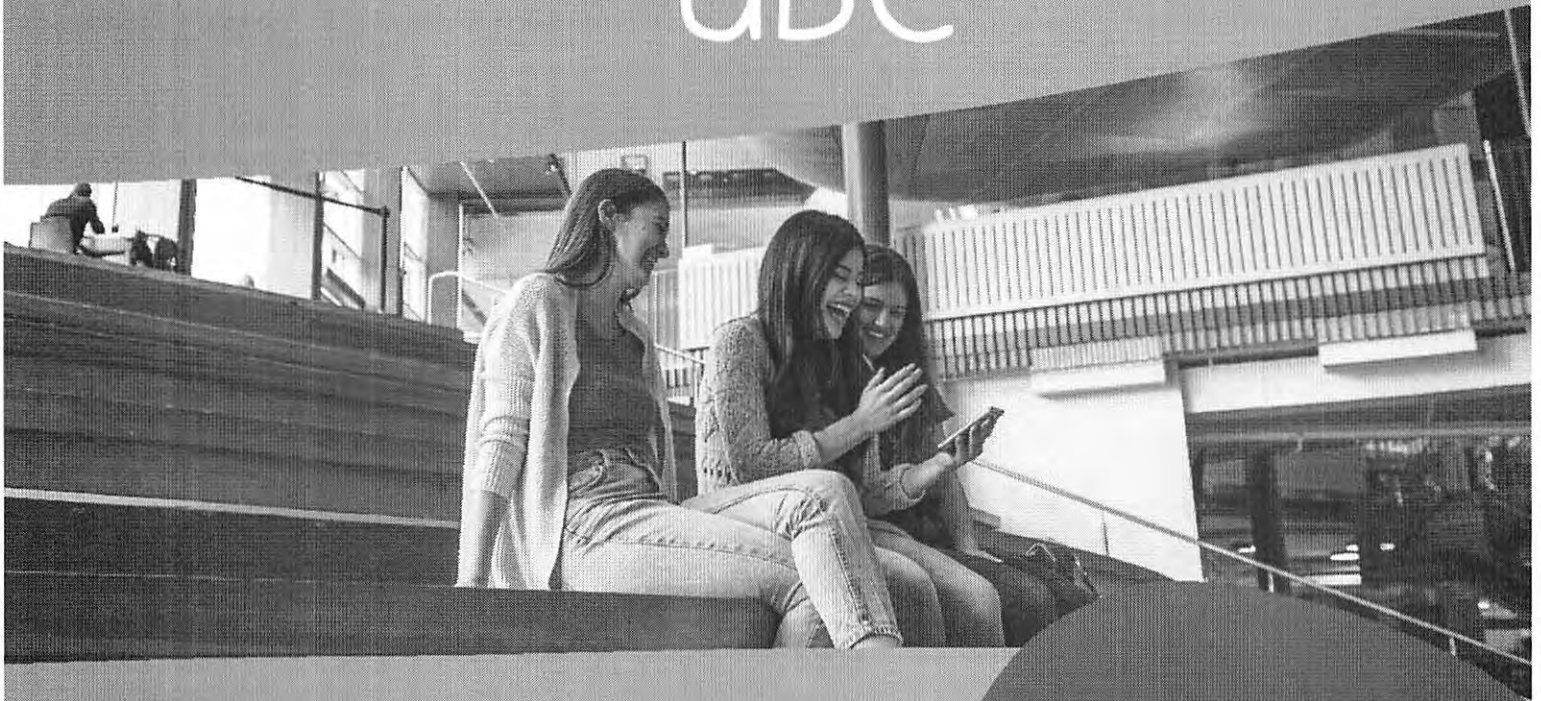
Cary Campbell, School Bus Driver

Ph. # 604 - 263 - 3261; Fax # 604 - 263- 4212

Toll free: 1-866-282-3261



INDIGENOUS EXPERIENCE UBC



FEB 24, 2023
9AM - 2PM

- Explore the campus
- Meet UBC's Indigenous community
- Explore UBC programs
- Lunch & fun included!

Register before *Jan. 27*
with your school
counsellor to
guarantee your spot!

Who: Indigenous
students in grades 8-12

Where: UBC Vancouver
campus

Musqueam Employment & Training Department

Obtain your Class 7N Drivers License with:

DRIVE FORWARD >>>

3 Day "What the L Workshop!"



Day #1: ICBC Presentation.

March 6th, 2023 | 1:00pm - 3:00pm

Day #2: What the L Training.

March 7th, 2023 | 5:00pm - 8:30pm

Day #3: What the L Review.

March 8th, 2023 | 5:00pm - 8:30pm

Location: Musqueam Cultural Centre



Eligibility:

Valid photo ID, completed E&T application, no outstanding fines/charges.



Call Today!

604-269-3461

Lunch, dinner and completion bonus provided.



INDIGENOUS YOUTH SCHOLARSHIP

RAM Consulting is seeking a recipient for a \$2,000.00 Scholarship to support Indigenous Youth in their areas of study.

Requirements:

The applicant of the bursary must be 25 years old or younger, a Musqueam band member, and registered to attend or currently enrolled in a post-secondary institution (trades school, college, or university). This bursary is intended to encourage our youth to seek post-secondary education in the sciences or trades of engineering, inspection, surveying or construction and project management fields. For those who might be interested in pursuing these areas or wanting more information on the bursary, please be in touch with RAM Consulting's Manager of Indigenous Relations at jodi.carlow@ramconsulting.com with questions. RAM Consulting will also assist interested students to explore their options and facilitate conversation with local training facilities to aid the students in admittance requirements.



How to Apply:

To apply, please provide responses to the below questions and drop off at the Musqueam Employment & Training Department or email: mlangthorne@musqueam.bc.ca. Please include in your application of interest the following:

- 1.Name:**
- 2.Status number**
- 3.Program/Course:**
- 4.Description on why you would be a good candidate to receive the grant.**

Deadline: February 20th, 2023

A decision will be made on successful candidate within 3 weeks of deadline.



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | FEB.3, 2023 |

*Supporting the **Fighters**,*

*Admiring the **Survivors**, Honouring the **Taken** & Never
Giving Up **Hope**!*

WHAT?

Mobile Mammography Bus is returning to Musqueam, have your mammogram right on site, a 10-minute procedure!

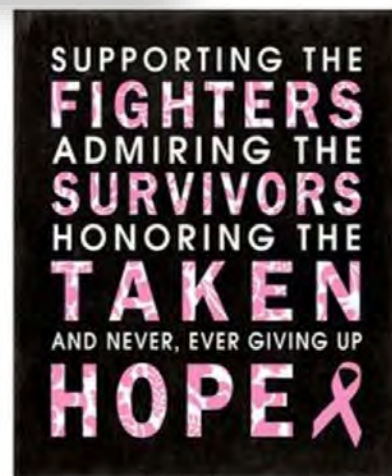
WHEN?

March 23 2023

10am

INTERESTED?

1. See attached registration form for eligibility!
2. If you answer NO to ALL questions on the registration form, you can:
3. Fill out registration form, send to **Arlene** in the Health Department: nurseassist@musqueam.bc.ca
4. An Appointment will NOT be booked until a COMPLETED FORM is sent to us.
 - Covid Protocols are in place masks required;
 - Please do not attend your appointment if you have cold or flu symptoms



**Contact Arlene
for any questions at:
604 263 3261**



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.3, 2023 |



Provincial Health Services Authority

BC CANCER BREAST SCREENING REGISTRATION FORM

BC Cancer Breast Screening provides screening mammograms to **eligible BC residents age 40 and over**. If under 40, a doctor's referral is required.

MANDATORY ELIGIBILITY QUESTIONS:

Are you currently pregnant?

Have you been breast feeding in the last three months?

Have you had breast enlargement surgery, such as implants or injections?

Have you had breast cancer?

Do you now have any new breast complaints such as a solitary lump or nipple discharge?

Have you had a mammogram on both breasts in the last 12 months?

If the answer is **YES** to any of the questions above you would not be eligible for screening mammography at this time. Please contact your primary care provider (family doctor, clinic, nurse practitioner or naturopath) to find out about other breast exam options.

TO REGISTER FOR A SCREENING MAMMOGRAM APPOINTMENT, PLEASE COMPLETE THE FOLLOWING:

Last name: _____ Title: _____ (Ms., Mrs., Miss)

First name: _____ Middle initial: _____

Birth surname: _____

Date of birth: ____/____/____

Day Month Year

Personal health number (care card): _____

Mailing address:

Street: _____

City/Town: _____, BC

Postal Code: _____

Main Telephone: ____ - ____ - ____

Work /Cell Telephone: ____ - ____ - ____

Family Doctor (Mandatory): _____

City/Town: _____

For your mammogram appointment, do not wear deodorant, body powder or perfume.

APPOINTMENT DATE: _____ TIME: _____

LOCATION: _____



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER

| FEB.3, 2023 |

COVID-19

How to get vaccinated for COVID-19

~Register by phone - We understand you may want to register by phone. 1-833-838-2323

~ To register online, you **must** provide:

- First and last name
- Date of birth
- Postal code
- Personal Health Number (PHN)
- An email address that gets checked regularly **or** a phone number that can receive text messages

Find your PHN on the back of your B.C. driver's licence, BC Services Card or CareCard.

Registration Link: <https://www.getvaccinated.gov.bc.ca/s/>

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

Regulates temperature

Homeostasis, one of our body's basic functions, is often disrupted by the lack of water. One of the most considerable implications this has is that it affects how we regulate body temperature. The body uses water to cool off when the body is too hot through perspiration. It cools the body and lowers it back to normal when we sweat.

Too little water in the body increases heat storage and makes the person more vulnerable to heat strain. It can also increase physical strain when we walk or exercise.

Flushes body waste

Sweat, urine, and feces can only be formed using water. Water is vital in eliminating harmful toxins in the body. Many by-products of metabolism and digestion require water to remove them from the body. Without water, there is a high chance these toxins would stay in the body, leading to problems in our organs such as our liver and kidneys.

Maintain blood pressure

Blood becomes thicker and viscous when we are dehydrated. Dehydration often results in the kidney releasing renin, resulting in sodium and water retention in the body to correct the low fluid volume. If this response stays constant, it often results in high blood pressure.

Maintaining the right blood pressure is essential so as not to damage our arteries and prevent chest pain. Hypertension makes arteries less elastic, decreasing blood and oxygen flow to the heart, lessening the risk for heart disease. Decreased blood flow to the heart can also cause angina or chest pain.

Digestion

Water helps break down food to help the body absorb the nutrients found in food. Without it, most of the nutrients we eat would not be processed or used by the body. Aside from that, water also helps soften stool and prevents



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.3, 2023 |

constipation. Dehydration can cause many gastrointestinal problems such as constipation and high pH in the stomach, increasing the risk for ulcers and heartburn.

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

SAFE USING CAN SAVE YOUR LIFE

NNADAP workers - Contact & what our dept offers

Nicolette Moore

Mon-Fri 8:30am - 4:30pm

Ph: 236-558-8482










Brad Morin

Wed - Fri 6-9pm

& Sat - Sun 1-5pm

Ph: 604-652-1368

What we offer

-  1-1, Family & Group counselling
-  Treatment referrals
-  Detox support
-  Relapse prevention planning
-  Family Interventions
-  Referrals to outside mental health agencies
-  In office Harm reduction gear
-  Drug testing strips
-  Clean supplies



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | FEB.3, 2023 |

Nasal naloxone | test your drugs first | lifeguard app | safety plan around using even if recreational

Dear Musqueam Community,

The NNADAP & Health Dept would like to take this time to share with you options for Harm Reduction measures for safe using and abstinence if you choose from drugs and alcohol. We have a number of resources available to the community here are a few.

Suicide prevention line

24/7/365 (1-833-456-4566)

Dial 211

is a support line for all of life's challenges such information & obtain referrals to physical & mental health resources, housing, utility, food & employment assistance; suicide & crisis intervention

LifeGuard App & How it works

When someone is about to use, especially alone, they can open the app and record the type of substance they are using and confirm their location. The app will hold this information, and a timer is set which can be paused or extended by the app user at any time.

As the timer ends, the app will sound an alarm, flash a light, and vibrate. The user must hit a button to stop the alarm and indicate they are fine. If they are unable to stop the alarm, a text-to-voice call will go straight to 9-1-1. This alerts emergency medical dispatchers

COMMUNITY HEALTH

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- 🧺 Nursing pads, as needed
- 🧺 A one-time gift of an Electric Breast pump. **One** per family
- 🧺 Welcome gift for your new baby

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. Musqueam Administration has the CHN position posted.

Please call Arlene Haldane, Assistant to register for the Prenatal Program, call **Arlene Haldane:**

Phone: 604 269 3354 | Email:
nurseassist@musqueam.bc.ca

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.3, 2023 |

Please note Romeo is away until Jan.20, 2023. He will be back on Jan.23, 2022

Arlene Haldane office hours: Tues.- Fri. 8:30-4:30 | Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message. *For Emergencies Call 911 *

Youth Centre

Phone: 604-269-3465

The Youth Centre hours will be open from: 2pm—9:00pm Monday—Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.3, 2023 |

Feeling sick? Stop the spread



Lots of people are getting sick this season. It could be a cold, the flu, or COVID-19. If you're not feeling well — no matter what virus you have — help stop the spread.

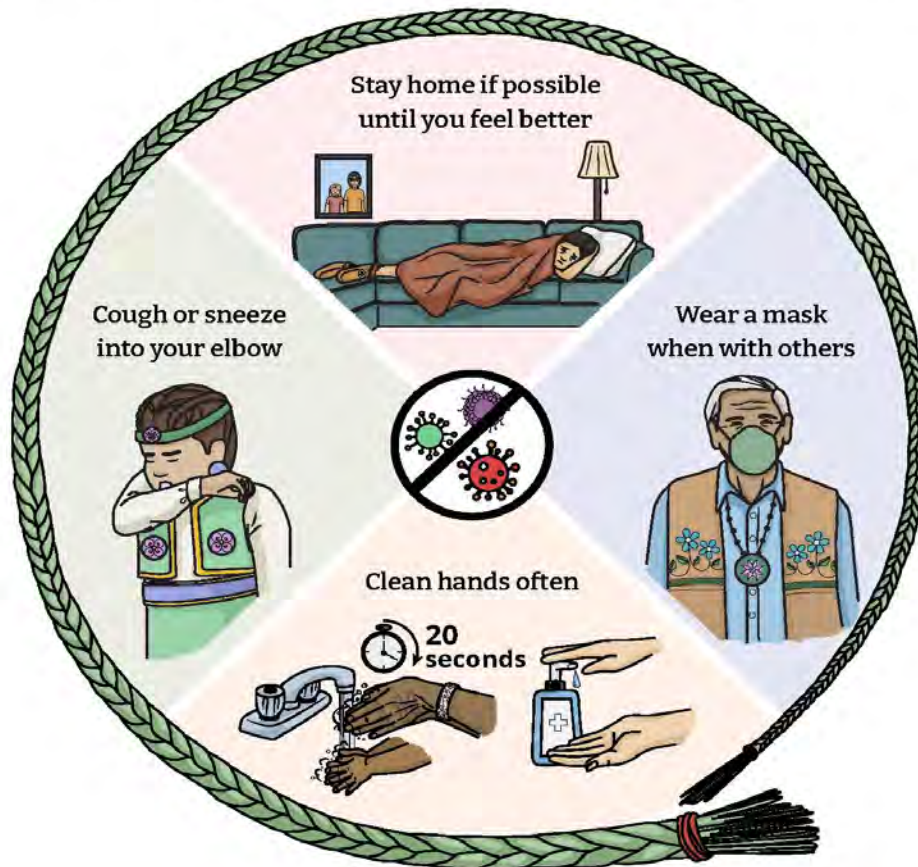


Illustration: Shoshannah Greene

Keep up to date with your vaccines.

Check with your healthcare provider for more information.



For more information, visit www.bccdc.ca

Questions? Call HealthLink BC at **8-1-1**

How to get vaccinated for COVID-19: Register by phone 1-833-838-2323



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | FEB.3, 2023 |



MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Feb. 06	Tuesday Feb. 07	Wednesday Feb. 08	Thursday Feb. 09	Friday Feb. 10
Karen Chandra, NP 9:30am - 3:30pm	Dr. Dumont, GP 9:30am – 3:30pm	Karen Chandra, NP 9:30am - 3:30pm	Karen Chandra, NP Jessica Peart, NP (locum) 9:30am - 3:30pm	Karen Chandra, NP 9:30am - 3:30pm

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)
Please do not leave kits in a car during freezing weather.
Contact Nicolette, Brad, or our clinic to replace an expired kit.



Prescription running low? Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Please note that Musqueam Primary Care Clinic is **no longer a walk-in clinic**.

Our clinic has **reached capacity**. Call the clinic to be added to the **patient waitlist**.

Dr. Anamaria Richardson (from Granville Pediatrics) will be working in Musqueam once a month.

Next Visit: February 08, 2023.

To book an appointment, please call their Granville office at 604-423-4803.

Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment. Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

Available to First Nations people and their family members, even if those family members are not Indigenous.

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER

| FEB.3, 2023 |

THIS IMPORTANT PROGRAM PRESENTED BY ANDREA LANDRY IS COMING TO MUSQUEAM VIA ZOOM
ONLINE SESSIONS IN MARCH 2023.

Please contact Trish by email: lbh@musqueam.bc.ca Or call/text (778)239-4325

Indigenous Motherhood
Healing colonial trauma to revitalize Indigenous kinship
Now Available for Communities Online

This program is designed for participants to gain models, tools, and knowledge in the areas of colonialism, residential schools, the child welfare system, healing from trauma, the integration of indigenous systems, healthy communication & healthy relationships, productive problem solving, self-esteem & self worth, forgiveness, traditional diets, emotional intelligence, grief & loss, indigenous parenting practices, and many more.

Participants will ultimately discover tools, and how to utilize tools, which will aid in restoring happiness, love, and truth in all areas of life not only in times of crisis and trauma, but in every-day life as well.

For more info: www.indigenoumotherhood.com



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER

| FEB.3, 2023 |

MUSQUEAM ELDERS

Brenda Campbell, Elders Coordinator

Ph: 604 263 – 6312



Ladies Night

Every Tuesday

Time: 6-8pm

Location: Elders Centre



Next Elder's Luncheon:

Wednesday, Feb.8, 2023

Time: 12:00 Noon

Location: Elders Centre

Elder's only



Elders Chair Exercise

Thursday Feb.16, 2023

Time: 1-2pm

Location: Elders Centre

MWSU MENTAL WELLNESS COUNSELLOR

Janice Cross

This confidential counseling services are available

Monday-Friday: 8:30- 4:00pm to our Musqueam people

via phone or virtually. Call or email to and set up a time to talk to Janice Cross.

Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 8:30am-4:30pm, for phone calls, emails or text conversations, and also, I can hold sessions via Zoom.

Email: jcarroll@musqueam.bc.ca

Cell: 778-829-0242

MUSQUEAM HEALTH PATIENT NAVIGATOR

I am available to assist and support community members on their healthcare journeys.

If you have need assistance regarding your health care coverage; FNHA Benefits; MSP Premium Assistance coverage; assistance filling out medical forms; assistance with example Jordan's Principle; please do not hesitate to contact me.

I am available Monday-Friday from 8:30am to 4:30pm.

Lisa Mitchell, Musqueam Patient Navigator. Phone: 604-764-5349 or email: navigator@musqueam.bc.ca

FOR MUSQUEAM YOUTH



INVOLVEMENT OPPORTUNITY: (with honorarium)

Community Planning Champions

Youth voices are the key to our future.

Your role will be to help plan and organize how youth and Elders are included in our community planning process. Musqueam's Comprehensive Community Plan has a direct impact on things like housing, education, recreation, environmental protection, and health and wellness.

- Open to Musqueam youth ages 15-25
- Approx. 16 hours (scheduling can be flexible)
- Honorarium will be provided
- Youth interested in communications, social/community services, data and statistics, and governance are encouraged to apply

Apply by submitting your name, age, and a little bit about yourself and why you are interested. Applications are reviewed as they are received.

Interested? Have questions?

Contact Tecla (Community Planner) at
tvanbussel@musqueam.bc.ca or 604-269-3378

Open until filled. Please share widely!

More information about Musqueam's Community Plan:
musqueam.bc.ca/community-engagement/ccp/

FOR COMMUNITY MEMBERS



EMPLOYMENT OPPORTUNITY: **Census Data Collectors (Enumerators)**

3 Part-time, Casual term positions available:
16 - 20 hours/week, with required flexibility
February - May 2023 (14 weeks anticipated)
Pay: \$20.50 - \$23.00 per hour, plus 4% in lieu of vacation

Position Summary:

Musqueam is recruiting 3 Census Data Collectors to support outreach for the 2023 Musqueam Census. Census Data Collectors are the face of the census to our community. If you are passionate about our community, like talking to people, and are interested in how Musqueam administration and governance works - we encourage you to apply!

Responsibilities:

- Contact Musqueam members to participate in the Census through door-to-door canvassing on-reserve, telephone calls, mail-outs, social media, and emails
- Raise awareness about the Musqueam Census and promote the Census at events
- Conduct Census surveys with members (over the phone and in-person)
- Transcribe responses to survey questions and input data into survey software

Musqueam community members (18+) are encouraged to apply.

Check out the full posting on our website at
www.musqueam.bc.ca/careers

Open until filled. Please share widely!

More information about Musqueam's Community Plan:
musqueam.bc.ca/community-engagement/ccp/



Musqueam Lands Department

MUSQUEAM DRAFT *SUBDIVISION, DEVELOPMENT AND SERVICING LAW* - January, 2023

*****Attention Musqueam Community Members*****

****Summary of MUSQUEAM DRAFT *SUBDIVISION, DEVELOPMENT AND SERVICING LAW*****

Date Posted: February 3, 2023

PURPOSE

The purpose of the Musqueam *Subdivision, Development and Servicing Law* is to make sure that Musqueam is protecting our Reserve land, our use of Reserve land is well planned, we meet community interests in land development, we get community benefits from developments, have a safe and high quality of construction, and protect Musqueam against liability.

BACKGROUND

Musqueam's Land Code came into effect on June 5, 2017. Musqueam is now responsible for protecting Musqueam Reserve land and trying to minimize risks for people living on and using the Reserve lands. Managing our own Reserve lands gives us a lot of opportunities to make things better. It also comes with responsibility for environmental stewardship and protection, making sure that developments and buildings are in the right places, and ensuring safe construction.

We realize that in the past some Members, developers and departments may have felt they could build or do anything on Reserve land without any need for planning or permits. This is because the federal government did not properly enforce laws and bylaws or help First Nations plan and manage developments in the past under the *Indian Act*. The problem with this approach is that it has caused unsafe buildings, poor drainage, moldy homes, illegal dumping, poorly planned developments and a lack of community services such as sidewalks, street lights, trails, parks, sewer and water on many Reserves. Musqueam would like to work with our Members and with developers to do things in a much better way under our Land Code.

SUMMARY OF KEY POINTS IN DRAFT LAW

- No subdivision, service connections or development will be allowed without a permit.
- Permits will be required for blasting, drilling, drainage works, sewer, water, etc.

- A permit will be required for most types of construction and major renovations. However, certain projects do not need permits such as sheds under 200 square feet and minor landscaping and renovation projects.
- Permitting on reserve lands will be managed and issued by the Musqueam Lands Governance Office.
- Larger or more complex developments will require more detailed permit applications.
- Building inspections will be required to ensure construction meets Building Code.
- For large developments, developers will have to contribute community benefits of land or cash in the amount of 5% of the project value (to contribute: sidewalks, drainage, park/green space).
- Allows for Land Committee review and comments of any proposed project of development.
- Sets out the application and approval process. This is very similar to municipal processes.
- Minimizes Musqueam's liability.
- Ensures consideration of Community needs for developments and protects CP holders.

NEXT STEPS

The process for the *Subdivision, Development, and Servicing Law* is following the law-making process set out in Musqueam's Land Code.

The Land Code Committee is continuing to review and revise the draft law, along with legal counsel. We welcome any questions or comments. The Committee and the Musqueam Lands Governance Office will be finalizing a draft of the law along application checklists and permit requirements to bring to Council for approval in the near future.

COMMUNITY MEETING

A community meeting to review the law will be held between February 3 and February 24, 2023.

QUESTIONS & FEEDBACK

Paper copies of the Law and Land Code are available at the Lands Office.

Members can also email for a digital copy.

We would welcome any questions or comments on the draft law. Please contact the Lands Office if you have any questions or comments.

If you have any comments on the proposed Musqueam Subdivision, Servicing, and Development Law please provide them by February 24, 2023 at 4:30 pm.

Please contact Musqueam Lands Governance Office:

Phone 604-329-7916, or via email at kim@musqueam.bc.ca