



Musqueam Community Newsletter

Friday—February 17, 2023

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

MUSQUEAM LAND CODE

In Person Community Information Meeting

Date: Friday February 24, 2023

Time: 12:00—2:00 pm

Where: Musqueam Cultural Centre, Drop in welcome,
Lunch is provided at 12:00 pm. Short presentation begins at 12:15
pm

We invite all Band Members to attend and provide feedback.
Paper copies of the Law and Land Code are available at the Lands
Office.

Members can also email for a digital copy.

Questions or comments?

Please contact Kim A. Guerin, Governance Officer, Musqueam Land
Code

Phone: 604-263-3261 or 1-866-282-3261

Email: kim@musqueam.bc.ca

Notice date: February 8, 2023

hay čx^w qə

Inside this Issue:

MIB FISHERY MTG.—2

MUSQ. 101—3

MCC—MTG.—4

CHILDRENS' HOUSE—5

EDUCATION—6

HEALTH DEPT.—7-18

HOUSING—19-

REMAINING NEWS—20-29

HAVE A SAFE AND
HAPPY FAMILY DAY ~
MONDAY FEB.20, 2023



Please come and join
us for Mass at
St. Michael's Church
Every Sunday @ 1:00
pm.
Thank you, Jeannie
Campbell—
604-781-5641



**Musqueam Community Notice
Musqueam Fisheries Department**

Community Fishery Meeting

Cultural Centre

February 22nd, 2023

5:00 pm

~ Dinner will be served ~

Agenda

Fisheries Framework Negotiations

MUSQUEAM 101

stem? (what?) Musqueam 101, Wednesday, February 22

Sharing Student experiences and Instructor tools through UBC's Indigenous Initiatives' In/Relation and What I Learned in Class Today Resources.

Join us for an evening with the Indigenous Initiatives team at the Centre for Teaching who will discuss [in/relation](#) and [What I Learned in Class Today](#). These are two educational resource projects supporting instructors and students learning about Indigenous histories, contemporary realities, and topics in the classroom. The two projects aim to help instructors in creating a supportive classroom environment and learning experiences for students. In this presentation, we will share updates on the two projects, connection points between the resources, and invite reactions and feedback or input about how these projects can support more members of the UBC teaching and learning community to engage with reconciliation.

Presenters: UBC Centre for Teaching, Learning and Technology Indigenous Initiatives team: Janey Lew, Sam Nock, Erin Yun, Hannah Coderre and Amy Perreault

ni? ʔəncə? (where?)

Musqueam Elders' Centre

təmtəm? (when?)

Wednesday, February 22. Dinner will be served at 6:00 p.m. at the Elders Centre with the presentation starting at 7:00.

PLEASE JOIN US!



MUSQUEAM
CAPITAL CORPORATION

FEBRUARY 16, 2023

MUSQUEAM FAMILY & FRIENDS, FRIENDLY REMINDER MCC OPEN HOUSE NEXT WEEK!

WHY SHOULD YOU COME TO THE OPEN HOUSE?

Come and meet our team members at MCC! There will be a table set up for each department where we'll share updates and answer questions. Please note there will not be a formal presentation.

- Business Development
- Accounting
- Employment Opportunities
- Musqueam Assets
- Development & Projects
- MIB Community Planning team: Comprehensive Community Plan (CCP) Info and participate in the community art show & contest

EVENT DETAILS:

WHEN: Thursday, February 23rd, 2023

WHERE: Musqueam Cultural Centre

TIME: 5:00PM — 7:30PM

5:00PM:	Doors Open
5:15PM:	Welcome Remarks
5:30PM:	Dinner Served
7:15PM:	Door Prize Draw
7:30PM:	End of Event

ENJOY A MEAL WITH US, AND A CHANCE TO WIN 1 OF THE BELOW DOOR PRIZES!



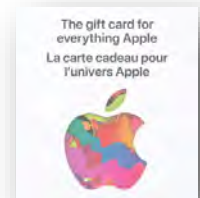
BOSE SOUNDLINK FLEX SE
BLUETOOTH SPEAKER



\$150 URBAN FARE GIFT CARD



\$100 MINERVA'S GIFT CARD



\$50 APPLE GIFT CARD

QUESTIONS & COMMENTS:

Contact: Grace Ulu

Phone: 604-771-2101

Email: gulu@musqueamcapital.ca



The Children's House

Hours of Operation:

Preschool Program Hours: Monday—Friday 9:00 am—3:00pm.

Daycare Hours: Monday—Friday 7:45—5:00pm

The Children's House phone # 604 269-3302

Renee Stogan Manager email: childcaresup@musqueam.bc.ca

The Children's House is closed February 20, 2023 for Family Day!

The Children's House Staff

Renee Stogan Manager: Phone # 604 269-3302

Infant/Toddler Staff: Christy Friesen, Kelly Herman, Ernestine Herman

Preschool Staff: Alice Stogan, Sherry Point, Stacy George

Have a Wonderful Weekend!



hay čx^w qə

Musqueam Education Notice Friday Feb 17, 2023

Homework Club

Homework club runs every **Monday and Wednesday** from 3:30-5:30 in the Library Space. Bring your homework and join us!! Snacks will be available.



Graduating Musqueam High School Students

If you are considering going to a post-secondary institution in September, please contact the Education dept to discuss your plans and get a copy of the MIB Post Secondary Funding Application. If you need any help or would like to discuss your options or find out more information about post-secondary funding for students graduating from high school please feel free to email or call.

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

SCHOOL BUS INFO

If your child(ren) is planning on riding the school bus this year, please contact the Education department to fill out the MIB School Bus Form.

Children are required to wear a mask at all times on the bus. If your child is sick please keep them home.

It is strongly recommended that parents/caregivers wait with their young children at the bus stop until they are on the bus.



Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

April Campbell, Learning Facilitator:

learningfacilitator@musqueam.bc.ca

Lucetta George-Grant, Education Advocate:

education.advocate@musqueam.bc.ca

Cary Campbell, School Bus Driver

Kymberlee Stogan, School Bus Supervisor

Ph. # 604 - 263 - 3261; Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

CALL FOR INDIGENOUS INTERNS



Haida Gwaii Museum
at Kay Ulagay



Skwxwú7mesh Lilwat7úl
SQUAMISH LILWAT CULTURAL CENTRE



Qw'ogw'elid'a
COQUALEETZA CULTURAL
SOCIETY CENTRE



MOA
Museum of Anthropology at UBC
A place of our stories + cultures

This internship program has been developed by six Indigenous partners; the Musqueam Indian Band, the Squamish Lil'wat Cultural Centre, the Haida Gwaii Museum, the U'mista Cultural Society, the Nlaka'pamux Nation, the Coqualeetza Cultural Society, and the Museum of Anthropology at UBC.

INDIGENOUS INTERNSHIP PROGRAM



This program provides training opportunities for Indigenous people working in museums and cultural heritage management or Indigenous people who would like to do this kind of work.

The internships are flexible in terms of focus and training will be customized to individuals to support their current or future work goals.

For more information visit:
moa.ubc.ca/internships

Application deadline:
March 12, 2023

(for internships from May 15 – July 7, 2023 at MOA;
followed by two-week community placement)

AREAS OF FOCUS INCLUDE:

- Collections Management
- Conservation
- Library and Archives
- Oral History Language Laboratory
- Curatorial work






x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | FEB.17, 2023 |

The Musqueam Health Department is sharing this opportunity for community members to join in on this important Sharing Circle with Vancouver Coastal Health's Indigenous Health team.

If you have any questions, you can contact Lisa Mitchell – Patient Navigator @ 604-764-5349.




Are you an Indigenous person with a respiratory disease?

If you live or access care within the Vancouver Coastal Health region, we invite you to participate in a 3 hour talking circle about your respiratory health care experiences which will inform further research in hopes of improving respiratory health care for Indigenous patients.

You will receive a \$50 gift card and lunch for your participation.


<u>Musqueam Circle 1 (In-person)</u>	<u>Musqueam Circle 2 (Virtual)</u>
Monday February 27 @ 12pm Community Centre Cafe 6735 Salish Dr Vancouver, BC V6N 4C4	Tuesday February 28 @ 12pm Please email Nicole.dawydiuk@vch.ca or call 604-809-2743 to request a Zoom meeting link



The Researchers conducting this study are:

Principal Investigator:
Dr. Brittany Bingham, Sechelt First Nation, Vancouver Coastal Health & Centre for Gender & Sexual Health Equity

Co-Investigators: Dr. Krisztina Vasarhelyi, Dr. Chris Carlsten, Dr. Karen Rideout, Dr. Pat Camp, Dr. Phalgun Joshi, Shiloh Joe, Coreen Paul, Dr. Michael Dumont, Elder Roberta Price, Leslie Bonshor, Andreas Pilarinos, Nicole Dawydiuk, Sandra Fox



Michael Smith Health Research BC

This project is funded by the Michael Smith Foundation for Health Research

Version: 2.0 Study ID#: H21-03873 Version date: February 2, 2023



**HAPPY
FAMILY
DAY**

x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | FEB.17, 2023 |

Feeling sick? Stop the spread



Lots of people are getting sick this season. It could be a cold, the flu, or COVID-19. If you're not feeling well — no matter what virus you have — help stop the spread.

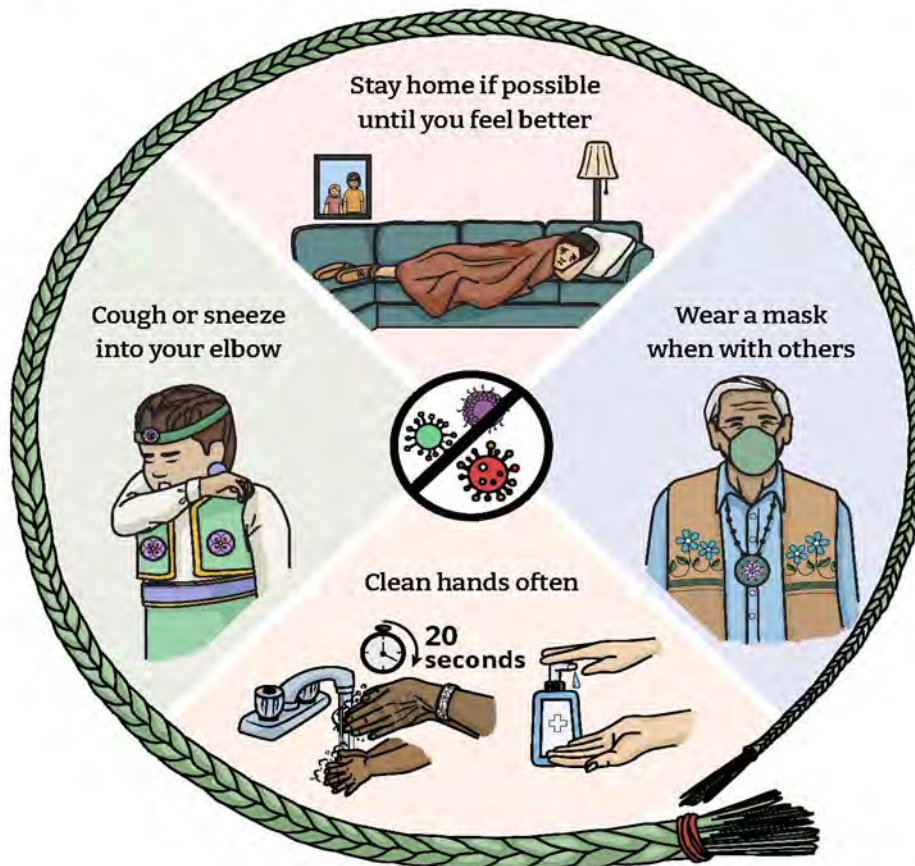


Illustration: Shoshannah Greene

Keep up to date with your vaccines.

Check with your healthcare provider for more information.



For more information, visit www.bccdc.ca

Questions? Call HealthLink BC at **8-1-1**

How to get vaccinated for COVID-19: Register by phone 1-833-838-2323



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | FEB.17, 2023 |

COVID-19

How to get vaccinated for COVID-19

~Register by phone - We understand you may want to register by phone. **1-833-838-2323**

~ To register online, you **must** provide:

- First and last name
- Date of birth
- Postal code
- Personal Health Number (PHN)
- An email address that gets checked regularly **or** a phone number that can receive text messages

Find your PHN on the back of your B.C. driver's licence, BC Services Card or CareCard.

Registration Link: <https://www.getvaccinated.gov.bc.ca/s/>

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

First Nations Safe Drinking Water

Run Until Cold

Run Until Cold Contact your Environmental Health Officer for more information: environmental.health@fnha.ca
Sometimes, tap water can contain small amounts of lead and copper, which can have long-term health effects during the early years for infants and children. That risk can be reduced by running cold water for 15 to 30 seconds before drinking

MUSQUEAM PRIMARY CARE ~ DENTURIST AT MUSQUEAM

Are you missing any teeth?
Do you have any loose teeth?
Do you have dentures that are older than 5 years?
If you answered yes to any of the above questions,
Jeremy Duprat (denturist) will be seeing patients
at the **Elders Centre Medical Office**, on **March 1st, 2023**.
Please call **604-558-4867** to book an appointment





x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

SAFE USING CAN SAVE YOUR LIFE

Nasal naloxone | test your drugs first | lifeguard app | safety plan around using even if recreational

Dear Musqueam Community,

The NNADAP & Health Dept would like to take this time to share with you options for Harm Reduction measures for safe using and abstinence if you choose from drugs and alcohol. We have a number of resources available to the community here are a few.

Suicide prevention line

24/7/365 (1-833-456-4566)

Dial 211

is a support line for all of life's challenges such information & obtain referrals to physical & mental health resources, housing, utility, food & employment assistance; suicide & crisis intervention

LifeGuard App & How it works

When someone is about to use, especially alone, they can open the app and record the type of substance they are using and confirm their location. The app will hold this information, and a timer is set which can be paused or extended by the app user at any time.

As the timer ends, the app will sound an alarm, flash a light, and vibrate. The user must hit a button to stop the alarm and indicate they are fine. If they are unable to stop the alarm, a text-to-voice call will go straight to 9-1-1. This alerts emergency medical dispatchers

**NNADAP workers -
Contact & what our dept**

Nicolette Moore

Mon-Fri 8:30am - 4:30pm

Ph: 236-558-8482










Brad Morin

Wed - Fri 6-9pm

& Sat - Sun 1-5pm

Ph: 604-652-1368

What we offer

-  1-1, Family & Group counselling
-  Treatment referrals
-  Detox support
-  Relapse prevention planning
-  Family Interventions
-  Referrals to outside mental health agencies
-  In office Harm reduction gear
-  Drug testing strips
-  Clean supplies



**HAPPY
FAMILY
DAY**

x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |

Do you have difficulty hearing in most situations? Do you turn the TV to loud levels? Do you ask people to repeat themselves? These are all common signs of hearing loss.

Call 604-259-7704 to register for a free hearing test at the Elders Centre on February 22nd.

Sign up for a free hearing test today! Hear the sounds you've been missing

 **Wednesday, February 22nd 2023**  **1:00 pm to 3:00 pm**

 **Musqueam Elders Centre 4010 Si-Lu Drive**

Good hearing helps your brain stay fit throughout your life and helps avoid many other health problems. We work with you to assess your hearing and help determine the best solution for your unique hearing needs.

Echo Hearing Care can help you with:

- Hearing screenings
- Hearing aid clean and checks
- Hearing aid information

All services are complimentary



Please call at 604-259-7704 to reserve your spot.



About us
Our team is led by Dr. Katarina Vavrovicova, a doctor of Audiology with many years of clinical and research experience in the Vancouver area.

Scan to visit our website





Echo Hearing Care
WHERE GOOD HEARING STARTS

604-259-7704 | echohearing.ca
info@echohearing.ca
2533 West Broadway

If you have any questions, you can contact Lisa Mitchell – Patient Navigator @ 604-764-5349.



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |



MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Feb. 20	Tuesday Feb. 21	Wednesday Feb. 22	Thursday Feb. 23	Friday Feb. 24
Clinic Closed for Family Day	Dr. Dumont, GP 9:30am - 3:30pm	Karen Chandra, NP 9:30am - 3:30pm	Karen Chandra, NP Jessica Peart, NP (locum) 9:30am - 3:30pm	Karen Chandra, NP 9:30am - 3:30pm

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)
Please do not leave kits in a car during freezing weather.
Contact Nicolette, Brad, or our clinic to replace an expired kit.



Prescription running low? Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Please note that Musqueam Primary Care Clinic is **no longer a walk-in clinic.**

Our clinic has **reached capacity.** Call the clinic to be added to the **patient waitlist.**

Dr. Anamaria Richardson (from Granville Pediatrics) will be working in Musqueam once a month.

Next Visit: February 08, 2023.

To book an appointment, please call their Granville office at 604-423-4803.

Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment. Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

Available to First Nations people and their family members, even if those family members are not Indigenous.

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |

COMMUNITY HEALTH

MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- ✚ Nursing pads, as needed
- ✚ A one-time gift of an Electric Breast pump. **One** per family
- ✚ Welcome gift for your new baby

Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. Musqueam Administration has the CHN position posted.

Please call Arlene Haldane, Assistant to register for the Prenatal Program, call **Arlene Haldane**:

Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,

Please note Romeo is away until Jan.20, 2023. He will be back on Jan.23, 2022

Arlene Haldane office hours: Tues.- Fri. 8:30-4:30 | Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message. ***For Emergencies Call 911 ***

Youth Centre

Phone: 604-269-3465

The Youth Centre hours will be open from: 2pm—9:00pm Monday—Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**



**HAPPY
FAMILY
DAY**

x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |

THIS IMPORTANT PROGRAM PRESENTED BY ANDREA LANDRY IS COMING TO MUSQUEAM VIA ZOOM ONLINE SESSIONS IN MARCH 2023.

Please contact Trish by email: lbh@musqueam.bc.ca Or call/text (778)239-4325

Indigenous Motherhood

Healing colonial trauma to revitalize Indigenous kinship

Now Available for Communities Online

This program is designed for participants to gain models, tools, and knowledge in the areas of colonialism, residential schools, the child welfare system, healing from trauma, the integration of indigenous systems, healthy communication & healthy relationships, productive problem solving, self-esteem & self worth, forgiveness, traditional diets, emotional intelligence, grief & loss, indigenous parenting practices, and many more.

Participants will ultimately discover tools, and how to utilize tools, which will aid in restoring happiness, love, and truth in all areas of life not only in times of crisis and trauma, but in every-day life as well.

For more info: www.indigenoumotherhood.com



**HAPPY
FAMILY
DAY**

x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |

*Supporting the **Fighters**,*

*Admiring the **Survivors**, Honouring the **Taken** & Never*

*Giving Up **Hope**!*



WHAT?

Mobile Mammography Bus is returning to Musqueam, have your mammogram right on site, a 10-minute procedure!

WHEN?

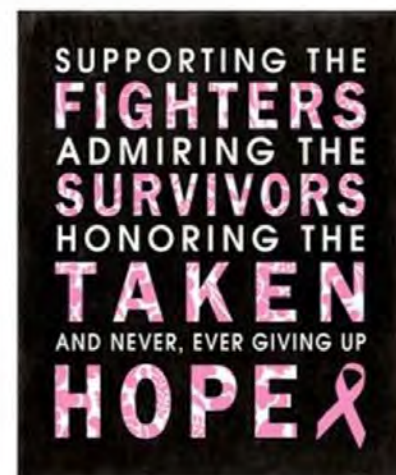
March 23 2023

10am



INTERESTED?

1. See attached registration form for eligibility!
2. If you answer NO to ALL questions on the registration form, you can:
3. Fill out registration form, send to **Arlene** in the Health Department: nurseassist@musqueam.bc.ca
4. An Appointment will NOT be booked until a COMPLETED FORM is sent to us.
 - Covid Protocols are in place masks required;
 - Please do not attend your appointment if you have cold or flu symptoms



Contact Arlene
for any questions at:
604 263 3261



**HAPPY
FAMILY
DAY**

x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |



Provincial Health Services Authority

BC CANCER BREAST SCREENING REGISTRATION FORM

BC Cancer Breast Screening provides screening mammograms to **eligible BC residents age 40 and over**. If under 40, a doctor's referral is required.

MANDATORY ELIGIBILITY QUESTIONS:

Are you currently pregnant?

Have you been breast feeding in the last three months?

Have you had breast enlargement surgery, such as implants or injections?

Have you had breast cancer?

Do you now have any new breast complaints such as a solitary lump or nipple discharge?

Have you had a mammogram on both breasts in the last 12 months?

If the answer is **YES** to any of the questions above you would not be eligible for screening mammography at this time. Please contact your primary care provider (family doctor, clinic, nurse practitioner or naturopath) to find out about other breast exam options.

TO REGISTER FOR A SCREENING MAMMOGRAM APPOINTMENT, PLEASE COMPLETE THE FOLLOWING:

Last name: _____ Title: _____ (Ms., Mrs., Miss)

First name: _____ Middle initial: _____

Birth surname: _____

Date of birth: ____/____/____

Day Month Year

Personal health number (care card): _____

Mailing address:

Street: _____

City/Town: _____, BC

Postal Code: _____

Main Telephone: ____ - ____ - ____

Work /Cell Telephone: ____ - ____ - ____

Family Doctor (Mandatory): _____

City/Town: _____

For your mammogram appointment, do not wear deodorant, body powder or perfume.

APPOINTMENT DATE: _____ TIME: _____

LOCATION: _____



x^wməθk^wəyəm

MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | FEB.17, 2023 |

MUSQUEAM ELDERS

Brenda Campbell, Elders Coordinator
Ph: 604 263 – 6312

**Please note: there will be
NO more evening Ladies Night**



Ladies Group
Every Tuesday
Time: 1-4pm
Location: Elders Centre



Next Elder's Luncheon:
Wednesday, Feb.22, 2023
Time: 12:00 Noon
Location: Elders Centre
Elder's only

MWSU MENTAL WELLNESS COUNSELLOR

Janice Cross

This confidential counseling services are available
Monday-Friday: 8:30- 4:00pm to our Musqueam people
via phone or virtually. Call or email to and set up a time
to talk to Janice Cross.

Email: mentalwellness@musqueam.bc.ca

For Private Counseling Call: 236-558-9977

ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 8:30am-
4:30pm, for phone calls, emails or text conversations,
and also, I can hold sessions via Zoom.

Email: jcarroll@musqueam.bc.ca

Cell: 778-829-0242

MUSQUEAM HEALTH PATIENT NAVIGATOR

I am available to assist and support community members on their healthcare journeys.

If you have need assistance regarding your health care coverage; FNHA Benefits; MSP Premium Assistance coverage;
assistance filling out medical forms; assistance with example Jordan's Principle; please do not hesitate to contact me.

I am available Monday-Friday from 8:30am to 4:30pm.

Lisa Mitchell, Musqueam Patient Navigator. Phone: 604-764-5349 or email: navigator@musqueam.bc.ca

Don't Overload Your Home!

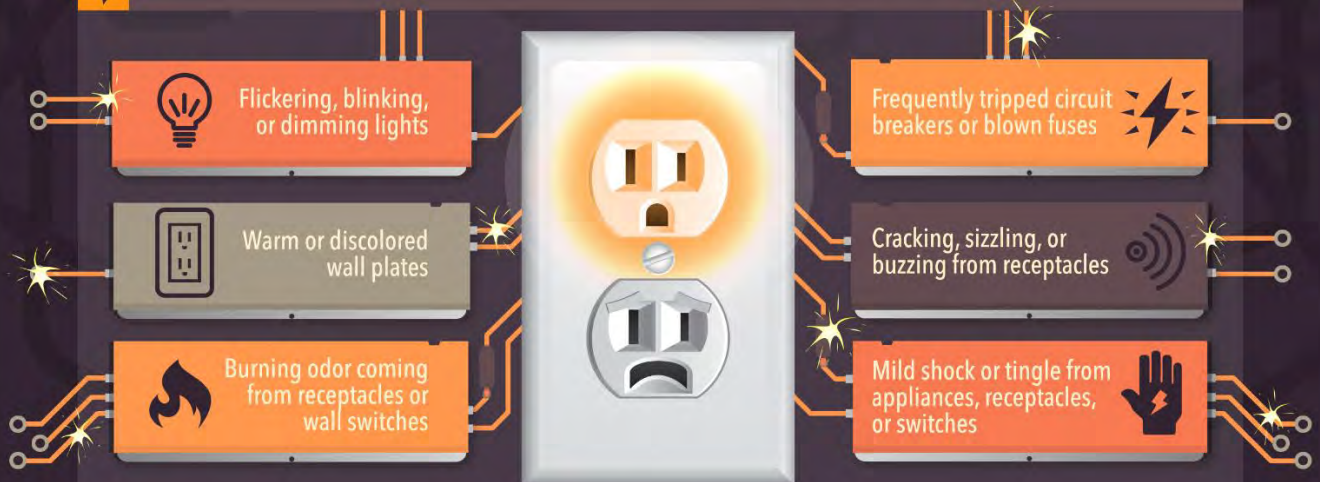
Housing

Overloaded electrical circuits are a major cause of residential fires. Help lower your risk of electrical fires by not overloading your electrical system.

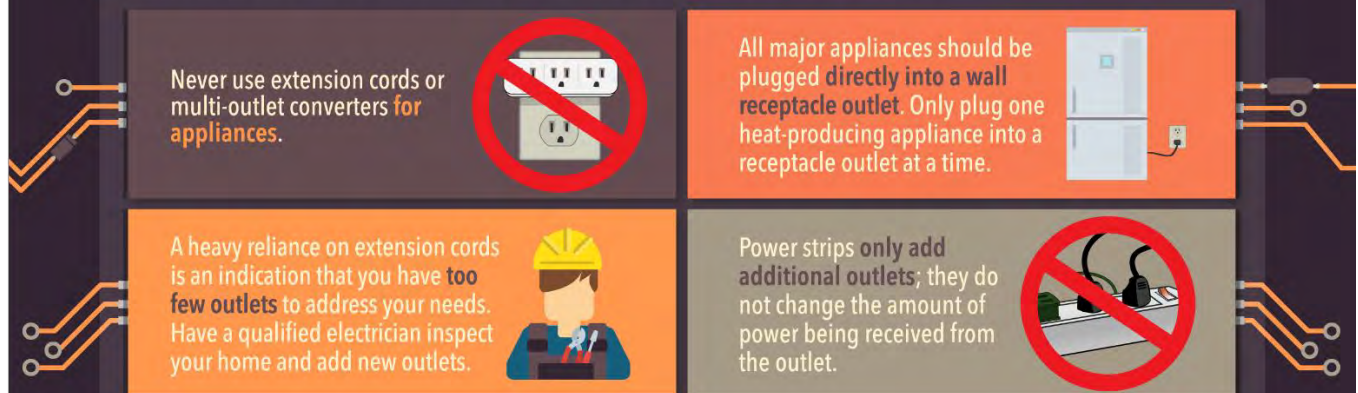
DON'T OVERLOAD YOUR HOME!

i According to the National Fire Protection Association, **47,700 home fires** in the U.S. are caused by electrical failure or malfunction each year. These fires result in **418 deaths, 1,570 injuries, and \$1.4 billion in property damage**. Overloaded electrical circuits are a major cause of residential fires. Help lower your risk of electrical fires by not overloading your electrical system.

OVERLOADED CIRCUIT WARNING SIGNS



HOW TO PREVENT ELECTRICAL OVERLOADS



50%

The CPSC estimates **more than 50%** of electrical fires that occur every year **can be prevented** by Arc Fault Circuit Interrupters (AFCIs). To learn more about AFCIs, visit ESFI.org.



Only use the **appropriate watt bulb** for any lighting fixture. Using a larger watt light bulb may cause a fire.



www.facebook.com/ESFI.org



www.twitter.com/ESFI.org



www.youtube.com/ESFI.org

MAY IS NATIONAL ELECTRICAL SAFETY MONTH

Please share this free resource to save lives

Job Title: Greens Keeper
Department: Golf Course Maintenance
Reports To: Golf Course Superintendent
Prepared Date: April 2022

SUMMARY

Maintains grounds and turf of golf course in playing condition using appropriate equipment by performing the following duties.

ESSENTIAL DUTIES AND RESPONSIBILITIES include the following. Other duties may be assigned.

Operates tractor to till, cultivate, and grade new turf areas, to apply prescribed amounts of lime and fertilizer, and to mow rough and fairway areas at designated cut, exercising care not to injure turf or shrubs.

Operates hand or power mower to cut turf on green and tee areas.

Connects hose and sprinkler systems at designated points on course to irrigate turf.

Digs, edges, aerates and rakes ground to prepare new greens, grades and cleans traps, and repairs roadbeds.

Plants, trims, prunes, waters and sprays trees and shrubs.

Changes holes, moves tee markers, sweeps mats, checks rubber tees, fixes ropes around greens, puts flags on temporary greens.

Updates the golf shop on course conditions.

During inclement weather, cleans grounds, empties trashcans, sweeps washrooms.

OTHER DETAILS

Early morning shifts; 37.5 hours a week; great pay and perks!

Please send resume to hr@universitygolf.com



INDIGENOUS YOUTH SCHOLARSHIP

RAM Consulting is seeking a recipient for a \$2,000.00 Scholarship to support Indigenous Youth in their areas of study.

Requirements:

The applicant of the bursary must be 25 years old or younger, a Musqueam band member, and registered to attend or currently enrolled in a post-secondary institution (trades school, college, or university). This bursary is intended to encourage our youth to seek post-secondary education in the sciences or trades of engineering, inspection, surveying or construction and project management fields. For those who might be interested in pursuing these areas or wanting more information on the bursary, please be in touch with RAM Consulting's Manager of Indigenous Relations at jodi.carlow@ramconsulting.com with questions. RAM Consulting will also assist interested students to explore their options and facilitate conversation with local training facilities to aid the students in admittance requirements.



How to Apply:

To apply, please provide responses to the below questions and drop off at the Musqueam Employment & Training Department or email: mlangthorne@musqueam.bc.ca. Please include in your application of interest the following:

- 1.Name:**
- 2.Status number**
- 3.Program/Course:**
- 4.Description on why you would be a good candidate to receive the grant.**

Deadline: February 20th, 2023

A decision will be made on successful candidate within 3 weeks of deadline.

Musqueam Employment & Training Department

Obtain your Class 7N Drivers License with:

DRIVE FORWARD >>>

3 Day "What the L Workshop!"



Day #1: ICBC Presentation.

March 6th, 2023 | 1:00pm - 3:00pm

Day #2: What the L Training.

March 7th, 2023 | 5:00pm - 8:30pm

Day #3: What the L Review.

March 8th, 2023 | 5:00pm - 8:30pm

Location: Musqueam Cultural Centre



Eligibility:

Valid photo ID, completed E&T application, no outstanding fines/charges.



Call Today!

604-269-3461

Lunch, dinner and completion bonus provided.

Calling disabled Indigenous youth of the Lower Mainland

Are you an aspiring artist?

Apply to join Adele Łᑭᑦᑭᑦᑭᑦᑭᑦ Arseneau (Nehiyaw/Métis) for this mentorship model workshop on **April 8th, 2023**, creating miniature cradleboards using Indigenous artistic practices. Arseneau is hosting a day-long workshop for disabled Indigenous youth who want to collaborate on the upcoming exhibit “ᑭᑦᑭᑦᑭᑦᑭᑦ [wîskwêpitâkan] - Sacred Bundle.”

Compensation

- No cost to participate
- Transportation stipends (within Lower Mainland)
- Honorarium for gallery exhibit of youth artwork

Apply by
February 27th!

bit.ly/SacredBundleWorkshop

Requirements

- Indigenous
- Disabled
- Located in the Lower Mainland of British Columbia
- 15-30 years old
- Have some fine motor ability (see application)

If you need support applying, contact hannah@kickstartdisability.ca

BC FIRST NATIONS YOUTH

COMPLETE A SURVEY ON Disaster Risk Reduction

3 Cash
Visa Prizes

\$700

\$200

\$100

SPONSORED BY:



FOUR DIRECTIONS
MANAGEMENT SERVICES LTD.

Are you concerned about you and your friends being affected by wildfires, floods, draughts, earthquakes, and other natural disasters?

Do you want to support climate change mitigation efforts?

If yes, and you are a First Nations youth in British Columbia, please complete this survey and be entered to win of 3 cash prizes.

1st prize - \$700; 2nd prize - \$200;
3rd prize - \$100!



Complete one survey per person to be entered into the draw.
All surveys need to be completed by 11:59pm PST on Feb. 28, 2023.

[CLICK HERE TO START THE SURVEY](#)



Social Development Dept.



Cheque Issue

Friday February 17, 2023

March 2023 cheque issue day will be issued on

Wednesday March 1, 2023 8:00am—12:00 & 1:00pm—4:30pm

Please bring in renewal slips and job search forms a.s.a.p. if you haven't already done so.

Cut off day to bring in your paperwork (renewal slips/job search forms) is on the 20th of every month unless stated otherwise.

We will no longer be process cheque's on cheque issue day! They will be processed the next business day.

If you are **not** on *direct deposit* please **reconsider** at this time and bring us a void cheque and or a direct deposit form from your bank .

If you are eligible for your bills (hydro, gas and phone) to be paid please bring in a.s.a.p. We cannot pay them if you do not provide your bills.

Thank you,

Have a safe and happy holiday season!

From Your Social Development Dept.



CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

OFFICE USE ONLY

Administering Authority (AA) and Number: _____	Name of Worker: _____	Date Declaration Reviewed: _____
---	--------------------------	-------------------------------------

Child

Last Name	First Name	Middle Name
-----------	------------	-------------

1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____		
3. Are there any changes in the amount of financial contribution to the COPH Assistance child?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s) to the amount: _____		
4. Are there other changes concerning the COPH Assistance child or the information provided by the relative?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____		
5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED		
New Address	Telephone ()	
Mailing Address (if different)		

DECLARATION

I declare that the information that I have provided on behalf of _____ is true and complete.

(Child's Name)

I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.

Relative's Signature _____

Relative's Name (Print) _____

Date Signed _____

Musqueam Indian Band

Active Job Search Statement

List dates, names and phone numbers of employers seen and results of job interviews. When completed, **Sign** the declaration at the bottom of this form.

Please return no later than the 20th of every month

Date contact made with Employer	Business name and address	Person contacted	Phone Number Or email	Type of Work sought	Results of your request for a job

If you have taken No Action to find Employment, Indicate **why**:

☐ Found work ☐ Sick or Incapable (**Need a Dr's note**) ☐ Other (explain) _____

☐ Pregnancy ☐ Attending a course of Instruction – Where? _____

Declaration: I declare that All Employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true. I understand that confirmation of my contacts may be obtained from Employers whose names I have shown

Printed name of Claimant:	Signature of Claimant:	Date:
---------------------------	------------------------	-------



Indian and Northern
Affairs Canada

Affaires indiennes
et du Nord Canada

PRIVACY ACT STATEMENT

SOCIAL ASSISTANCE

MONTHLY RENEWAL DECLARATION

Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision.
The information will be stored in personal information bank INA/P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance?

☐ Yes

☐ No

2 Has your marital / employment situation changed?

☐ Yes

☐ No

If yes, explain change _____

3. List any changes in your living situation (e.g. address, rent, etc.). Submit new receipts.

901-28 (6-88)

4. Have you had **any earned or unearned Income this month?**

☐ Yes ☐ No

If yes, complete *

Earnings	\$
Child tax	\$
Family Maintenance	\$
Employment Insurance	\$
Other (specify)	\$
Pension	\$
	\$

5. Has there been any change in your assets?

☐ Yes ☐ No

If yes, complete *

Bank Account	
Property	
Other (specify)	
TOTAL	

6. Is there any change in your number of dependents or their school status?

☐ Yes

☐ No

If Yes, explain the change(s) _____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Band Name and #

Print Name

Signature of Applicant

Date

Month

Day

year

Do you want direct deposit Yes or No (please circle one, clients sometimes request no)

If you are turning 65 this year, Please remember that income assistance cut off is your 65 birthday. You must apply for your Old age pension. This can be done one month after your 64th birthday!

Canada