



Musqueam Community Newsletter

Friday—March 10, 2023

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058



This Photo by Unknown Author is

INCOME TAX CLINIC FOR MUSQUEAM MEMBERS

WHEN: TUESDAY MARCH 14, 2023

TIME: 9:00 AM – 3:00 PM

AND

WHEN: THURSDAY MARCH 16, 2023

TIME: 9:00 AM – 3:00 PM

LOCATION: MUSQUEAM ELDERS' CENTRE

~~~~~  
Please make sure you have all your T4 slips

Social development; Old Age Pension T4; CPP T4; Work T4

Please call Theresa Hood 1-604-364-6551 for an appointment.

A reminder spaces do fill up quickly. Also, a side note that Revenue Canada are talking about a strike in April, so please make sure you do your income tax early this year, so none of your benefits gets cut off.

Theresa Hood, Family Outreach Worker

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Please come and join us for Mass at  
St. Michael's Church  
Every Sunday @ 1:00 pm.

Thank you, Jeannie  
Campbell—  
604-781-5641



**THURBER** ENGINEERING LTD.

**Temporary Partial Street Closure (West side of Kullahun Drive)  
Between Salish Drive and gate to Shaughnessy Maintenance Yard  
8:00 am to 6:00 pm on March 15, 16 and 17, 2023**

March 1, 2023

Dear Residents and Business Operators:

We will be temporarily closing the southbound lane (west side) of Kullahun Drive, between Salish Drive and the gate to Shaughnessy Maintenance yard, between 8:00 am and 6:00 pm on March 15 through 17, 2023, to complete a drilling investigation.

Two-way traffic will be directed into the northbound lane (east side) of Kullahun Drive during the lane closure, and access to residences will not be impeded. Traffic Control personnel and/or measures will be in place to direct pedestrians and traffic around the work area as needed.

Noise will be kept to a minimum during the investigation, and the actual work site will be kept as compact and tidy as reasonably possible. The work is not expected to impact surrounding residents or visitors.



We apologize for any inconvenience the work may cause and thank you for your understanding and cooperation. Please contact the undersigned at 604-512-2635 or by e-mail at [pmaddock@thurber.ca](mailto:pmaddock@thurber.ca) if you would like to discuss this matter in further detail.

Yours truly,

Paige Maddock, ASCT., BC-CESCL, CAN-CISEC

**Thurber Engineering Ltd.**

900, 1281 West Georgia Street

Vancouver, BC, V6E 3J7

# MUSQUEAM 101

stem? (what?) Musqueam 101, Wednesday, March 15th

## *Re-dressing Ritual in St'at'imc Territory*



*The skyline of St'at'imc territory. 2014. Photo by Kristen Barnett*

Join us for an evening with Kristen Barnett who will talk about the ancient village of Keatley Creek. This complex village, inhabited for many generations, is located in St'at'imc Territory in the Mid-Fraser region of the interior plateau of British Columbia. There are many large pit houses at the site. Five smaller houses have been argued by archaeologists to be special men's secret society houses. This talk re-dresses these houses based on local knowledge and understanding (blood memory), in addition to ethnography and archaeology. This glimpse into past looks at identity and practice, and complicates archaeological reliance on materiality and a genealogy of archaeological research and interpretations as a primary source of information.

**Presenter:** Kristen Barnett (Unangax) is an assistant professor in Indigenous Archaeology in the Department of Anthropology.

### ni? ʔəncə? (where?)

Musqueam Elders' Centre

### təmtəm? (when?)

Wednesday, March 15. Dinner will be served at 6:00 p.m. at the Elders Centre with the presentation starting at 7:00.

**PLEASE JOIN US!**



# WILDFIRE RESILIENCY AND TRAINING SUMMIT

**May 10-14, 2023 | Vancouver and North Vancouver, BC**

## Indigenous Artisan Invitation

On behalf of the BC FireSmart Committee, we would like to invite you to be a vendor at the 2023 Wildfire Resiliency and Training Summit on May 12, 2023.

The Wildfire Resiliency and Training Summit is an important five-day gathering formally known independently as the FireSmart BC Conference and the WUI Symposium. The Summit is expected to attract more than 700 members of BC's FireSmart community, including key staff from First Nations, local governments, the Province of BC, fire departments province-wide, as well as local FireSmart representatives, wildfire mitigation specialists, firefighters, researchers, emergency managers, wildfire scientists, and industry partners.

If you are interested and available to participate, please email us at [wrts@pacegroup.com](mailto:wrts@pacegroup.com).

### **VENDOR DETAILS**

#### Criteria

- Applications are open to First Nations and Indigenous artisans from any one of the three First Nations on whose traditional and ancestral territory the event is taking place: Musqueam, Squamish and Tsleil-Waututh.

- Vendors are allowed to have a max of two people at their booth. Accreditation with vendor name will be provided.

#### Vendor Fee

- There is no vendor fee to participate.

#### Vendors will be provided:

- 10' x 10' space with one 6' table and two chairs
- One 15a electrical outlet
- Wi-Fi access
- Lunch

#### Schedule

Vendors must adhere to the following schedule:

- Set-up: May 12, 7:00am – 9:00am
- Event: May 12, 9:00am – 5:00pm
- Take-down: May 12, 5:00pm – 7:00p

#### **IMPORTANT NOTES**

- All exhibitors are required to book and manage their own travel and accommodations. Please note, accommodation, travel costs and expenses will not be reimbursed.
- All applications must be received by Friday, March 24, 2023 at 4:00pm PST.
- All applications will be reviewed, and exhibitors will be notified by Friday, March 31, 2023.

#### **QUESTIONS?**

Please contact us at [wrts@pacegroup.com](mailto:wrts@pacegroup.com)



# Employment & Training

**Do you want to win a \$250 Visa and be highlighted in this years client success report?**

Musqueam Employment & Training is currently finalizing our 2022/2023 success story publication. We would love to hear from our clients and let us know how the training and funding you received has impacted your life. We are seeking high resolution photos, quotes and stories about your journey. Every submission will be entered to win a \$250 Visa Card.

**Please send all submissions to  
[abradley@musqueam.bc.ca](mailto:abradley@musqueam.bc.ca) and  
[mlangthorne@musqueam.bc.ca](mailto:mlangthorne@musqueam.bc.ca)**

Winner will be drawn on March 31st, 2023

Best of luck!





## **University Golf Club**

### **Sous Chef**

#### **SUMMARY**

The Sous Chef in coordination with the Executive Chef is responsible for the execution of all Banquet/Events at UGC/Westward Ho as well as managing of back of house staff during certain services. The Sous Chef functions as a liaison between frontline kitchen staff, the Executive Chef, and the front of house management team.

**ESSENTIAL JOB RESPONSIBILITIES/DUTIES/TASKS** *include the following but not limited to:*

#### **Policy**

- Follow all standards set by the Executive Chef
- Handle all food products with respect and follow all food safety laws and guidelines
- Follow all UGC policies and standards
- Lead by example
- Be an active and positive member of the culinary team

#### **Employees**

- Ensures employees are punching in/out at the correct times
- May create and maintain schedules for all kitchen employees, coordinate with the Executive Chef
- Train all new and current employees on proper techniques, plating, and organization within department
- Assist with providing a safe and comfortable work environment that is free of harassment
- Solicit feedback and input on operational, employee and guest service matters

#### **Product Quality and Consistency**

- Responsible for food quality and consistency of the highest possible standard
- Assists in creating new seasonal Banquet/Event menu items in coordination with the Executive Chef
- Oversees prep production and delegates any oversights/additions
- Oversees line prep and production making sure cooks are organized and on task
- Conducts pre-service walk-through ensuring Banquet/Event is ready to be served
- Coordinates services, overseeing quality and consistency of all food items during Banquet/Event
- Organizes and delegates tasks to maintain an organized, clean, and efficiently running kitchen always
- Ensure all departmental ingredients are ordered, received and maintained according to policy par levels and storage consideration

#### **Teamwork, Participation and Attitude**

- Participate in culture that is based on positive attitude, open communication and conversation that promotes team building, a rewarding atmosphere, and a high level of morale



- Be available to work above and beyond your scheduled hours in case of larger prep needs, employee shortage, mishaps, or emergencies
- Adhere to appropriate company uniform standards
- Communicates any receiving or prep issues
- Executes any specific duties assigned by the Executive Chef
- Have positive “can do” attitude
- Support all departments of UGC in creating an exceptional guest experience

### **Facility and Equipment**

- Adhere to all health department regulations as they relate to proper heating, cooling, storing, prep, methods, etc.
- Keep all areas of kitchen clean and organized
- Assist in areas of safety, sanitary, organizational, and overall atmosphere, and conditions of the kitchen environment
- Manage and control all kitchen equipment use and upkeep

### **Financial**

- Helps maintain targeted departmental food costs
- Helps maintain targeted departmental labour costs
- Assists with inventory counts
- Properly store and rotate products to reduce waste and ensure freshness
- Adhere to portion control standards in order to maintain accurate food cost and consistency

### **Feedback**

- Effectively communicate all operational information, staffing needs, guest related comments and concerns, employee comments, performance, and disciplinary information to appropriate level of management; Executive Chef, Food & Beverage Manager, Senior HR Manager, etc.

## **SKILLS AND QUALIFICATIONS**

To perform this job successfully, this individual must be able to perform each essential duty above satisfactory.

- 3+ years previous Banquet/Event cooking experience; hotel experience would be an asset
- Previous supervising experience
- Must carry a valid food safe certificate (level 2)
- Demonstrate a high level of professionalism
- Ability to work with a sense of urgency
- Good organizational and communication skills
- Ability to focus and work efficiently
- Ability to communicate effectively and professionally

## **COMPENSATION & HOURS**

Must be available evenings/weekends 5 days a week. Full-time/permanent status with a great benefits package including extended health and company matching RRSP program. Salary to be discussed during interview (based on experience & industry rates).





March 10, 2023

**MUSQUEAM HUMAN RESOURCES DEPT.**

Please note the following open positions – job opportunities!

- Full Time Youth Outreach Worker
- Full time Safe Home Worker
- Full Time Learning Facilitator
- Full Time Projects & Agreements Coordinator with IGA
- Casual Part Time Census Collectors
- Casual Employment Opportunities

Please email Human Resources Manager Kia Coles @ [kcoles@musqueam.bc.ca](mailto:kcoles@musqueam.bc.ca)  
your resume for immediate consideration!



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | MARCH 10, 2023 |



**stem:** Dental Hygienist  
(what)

**təmtem:** Friday March 17<sup>th</sup>  
(when) 9:30 – 5:00 (last appt. at 4:15)

**ni? ʔəncə:** Community Centre  
(where)

To book an appointment with the dental hygienist call:  
604-340-8442 or 604-764-5349

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# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MARCH 10, 2023 |

## Feeling sick? Stop the spread



Lots of people are getting sick this season. It could be a cold, the flu, or COVID-19. If you're not feeling well — no matter what virus you have — help stop the spread.

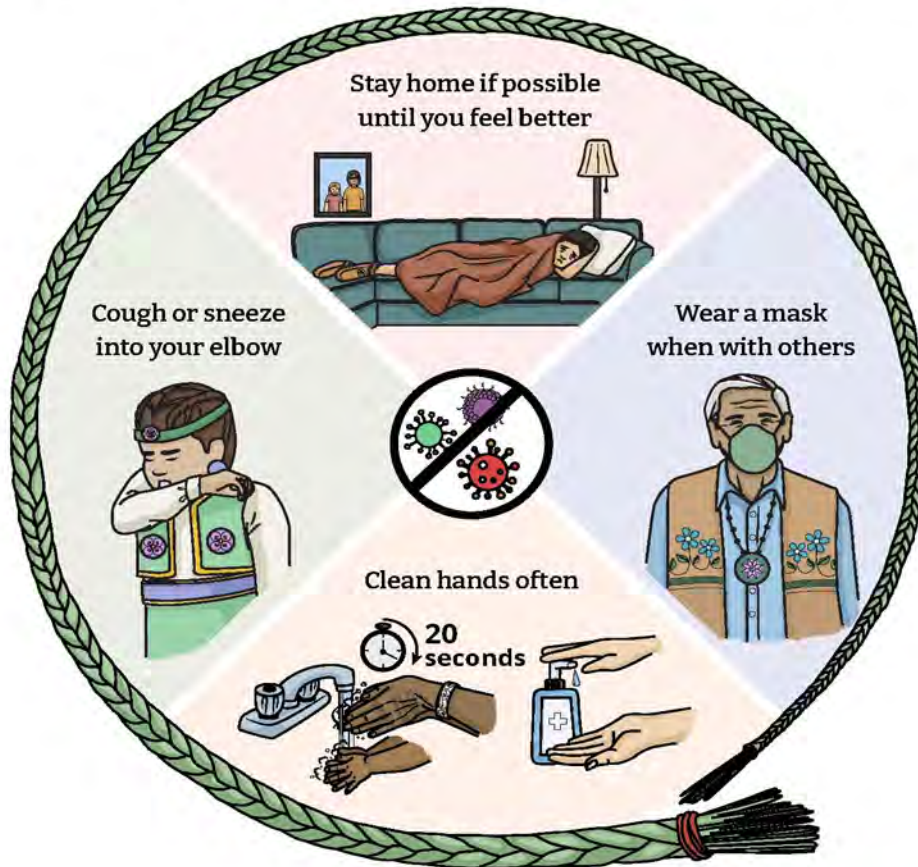


Illustration: Shoshannah Greene

**Keep up to date with your vaccines.**

Check with your healthcare provider for more information.



For more information, visit [www.bccdc.ca](http://www.bccdc.ca)

Questions? Call HealthLink BC at **8-1-1**

How to get vaccinated for COVID-19: Register by phone 1-833-838-2323



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## MUSQUEAM HEALTH DEPARTMENT

### NEWSLETTER | MARCH 10, 2023 |

#### COVID-19

### How to get vaccinated for COVID-19

~Register by phone - We understand you may want to register by phone. **1-833-838-2323**

~ To register online, you **must** provide:

- First and last name
- Date of birth
- Postal code
- Personal Health Number (PHN)
- An email address that gets checked regularly **or** a phone number that can receive text messages

Find your PHN on the back of your B.C. driver's licence, BC Services Card or CareCard.

Registration Link: <https://www.getvaccinated.gov.bc.ca/s/>

#### SAFE DRINKING WATER MONITORING PROGRAM

*Charlene Campbell-Wood*

### Ensuring sustainable access to safe drinking water

Ending a long-term drinking water advisory is a complex process and requires collaboration between First Nations communities and the Government of Canada. [Actions to resolve a water or wastewater issue](#) can include:

- feasibility studies
- new system design work
- interim repairs on existing systems
- permanent repairs to existing infrastructure
- construction of new infrastructure
- improved training and monitoring

Eliminating long-term drinking water advisories is just 1 part of ensuring First Nations communities have reliable access to safe drinking water:

- [Investing in water and wastewater infrastructure](#)
- [Keeping water systems running and properly staffed](#)
- [Supporting First Nations' control of water delivery](#)



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## MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | MARCH 10, 2023 |

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

### SAFE USING CAN SAVE YOUR LIFE

**Nasal naloxone | test your drugs first | lifeguard app | safety plan around using even if recreational**

Dear Musqueam Community,

The NNADAP & Health Dept would like to take this time to share with you options for Harm Reduction measures for safe using and abstinence if you choose from drugs and alcohol. We have a number of resources available to the community here are a few.

#### **Suicide prevention line**

**24/7/365 (1-833-456-4566)**

#### **Dial 211**

is a support line for all of life's challenges such information & obtain referrals to physical & mental health resources, housing, utility, food & employment assistance; suicide & crisis intervention

#### **LifeGuard App & How it works**

When someone is about to use, especially alone, they can open the app and record the type of substance they are using and confirm their location. The app will hold this information, and a timer is set which can be paused or extended by the app user at any time.

As the timer ends, the app will sound an alarm, flash a light, and vibrate. The user must hit a button to stop the alarm and indicate they are fine. If they are unable to stop the alarm, a text-to-voice call will go straight to 9-1-1. This alerts emergency medical dispatchers

**NNADAP workers -  
Contact & what our dept  
offers**

#### **Nicolette Moore**

Mon-Fri 8:30am - 4:30pm

Ph: 236-558-8482










#### **Brad Morin**

Wed - Fri 6-9pm

& Sat - Sun 1-5pm

Ph: 604-652-1368

#### **What we offer**

-  1-1, Family & Group counselling
-  Treatment referrals
-  Detox support
-  Relapse prevention planning
-  Family Interventions
-  Referrals to outside mental health agencies
-  In office Harm reduction gear
-  Drug testing strips
-  Clean supplies





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# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MARCH 10, 2023 |



## MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

*(Clinic closed 12:00pm – 1:00pm for lunch)*

| Monday<br>Mar. 13                               | Tuesday<br>Mar. 14                           | Wednesday<br>Mar. 15            | Thursday<br>Mar. 16                                     | Friday<br>Mar. 17                                       |
|-------------------------------------------------|----------------------------------------------|---------------------------------|---------------------------------------------------------|---------------------------------------------------------|
| <b>Karen Chandra, NP</b><br><br>9:30am – 3:30pm | <b>Dr. Dumont, GP</b><br><br>9:30am - 3:30pm | <b>NO CLINICIAN<br/>ON SITE</b> | <b>Jessica Peart, NP<br/>(locum)</b><br>9:30am - 3:30pm | <b>Jessica Peart, NP<br/>(locum)</b><br>9:30am - 3:30pm |

### Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



**Missed your telehealth or in-person appointment?** Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



**Naloxone kits available.** (Injectable or Nasal Spray)  
Please do not leave kits in a car during freezing weather.  
Contact Nicolette, Brad, or our clinic to replace an expired kit.



**Prescription running low?** Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Please note that Musqueam Primary Care Clinic is **no longer a walk-in clinic**.

Our clinic has **reached capacity**. Call the clinic to be added to the **patient waitlist**.

**Dr. Anamaria Richardson** (from Granville Pediatrics) will be working in Musqueam once a month.

Next Visit: April 12, 2023.

To book an appointment, please call their Granville office at 604-423-4803.

### Alternate Resources

#### **FNHA Virtual Doctor of the Day**

Call **1-855-344-3800** to book an appointment. Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

*Available to First Nations people and their family members, even if those family members are not Indigenous.*

#### **Walk-In Clinics Nearby**

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42<sup>nd</sup> Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>





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## MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MARCH 10, 2023 |

### COMMUNITY HEALTH

#### MUSQUEAM PRE- AND POST-NATAL GROUP

Are you pregnant or have you recently had a baby?

The Musqueam Health Department offers some valuable incentives to pre-natal and post-natal families:

From the onset of pregnancy, until 3 months postpartum we offer weekly \$25.00 Save-on Foods Gift cards for nutritious foods such as – milk, eggs, cheese, fruits & vegetables to support healthy nutrition during pregnancy and breastfeeding.

- ✚ Nursing pads, as needed
- ✚ A one-time gift of an Electric Breast pump. **One** per family
- ✚ Welcome gift for your new baby

**Due to Public Health Guidelines, the Pre-Natal program is currently not meeting in person. Musqueam Administration has the CHN position posted.**

Please call Arlene Haldane, Assistant to register for the Prenatal Program, call **Arlene Haldane**:

**Phone: 604 269 3354** | Email: [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

#### MUSQUEAM HOME & COMMUNITY CARE PROGRAM

*Romeo Cosio, RN, Musqueam Home Care Nurse & Arlene Haldane, Assistant.*

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

**HOME CARE CLIENTS:** If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,

**Home Care Nurse Romeo's Office Hours:** Monday, Wednesday - Friday from 8:30-5:30 *Tuesdays - Off*

**Phone:** 604-269-3463 | **Email:** [homecare@musqueam.bc.ca](mailto:homecare@musqueam.bc.ca)

**Arlene Haldane office hours:** Tues.- Fri. 8:30-4:30 | **Phone:** 604 269 3354 | **Email:** [nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

\*If there is no answer please leave a message. **\*For Emergencies Call 911 \***

## Youth Centre

**Phone: 604-269-3465**

The Youth Centre hours will be open from: 2pm—9:00pm Monday—Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**



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## MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MARCH 10, 2023 |

This important program presented by Andrea Landry is coming to Musqueam via zoom online sessions

Program for 6 Sessions: Apr 5th, Apr 12th, Apr 17th, Apr 19th, Apr 24th, Apr 26th

Please contact Trish by email [lbh@musqueam.bc.ca](mailto:lbh@musqueam.bc.ca) Or call/text (778)239-4325

# Indigenous Motherhood

*Healing colonial trauma to revitalize Indigenous kinship*

## Now Available for Communities Online

This program is designed for participants to gain models, tools, and knowledge in the areas of colonialism, residential schools, the child welfare system, healing from trauma, the integration of indigenous systems, healthy communication & healthy relationships, productive problem solving, self-esteem & self worth, forgiveness, traditional diets, emotional intelligence, grief & loss, indigenous parenting practices, and many more.

Participants will ultimately discover tools, and how to utilize tools, which will aid in restoring happiness, love, and truth in all areas of life not only in times of crisis and trauma, but in every-day life as well.

For more info

[www.indigenousmotherhood.com](http://www.indigenousmotherhood.com)





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# MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MARCH 10, 2023 |

## *Supporting the **Fighters**, Admiring the **Survivors**, Honouring the **Taken** & Never Giving Up **Hope**!*



### WHAT?

**Mobile Mammography Bus** is returning to Musqueam, have your mammogram right on site, a 10-minute procedure!

### WHEN?

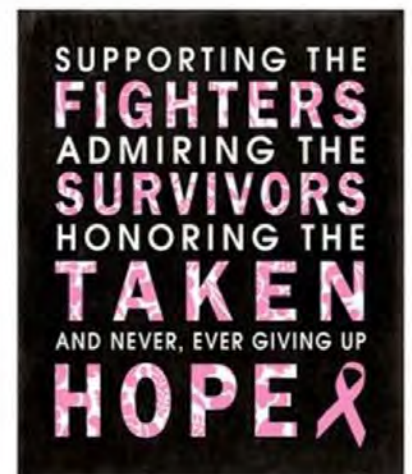
**March 23 2023**

**10am**



### INTERESTED?

1. See attached registration form for eligibility!
2. If you answer NO to ALL questions on the registration form, you can:
3. Fill out registration form, send to **Arlene** in the Health Department:  
[nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)
4. An Appointment will NOT be booked until a COMPLETED FORM is sent to us.
  - Covid Protocols are in place masks required;
  - Please do not attend your appointment if you have cold or flu symptoms



Contact Arlene  
for any questions at:  
604 263 3261



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## MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MARCH 10, 2023 |



### BC CANCER BREAST SCREENING REGIS

BC Cancer Breast Screening provides screening mammograms to **eligible BC residents age 40 and over**. If under 40, a doctor's referral is required.

### MANDATORY ELIGIBILITY QUESTIONS:

Are you currently pregnant?

Have you been breast feeding in the last three months?

Have you had breast enlargement surgery, such as implants or injections?

Have you had breast cancer?

Do you now have any new breast complaints such as a solitary lump or nipple discharge?

Have you had a mammogram on both breasts in the last 12 months?

If the answer is **YES** to any of the questions above you would not be eligible for screening mammography at this time. Please contact your primary care provides (family doctor, clinic, nurse practitioner or naturopath) to find out about other breast exam options.

### TO REGISTER FOR A SCREENING MAMMOGRAM APPOINTMENT, PLEASE COMPLETE THE FOLLOWING:

Last name: \_\_\_\_\_ Title: \_\_\_\_\_ (Ms., Mrs., Miss)

First name: \_\_\_\_\_ Middle initial: \_\_\_\_\_

Birth surname: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Day Month Year

Personal health number (care card): \_\_\_\_\_

Mailing address:

Street: \_\_\_\_\_

City/Town: \_\_\_\_\_, BC

Postal Code: \_\_\_\_\_

Main Telephone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Work /Cell Telephone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Family Doctor (Mandatory): \_\_\_\_\_

City/Town: \_\_\_\_\_

***For your mammogram appointment, do not wear deodorant, body powder or perfume.***

APPOINTMENT DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

LOCATION: \_\_\_\_\_



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## MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MARCH 10, 2023 |

### MUSQUEAM ELDERS

Brenda Campbell, Elders Coordinator  
Ph: 604 263 – 6312



**Ladies Group**  
Every Tuesday  
**Time: 1-4pm**  
Location: Elders Centre

**Next Elder's Luncheon:**  
Wednesday, Mar.22, 2023  
Time: 12:00 Noon  
Location: Elders Centre  
*Elder's only*

### MWSU MENTAL WELLNESS COUNSELLOR

Janice Cross

This confidential counseling services are available  
Monday-Friday: 8:30- 4:00pm to our Musqueam people  
via phone or virtually. Call or email to and set up a time  
to talk to Janice Cross.

**Email:** [mentalwellness@musqueam.bc.ca](mailto:mentalwellness@musqueam.bc.ca)

**For Private Counseling Call: 236-558-9977**

### ART THERAPY FOR CHILDREN, YOUTH & ADULTS

Janice Carroll, RCAT

I am available Monday to Thursday from 8:30am-  
4:30pm, for phone calls, emails or text conversations,  
and also, I can hold sessions via Zoom.

**Email:** [jcarroll@musqueam.bc.ca](mailto:jcarroll@musqueam.bc.ca)

**Cell:** 778-829-0242

### MUSQUEAM HEALTH PATIENT NAVIGATOR

I am available to assist and support community members on their healthcare journeys.

If you have need assistance regarding your health care coverage; FNHA Benefits; MSP Premium Assistance coverage;  
assistance filling out medical forms; assistance with example Jordan's Principle; please do not hesitate to contact me.

**I am available Monday-Friday from 8:30am to 4:30pm.**

**Lisa Mitchell, Musqueam Patient Navigator.** Phone: 604-764-5349 or email: [navigator@musqueam.bc.ca](mailto:navigator@musqueam.bc.ca)



Friday March 10, 2023

## Attention: Social Assistance Clients

It is that time of year again where we need all clients on income assistance to come in and renew their applications. Please book an appointment with Leanne or Michele a.s.a.p.

Cutoff date will be Wed. Mar.22/23. When you come in please bring with you 2 pieces (1 picture) of ID for adults and 1 piece for children. We will also need your utility bills if eligible for pmt.

Thank you for your cooperation,

Social Dev. Dept.





## CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

### PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

### OFFICE USE ONLY

|                                                   |                          |                                     |
|---------------------------------------------------|--------------------------|-------------------------------------|
| Administering Authority (AA) and Number:<br>_____ | Name of Worker:<br>_____ | Date Declaration Reviewed:<br>_____ |
|---------------------------------------------------|--------------------------|-------------------------------------|

### Child

|           |            |             |
|-----------|------------|-------------|
| Last Name | First Name | Middle Name |
|-----------|------------|-------------|

|                                                                                                                 |                              |                             |
|-----------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------|
| 1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance?                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| If yes, explain change(s): _____                                                                                |                              |                             |
| 3. Are there any changes in the amount of financial contribution to the COPH Assistance child?                  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| If yes, explain change(s) to the amount: _____                                                                  |                              |                             |
| 4. Are there other changes concerning the COPH Assistance child or the information provided by the relative?    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| If yes, explain change(s): _____                                                                                |                              |                             |
| 5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED                                             |                              |                             |
| New Address                                                                                                     | Telephone (      )           |                             |
| Mailing Address (if different)                                                                                  |                              |                             |

### DECLARATION

I declare that the information that I have provided on behalf of \_\_\_\_\_ is true and complete.  
(Child's Name)

I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.

|                            |                               |                   |
|----------------------------|-------------------------------|-------------------|
| Relative's Signature _____ | Relative's Name (Print) _____ | Date Signed _____ |
|----------------------------|-------------------------------|-------------------|

**Job Title:** Coordinator, Elders in Residence Programs, Indigenous Health  
**Work Site:** Indigenous Health  
**Status:** Regular Full Time  
**Start Date:** As soon as possible  
**Hours:** 0830-1630  
Days off: Saturday, Sunday, Statutory Holidays  
**Salary:** \$31.54 - \$45.34 per hour  
**Reference#:** 179577-lmo

**Come work as a Coordinator, Elders in Residence Programs, Indigenous Health, with Vancouver Coastal Health (VCH)!**

Vancouver Coastal Health is looking for a Coordinator to join the Indigenous Cultural Safety Team. Apply today to join our team!

**Strong preference given to candidates identifying as Indigenous, including First Nations, Metis, or Inuit. We are striving to build a diverse team that has lived experience with Indigenous communities.**

**It will greatly assist us with screening if you refer in your application to your Indigenous identity. Recognizing the impacts of colonization on Indigenous people, it is your choice whether to volunteer information. We will hold your application in strictest confidence, sharing it only with the hiring panel.**

**Please contact our Indigenous Recruiter, Stephanie Beaulieu [Stephanie.Beaulieu@vch.ca](mailto:Stephanie.Beaulieu@vch.ca) should you have any questions, regarding the role.**

Vancouver Coastal Health is committed to improving the health and access to culturally safe healthcare of the Indigenous people in our region, and we recognize that we all have a contribution to make in reconciliation and healing. VCH's Indigenous Health team works with staff and physicians across all programs and departments to provide strategic leadership, partner collaboration and community engagement to assist VCH to become a more culturally competent and safe organization.

**As a Coordinator, Elders in Residence Programs, Indigenous Health with Vancouver Coastal Health you will:**

- Report to the Manager, Indigenous Cultural Safety, Training and Initiatives, the Coordinator develops, plans, facilitates and coordinates the Elders in Residence Program across Vancouver Coastal Health (VCH) to meet the identified needs of the community it serves.
- Collaborates with other programs and leadership across the organization, as well as community partners, to grow the reach of the program, build new services, and ensure the development and implementation of the program is aligned with community needs and values.

This role is key, and represents the health authority in coordinating the recruitment of Elders, as well as establishing partnerships in urban, rural and remote communities in partnership with other staff, mentoring, education and building on individual strengths, to ensure appropriate matching of individuals based on their skillsets.

- Maintain integrity of the program, and the care that the Elders provide to communities and staff.
- Arrange regular follow up with the team, to evaluate services, determine needs and safety requirements of each Elder, ensuring individual competencies can thrive.

## **QUALIFICATIONS:**

### **Education & Experience**

- Bachelor's degree in Health or Social Sciences, Business or related field, supplemented with three (3) to five (5) years recent, related experience working with Elders, Indigenous community health and program development, or an equivalent combination of education, training and experience.
- Valid BC Driver's License, as local area travel within the Vancouver Coastal Health geographic area, may require the use of a vehicle.

### **Knowledge & Abilities**

- Demonstrated ability to act as a champion and advocate on behalf of the program.
- Demonstrated ability to respectfully communicate, facilitate, and present, on behalf of the program.
- Demonstrated understanding, knowledge and skill of Indigenous Cultural Safety and humility.
- Demonstrated understanding and knowledge of the historical and ongoing effects of colonization on Indigenous People.
- Demonstrated cultural knowledge and understanding of Indigenous communities.
- Demonstrated ability to develop and maintain effective and respectful working relationships with others both within and outside of the organization.
- Ability to maintain, conceptualize and develop reports regarding a variety of operational and informational statistics.
- Ability to work effectively under pressure and with changing priorities and deadlines.
- Proficiency in the use of a personal computer and applicable office software applications as effective tools to achieve results.
- Physical ability to perform the duties of the position.

**As per the current Public Health Orders (Long Term Care/Seniors Assisted Living Provincial Health Officer Order and the Health Sector Order), as of October 26, 2021, all employees working for Vancouver Coastal Health must be fully vaccinated for COVID-19. Proof of vaccination status will be required.**

## **WHY JOIN VANCOUVER COASTAL HEALTH?**

VCH is a world class innovator in medical care, research and teaching, delivering service to more than one million BC residents. At VCH, we embrace thinking boldly, taking smart risks, and "going first" when we believe it will lead to the best possible outcomes for patients and their families. We invite

you to join us in creating healthy lives in healthy communities by showcasing our passion for care, connection to the communities we serve, and our culture of teamwork that makes VCH a great place to work.

- Comprehensive health benefits package, including MSP, extended health and dental and municipal pension plan
- Grow your career with employer-paid training and leadership development opportunities
- Wellness supports, including counselling, critical incident and innovative wellness services are available to employees and their immediate families
- Award-winning recognition programs to honour staff, medical staff and volunteers
- Access to exclusive discount offers and deals for VCH staff

Diversity, equity, and inclusion are essential to our goals of creating a great place to work and delivering exceptional care. We acknowledge and accommodate unique differences and ensure special measures are in place so that all prospective and current employees are given an opportunity to succeed.

We are committed to building a representative workforce and encourage applications reflecting diversity of sex, sexual orientation, gender identity or expression, racialization or ancestry, disability, political belief, religion, marital or family status, age, and/or status as a First Nation, Metis, Inuit, or Indigenous person.

Vancouver Coastal Health is proud to be recognized as one of Canada's Top 100 Employers in 2023.

Please note that a resume is required to apply to this posting.

Hours of Work may vary due to project requirements.

**Only short-listed applicants will be contacted for this posting.**

\*\*\*Employees of VCH must apply via the **Internal Application Process**. Refer to the **<https://my.vch.ca/working-here/job-postings>** site for **How to Apply** instructions. Current VCH employees who apply to this posting using this external site will be considered as an external candidate. Seniority will not apply.\*\*\*

Thank you for your interest in Vancouver Coastal Health.

Hello,

I hope this email finds you well. My name is Stephanie and I'm working at ICORD as the Indigenous Summer Student Program Coordinator. My role is to recruit Indigenous high school students for a summer program at ICORD, getting them involved in Spinal Cord Injury and Neuroscience research. The program is designed to get the students really passionate about research and university. Our applications have opened and we were hoping you'd be able to add an advertisement for the program in your newsletter. It is a paid 6-week program in July and August for students to have an opportunity to gain work experience and learn what research is all about. I've listed a blurb below that could be added to the newsletter or website. Would you be able and willing to add this to your community newsletter?

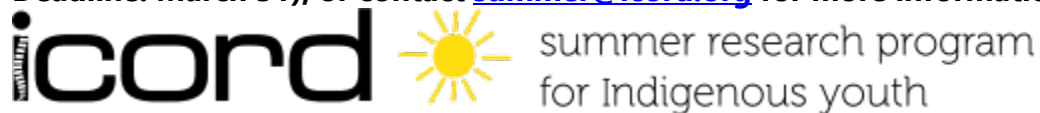
**Are you a high school student who identifies as Indigenous?**

**Are you curious about research, biomedical engineering, spinal cord injuries, or neuroscience?**

**Are you looking for a summer job?**

**If you answered yes to any of these questions, ICORD's Summer Research Program for Indigenous Youth might be right for you. Put on your scientist hat and get paid for 6 weeks this summer doing research with us!**

Check out [icord.org/issp](https://icord.org/issp) for full details and our registration form (Application Deadline: March 31), or contact [summer@icord.org](mailto:summer@icord.org) for more information.



Thanks so much and I look forward to hearing from you!

Warm regards,  
Stephanie

Stephanie U  
ICORD Indigenous Summer Student Program Coordinator  
MSc Population and Public Health Candidate  
UBC Faculty of Medicine and Vancouver Coastal Health Research Institute  
818 W 10th Ave, Vancouver, BC V5Z 1M9  
skwxwú7mesh (Squamish), selílwitlh (Tsleil-Waututh), and xʷməθkʷəy̓əm (Musqueam) unceded and traditional territories

# Musqueam 2023 Spring Break Recreation Schedule

**Monday March 13th, 2023**



## **Orientation and Gym Games**

- 9:00 am - 11:30 am Rules & Orientation
- 1:00 pm - 4:00 pm Gym Floor Games
- Please bring a lunch

**Tuesday March 14th, 2023**



## **Lacrosse with Shawn Evans!**

- 10:00 am - 12:00 pm Lacross with Shawn Evans from the Vancouver Warriors Lacross Team
- Lunch Provided
- 1:00 - 4:00 pm

**Wednesday March 15th, 2023**



## **Movie at Dunbar Theatre**

- Leave @ 11:15 am
- Please bring lunch, money or debit card

**Thursday March 16th, 2023**



## **Golf Day with Tyler from Golf BC!**

- Please wear runners
- Bring your own lunch or money

**Friday March 17th, 2023**



- Marvel Avengers Station
- Please bring money for lunch
- \*\*Please note pre-registration is required for this event as it is a ticketed and timed entrance\*\*
- \*\*\*the day of this MAY change depending on ticket availability\*\*\*

Ages 7-12 years will receive priority. Ages 5-6 welcome depending on staff supervision availability.

Please fill out a registration form and bring with your child/children on the first day of the program

Any questions or concerns please email Courtenay Gibson, Recreation Manager

[cgibson@musqueam.bc.ca](mailto:cgibson@musqueam.bc.ca) or text 604-781-1470



# Musqueam Recreation Spring Break 2023

## Program Permission Slip

I give permission for my child/children to participate in the Musqueam Recreation Spring Break Program during March of 20203 It is my understanding that any injury or accidents that may happen during this program are my responsibility and not that of the Musqueam Indian Band or its employees. I understand that my child must be 5 years of age or older on the day of the outing to attend, they must be dressed appropriately, must have lunch or lunch money and if they get into trouble I will be informed by Recreation staff as soon as possible, and my child may be sent home due to these incidents.

| Parent /Guardian Name | Home Phone | Cell Phone         |                                        |
|-----------------------|------------|--------------------|----------------------------------------|
|                       |            |                    |                                        |
| Childs Name           | Childs Age | Childs Birth Date* | Additional Information (ex. Allergies) |
| 1.                    |            |                    |                                        |
| 2.                    |            |                    |                                        |
| 3.                    |            |                    |                                        |

Please be reminded of our regular Recreation Program rules:

- Priority for all activities will go to children aged **7 -12 years of age**. Children aged 5 - 6 are welcome permitting there is enough staff supervision.
- Children must bring a lunch or money.
- Children must have a permission slip to attend.
- Children must be dressed appropriately for all activities.
- Bullying and disrespectful behaviour will not be tolerated. Children will be sent home after 1 major incident or after 3 warnings during the week.

**Health and Safety: Masks may be required on some buses. Children who are feeling even a little bit sick should stay home. Children who show signs of illness will be asked to leave the program immediately until they are feeling better.**

---

Parent Guardian Signature

Date

By signing this form, I acknowledge that I have read and agree to the above rules and guidelines and that I have discussed these with my child.