



Musqueam Community Newsletter

Friday, May 19, 2023

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058



COME OUT AND SUPPORT THE FAMILY 'S GARAGE SALE!

WHEN: SATURDAY MAY 20 AND SUNDAY MAY 21, 2023

WHERE: 6655 SALISH DRIVE

There will be girls and woman's clothing, knick knacks, shelves, and house-hold items!

MUSQUEAM GYM CLOSURE

DUE TO THE MIB—YOUTH SOCCER TOURNAMENT—THE GYMNASIUM WILL BE CLOSED THIS LONG WEEKEND; SATURDAY, SUNDAY AND MONDAY AND WILL RE-OPEN ON TUESDAY MAY 23, 2023—REGULAR HOURS.

THANK YOU.

Inside this Issue:

Creek Update—2

Job Postings—3

Education—4-7

Health Dept.—8-16

MIB Youth Soccer Tournament Information—17-24



**Please come and join us for Mass at
St. Michael's Church
Every Sunday @ 1:00 pm.**

**Thank you, Jeannie Campbell—
604-781-5641**

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Contamination Update – Summer 2023

Musqueam Creek remains closed, since 2019, due to E. coli and Fecal contamination in the water that is a danger to humans and pets. Animal and human fecal contamination levels have exceeded well past Vancouver Coastal Health recommendations on numerous occasions.

Conditions can change at any of the sampling stations, possibly increasing concentrations above the Health Canada guidelines. For that reason, it is recommended that the creek remain closed from recreational use until further notice.

The Musqueam Lands Department, in consultation with the Environmental Stewardship Department, is working to continue the creek monitoring work, which helps us to provide ongoing updates to the community about the status of the creek's health. Generally, it takes at least three days to receive results from sampling. We are currently exploring sampling methods that could provide quicker results.

The City of Vancouver continues to sample stormwater entering the creek to help identify where contaminants may be leaching into Musqueam Creek. Further testing is needed to identify the sources of contamination. There are many potential factors influencing water quality within the creek, such as surface water runoff and sewage.

Musqueam Lands Department is working with environmental consultants to monitor the contamination levels. There tend to be higher concentrations from July to September, but bacterial spikes can occur any time of the year. Health Canada is assisting in analyzing the contamination levels and then making recommendations, and regular meetings with Health Canada, Metro Vancouver, and the City of Vancouver regarding Musqueam Creek contamination.

The creek remains closed as contamination levels remain high.

We will continue to monitor the situation and keep the community up-to-date.

Sarah Skapski, B.Sc.

Acting Environmental Stewardship Manager

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Please contact us with any questions at kim@musqueam.bc.ca

Date: May 17, 2023

WE'RE HIRING!

Musqueam Administration is currently hiring these permanent, full-time roles:

- Safe Home Worker
- Council Secretary
- Youth Outreach Worker
- Learning Facilitator
- Lands Director
- In-House Legal Counsel
- Prescribing Nurse
- Grant Writer & Policy Worker
- Youth Outreach Worker
- Family Grief Therapist
- Projects & Agreements Coordinator

And these casual roles:

- Home Care Worker (full-time)
- Education Admin Assistant (term, full-time)

Interested in applying?

Visit www.musqueam.bc.ca/careers to read the job descriptions.

For more information about career opportunities with Musqueam, contact Kia Coles, Musqueam HR Manager, kcoles@musqueam.bc.ca



Summer Job Opportunity!

We are looking for a youth (17-25) interested in a summer job opportunity in the electrical field. No electrical experience needed, just willingness to learn. Earn money and get real world workforce experience and a future opportunity with DeltaTec.



WE ARE **HIRING!**

WHO WE ARE?

DeltaTec is 100% indigenous owned and operated electrical company. A recognized Musqueam owned business. Our mission is to continue to build capacity through trades training in the Indigenous community while supplying world class service

WHERE?

Working full-time at YVR Airport
40 hours a week - 4 days a week
10-hour shifts.

Pay Rate: \$20/hour.

APPLY NOW

Clarke Campbell-Sparrow

(604) 788-3949

csparrow@deltatec.ca



DeltaTec Group Ltd.

Musqueam Education Notice Friday May 19, 2023

Homework Club

Homework club runs every **Monday and Wednesday** from 3:30-5:30 in the Library Space. Bring your homework and join us!! Snacks will be available.



Graduating Musqueam High School Students

If you are considering going to a post-secondary institution in September, please contact the Education dept to discuss your plans and get a copy of the MIB Post Secondary Funding Application package. If you need any help or would like to discuss your options or find out more information about post-secondary funding for students graduating from high school please feel free to email or call.

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

SCHOOL BUS INFO

If your child(ren) is planning on riding the school bus this year, please contact the Education department to fill out the MIB School Bus Form.

Children are required to wear a mask at all times on the bus. If your child is sick please keep them home.

It is strongly recommended that parents/caregivers wait with their young children at the bus stop until they are on the bus.



Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

Lucetta George-Grant, Education Advocate:

education.advocate@musqueam.bc.ca

Cary Campbell, School Bus Driver

Kymberlee Stogan, School Bus Supervisor

Ph. # 604 - 263 - 3261; Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

We are excited to be preparing for graduation. Please see the list of names below. If your child's name is not on this list, please contact us to have them added.

Grade 7

Fara Campbell
Daylyn Kristinn Campbell
Kimora Charles
Odin Charles-Billy
Kylie Charlie-Point
Raymond James
Isla Grant
Ethan Mathison
Jones Peter
Devyn Wilson-Sparrow
Annabelle Stogan
Ava Mathison

Grade 12

Isaiah Baker-Sparrow
Arianne Brown-Clayton
Abigail Grant
Danielle Guerin
Kirsten Guerin
Hallie Anna Hensel
David Innes Joe-Louis
Casey Storm James
Natasha Marie Louis
Walter Perez-Dan
Carsyn Sparrow
Penelope Sparrow
Hailee Stogan
Kaci Stogan-Ned
Charleen West
Shirleen Wilson
Greg Point
Brandon Shaw
Leilani Sparrow-McKay

Post-Secondary Students

Please contact our office to let us know
if you will be graduating this year

**In Preparation for our Graduation Celebration we are asking our
grade 12 graduates to send us a kindergarten and graduation
photo. These will be displayed at the graduation.**

Thank you

You can email photos to education.advocate@musqueam.bc.ca

Please join us in celebrating our Graduates of 2022/2023

June 15, 2023

Cultural Building

5:00 P.M.

Meal to follow:

Musqueam Community Bldg.



The New Relationship Trust Foundation (NRTF) is pleased to announce that the first call for 2023-24 Scholarships and Bursaries is now available for First Nations students from British Columbia (BC).

By investing in Indigenous post-secondary education, the NRT Foundation and Partners are building the capacity of our communities, enhancing employment opportunities for graduates, and creating the skilled work force that will enable BC to meet its future economic and social development needs. Awards are available to eligible students as Scholarships and Bursaries.

Our Partners are committed to advancing Indigenous post-secondary success.

Contributions from our generous Partners allowed the NRT Foundation to support over 270 Indigenous students with Scholarships and Bursaries in 2022-23. Almost all Indigenous students face financial barriers while attending post-secondary school and the NRT Foundation's Scholarship and Bursary program eases financial struggles so students can focus on their studies and excel.

For the 2023-24 year the NRT Foundation has partnered with organizations interested in advancing Indigenous educational success and will be administering awards on behalf of:

New Relationship Trust
Keegan Combes Memorial Awards
BC Council of Forest Industries
Coastal GasLink
Indigenous Leaders in Health and Climate Scholarships
Canfor

To apply for these awards Students only need to submit an application to the NRT Foundation.

Want to apply?

For more information and to submit your application please visit:

<https://www.nrtf.ca/apply-for-funding/>

NRT Foundation first call applications are **due June 26, 2023 at 4:30pm PST**.



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | MAY 19, 2023 |

MERV's WALKING CHALLENGE

COME JOIN US for the

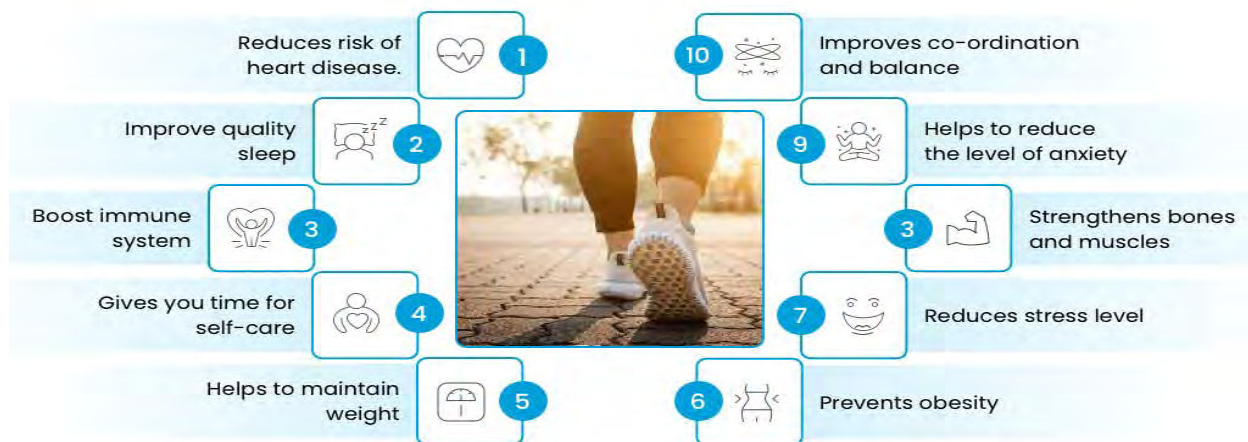
30 DAY WALK-TO-WELLNESS CHALLENGE

MAY 2 – MAY 31, 2023 EVERY TUESDAY. MEET AT ELDER'S CENTRE.

TIME: 10:30A.M. TO 11:30am

PRIZES: PARTICIPANT'S NAMES WILL BE ENTERED IN A DRAW TO WIN A PRIZE FOR THE MOST STEPS COMPLETED.

10 BENEFITS OF WALKING DAILY



WHAT TO BRING: Wear comfy walking shoes, preferably runners. Bring a hat, wear sunscreen and please bring any mobility aids that you may use.

WHAT WILL BE PROVIDED: Walking poles, fruit and water as needed. You may bring your own snack if you like.

If you would like for us to pick you up on the way and are not able to meet at the café. Please let Arlene, Merv or Amana know at the numbers listed below.

Amana CHN, Arlene or Merv at 604-263-3261 to register.



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | MAY 19, 2023 |



UBC ACTIVE KIDS is Returning to Musqueam every Wednesday

Starting May 24th, 2023

SNACKS @ 4:30PM, ACTIVITIES START AT 4:45PM - 5:30PM WITH THE UBC COACHES



Active Kids Multisport & Playtime—Parent + Tot | Ages: 1.5 to 5 years

This is a fun, high energy class that will introduce your child to agility, balance, coordination & basic movement skills (i.e. running, jumping, throwing & catching) through a variety of sports and games

*****Parent Participation is required for this age group *****

Active Kids Multisport & Games | Ages: 4 + 5 years

This class will introduce your preschooler with basic sport specific skills and reinforce movement skills including running, jumping, kicking, throwing & catching.

Trained Instructors will use a variety of fun, sports and games to develop fundamental literacy skills your child can build upon in future sports activities!



REGISTRATION:

Sign up at the Health Department or Musqueam Daycare

For more details & to register contact Amana Lalli, CHN, Merv or Arlene Haldane at 604 263- 3261



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MUSQ UEAM HEALTH DEPARTMENT

NEW SLETTER | MAY 19, 2023 |

Sign up for a free hearing test today! Hear the sounds you've been missing



Wednesday, June 7th, 2023



1:00 pm to 3:00 pm



Elder's centre

Good hearing helps your brain stay fit throughout your life and helps avoid many other health problems. We work with you to assess your hearing and help determine the best solution for your unique hearing needs.



Echo Hearing Care can help you with:

- Hearing screenings
- Hearing aid clean and checks
- Hearing aid information

All services are complimentary

Please call Amana, CHN at:

604-263-3261 to reserve your spot.



About us

Our team is led by Dr. Katarina Vavrovicova, a doctor of Audiology with many years of clinical and research experience in the Vancouver area.

Scan to visit
our website



Echo Hearing Care

WHERE GOOD HEARING STARTS

| echohearing.ca
info@echohearing.ca
2533 West Broadway



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | MAY 19, 2023 |

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

SAFE USING CAN SAVE YOUR LIFE

Nasal naloxone | test your drugs first | lifeguard app | safety plan around using even if recreational

Dear Musqueam Community,

The NNADAP & Health Dept would like to take this time to share with you options for Harm Reduction measures for safe using and abstinence if you choose from drugs and alcohol. We have a number of resources available to the community here are a few.

Suicide prevention line

24/7/365 (1-833-456-4566)

Dial 211

is a support line for all of life's challenges such information & obtain referrals to physical & mental health resources, housing, utility, food & employment assistance; suicide & crisis intervention

LifeGuard App & How it works

When someone is about to use, especially alone, they can open the app and record the type of substance they are using and confirm their location. The app will hold this information, and a timer is set which can be paused or extended by the app user at any time.

As the timer ends, the app will sound an alarm, flash a light, and vibrate. The user must hit a button to stop the alarm and indicate they are fine. If they are unable to stop the alarm, a text-to-voice call will go straight to 9-1-1. This alerts emergency medical dispatchers

**NNADAP worker -
Contacts & what our dept
offers**

Brad Morin

Wed - Fri 6-9pm

& Sat - Sun 1-5pm

Ph: 604-652-1368

What we offer

- ✚ 1-1, Family & Group counselling
- ✚ Treatment referrals
- ✚ Detox support
- ✚ Relapse prevention planning
- ✚ Family Interventions
- ✚ Referrals to outside mental health agencies
- ✚ In office Harm reduction gear
- ✚ Drug testing strips
- ✚ Clean supplies



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | MAY 19, 2023 |

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care, Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Nurse Assistant,

Home Care Nurse Romeo's Office Hours: Monday, Wednesday - Friday from 8:30-5:30 **Tuesdays - Off**

Phone: 604-269-3463 | Email: homecare@musqueam.bc.ca

Arlene Haldane office hours: Tues.- Fri. 8:30-4:30 | Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message. ***For Emergencies Call 911 ***

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

How Much Water Is Enough?

Since water is so important, you might wonder if you're drinking enough. There is no magic amount of water that kids need to drink every day. Usually, kids like to drink something with meals and should definitely drink when they are thirsty. But when it's warm out or you're exercising, you'll need more. Be sure to drink some extra water when you're out in warm weather, especially while playing sports or exercising.

When you drink is also important. If you're going to sports practice, a game, or just working out or playing hard, drink water before, during, and after playing. Don't forget your water bottle. You can't play your best when you're thinking about how thirsty you are!

When your body doesn't have enough water, it is called being dehydrated. **Dehydration** also can keep you from being as fast and as sharp as you'd like to be. A bad case of dehydration can make you sick. So keep that water bottle handy when the weather warms up! Not only does water fight dehydration, but it's awfully refreshing and has no calories.

Your body can help you stay properly hydrated by regulating the amount of water in your system. The body can hold on to water when you don't have enough or get rid of it if you have too much. If your pee has ever been very light yellow, your body might have been getting rid of excess water. When your pee is very dark yellow, it's holding on to water, so it's probably time to drink up.

You can help your body by drinking when you're thirsty and drinking extra water when it's warm out. Your body will be able to do all of its wonderful, waterful jobs and you'll feel great!

Reviewed by: [Mary L. Gavin, MD](#)

Date reviewed: February 2009



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | MAY 19, 2023 |



MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

Monday May. 22	Tuesday May. 23	Wednesday May. 24	Thursday May. 25	Friday May. 26
Karen Chandra, NP 9:30am – 3:30pm	Dr. Dumont, GP 9:30am - 3:30pm	Karen Chandra, NP 9:30am – 3:30pm	Karen Chandra, NP Jessica Peart, NP (locum) 9:30am - 3:30pm	Karen Chandra, NP 9:30am – 3:30pm

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Missed your telehealth or in-person appointment? Call us to rebook for the next available date.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)
Please do not leave kits in a car. Contact to replace an expired kit.



Prescription running low? Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Our clinic has reached capacity. Call the clinic to be added to the **patient waitlist**. Please note that we are **no longer a walk-in clinic**.



Influenza vaccines available, call the clinic to schedule an appointment. Injectable flu vaccine available for ages 6 months and up.

Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment. Available 7 days a week from 8:30 am to 4:30 pm. Telephone or virtual appointments via zoom.

Available to First Nations people and their family members, even if those family members are not Indigenous.

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>

Dr. Anamaria Richardson

(from Granville Pediatrics) will be working in Musqueam once a month.

Next Visit: June 14, 2023.

To book an appointment, please call their Granville office at 604-423-4803.



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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | MAY 19, 2023 |

KNOWLEDGE + SKILLS + CONFIDENCE

put life back in your life

Diabetes Self-Management Program



- ✓ Enhance daily activities
- ✓ Learn to balance activity, nutrition and medication to better manage symptoms
- ✓ Communicate effectively with your health care team
- ✓ Take action and live a healthy life!

FREE Six-Session Workshop for Adults with Diabetes

Family Members and Friends Welcome

DATES/TIME: Thursdays, June 8 until July 13, 2023
10:00am to 12:30pm (lunch 12:30 until 1:30pm)

LOCATION: Musqueam Youth Centre,
6777 Salish Drive

To register please sign up with Merv Kelly at 604-269-3455 or Amana Lalli CHN at 604-362-1900.

www.selfmanagementbc.ca

Self-Management BC programs follow a scent-free policy. For the health and consideration of other participants, please refrain from wearing fragrances in our workshops. Thank you!

Self-Management
British Columbia

Self-Management BC is supported by
the Province of British Columbia





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MUSQUEAM HEALTH DEPARTMENT

NEWSLETTER | MAY 19, 2023 |

MUSQUEAM ELDERS CENTRE

Brenda Campbell, Elders Coordinator

Ph: 604 263 – 6312



LADIES GROUP

When: Every Tuesday

Time: 1-4pm

Location: Elders Centre

ELDER'S LUNCHEON:

Wednesday, May 24

Time: 12:00 Noon

Location: Elders Centre

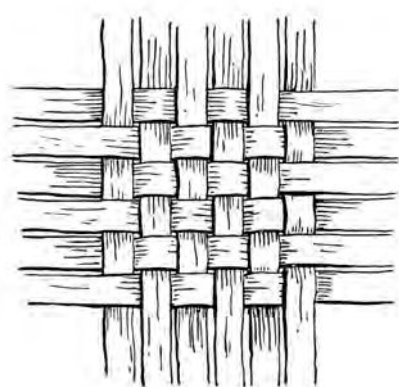
**Elder's only*

ELDERS CHAIR EXERCISE

When: Thursday May 25

Time: 1pm

Location: Elders Centre



Elders Cedar Weaving with Vivian

Friday May 19 & 26

Each participant will create a 4' X 4' basket

Please contact Brenda (604)263-6312 or

Trish (778)239-4325 for more info

MUSQUEAM YOUTH CENTRE

YOUTH CENTRE

Phone: 604-269-3465

The Youth Centre hours will be open from: 2pm—9:00pm Monday—Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**



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MUSQUEAM HEALTH DEPARTMENT

NEW SLETTER | MAY 19, 2023 |

COMMUNITY HEALTH

Amana Lalli, Community Health Nurse, & Arlene Haldane, Assistant.



BETTER TOGETHER ...

ALL EXPECTING AND NEW PARENTS ARE INVITED TO ATTEND OUR DROP IN SESSION TO SHARE A MEAL AND DISCUSS SUPPORTS AND RESOURCES. WE WILL HOLD A DROP IN GROUP 2 TIMES A MONTH ON TUESDAY'S FROM 12PM TO 2PM STARTING IN MAY 2023. PARTNER'S ARE WELCOME.

PLEASE JOIN US IN THE YOUTH CENTRE FOR OUR DROP IN SESSION ON

Tuesday, May 30, 2023

Lunch will be provided.

BEFORE BABY IS BORN:

- You can receive 4 Save on \$25 gift cards per month to support with buying healthy food and snacks during prenatal period, until baby is 3 months old.
- Prenatal support and information on Labour & Delivery
- Resources to make sure you have a healthy pregnancy and healthy baby (books, pamphlets, guest speakers)

AFTER BABY IS BORN:

- Breast feeding support; includes one box of nursing pads per week as needed until baby is 6 months old
- Reimbursement for 1-2 nursing bra's, baby welcome bag & a breast pump to keep (one time only), if you haven't received one from a previous pregnancy.
- Wellness baby visit – have baby measured & weighed at the drop-in group
- Postpartum information/resources for mom and baby
- How to deal with baby's outbursts, early years from 0-5 years, sleep routines, baby formula, nutrition & more

DOOR PRIZES at the END OF THE SESSION 😊 PLEASE CALL AMANA TO REGISTER!!

Amana Lalli, Community Health Nurse, RPN (604) 263-3261; email: chn@musqueam.bc.ca



18th Annual Musqueam & UBC Youth Soccer Tournament

Notice of Parking Restrictions



We would like to thank all community members for their continued support of the Annual MIB & UBC Youth Soccer Tournament. This year will be the 18th Annual tournament and we are excited to once again play host to over 40 youth soccer teams for a fun and safe weekend of sport. This year's tournament takes place Saturday May 20th – Sunday May 21st, 2023. We are thankful to once again host the tournament at the Musqueam Sports Fields. While hosting close to home has a number of benefits, it does present an issue with parking. Over the past years we have had a **HIGH number of incidents** of residents' driveways being blocked and a large number of lawns and gardens being ruined and littered with debris. We have also had high incidents of community members being rude and dismissive to those trying to help us with parking. Please remember to remain respectful and that our helpers are entitled to a safe and comfortable environment at the event.

This year Safety and Security will be assisting us in implementing **VERY LIMITED PARKING AT THE FIELDS**. For this reason we ask that you utilize the shuttle service from the Band Office Parking Lot or walk to the fields. Please note Safety and Security staff will be blocking streets and restricting access to elders and handicap ONLY. Please help us to maintain a respectful and mutually beneficial relationship with our neighbours.

Shuttle will run daily from 8:00 am to after the end of the last game.

Thank you for your cooperation and understanding

If you have any questions or concerns please contact Courtenay Gibson,
Recreation Coordinator @ 604-269-3451 or cgibson@musqueam.bc.ca



Elder & Handicap parking ONLY



General Parking



Staffed barrier/entry point



Shuttle drop off/pick up



NO Parking/Entry



18th Annual Musqueam/UBC Youth Soccer Tournament



5 & Under Schedule

All games played on Field 6
2 x 15 minute halves with 5 minute break

- | | |
|-----------------------|----------------------------|
| 1. Kilgatzie Warriors | 5. Musqueam |
| 2. Quw'utsun | 6. Sts'ailes |
| 3. Seabird | 7. Tsleil-Waututh Warriors |
| 4. Cap Crew FC | 8. Shishalh Jr. Renegades |

Game #	Date	Time	Team	Team
Saturday May 20 th , 2023				
1	Sat. May 20 th , 2023	9:30 am	Kilgatzie Warriors	vs Quw'utsun
2	Sat. May 20 th , 2023	10:15 am	Seabird	vs Cap Crew
3	Sat. May 20 th , 2023	11:00 am	Musqueam	vs Sts'ailes
4	Sat. May 20 th , 2023	11:45 am	Tsleil-Waututh Warriors	vs Shishalh Jr. Renegades
5	Sat. May 20 th , 2023	12:30 pm	Kilgatzie Warriors	vs Seabird
6	Sat. May 20 th , 2023	1:15 pm	Quw'utsun	vs Cap Crew FC
7	Sat. May 20 th , 2023	2:00 pm	Musqueam	vs Tsleil-Waututh Warriors
8	Sat. May 20 th , 2023	2:45 pm	Sts'ailes	vs Shishalh Jr. Renegades
Sunday May 21 st , 2023				
9	Sun. May 21 st , 2023	9:30 am	Seabird	vs Tsleil-Wautuh Warriors
10	Sun. May 21 st , 2023	10:15 am	Cap Crew FC	vs Shishalh Jr. Renegades
11	Sun. May 21 st , 2023	11:00 am	Kilgatzie Warriors	vs Musqueam
12	Sun. May 21 st , 2023	11:45 am	Quw'utsun	vs Sts'ailes
13	Sun. May 21 st , 2023	12:30 pm	Seabird	vs Shishalh Jr. Renegades
14	Sun. May 21 st , 2023	1:15 pm	Cap Crew FC	vs Tsleil-Wautuh Warriors
15	Sun. May 21 st , 2023	2:00 pm	Kilgatzie Warriors	vs Sts'ailes
16	Sun. May 21 st , 2023	2:45 pm	Quw'utsun	vs Musqueam

*No Semi Finals or Finals. All games are partial Round Robin. All players will receive a medal and a shirt
Awards will follow immediately after final game on Sunday May 21st, 2023.*

Schedule subject to change



18th Annual Musqueam/UBC Youth Soccer Tournament



7 & Under Schedule

All games played on Field 5
2 x 20 minute halves 5 minute half time

Pool A

1. Kilgatzie Warriors
2. WWK United
3. Seabird

Pool B

1. Shishalh Jr. Renegades
2. Musqueam
3. Squamish Valley Thunder

Pool C

1. Cap Crew FC
2. Sts'ailes
3. Quw'utsun

Game #	Date	Time	Team	Team
Round Robin Games				
1	Sat. May 20 th , 2023	9:00 am	Kilgatzie Warriors	vs WWK United
2	Sat. May 20 th , 2023	9:45 am	Shishalh Jr. Renegades	vs Musqueam
3	Sat. May 20 th , 2023	10:30 am	Cap Crew FC	vs Sts'ailes
4	Sat. May 20 th , 2023	11:15 am	WWK United	vs Seabird
5	Sat. May 20 th , 2023	12:00 pm	Musqueam	vs Squamish Valley Thunder
6	Sat. May 20 th , 2023	12:45 pm	Sts'ailes	vs Quw'utsun
7	Sat. May 20 th , 2023	1:30 pm	Kilgatzie Warriors	vs Seabird
8	Sat. May 20 th , 2023	2:15 pm	Shishalh Jr. Renegades	vs Squamish Valley Thunder
9	Sat. May 20 th , 2023	3:00 pm	Cap Crew FC	vs Quw'utsun

Please see next page for Playoff Round

Awards will follow immediately after final game on Sunday May 21st, 2023.

Schedule Subject to Change



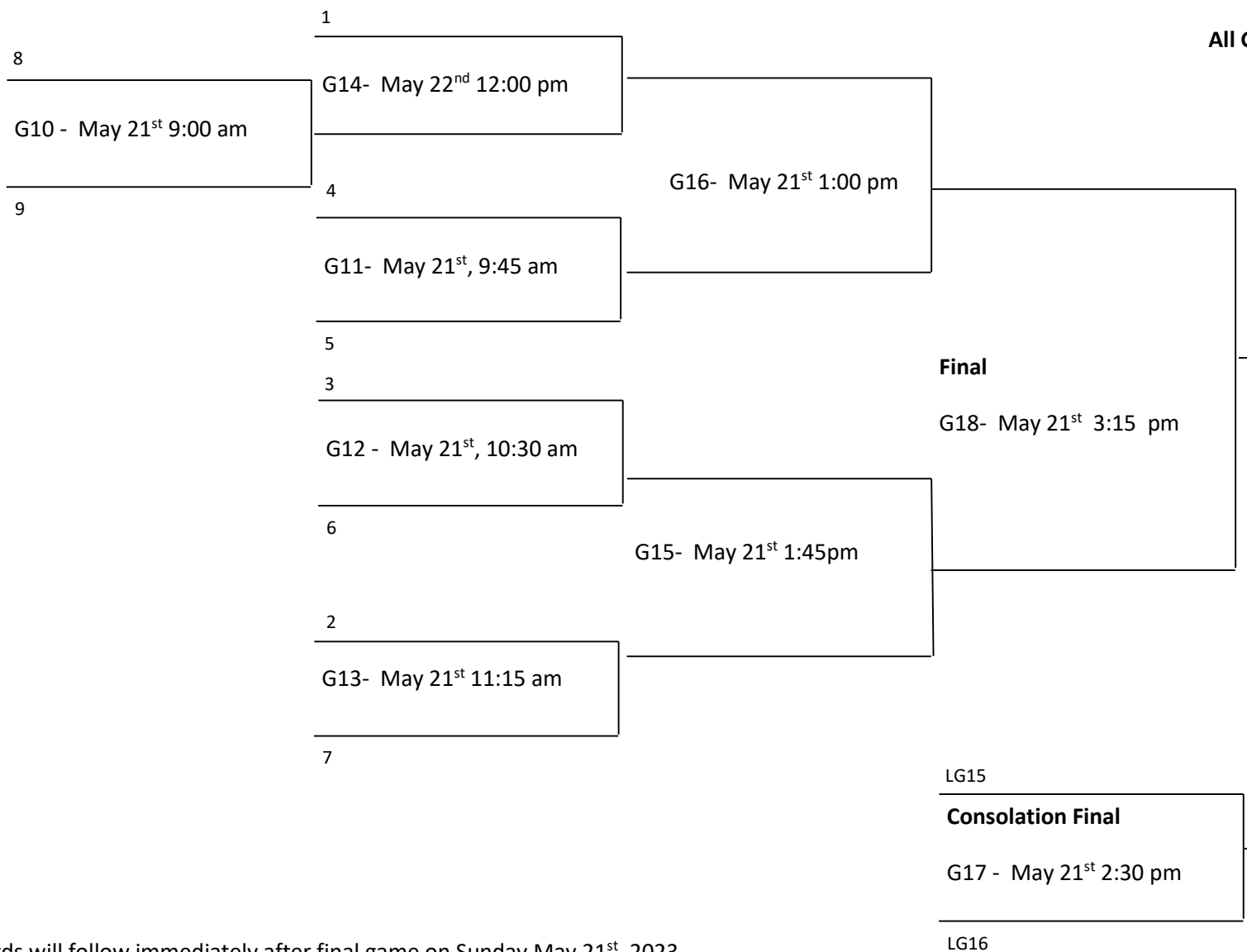
17th Annual Musqueam/UBC Youth Soccer Tournament



7 & Under Schedule

Sunday May 21st, 2023

All Games played on Field 5



Awards will follow immediately after final game on Sunday May 21st, 2023.

Schedule Subject to Change



18th Annual Musqueam/UBC Youth Soccer Tournament



10 & Under Schedule

All games played on Field 4
2 x 20 minute halves 5 minute half time

Pool A

1. Musqueam Lil' Blues
2. Cap Crew FC
3. Tsleil-Waututh Warriors
4. Shishalh Jr. Renegades

Pool B

1. Mighty Fraser Young Guns
2. WWK United
3. Kilgatzie Warriors
4. Quw'utsun A

Pool C

1. Quw'utsun B
2. Seabird
3. Squamish Valley Thunder
4. Sts'ailes

Game #	Date	Time	Team	Team
Round Robin Games				
Saturday May 20th, 2023				
1	Sat. May 20 th , 2023	8:30 am	Musqueam	vs Cap Crew FC
2	Sat. May 20 th , 2023	9:15 am	Mighty Fraser Young Guns	vs WWK United
3	Sat. May 20 th , 2023	10:00 am	Quw'utsun B	vs Seabird
4	Sat. May 20 th , 2023	10:45 am	Tsleil-Waututh Warriors	vs Shishalh Jr. Renegades
5	Sat. May 20 th , 2023	11:30 am	Kilgatzie Warriors	vs Quw'utsun A
6	Sat. May 20 th , 2023	12:15 pm	Squamish Valley Thunder	vs Sts'ailes
7	Sat. May 20 th , 2023	1:00 pm	Musqueam	vs Tsleil-Waututh Warriors
8	Sat. May 20 th , 2023	1:45 pm	Mighty Fraser Young Guns	vs Kilgatzie Warriors
9	Sat. May 20 th , 2023	2:30 pm	Quw'utsun B	vs Squamish Valley Thunder
10	Sat. May 20 th , 2023	3:15 pm	Cap Crew FC	vs Shishalh Jr. Renegades
11	Sat. May 20 th , 2023	4:00 pm	WWK United	vs Quw'utsun A
12	Sat. May 20 th , 2023	4:45 pm	Seabird	vs Sts'ailes
Sunday May 21st, 2023				
13	Sun May 21 st , 2023	8:30 am	Cap Crew FC	vs Tsleil-Waututh Warriors
14	Sun May 21 st , 2023	9:15 am	WWK United	vs Kilgatzie Warriors
15	Sun May 21 st , 2023	10:00 am	Squamish Valley Thunder	vs Seabird
16	Sun May 21 st , 2023	10:45 am	Musqueam Lil' Blues	vs Shishalh Jr. Renegades
17	Sun May 21 st , 2023	11:30 am	Mighty Fraser Young Guns	vs Quw'utsun A
18	Sun May 21 st , 2023	12:15 pm	Quw'utsun B	vs Sts'ailes

Please see next page for playoffs



18th Annual Musqueam/UBC Youth Soccer Tournament



10 & Under Schedule continued

All games played on Field 4
2 x 20 minute halves 5 minute half time

Play Offs					
19	Sun. May 21 st , 2023	1:15 pm	1 st overall	Vs	4 th overall
20	Sun. May 21 st , 2023	2:00 pm	2 nd overall	Vs	3 rd overall
Consolation Final					
21	Sun. May 21 st , 2023	3:15 pm	<i>LG 19</i>		<i>LG 20</i>
Final					
22	Sun. May 21 st , 2023	4:00 pm	<i>WG 19</i>		<i>WG 20</i>

Awards will follow immediately after final game on Sunday May 21st, 2023.

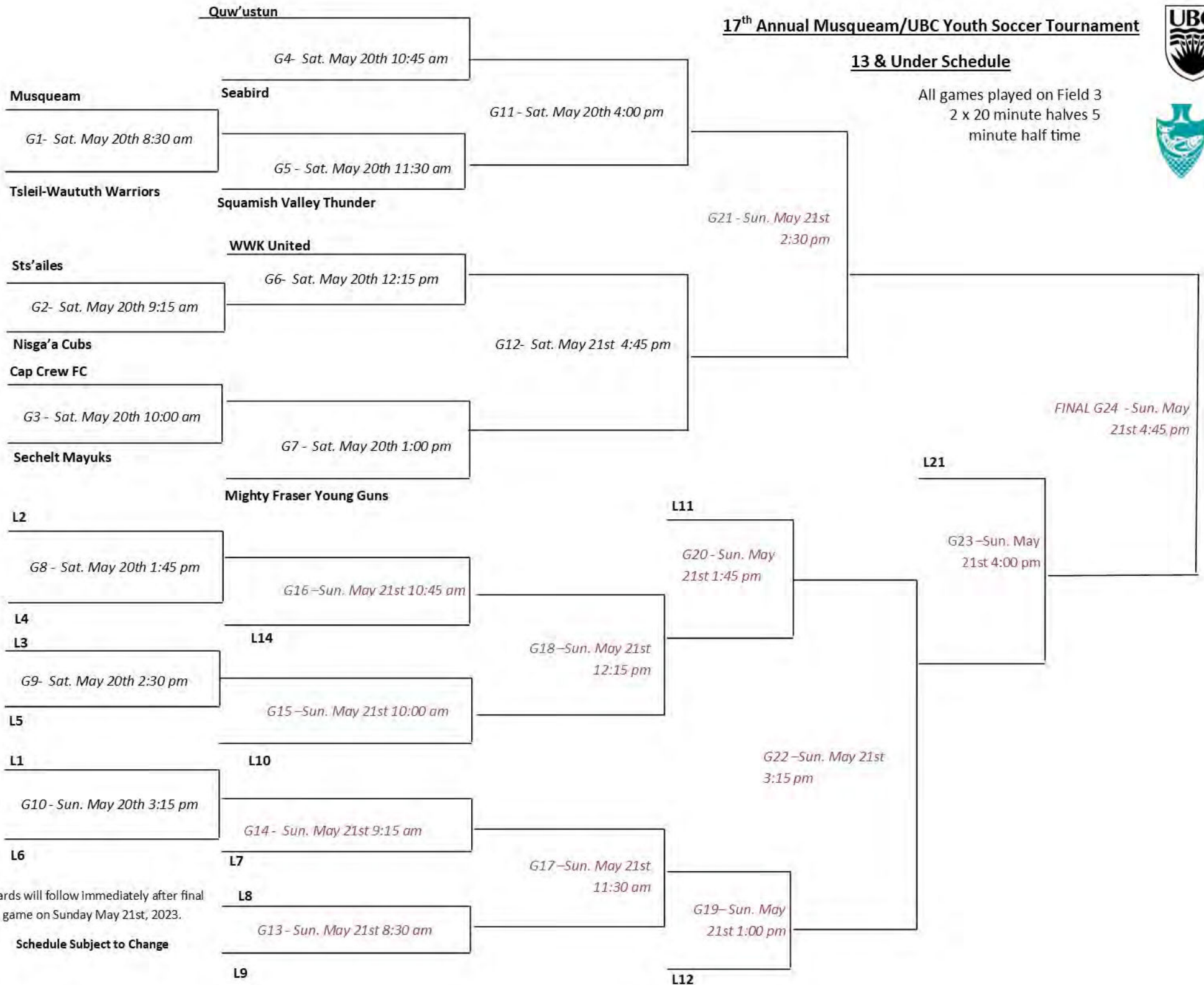
Schedule Subject to Change

17th Annual Musqueam/UBC Youth Soccer Tournament



13 & Under Schedule

All games played on Field 3
2 x 20 minute halves 5
minute half time





18th Annual Musqueam/UBC Youth Soccer Tournament



16 & Under Schedule

All games played on Field 2
2 x 20 minute halves 5 minute half time

Pool A

1. Quw'utsun
2. Sts'ailes
3. WWK United
4. TWN Warriors

Pool B

1. Seabird
2. Musqueam
3. Cowichan Eagles
4. Cap Crew FC

Game #	Date	Time	Team	Team
Round Robin Games				
1	Sat. May 20 th , 2023	9:00 am	Quw'utsun	vs Sts'ailes
2	Sat. May 20 th , 2023	9:45 am	Seabird	vs Musqueam
3	Sat. May 20 th , 2023	10:30 am	WWK United	vs TWN Warriors
4	Sat. May 20 th , 2023	11:15 am	Cowichan Eagles	vs Cap Crew FC
5	Sat. May 20 th , 2023	12:00 pm	Quw'utsun	vs WWK United
6	Sat. May 20 th , 2023	12:45 pm	Seabird	vs Cowichan Eagles
7	Sat. May 20 th , 2023	1:30 pm	Sts'ailes	vs TWN Warriors
8	Sat. May 20 th , 2023	2:15 pm	Musqueam	vs Cap Crew FC
Sunday May 21st, 2023				
9	Sun. May 21 st , 2023	9:00 am	Seabird	vs Cap Crew FC
10	Sun. May 21 st , 2023	9:45 am	Musqueam	vs Cowichan Eagles
11	Sun. May 21 st , 2023	10:30 am	Sts'ailes	vs WWK United
12	Sun. May 21 st , 2023	11:15 am	Quw'utsun	vs TWN Warriors
Semi Finals				
13	Sun. May 21 st , 2023	12:30 pm	A1	vs B2
14	Sun. May 21 st , 2023	1:15 pm	B1	vs A2
Consolation Final				
15	Sun. May 21 st , 2023	2:15 pm	Loser G13	vs Loser G14
Final				
16	Sun. May 21 st , 2023	3:00 pm	Winner G13	vs Winner G14

Awards will follow immediately after final game on Sunday May 21st, 2023.

Schedule Subject to Change



18th Annual MIB/UBC Youth Soccer Tournament



21 & Under Schedule

All games played on Field 1
2 x 20 minute halves with 5 minute break

Pool A

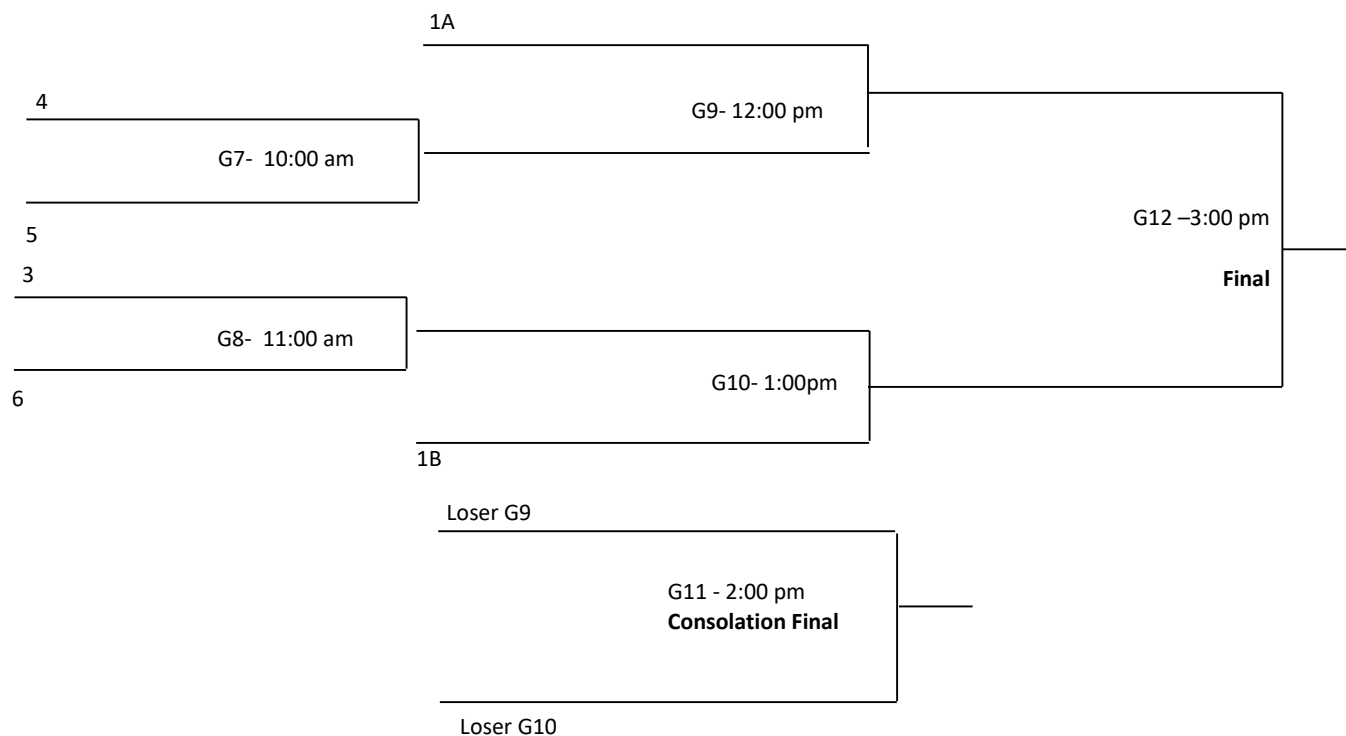
1. Sun Wolves
2. Lets'emot
3. Musqueam

Pool B

1. TWN Warriors
2. Shishalh Jr Renegades
3. Dino's

Game #	Date	Time	Team		Team
1	Sat. May 20 th , 2023	9:00 am	Lets'emot	vs	Musqueam
2	Sat. May 20 th , 2023	10:00 am	TWN Warriors	vs	Dino's
3	Sat. May 20 th , 2023	11:00 am	Sun Wolves	vs	Lets'emot
4	Sat. May 20 th , 2023	12:00 pm	TWN Warriors	vs	Shishalh Jr Renegades
5	Sat. May 20 th , 2023	1:00 pm	Musqueam	vs	Sun Wolves
6	Sat. May 20 th , 2023	2:00 pm	Dino's	vs	Shishalh Jr Renegades

Playoff Round – Sunday May 21st, 2023



Awards will follow immediately after final game on Sunday May 21st, 2023.

Schedule subject to change