



Musqueam Community Newsletter

Friday, May 26, 2023

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058

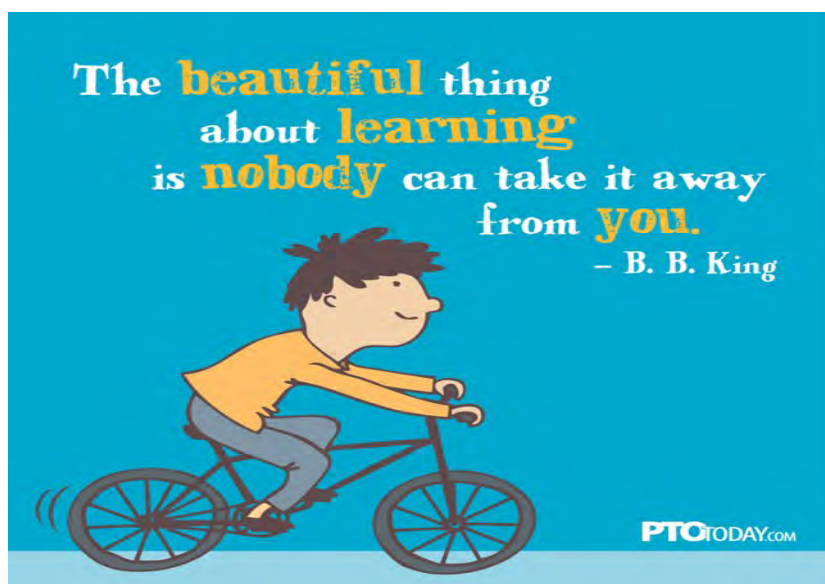
The Children's House

Preschool Hours: Monday – Friday 9:00am – 3:00pm.

Daycare Hours: Monday - Friday 7:45—5:00pm

The Children's House phone # 604 269-3302

Renee Stogan email: childcaresup@musqueam.bc.ca



The Children's House Staff

Renee Stogan Supervisor: 604 269-3302 email: childcaresup@musqueam.bc.ca

Infant/Toddler Staff: Kelly Herman, Ernestine Herman, Christy Friesen

Preschool Staff: Stacy George, Sherry Point, Alice Stogan

Inside this Issue:

MIB—Youth Nights—2

Job Postings—3

Chidrens House—4

Education—5-7

Emp. & Trg.—8-10

Remaining News—11-22



SEABIRD ISLAND FESTIVAL
THIS WEEKEND! SAFE
TRAVELS EVERYONE :) !!!!



Please come and join
us for Mass at
St. Michael's Church
Every Sunday @ 1:00
pm.

Thank you, Jeannie
Campbell—
604-781-5641

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Musqueam Youth Nights!

Hey Musqueam youth (ages 11-18)! We are happy to announce we are bringing back Musqueam Youth Nights! With activities such as rock climbing, laser tag, and getting out of an escape room; as well as activities within the community, VPD talks, workshops and tours.

Youth Nights will kick off on **Friday, June 2nd, 2023, from 5pm to 9:30pm** where we will meet at the community center for a games night with dinner and prizes to follow!



**Games
&
Prizes**

If you have any questions please contact cst John Gravengard at 604-348-6608



WE'RE HIRING!

Musqueam Administration is currently hiring these permanent, full-time roles:

- Safe Home Worker
- Council Secretary
- Youth Outreach Worker
- Learning Facilitator
- Lands Director
- In-House Legal Counsel
- Prescribing Nurse
- Grant Writer & Policy Worker
- Youth Outreach Worker
- Family Grief Therapist
- Projects & Agreements Coordinator

And these casual roles:

- Home Care Worker (full-time)
- Education Admin Assistant (term, full-time)

Interested in applying?

Visit www.musqueam.bc.ca/careers to read the job descriptions.

For more information about career opportunities with Musqueam, contact Kia Coles, Musqueam HR Manager, kcoles@musqueam.bc.ca



Musqueam Education Notice Friday May 25, 2023

Homework Club

Homework club runs every **Monday and Wednesday** from 3:30-5:30 in the Library Space. Bring your homework and join us!! Snacks will be available.



Graduating Musqueam High School Students

If you are considering going to a post-secondary institution in September, please contact the Education dept to discuss your plans and get a copy of the MIB Post Secondary Funding Application package. If you need any help or would like to discuss your options or find out more information about post-secondary funding for students graduating from high school please feel free to email or call.

Grade 12 Musqueam band members are eligible to receive support for graduation costs including dinner tickets, outfits, and photos. Please contact the Education Department for more information.

SCHOOL BUS INFO

If your child(ren) is planning on riding the school bus this year, please contact the Education department to fill out the MIB School Bus Form.

Children are required to wear a mask at all times on the bus. If your child is sick please keep them home.

It is strongly recommended that parents/caregivers wait with their young children at the bus stop until they are on the bus.



Education Department:

Faye Mitchell, Education Manager:

fmitchell@musqueam.bc.ca

Lucetta George-Grant, Education Advocate:

education.advocate@musqueam.bc.ca

Cary Campbell, School Bus Driver

Kymberlee Stogan, School Bus Supervisor

Ph. # 604 - 263 - 3261; Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

We are excited to be preparing for graduation. Please see the list of names below. If your child's name is not on this list, please contact us to have them added.

Grade 7

Fara Campbell
Daylyn Kristinn Campbell
Kimora Charles
Odin Charles-Billy
Kylie Charlie-Point
Raymond James
Isla Grant
Ethan Mathison
Jones Peter
Devyn Wilson-Sparrow
Annabelle Stogan
Ava Mathison
George Guerin

Grade 12

Isaiah Baker-Sparrow
Arianne Brown-Clayton
Abigail Grant
Danielle Guerin
Kirsten Guerin
Hallie Anna Hensel
David Innes Joe-Louis
Casey Storm James
Natasha Marie Louis
Walter Perez-Dan
Carsyn Sparrow
Penelope Sparrow
Hailee Stogan
Kaci Stogan-Ned
Charleen West
Shirleen Wilson
Greg Point
Brandon Shaw
Leilani Sparrow-McKay

Post-Secondary Students

Please contact our office to let us know
if you will be graduating this year

**In Preparation for our Graduation Celebration we are asking our
grade 12 graduates to send us a kindergarten and graduation
photo. These will be displayed at the graduation.**

Thank you

You can email photos to education.advocate@musqueam.bc.ca

Please join us in celebrating our Graduates of 2022/2023

June 15, 2023

Cultural Building

5:00 P.M.

Meal to follow:

Musqueam Community Bldg.

Celebrating Success!



KURT MORRIS

"As part of the Musqueam Employment & Training – ABCoast Memorandum of Understanding, signed in March 2022, ABCoast made available a \$2,000 bursary for a member of the Musqueam Indian Band pursuing education or a career in the aviation industry. E&T has put forward Kurt Morris. Kurt has pursued a career as a pilot and is now flying as a First Officer on the Dash-8 – Q400 for WestJet. Training to be a pilot is an expensive undertaking, with rising fuel costs, aircraft rental, hour building and licensing costs to name a few expenses.

With that being said, we can't think of a more deserving recipient of the bursary than someone like Kurt, who has passion, dedication and a true appreciation of aviation and everything it stands for. Congratulations to Kurt from the entire ABCoast team. We wish you the best of luck in your flying career."

- Liam Henry, Business Development Manager for Operational Solutions,
ABCoast Aviation Services

Summer Job Opportunity!

We are looking for a youth (17-25) interested in a summer job opportunity in the electrical field. No electrical experience needed, just willingness to learn. Earn money and get real world workforce experience and a future opportunity with DeltaTec.



WE ARE **HIRING!**

WHO WE ARE?

DeltaTec is 100% indigenous owned and operated electrical company. A recognized Musqueam owned business. Our mission is to continue to build capacity through trades training in the Indigenous community while supplying world class service

WHERE?

Working full-time at YVR Airport
40 hours a week - 4 days a week
10-hour shifts.

Pay Rate: \$20/hour.

APPLY NOW

Clarke Campbell-Sparrow
(604) 788-3949
csparrow@deltatec.ca



DeltaTec Group Ltd.



Interested in a career in the marine industry?

Indigenous Summer Internship Program: **Marine Spill Response Technician**

Western Canada Marine Response Corporation (WCMRC) is a Transport Canada certified Response Organization, whose mandate is to ensure there is a state of preparedness in place and to minimize the impact when an oil spill occurs. This includes the protection of wildlife, cultural and environmental sensitivities, and the safety of both the responders and the public.

How it Works

WCMRC is hiring Indigenous Interns to work as a deckhand at each of our six response bases – Burnaby, Nanaimo, Sidney, Beecher Bay, Port Alberni and Prince Rupert. The four month (May – August) summer job is a full-time paid position.

Interns will gain valuable work experience in the marine sector and insight into how spill response works on Canada's West Coast.

Who is Eligible?

Applicants should have a high school diploma and a valid driver's license. Small Vessel Operator Proficiency (SVOP), Marine Emergency Duties (MED A1/A3) certificate and Radio Operators Certificate (ROC- M) are considered assets. Candidates should be physically fit for work at sea in calm and rough waters. You must also be willing and able to work outdoors in extreme weather conditions.

Those wishing to apply must be Indigenous (First Nations status or non-status, Métis, Inuit).

The Health and Safety of our employees is always our #1 priority, therefore WCMRC requires all interns to be fully vaccinated against Covid-19.

How to Apply

Interested internship candidates can email their resumes and cover letters to careers@wcmrc.com. The deadline for applications is April 20, 2023.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MAY 26, 2023 |

MERV's WALKING CHALLENGE

COME JOIN US for the

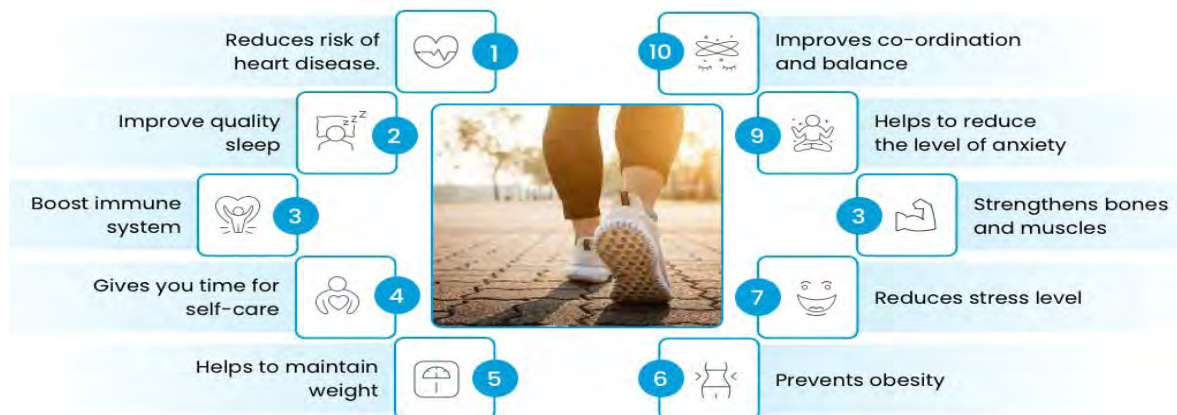
30 DAY WALK-TO-WELLNESS CHALLENGE

MAY 2 – MAY 31, 2023 EVERY TUESDAY. MEET AT ELDER'S CENTRE.

TIME: 10:30A.M. TO 11:30am

PRIZES: PARTICIPANT'S NAMES WILL BE ENTERED IN A DRAW TO WIN A PRIZE FOR THE MOST STEPS COMPLETED.

10 BENEFITS OF WALKING DAILY



WHAT TO BRING: Wear comfy walking shoes, preferably runners. Bring a hat, wear sunscreen and please bring any mobility aids that you may use.

WHAT WILL BE PROVIDED: Walking poles, fruit and water as needed. You may bring your own snack if you like.

If you would like for us to pick you up on the way and are not able to meet at the café. Please let Arlene, Merv or Amana know at the numbers listed below.

Amana CHN, Arlene or Merv at 604-263-3261 to register.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MAY 26, 2023 |

Sign up for a free hearing test today! Hear the sounds you've been missing



Wednesday, June 7th, 2023



1:00 pm to 3:00 pm



Elder's centre

Good hearing helps your brain stay fit throughout your life and helps avoid many other health problems. We work with you to assess your hearing and help determine the best solution for your unique hearing needs.



Echo Hearing Care can help you with:

- Hearing screenings
 - Hearing aid clean and checks
 - Hearing aid information
- All services are complimentary

Please call Amana, CHN at:

604-263-3261 to reserve your spot.



About us

Our team is led by Dr. Katarina Vavrovicova, a doctor of Audiology with many years of clinical and research experience in the Vancouver area.

Scan to visit
our website



Echo Hearing Care
WHERE GOOD HEARING STARTS

| echohearing.ca
info@echohearing.ca
2533 West Broadway



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MAY 26, 2023 |

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

SAFE USING CAN SAVE YOUR LIFE

Nasal naloxone | test your drugs first | lifeguard app | safety plan around using even if recreational

Dear Musqueam Community,

The NNADAP & Health Dept would like to take this time to share with you options for Harm Reduction measures for safe using and abstinence if you choose from drugs and alcohol. We have a number of resources available to the community here are a few.

Suicide prevention line

24/7/365 (1-833-456-4566)

Dial 211

A support line for **all of life's challenges**; including information & obtain referrals to physical & mental health resources, housing, utility, food & employment assistance; suicide & crisis intervention

LifeGuard App & How it works



When someone is about to use, especially alone, they can open the app and record the type of substance they are using and confirm their location. The app will hold this information, and a timer is set which can be paused or extended by the app user at any time.

As the timer ends, the app will sound an alarm, flash a light, and vibrate. The user must hit a button to stop the alarm and indicate they are fine. If they are unable to stop the alarm, a text-to-voice call will go straight to 9-1-1. This alerts emergency medical dispatchers

**NNADAP worker -
Contact & what our dept
offers**

Brad Morin

Wed - Fri 6-9pm

& Sat - Sun 1-5pm

Ph: 604-652-1368

What we offer

- ✚ 1-1, Family & Group counselling
- ✚ Treatment referrals
- ✚ Detox support
- ✚ Relapse prevention planning
- ✚ Family Interventions
- ✚ Referrals to outside mental health agencies
- ✚ In office Harm reduction gear
- ✚ Drug testing strips
- ✚ Clean supplies



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MAY 26, 2023 |

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care, Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Home Care Assistant or Romeo.

Home Care Nurse Romeo's Office Hours: Monday, Wednesday - Friday from 8:30-5:30 **Tuesdays - Off**

Phone: 604-269-3463 | Email: homecare@musqueam.bc.ca

Arlene Haldane office hours: Tues.- Fri. 8:30-4:30 | Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message. *For Emergencies Call 911 *

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

How Much Water Do You Need?

Your **body weight** is more than 50% water. Without water, you couldn't maintain a normal **body temperature**, lubricate your joints, or get rid of waste through urination, sweat, and **bowel movements**.

Not getting enough water can lead to **dehydration**, which can cause muscle **weakness** and cramping, a lack of coordination, and an increased risk of **heat exhaustion** and **heat stroke**. In fact, water is so important that a person couldn't last more than five days without it.

Taken from www.drinkingwaterquality



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MAY 26, 2023 |



MUSQUEAM PRIMARY CARE CLINIC

Musqueam Elders Centre, 4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

| Monday May. 29 | Tuesday May. 30 | Wednesday May. 31 | Wednesday May. 31 | Thursday Jun. 01 | Friday Jun. 02 |
|---|-----------------------------------|--------------------------------------|--------------------------------------|---|---|
| Karen Chandra, NP Jane Estey, NP (virtual) 9:30am – 3:30pm | Dr. Dumont, GP 9:30am - 3:30pm | Karen Chandra, NP 9:30am – 3:30pm | Karen Chandra, NP 9:30am – 3:30pm | Jessica Peart, NP (locum) 9:30am - 3:30pm | Karen Chandra, NP Jane Estey, NP (virtual) 9:30am – 3:30pm |

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Unable to attend your in-person or virtual appointment? Please notify us as soon as possible.

Please be available 15 minutes before and after your scheduled appointment call.



Naloxone kits available. (Injectable or Nasal Spray)

Please do not leave kits in a car. Contact to replace an expired kit.



Prescription running low? Please book an appointment a few days in **advance**. Or, ask your pharmacy to send us a refill request.



Our clinic has reached capacity. Call the clinic to be added to the **patient waitlist**. Please note that we are **no longer a walk-in clinic**.



Influenza vaccines available, call the clinic to schedule an appointment. Injectable flu vaccine available for ages 6 months and up.

Dr. Anamaria Richardson

from Granville Pediatrics will be working in Musqueam once a month.

Next Visit: June 14, 2023.

To book an appointment, please call their Granville office at 604-423-4803.

Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment.

Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

Available to First Nations people and their family members, even if those family members are not Indigenous.

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>



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MUSQUEAM HEALTH DEPARTMENT
NEWSLETTER | MAY 26, 2023 |

KNOWLEDGE + SKILLS + CONFIDENCE

put life back in your life

Diabetes Self-Management Program



- ✓ Enhance daily activities
- ✓ Learn to balance activity, nutrition and medication to better manage symptoms
- ✓ Communicate effectively with your health care team
- ✓ Take action and live a healthy life!

FREE Six-Session Workshop for Adults with Diabetes

Family Members and Friends Welcome

DATES/TIME: Thursdays, June 8 until July 13, 2023
10:00am to 12:30pm (lunch 12:30 until 1:30pm)

LOCATION: Musqueam Youth Centre,
6777 Salish Drive

To register please sign up with Merv Kelly at 604-269-3455 or Amana Lalli CHN at 604-362-1900.

www.selfmanagementbc.ca

Self-Management BC programs follow a scent-free policy. For the health and consideration of other participants, please refrain from wearing fragrances in our workshops. Thank you!

Self-Management
British Columbia

Self-Management BC is supported by
the Province of British Columbia





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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MAY 26, 2023 |

MUSQUEAM ELDERS CENTRE

Brenda Campbell, Elders Coordinator
Ph: 604 263 – 6312



LADIES GROUP

When: Every Tuesday

Time: 1-4pm

Location: Elders Centre

ELDER'S LUNCHEON:

Wednesday, May 31

Time: 12:00 Noon

Location: Elders Centre

**Elder's only*

ELDERS CHAIR EXERCISE

When: Thursday, June 8

Time: 1pm

Location: Elders Centre

MUSQUEAM YOUTH CENTRE

YOUTH CENTRE

Phone: 604-269-3465

The Youth Centre hours will be open from: 2pm—9:00pm Monday—Friday

If your Child is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them. **Children 0-6 without a parent or guardian will be sent home.**



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | MAY 26, 2023 |

COMMUNITY HEALTH

Amana Lalli, Community Health Nurse, & Arlene Haldane, Assistant.



BETTER TOGETHER

ALL EXPECTING AND NEW PARENTS ARE INVITED TO ATTEND OUR DROP IN SESSION TO SHARE A MEAL AND DISCUSS SUPPORTS AND RESOURCES. WE WILL HOLD A DROP IN GROUP 2 TIMES A MONTH ON TUESDAY'S FROM 12PM TO 2PM STARTING IN MAY 2023. PARTNER'S ARE WELCOME.

PLEASE JOIN US IN THE YOUTH CENTRE FOR OUR DROP IN SESSION ON

Tuesday, May 30, 2023

Lunch will be provided.

BEFORE BABY IS BORN:

- You can receive 4 Save on \$25 gift cards per month to support with buying healthy food and snacks during prenatal period, until baby is 3 months old.
- Prenatal support and information on Labour & Delivery
- Resources to make sure you have a healthy pregnancy and healthy baby (books, pamphlets, guest speakers)

AFTER BABY IS BORN:

- Breast feeding support; includes one box of nursing pads per week as needed until baby is 6 months old
- Reimbursement for 1-2 nursing bra's, baby welcome bag & a breast pump to keep (one time only), if you haven't received one from a previous pregnancy.
- Wellness baby visit – have baby measured & weighed at the drop-in group
- Postpartum information/resources for mom and baby
- How to deal with baby's outbursts, early years from 0-5 years, sleep routines, baby formula, nutrition & more

DOOR PRIZES at the END OF THE SESSION 😊 PLEASE CALL AMANA TO REGISTER!!

Amana Lalli, Community Health Nurse, RPN (604) 263-3261; email: chn@musqueam.bc.ca

Social Development Dept.

June

Cheque Issue

Friday May 26, 2023

June 2023 cheque issue day will be issued on

Thursday June 1, 2023 8:30am—12:00 & 1:00pm—4:30pm

Please bring in renewal slips and job search forms a.s.a.p. if you haven't already done so.

Cut off day to bring in your paperwork (renewal slips/job search forms) is on the 20th of every month unless stated otherwise.

We will no longer be process cheque's on cheque issue day! They will be processed the next business day.

If you are not on *direct deposit* please reconsider at this time and bring us a void cheque and or a direct deposit form from your bank .

If you are eligible for your bills (hydro, gas and phone) to be paid please bring in a.s.a.p. We cannot pay them if you do not provide your bills. Please bring in a.s.a.p.

***** If you are considered "employable" you are expected to do "job search" If you cannot you must provide a doctor's note as to why and for how long you will be exempt from job search.

Thank you,

Have a great weekend!

From Your Social Development Dept.



CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

OFFICE USE ONLY

| | | |
|---|--------------------------|-------------------------------------|
| Administering Authority (AA) and Number: _____ | Name of Worker: _____ | Date Declaration Reviewed: _____ |
|---|--------------------------|-------------------------------------|

Child

| | | |
|-----------|------------|-------------|
| Last Name | First Name | Middle Name |
|-----------|------------|-------------|

| | | |
|---|------------------------------|-----------------------------|
| 1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home? If yes, explain change(s): _____ | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Are there any changes in the amount of financial contribution to the COPH Assistance child? If yes, explain change(s) to the amount: _____ | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Are there other changes concerning the COPH Assistance child or the information provided by the relative? If yes, explain change(s): _____ | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED | | |
| New Address | Telephone () | |
| Mailing Address (if different) | | |

DECLARATION

| | | |
|---|----------------------------------|----------------------|
| I declare that the information that I have provided on behalf of _____ is true and complete. <div style="text-align: center; font-size: small;">(Child's Name)</div> | | |
| I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose. | | |
| Relative's Signature _____ | Relative's Name (Print) _____ | Date Signed _____ |

SOCIAL ASSISTANCE

MONTHLY RENEWAL DECLARATION

Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision.
The information will be stored in personal information bank INA/P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance?

☐ Yes

☐ No

2 Has your marital / employment situation changed?

☐ Yes

☐ No

If yes, explain change _____

3. List any changes in your living situation (e.g. address, rent, etc.). Submit new receipts.

901-28 (6-88)

4. Have you had **any earned or unearned income this month?**

☐ Yes ☐ No

If yes, complete *

| | |
|----------------------|----|
| Earnings | \$ |
| Child tax | \$ |
| Family Maintenance | \$ |
| Employment Insurance | \$ |
| Other (specify) | \$ |
| Pension | \$ |
| | \$ |

5. Has there been any change in your assets?

☐ Yes ☐ No

If yes, complete *

| | |
|-----------------|--|
| Bank Account | |
| Property | |
| Other (specify) | |
| | |
| TOTAL | |

6. Is there any change in your number of dependents or their school status?

☐ Yes

☐ No

If Yes, explain the change(s) _____

I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Band Name and #

Print Name

Signature of Applicant

Date

Month

Day

year

Do you want direct deposit Yes or No

(please circle one, or it's an automatic cheque)

If you are turning 65 this year, Please remember that income assistance cut off is your 65 birthday. You must apply for your Old age pension. This can be done one month after your 64th birthday!

Canada

Musqueam Indian Band

Active Job Search Statement

List dates, names and phone numbers of employers seen and results of job interviews. When completed, Sign the declaration at the bottom of this form.

Please return no later than the 20th of every month

| Date contact made with Employer | Business name and address | Person contacted | Phone Number Or email | Type of Work sought | Results of your request for a job |
|---------------------------------|---------------------------|------------------|-----------------------|---------------------|-----------------------------------|
| | | | | | |
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| | | | | | |

If you have taken No Action to find Employment, Indicate **why**:

☐ Found work ☐ Sick or Incapable (Need a Dr's note) ☐ Other (explain) _____

☐ Pregnancy ☐ Attending a course of Instruction – Where? _____

Declaration: I declare that All Employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true. I understand that confirmation of my contacts may be obtained from Employers whose names I have shown

| | | |
|---------------------------|------------------------|-------|
| Printed name of Claimant: | Signature of Claimant: | Date: |
|---------------------------|------------------------|-------|



Indian and Northern
Affairs Canada

Affaires indiennes
et du Nord Canada

PRIVACY ACT STATEMENT