



Musqueam Community Newsletter

FRIDAY August 25, 2023

TOLL FREE: 1-866-282-3261, FAX: 604-263-4212

SAFETY & SECURITY PATROL: 604-968-8058



WE ARE HIRING!

Musqueam Administration is currently hiring these positions:

- Youth Outreach Worker *Casual Term Data Entry Clerk
- Home Care Worker/Home Making * Grounds Worker
- Lands Director * Council Secretary
- In-House Legal Counsel * Tobacco Sales Agent
- Chief Financial Officer * Casual Positions Available
- School Bus Monitor *Primary Care Clinic Mgr.

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St. Michael's Church

Please join us every Sunday at St. Michael's Church @ 1:00 P.M.

Thank you:)

Jeannie Campbell—
604-781-56541



Musqueam Community Notice

Musqueam Fisheries Department

August 24, 2023

Chinook Salmon Fishery Openings Section 35.1

Dates & Times:

Saturday August 26, 2023 @ 11am – 6pm

Sunday August 27, 2023 @ 12pm – 7pm

8" Minimum Mesh Restriction with a 3 to 1 hang ratio

All nets are subject to inspection by Musqueam AFOs for compliance, anyone found in non-compliance with a net under the mesh restriction either being fished or stowed on board will be escorted off the water and face the possibility of charges.

Species and Quantity

The Fishery is limited to a harvest of: **Chinook Salmon w/ by-catch of hatchery marked Coho Salmon and Pink Salmon**

All efforts and attempts shall be made to return all non-target species including sockeye, steelhead and sturgeon to the water alive. **ZERO RETENTION OF SOCKEYE**

Use of Fish

Fish caught under this licence are for food, social and ceremonial purposes. Without prejudice to future agreements, regulations, sale of fish caught under this licence is not permitted.

Gear **Drift Nets** on condition that:

- (i) Nets do not exceed a maximum of 50 fathoms or 300 feet in length and a maximum depth of 60 meshes & **8" Minimum Mesh Restriction with a 3 to 1 hang ratio**
- (ii) Each Participant fishes only one net.
- (iii) Only one net is fished from any vessel.
- (iv) Each net is attended at all times by the Participant who is fishing the net.
- (v) No vessel fishing under the authority of this licence has on board, in a hung condition, any net that does not meet the conditions in (i) above.
- (vi) Spare nets on board a vessel actively fishing is kept in a stowed condition.

Set Nets on condition that:

- (i) Nets do not exceed a maximum of 10 fathoms or 60 feet and a maximum depth of 60 meshes & **8" Minimum Mesh Restriction with a 3 to 1 hang ratio**
- (ii) All Set Nets are identified by a floating buoy prominently displaying the Participant's designation number, and the Participant's designation number is the only numbers displayed on the buoy,
- (iii)** All Set Nets fished from poles have buoys attached to the end of the net farthest from the beach by means of a tag line of sufficient length to allow the buoys to be on the surface of the water and clearly visible for inspection at all times.
- (iv)
- (v) Any Vessel found with non-MIB members on board will be escorted off the grounds. MIB members only allowed on board while engaged in fishing.**

Thank-you,
Musqueam Fisheries Department

AFO Contact #s:MG604.551.2044/LG 778.997.5510/JG 236.833.9412/RS 604.396.6829
LICENCES POSTED AT THE MUSQUEAM FISHERIES DEPARTMENT

Musqueam Education Notice August 25, 2023

Post Secondary Students:

Living Allowance will be Direct Deposit on August 30, 2023

Please ensure that your information is up to date, we need the following

1. MIB Education forms
2. List of registered courses
3. Direct Deposit information

Education Awards

Education awards are now available for Musqueam Band members!!

GRADE 12 GRADUATES – If you graduated this June, please submit your final report card, Dogwood Certificate and BC Ministry of Education transcripts to the Education Department, to receive your award.

GRADE 8 – 11 – If you are interested in receiving an academic award please submit your final report card to the Education. The top academic student in each grad will receive an award.

SCHOOL BUS INFO

If your child(ren) is planning on riding the school bus this year, please contact the Education department to fill out the MIB School Bus Form.

Children will not be required to wear a mask on the bus, but it is strongly recommended that they do. If your child is sick please keep them home.

It is strongly recommended that parents/caregivers wait with their young children at the bus stop until they are on the bus.



Education Department:

Faye Mitchell, Education Manager:

fitchell@musqueam.bc.ca

Lucetta George-Grant, Education Advocate:

education.advocate@musqueam.bc.ca

Cary Campbell, School Bus Driver

Santana Palmer-Thomas, Learning Facilitator

learning.facilitator@musqueam.bc.ca

Ph. # 604 - 263 - 3261; Fax # 604 - 263- 4212

Toll free: 1-866-282-3261

Bus Behaviour

Warning

Targeted Behaviour

Consequence

First Warning

- Hitting
- Name Calling (more than 3 times in one week)
- Disrespectful to Supervisor, driver, or fellow passengers
- Any other aggressive behaviour or bullying

The Supervisor will chat face-to-face, or if that option is unavailable, on the phone to the parent (s) and report the incident. Also, explain to the parent (s) the steps that will be taken if the child's behaviour does not change (second and third warnings/ consequences).

Report incident and follow up to Education Coordinator.

Second Warning

Same as above

The Supervisor will report the incident to the Education Coordinator, and sign the letter. If specific changes need to be made, then the supervisor may change the letter as she sees fit. The letter will be mailed to the parent (s) asap.

Third Warning

Same as above

The Supervisor will sign and send a letter to the child's family explaining that he or she will be off the bus for the remainder of the week or 4 days total.



MUSQUEAM INDIAN RESERVE NO. 2 SCHOOL BUS PICK-UP TIMES AND LOCATIONS

PICK-UP ORDER AND TIME

Immaculate Conception

School (ICS)

*Please be at bus stop by 8:00 am

- 1 8:00 am
- 2 8:14 am
- 3 8:15 am
- 4 8:20 am

ICS: 8:25 am

estimated arrival time

Southlands Elementary

School (SES)

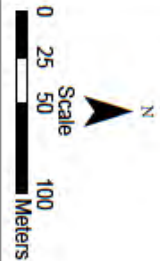
*Please be at bus stop by 8:30 am

- 1 8:30 am
- 2 8:35 am
- 3 8:40 am

Southlands: 8:45 am

estimated arrival time

Property of the Musqueam Indian Band. Produced by the GIS Service Center, September 2019.
This map should only be used for reference purposes and should not be considered an official survey.





Indigenous Professionals in Development

WE'RE LOOKING FOR INDIGENOUS UNIVERSITY GRADUATES TO JOIN OUR TEAM IN PROFESSIONAL AND MANAGEMENT ROLES

Our Indigenous Professionals in Development (IPID) program offers post-secondary Indigenous graduates a one-year paid work and professional development placement with BC Hydro

- o You will secure work rotations based on your interest, education, background and our business needs
- o You will receive access to coaching, leadership development, and mentoring
- o The experiences and support you receive will increase your knowledge of our organization and make you a more competitive candidate when applying for permanent roles at BC Hydro

Apply on line at - [Indigenous Professionals in Development \(bchydro.com\)](https://www.bchydro.com/indigenous-professionals-in-development)

MUSQUEAM EMPLOYMENT & TRAINING

RIGGING & HOIST CERTIFICATION



We have 8 seats only for those working in the construction sector who want to add this highly sought-after certification to enhance your employment status. Serious enquiries only and you must be able to commit to the full three weeks of training.



WHAT IS RIGGING?

Rigging is the act of moving, securing or putting down a load, while using the appropriate mechanical shifting equipment. It also involves erecting and dismantling cranes and hoists. To move a load, riggers use equipment like cranes and hoists or other machinery like chain blocks and winch systems.

DATE & PLACE:

START: SEPT 2023

📍 MUSQUEAM AND ABBOTSFORD, BC

Two weeks of the training will be held in Musqueam and one week will be in Abbotsford, BC. All accommodation, transportation and meals will be provided. Learning incentive will also be provided while attending the program.

REGISTER TODAY!

Call Malonie Langthorne, E&T Manager

T: 604-807-1222

or

Email Krista Brisk, Program Coordinator

E: kbrisk@musqueam.bc.ca



SECOND INTAKE

TRADES & CAREER EXPLORATION PROGRAM



In this program you will obtain:

- Traffic Control (TCP)
- Skid Steer Certificate
- Occupational First Aid
- Forklift Certificate
- WHMIS
- Piping Foundations (UA Local 170)

In addition, enhance your skills set in English, Math, Document Use; tour exciting places and learn about our partners and potential employment opportunities!



Spots fill up fast so get
on the waitlist now!

OCTOBER 2023
-IN COMMUNITY
-3 TIMES A WEEK
-18+
-COMPLETION BONUSES



Sign up by contacting:
Krista Brisk, Program Coordinator
604-269-3461
kbrisk@musqueam.bc.ca



Musqueam **Housing** News

Some highlights from our August 10th bike rally & fashion show



Many thanks to all the organizations, departments, helpers, models, & attendees who made this event possible!

If there are any community members who missed the event & would like a bike helmet or noise maker, drop by the Housing Trailer on Monday, August 28th from 11:30am—1pm (while supplies last).





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MUSQUEAM HEALTH DEPARTMENT
NEWSLETTER | AUGUST 25, 2023 |

MUSQUEAM MEN'S HEALTH FAIR.



**You are invited to the
Musqueam
Men's Health Fair.**

DATE: September 5, 2023

TIME: 4:00 – 7:00pm

LOCATION: Cultural Centre, 4000
Musqueam Avenue

**WIN A DOOR PRIZE
BRING A FRIEND AND HAVE YOUR NAME
ENTERED TO WIN ADDITIONAL PRIZES.**

FOOD: DINNER INCLUDED.





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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 25, 2023 |

COMMUNITY HEALTH

Amana Lalli, Community Health Nurse, & Arlene Haldane, Assistant.

Lice kits are available through from the community health nurse and shampoo is available from the pharmacy and covered by FNHA. If you would like more information you may contact Amana, CHN.

PRE-POSTNATAL PROGRAM

BETTER TOGETHER

DROP IN SESSION to share a meal and discuss supports and resources.

We will hold a drop-in group 2 times a month on Tuesday's from 12pm to 2PM



Please join us in the Youth Centre for our drop-in session on

Tuesday, August 29th 2023 – Lunch and an activity

BEFORE BABY IS BORN:

- You can receive 4 Save on \$25 gift cards per month to support with buying healthy food and snacks during prenatal period, until baby is 3 months old.
- Prenatal support and information on Labour & Delivery
- Resources to make sure you have a healthy pregnancy and healthy baby (books, pamphlets, guest speakers)

AFTER BABY IS BORN:

- Breast feeding support; includes one box of nursing pads per week as needed until baby is 6 months old
- Reimbursement for 1-2 **Nursing bra's**, baby welcome bag & a breast pump to keep (one time only), if you haven't received one from a previous pregnancy.
- Wellness baby visit – have baby measured & weighed at the drop-in group
- Postpartum information/resources for mom and baby
- How to deal with baby's outbursts, early years from 0-5 years, sleep routines, baby formula, nutrition & more

DOOR PRIZES at the END OF THE SESSION ☺ PLEASE CALL AMANA TO REGISTER!!

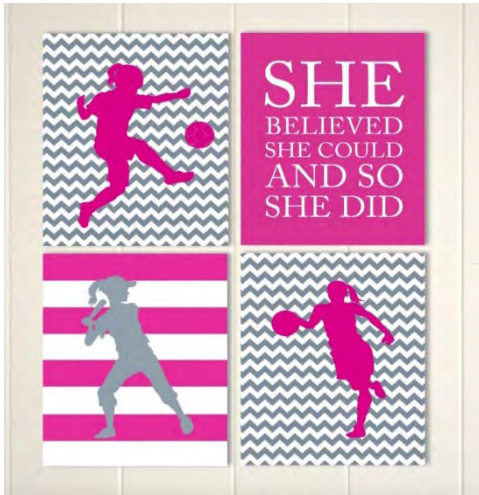
Amana Lalli, Community Health Nurse, RPN (604) 263-3261; email: chn@musqueam.bc.ca



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 25, 2023 |

AROUND THE KITCHEN TABLE- GIRLS GROUP



SEXUAL AND MENTAL HEALTH EDUCATION GROUP

Girls or anyone identifying as a female ages 12 years old and up. You are invited to join our sexual and mental health group.

Come join us for an open discussion around the table while doing some activities and having lunch with friends. Janice & Janice and Pacific Spirit nurses will be in attendance. \$25 gift card for anyone that attends. 10 spots available

NEXT SESSION: August 30, 2023

Topic: Healthy boundaries.

TIME: 12:00 – 2:00PM

LOCATION: Cultural Centre, 4000 Musqueam Ave, Vancouver.

TO REGISTER: contact Amana, CHN or Arlene, Nursing assistant at 604-263-3261.



ROBERT & LILY'S DENTAL CLINIC



PARENTS WITH KID'S AGES 5 AND UNDER COME JOIN ROBERT AND LILY'S HYGIENIST ON TIPS ON ORAL CARE, BRUSHING, CLEANING AND WITH YOUR CONSENT FLOURIDE AND VARNISH TREATMENT.

DATE: October 12, 2023

TIME: 9:00 – 12:00 Noon

LOCATION: Youth Centre located at 6777 Salish Drive, Vancouver, BC (Health Centre).

To register, please contact CHN Amana at 604-263-3261



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 25, 2023 |

MERV's Walking Challenge Continues!

join us for the

WALK-TO-WELLNESS CHALLENGE

- Group sessions on:** Tuesdays & Wednesdays
Location: Meet at the Elder's Centre
Time: 10:30am - 11:30am
- Who:** OPEN to All community members
- Prizes:** Participant's names will be entered in a draw to win a prize for the most groups attended.

10 BENEFITS OF WALKING DAILY



WHAT TO BRING: Wear comfy walking shoes, preferably runners. Bring a hat, wear sunscreen and please bring any mobility aids that you may use.

WHAT WILL BE PROVIDED: Walking poles, fruit and water as needed. You may bring your own snack if you like.

If you would like for us to pick you up on the way and are not able to meet at the café.

Call Merv or Amana at: 604-263-3261 to register.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 25, 2023 |

SAFE DRINKING WATER MONITORING PROGRAM

Charlene Campbell-Wood

OUR MISSION, VISION AND GOALS

OUR MISSION

We will educate the leaders of today and tomorrow about drinking water quality issues to realize our goal of safe drinking water being available to every Canadian.

OUR VISION

To reaffirm and promote all people's right to safe drinking water. With a focus on developing partnerships with rural communities throughout Canada and around the world, we intend to effect change at the municipal, provincial, and federal levels as well as within civil society and industries involved in the protection and production of public water supplies.

We will deliver high quality, hands-on educational programs to thousands of classrooms in order to educate students, the leaders of tomorrow, about drinking water quality issues and solutions.

OUR GOALS

Our vision will be reached in Canada when the following goals have been achieved:

- National drinking water regulations are implemented and enforced, resulting in all communities in Canada having access to truly safe drinking water.
- The federal government of Canada recognizes at the United Nations that water is a basic human right.

SDWF is a registered Canadian charity. Its primary purpose is to educate community leaders, politicians, engineers, health officials, students and the general public about drinking water quality issues and solutions. The SDWF accomplishes this by developing and distributing high quality, hands-on educational programs to thousands of schools, delivering webinars, and maintaining a massive website with lots of information available free of charge.

SDWF is independent from municipal, provincial and federal governments and led by a Board of Directors.

SDWF emphasizes sound solutions to poor quality water.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 25, 2023 |

MUSQUEAM NATIONAL NATIVE ALCOHOL & DRUG ABUSE PROGRAM (NNADAP)

SAFE USING CAN SAVE YOUR LIFE

Nasal naloxone | test your drugs first | lifeguard app | safety plan around using even if recreational

Dear Musqueam Community,

The NNADAP & Health Dept would like to take this time to share with you options for Harm Reduction measures for safe using and abstinence if you choose from drugs and alcohol. We have a number of resources available to the community here are a few.

Suicide prevention line

24/7/365 (1-833-456-4566)

Dial 211

A support line for **all of life's challenges**; including information & obtain referrals to physical & mental health resources, housing, utility, food & employment assistance; suicide & crisis intervention

LifeGuard App & How it works



When someone is about to use, especially alone, they can open the app and record the type of substance they are using and confirm their location. The app will hold this information, and a timer is set which can be paused or extended by the app user at any time.

As the timer ends, the app will sound an alarm, flash a light, and vibrate. The user must hit a button to stop the alarm and indicate they are fine. If they are unable to stop the alarm, a text-to-voice call will go straight to 9-1-1. This alerts emergency medical dispatchers.

**NNADAP worker -
Contact & what our dept offers**

Brad Morin

-Wed - Fri 6-9pm

-Sat - Sun 1-5pm

Ph: 604-652-1368

What we offer

- ✚ 1-1, Family & Group counselling
- ✚ Treatment referrals
- ✚ Detox support
- ✚ Relapse prevention planning
- ✚ Family Interventions
- ✚ Referrals to outside mental health agencies
- ✚ Harm reduction gear
- ✚ Drug testing strips
- ✚ Clean supplies



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 25, 2023 |



MUSQUEAM PRIMARY CARE CLINIC

4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Aug. 28	Tuesday Aug. 29	Wednesday Aug. 30	Thursday Aug. 31	Friday Sept. 1
No clinician on site	Dr. Dumont, GP 9:30am – 3:30pm	No Clinician on site. Jane (Virtual NP) 9:30am – 3:30pm	Jessica Peart, NP Jane (Virtual NP) 9:30am - 3:30pm	No Clinician on site

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Unable to attend your in-person or virtual appointment? Please notify us as soon as possible.

Please be available 15 minutes before and after your scheduled appointment call.



We have a new family doctor starting in September and are currently accepting patients from our **patient enrollment waitlist**. Priority will be given to Musqueam Band Members without a family doctor.

Please call us at 604.266.0043 to add someone to the waitlist. Please leave a message if we were unable to answer your call.

Dr. Anamaria Richardson

from Granville Pediatrics will be working in Musqueam once a month.

Next Visit: Sept.13, 2023.

To book an appointment, please call their Granville office at 604-423-4803.

Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment.

Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

Available to First Nations people and their family members, even if those family members are not Indigenous.

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Check wait-times for BC Walk-in Clinics at <http://medimap.ca>



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | AUGUST 25, 2023 |

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care, Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Home Care Assistant or Romeo. Please note: Arlene and Romeo's schedule below;

Home Care Nurse Romeo's Office Hours: Monday, Wednesday - Friday from 8:30-5:30 **Tuesdays - Off**

Phone: 604-269-3463 | Email: homecare@musqueam.bc.ca

Arlene Haldane office hours: 4 days a week: **Tues.- Fri.** 8:30-4:30

Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message. ***For Emergencies Call 911 ***

MUSQUEAM ELDERS CENTRE

Brenda Campbell, Elders Coordinator
Ph: 604 263 – 6312



LADIES GROUP

When: Every Tuesday
Time: **1:00-4:00pm**
Location: Elders Centre



ELDER'S LUNCHEON:

When: Wednesday, Aug.30
Time: 12:00 Noon
Location: Elders Centre
***Elders only**



ELDERS CHAIR EXERCISE

When: Thursday, Aug.31
Time: 1:00pm
Location: Elders Centre

MUSQUEAM YOUTH CENTRE

YOUTH CENTRE

Phone: 604-269-3465

The Youth Centre hours for **Aug. 28-Sept.1: 2:00pm - 9:00pm** Monday-Friday

If your Child Is **younger than 7** they must have a guardian who is **older than 14** with them at all times who will care for them.

Children 0-6 without a parent or guardian will be sent home.

Social Development Dept.

September 2023 Issue

August 25, 2023

September 2023 cheque issue day will be issued on

Friday September 1, 2023 8:30am—12:00 & 1:00pm—4:30pm

Please bring in renewal slips and job search forms a.s.a.p. if you haven't already done so.

Cut off day to bring in your paperwork (renewal slips/job search forms) is on the 20th of every month unless stated otherwise.

We will no longer be process cheque's on cheque issue day! They will be processed the next business day.

If you are not on direct deposit please reconsider at this time and bring us a void cheque and or a direct deposit form from your bank .

If you are eligible for your bills (hydro, gas and phone) to be paid please bring in a.s.a.p. We cannot pay them if you do not provide your bills. Please bring in a.s.a.p.

***** If you are considered "employable" you are expected to do "job search" If you cannot you must provide a doctor's note as to why and for how long you will be exempt from job search.

Thank you,

Have a great weekend!

From Your Social Development Dept.



CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

OFFICE USE ONLY

Administering Authority (AA) and Number: _____	Name of Worker: _____	Date Declaration Reviewed: _____
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Child

Last Name	First Name	Middle Name
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1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home? If yes, explain change(s): _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
3. Are there any changes in the amount of financial contribution to the COPH Assistance child? If yes, explain change(s) to the amount: _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
4. Are there other changes concerning the COPH Assistance child or the information provided by the relative? If yes, explain change(s): _____	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED		
New Address	Telephone ()	
Mailing Address (if different)		

DECLARATION

I declare that the information that I have provided on behalf of _____ is true and complete. <div style="text-align: center; font-size: small;">(Child's Name)</div>		
I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.		
Relative's Signature _____	Relative's Name (Print) _____	Date Signed _____



Indian and Northern
Affairs Canada

Affaires Indiennes
et du Nord Canada

SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION

PRIVACY ACT STATEMENT

Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision.
The information will be stored in personal information bank INA/P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance?

☐ Yes

☐ No

2 Has your marital / employment situation changed?

☐ Yes

☐ No

If yes, explain change _____

3. List any changes in your living situation (e.g. address, rent, etc.). Submit new receipts.

901-28 (6-88)

Canada

4. Have you had any earned or unearned
Income this month?

☐ Yes ☐ No

If yes, complete *

Earnings	\$
Child tax	\$
Family Maintenance	\$
Employment Insurance	\$
Other	\$
Pension (OAS, CPP, Widows)	\$
	\$

5. Has there been any change in your assets? ☐ Yes ☐ No

If yes, complete *

Bank Account	
Property	
Other (specify)	
TOTAL	

6. Is there any change in your number of dependents or their school status?

☐ Yes

☐ No

If Yes, explain the change(s) _____

* I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Band #

Print your Name

Signature of Applicant

Date

****Do you want direct deposit Yes or No (please circle one) or it's an automatic cheque****

If you are turning **65** this year, Please remember that income assistance cut off is your 65 birthday. You must apply for your Old age pension, GIS, CPP. This can be done one month after your 64th birthday!

Active Job Search Statement

List dates, names and phone numbers of employers seen and results of job interviews. When completed, **Sign** the declaration at the bottom of this form.

**Please return no later than the 20th of every month
(if you hand in later than **NO** direct deposit)**

[illegible]

If you have taken No Action to find Employment, Indicate ***why***:

☐ Hospitalized ☐ Sick or Incapable (you need to provide a Dr's note) Other (explain) _____☐ Pregnancy ☐ Attending a course of Instruction – Where? _____

Declaration: I declare that all Employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true.

I understand that confirmation of my contacts may be obtained from Employers whose names I have shown

Printed name of Claimant:	Signature of Claimant:	Date:
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