

MUSQUEAM x^wməθk^wəyəm COMMUNITY NEWSLETTER

Friday, October 20, 2023

ONLINE VERSION



HIGHLIGHTS

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**Orange shirts available for
pick up Monday**

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**Youth Financial Literacy
Workshop**

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VPL art opportunity

Plus notices from...

**Employment & Training,
Social Dev. & Health**



Education Pathways Dinner Discussion

NEW DATE!

Thursday, November 2

6 - 7:30pm

Community Centre Library (Upstairs)

A gathering for grade 12 students planning
to attend post-secondary to discuss plans
and ideas for after graduation.



Musqueam Administration

www.musqueam.bc.ca

Reception: 604-263-3261

24/7 Security: 604-968-8058

Friday, October 20, 2023

**wə ʔi? tə steʔəx^wət
tə mək^w wet**

every child matters



Did you miss out on the həŋqəmiŋəm orange shirts?
(Or maybe you'd like a spare....?)

The language department is handing out the
remaining həŋqəmiŋəm orange shirts on:

Monday, October 23

10am - 4pm

Community Centre Lobby



*This is the last chance for
shirts until next year!*

***Income Tax Clinic
Tuesday October 24***

Place: Elders Centre

***Time
9:00 am til 2:00 pm***

Please make sure
that you have all
your T4 or T5

Social Development
Old age pension
CPP
Employment T4

Please call the family
outreach worker
Theresa to make an
appointment Cell#
604-364-6551

Musqueam Members
are invited to the

MCC Open House

and the Presentation of Audited Financial Statements

Wednesday, October 25th

Musqueam Cultural Centre

5:00pm - 7:00pm

At the open house will be the teams from
Finance & Accounting, Real Estate,
Golf & Marina Operations,
Business Development and Human Resources

5:00 pm - Doors Open & Team Booths Open

5:30 pm - Dinner

6:00 pm - Audited Financial Statements

6:45 pm - Draw Prizes

7:00 pm - End of Event



*There will be exciting door prizes and
dinner catered by Richard Hazelman*

MUSQUEAM 101

stem? (what?) Musqueam 101, Wednesday, October 25

Indigenous people on the move



In the lead up to our recent elections in New Zealand, a politician seeking to appeal to certain kinds of voters claimed that Māori people shouldn't get special privileges on the basis of being Indigenous people - because (so he was saying) people whose ancestors arrived in those islands many generations ago from elsewhere in the Pacific could not claim to be Indigenous. At the same time, it is estimated that one in five Māori people now live outside New Zealand's borders. As a Māori literary scholar and poet (and a person who has moved around a lot - including, recently, here) I am interested in the stories we tell about long-ago ancestral migrations, and what these might mean for all of us who now live far from our ancestral home and on someone else's territory.

Presenter: Dr. Alice Te Punga Somerville (Te Āti Awa, Taranaki) is a professor at UBC in Critical Indigenous Studies and Literature.

ni? ʔāncə? (where?)

Musqueam Elders' Centre

təmtem? (when?)

Wednesday, October 25. Dinner will be served at 6:00 p.m. with the presentation starting at 7:00 p.m.

PLEASE JOIN US!



Musqueam **Housing** presents

Hallowe'en Lunch

Let's Bougie!



Date: Tuesday, October 31st

Time: Noon—1:30pm

Place: Community Centre café

Drop by, fill out a survey, and enjoy a
free lunch!

But wait...there's **more...**



We've also got great **giveaways!**



Financial Literacy Workshop

for teens & young adults



Tuesday, November 14 @ 5pm



Youth aged 15+ are invited to learn the basics about banking, budgeting, credit and more.



Set yourself up to manage your money and make smart financial decision for your future!



Dinner & door prizes included!

Hosted by Joyce Leppington (Musqueam & Sts'ailes)



Drop-in or RSVP to Courtenay Gibson:

cgibson@musqueam.bc.ca

604-781-1470 (text or call)

SCAM PREVENTION FOR SENIORS

5:30 - 7:30 P.M. | NOVEMBER 28, 2023

MUSQUEAM CULTURAL CENTRE
4000 MUSQUEAM AVE, VANCOUVER

A **FREE** EDUCATIONAL INFORMATION SESSION FOR SENIORS ON:

PHONE SCAMS

BAIL MONEY SCAMS

DISTRACTION THEFTS

CYBERCRIME

FOR MORE INFORMATION CONTACT: Sergeant Rita Raj (236) 330-6593

Detective Constable Julie Gilmore (604) 349-4461

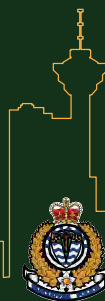
Acting Sergeant Rob Dairon (604) 340-7192

Constable John Gravengard (604) 348-6608

REGISTRATION: Secure your spot by registering yourself or other family members by calling, texting, or emailing Constable John Gravengard (john.gravengard@vpd.ca).



» **FREE drinks and food!**



WITH SUPPORT FROM

VANCOUVER POLICE
FOUNDATION



October 20, 2023

Musqueam Lands Department Notice

Fireworks Ban

At the council meeting on October 10, Musqueam Chief & Council adopted the MIB Fireworks Law. The MIB Fireworks Law was adopted on an urgent and temporary basis, as per Musqueam Land Code section 7.3.



Under the MIB Fireworks Law:

The use and sale of fireworks and firecrackers is prohibited on Musqueam Lands, including all public spaces, parks, sports fields and river banks.

This decision was made to promote safety and to protect Musqueam lands, members, residents, guests, buildings and resources from noise, waste, and other potentially hazardous or disruptive effects of fireworks or firecrackers.

**The temporary MIB Fireworks Law is in effect from
OCTOBER 10 TO NOVEMBER 7, 2023**

After this period, the Lands Department will engage Musqueam community members about a permanent MIB Fireworks Law. We welcome your feedback about the Law.

Any questions or concerns?

Contact: Kim Guerin, Lands Governance Officer (kim@musqueam.bc.ca or 604-329-7916)

The MIB Fireworks Law is available in the Musqueam Administration Office and on the Musqueam website: www.musqueam.bc.ca/departments/land-capital-and-housing/lands/

WILD GAME CARCASS ABANDONED AT MUSQUEAM BEACH

It is hunting season, and as we practice our inherent right to hunt for food **please remember to be respectful of our territories, teachings, and community.**

Last week, a deer or elk carcass was thrown away at the Musqueam foreshore, in an area that is dangerous for our residents and for removal. In addition, a fish tote full of crab bait was discarded in the same area.

The carcass and tote are not only unsightly and smell awful, but abandoning an animal carcass is contrary to Musqueam cultural values and teachings.

Musqueam Administration tries to keep the foreshore clean for community members to enjoy safely. Cleaning up the carcass and fish tote is not easy, and costs administration money and time to dispose of safely.


Please, be mindful of everyone who uses the beach area and dispose of your waste responsibly.



WE ARE *hiring!*

Musqueam is hiring for permanent, casual, full-time and part-time roles.

- Chief Financial Officer
- Prescribing Health Nurse
- Community Health Nurse
- Health Department Manager
- Archives & Research Technician
- Intergovernmental Coordinator
- Intergovernmental Analyst
- Drug & Alcohol Worker
- Home Care Worker
- In-House Legal Counsel
- Lands Director
- Youth Outreach Worker

 www.musqueam.bc.ca/careers

For more information about career opportunities with Musqueam:

Kia Coles, HR Manager,
kcoles@musqueam.bc.ca



tə meməñəs?ewtx^w *The Children's House*

Hours of operation

Preschool: 9am-3pm

Daycare: 7:45am-5pm

Contact The Children's House

604-269-3302

childcaresup@musqueam.bc.ca

Manager Renee Stogan

Infant & Toddler Christy Friesen,
Kelly Herman &
Ernestine Herman

Preschool Sherry Point,
Alice Stogan &
Stacy George

**MUSQUEAM
EDUCATION**

HOMEWORK CLUB

Mondays & Wednesdays

3:30-5:30pm

Community Centre
Library (Upstairs)



Professional tutor available
for math and science.



Any subject, any age - come
do your homework and have
some snacks with us!



**Saint
Michael
Church**

Service every
Sunday at 1pm



Contact Jeannie Campbell
for more information:
604-781-5641

Need to renew or replace your status card?

Musqueam's membership department can help members with laminate status cards (the old status cards) and secure status cards (submitting an application to Indigenous Services Canada).

Contact Karen R. Campbell to discuss the two types of cards and make an appointment: kcampbell@musqueam.bc.ca



EMPLOYMENT & TRAINING

NEXT WEEK

Trades & Career Exploration Program

Starting Tuesday, Oct 24th at 9:30 AM in Classroom 1

Classes will be held in community 3 days a week (Tuesday, Wednesday and Thursday).



Resume Writing 101

Have you recently completed training and/or are currently looking for work? Attend our one-day resume writing workshop to learn how to create and update your resume!

Thursday, Oct 26th from 2pm-4pm
Computer Lab, Community Centre

Client of the Month

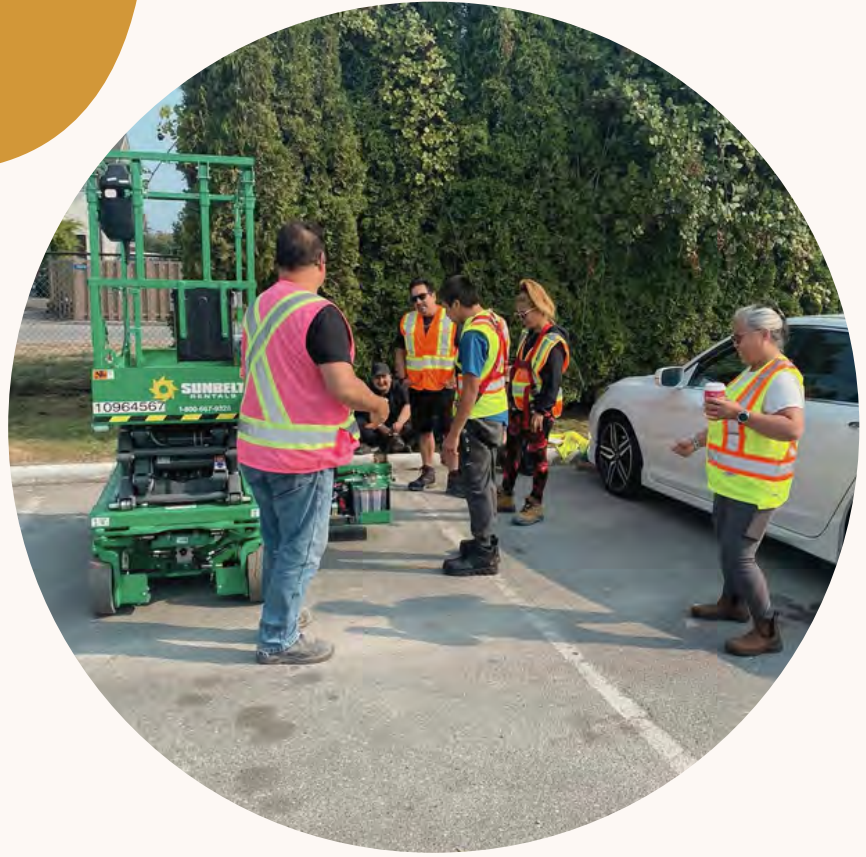
Do you want to be featured as our Client of the Month? Send in your photos and success stories to abradley@musqueam.bc.ca to be featured. Let's celebrate your success!



Sign up today!

Krista Brisk, Program Coordinator
T: 604-269-3461 | E: kbrisk@musqueam.bc.ca

SECOND COHORT: Career & Trades Exploration Program



In this program you will obtain:

- Traffic Control
- Skid Steer Certificate
- Occupational First Aid
- Forklift Certificate
- WHMIS
- Piping Foundations (UA Local 170)

In addition, enhance your skills set, tour exciting places and learn about our partners for potential employment opportunities!

Classes will be held in community 3 days a week (Tuesday, Wednesday and Thursday).

Official Start Date:

Tuesday, October 24, 2023

9:30am

Classroom 1, Community Centre



See you next week!

**Vancouver Public Library
Request for Expression of Interest:
Designers – West Point Grey Branch
Exterior Windows
Issued: October 5, 2023**



Project Summary

Vancouver Public Library (VPL) is inviting xʷməθkʷəy̓əm (Musqueam) Nation artists and designers to submit an expression of interest to create a graphic design in the form of cut-vinyl to be used in the window at the relocated West Point Grey Library located at 4566 West 10th Avenue, one block west of the previous location.

The vinyl graphic designs will extend across the front windows of the Library to enhance the street-front presence and also provide a privacy screen for patrons seated at the windows.

The window graphics will be installed on both the east and west glazing facades (see reference images). The window graphics will be printed on vinyl adhesive material, which can be fully or partially opaque, and will be directly applied to the exterior glazing. 30% of the window can be used for the installation, approx. 2'-0" x 22'-0", 12" above grade to approx. 36" above grade, however other configurations covering no more than 30% of the total glazing will be considered.

VPL will be responsible for coordinating and procuring print and installation services for the design.

Objectives:

- To reflect and welcome the local community.
- To celebrate the Musqueam land on which the branch resides.
- To inspire learning and connection with the sense of possibility that libraries bring to a neighbourhood.
- To share Musqueam culture and art with library visitors and the broader community.

About Vancouver Public Library (VPL)

VPL's mission is to be a free place for everyone to discover, create, and share ideas and information. VPL's 21 locations are hubs of vibrancy that provide spaces for people to seek information, education, and entertainment. VPL describes its personality as: Progressive, Inspiring, Open, Vibrant, Surprising, and Proud.

VPL is committed to being a place for everyone to learn about the history and cultures of Indigenous Peoples in Canada, and to creating spaces where local Nations and Urban Indigenous Peoples feel welcome and heard.

The West Point Grey location, located on the unceded land of the Musqueam people, is an active community branch. Every day of the week you will find children laughing and learning, seniors connecting, and students and remote workers using library space to work and study.

Design Format

Artists working in 2D forms which can be digitized, including, but not limited to, illustration, painting, printmaking, or photography will be considered. Abstract and/or non-representational designs are welcome.



Vinyl decals

Artists will create one digital design and deliver print-ready files that meet printer specifications to VPL.

Print specifications:

- 1200 x 1200 dpi
- CMYK
- PDF

The artwork is intended to be displayed for 2-4 years and licensed for use for 5 years.

The artist will be identified and profiled on informational signage inside the library, on social media, and promotional materials.

Budget

\$7,000.00 for artwork.

All production and installation costs will be the responsibility of Vancouver Public Library.

Selection Process

A selection panel will review all submissions and select one designer. Note, design/artistic partnerships, or other relationships, will be considered

To Apply

Artist/designer must be from the Musqueam Nation. We encourage submissions from both established and emerging artists and designers.

Submit an Expression of Interest that includes:

1. Artist profile and contact information, including email and phone number.
2. 4 to 6 images of sample design work. Samples do not need to represent wall murals or window decal designs, but should demonstrate the artist/designer's ability and personal creative style in a 2 dimensional format. Digital images should be no more than 2MB each. Please do not submit original artwork.
3. A short concept statement (no more than 300 words), or sketch, that represents your initial thoughts on how the West Point Grey branch's personality could be expressed.

Submissions may be emailed, mailed, or hand delivered.

Please note that hard-copy submissions will not be returned.

Email submissions to art-submissions@vpl.ca by end-of-day November 10, 2023

Hardcopy submissions should be mailed/delivered to:

Vancouver Public Library Marketing & Communications

350 West Georgia Street Vancouver BC V6B 6B1

Attn: Scott Fraser, Level 6





Seeking Youth for a National Indigenous Youth Council: Four Directions Youth Mental Wellness Circle

Attention Youth Aged 18-29!

Thunderbird Partnership Foundation (Thunderbird) and First Peoples Wellness Circle (First Peoples) are looking for Indigenous Youth aged 18-29 to actively participate on the Four Directions Youth Mental Wellness Circle, a national youth council.

This group will be a collective of Indigenous youth who will provide perspective, guidance, and advice on the work of these organizations relating to Indigenous mental wellness.

Participating in a variety of working groups that relate to mental wellness, youth will also lead their own projects with the goal of promoting wholistic wellness and supporting of Indigenous peoples and communities from coast to coast to coast.

Youth council members will also represent the voices of Indigenous youth at national and international events and benefit from mentorship, training, and academic and career support, all of which may support any future work in Indigenous mental wellness. This will include:

- Certified training in mental wellness topics,
- A potential for certification as a trainer of mental wellness programs,
- A highly credible experience to support future employment and education, and
- Equitable compensation.

To apply, complete the online survey: www.thunderbirdpf.org/youth-council-recruitment

The survey link will be active until all spots have been filled, however we encourage youth to submit their applications no later than October 20, 2023.

Please visit our websites to learn more about our organizations.

Thunderbird Partnership Foundation: thunderbirdpf.org

First Peoples Wellness Circle: fpwc.ca

Inquiries: youthcouncil@thunderbirdpf.org



Social Development Dept.

October 20, 2023

November 2023 cheque issue day will be issued on

Tuesday October 31, 2023 8:30am—12:00 & 1:00pm—4:30pm

Please bring in renewal slips and job search forms a.s.a.p. if you haven't already done so.

Cut off day to bring in your paperwork (renewal slips/job search forms) is on the **20th of every** month unless stated otherwise.

If you need to apply for income assistance we will not accept applications on or two days prior to cheque issue day.

We will no longer be process cheque's on cheque issue day! They will be processed the next business day.

If you are **not** on *direct deposit* please **reconsider** at this time and bring us a void cheque and or a direct deposit form from your bank .

If you are eligible for your bills (hydro, gas and phone) to be paid please bring in a.s.a.p. We cannot pay them if you do not provide your bills. Please bring in a.s.a.p.

***** If you are considered "employable" you are expected to do "job search" If you cannot you must provide a doctor's note as to why and for how long you will be exempt from job search.

Thank you,

From Your Social Development Dept.





CHILDREN OUT OF THE PARENTAL HOME MONTHLY RENEWAL DECLARATION

PRIVACY OF INFORMATION STATEMENT

Provision of information requested on this document is voluntary and is being collected for the purposes of determining eligibility for Children Out of the Parental Home Income Assistance. The information will be stored in a secure location by your First Nation Administering Authority, who will ensure the confidentiality of the information contained in this document in accordance with standards set out in the Social Development Policy and Procedures Manual of the Department of Indian Affairs and Northern Development (B.C. Region) and will be maintained pursuant to the *Privacy Act* and described in the personal information bank INA-PPU-240. The accuracy of the information in this document may be checked by comparing it against information held by any federal or provincial department or agency or any private agency.

OFFICE USE ONLY

Administering Authority (AA) and Number: _____	Name of Worker: _____	Date Declaration Reviewed: _____
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Child

Last Name	First Name	Middle Name
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1. Is the child still in need of Children Out of the Parental Home (COPH) Assistance?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Are there any changes in the composition (make-up) of persons age 18 or older living in the relative's home?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____ _____.		
3. Are there any changes in the amount of financial contribution to the COPH Assistance child?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s) to the amount: _____		
4. Are there other changes concerning the COPH Assistance child or the information provided by the relative?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, explain change(s): _____ _____.		
5. COMPLETE THIS SECTION ONLY IF THE RELATIVE'S ADDRESS HAS CHANGED		
New Address	Telephone ()	
Mailing Address (if different)		

DECLARATION

I declare that the information that I have provided on behalf of _____ is true and complete.
(Child's Name)

I give my permission for this information to be verified and consent to a report being obtained from any reporting agency (for example, but not limited to, Canada Revenue Agency, the BC Ministry of Children and Family Development or the BC Ministry of Housing and Social Development) for that purpose.

Relative's Signature _____	Relative's Name (Print) _____	Date Signed _____
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Indian and Northern
Affairs Canada

Affaires indiennes
et du Nord Canada

SOCIAL ASSISTANCE MONTHLY RENEWAL DECLARATION

PRIVACY ACT STATEMENT

Provision of the information requested on this document is voluntary and is being collected in order to make a fair decision.
The information will be stored in personal information bank INA/P-PU-020 and is protected under the provisions of the Privacy Act.

If you require continued Social Assistance, please complete this form and return to your local administering Authority at least 2 weeks before the next cheque issue.

1. Are you still in need of Social Assistance?

☐ Yes

☐ No

2 Has your marital / employment situation changed?

☐ Yes

☐ No

If yes, explain change _____

3. List any changes in your living situation (e.g. address, rent, etc.). Submit new receipts.

901-28 (6-88)

Canada

4. Have you had **any earned or unearned Income this month**?

☐ Yes ☐ No

If yes, complete *

Earnings	\$
Child tax	\$
Family Maintenance	\$
Employment Insurance	\$
Other	\$
Pension (OAS, CPP, Widows)	\$
	\$

5. Has there been any change in your assets? ☐ Yes ☐ No

If yes, complete *

Bank Account	
Property	
Other (specify)	
TOTAL	

6. Is there any change in your number of dependents or their school status?

☐ Yes

☐ No

If Yes, explain the change(s) _____

* I declare that this is a true statement concerning my monthly income, assets, marital, employment, and family status. I give permission for this information to be verified and I consent to a report being obtained from any reporting agency for that purpose.

Band #	Print your Name	Signature of Applicant	Date

Do you want direct deposit Yes or No (please circle one) or it's an automatic cheque

If you are turning **65** this year, Please remember that income assistance cut off is your 65 birthday. You must apply for your Old age pension, GIS, CPP. This can be done one month after your 64th birthday!

<p>Musqueam Indian Band</p> <p>Active Job Search Statement</p>
--

List dates, names and phone numbers of employers seen and results of job interviews. When completed, **Sign** the declaration at the bottom of this form.

Please return no later than the 20th of every month
(if you hand in later than **NO** direct deposit)

[illegible]

If you have taken No Action to find Employment, Indicate **why**:

☐ Hospitalized ☐ Sick or Incapable (**you need to provide a Dr's note**) Other (explain) _____

☐ Pregnancy ☐ Attending a course of Instruction – Where? _____

Declaration: I declare that all Employers listed on this form and on any attached sheets of paper have been contacted. The information I have given on this form is true.

I understand that confirmation of my contacts may be obtained from Employers whose names I have shown

Printed name of Claimant:	Signature of Claimant:	Date:
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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | OCTOBER 20, 2023 |



UBC ACTIVE KIDS is Returning to Musqueam every Wednesday

Starting Wednesday **Oct.25, 2023**

SNACKS @ 4:30PM, ACTIVITIES START AT 4:45PM - 5:30PM WITH THE UBC COACHES



Active Kids Multisport & Games | Ages: 3 + 5 years

This class will introduce your preschooler with basic sport specific skills and reinforce movement skills including running, jumping, kicking, throwing & catching.

TRAINED INSTRUCTORS WILL USE A VARIETY OF FUN, SPORTS AND GAMES TO DEVELOP FUNDAMENTAL LITERACY SKILLS YOUR CHILD CAN BUILD UPON IN FUTURE SPORTS ACTIVITIES!



REGISTRATION:

Sign up at the **Health Department** or **Musqueam Daycare**

For more details & to register contact **Arlene Haldane** at **604 263- 3261**



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MUSQUEAM HEALTH DEPARTMENT
NEWSLETTER | OCTOBER 20, 2023 |

Overdose death can be **PREVENTED**

Take Home Naloxone Kits reverse overdose and saves lives.



First Nations Health Authority
Health through wellness

Find out how at: www.fnha.ca/overdose

Follow the **SAVE ME** steps below to save a life.

If the person must be left unattended at any time,
put them in the recovery position.



STIMULATE
Unresponsive?
CALL 911



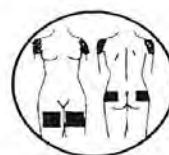
AIRWAY



VENTILATE
1 breath every
5 seconds



EVALUATE



**MUSCULAR
INJECTION**
1mL of Naloxone



EVALUATE
2nd dose?

Artwork created by: towardtheheart.com

Naloxone Kits available for pick up at the Health Department.
Training can be arranged, please call the Health Department.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | OCTOBER 20, 2023 |

MUSQUEAM NNADAP

SAFE USING CAN SAVE YOUR LIFE

**Naloxone | test your drugs first |
lifeguard app
safety plan around using,
even if recreational**

Dear Musqueam Community,

The NNADAP & Health Dept would like to take this time to share with you options for Harm Reduction measures for safe using and abstinence if you choose from drugs and alcohol. We have a number of resources available to the community here are a few.

Suicide prevention line
24/7/365 (1-833-456-4566)

Dial 211

A support line for **all of life's challenges**; including information & obtain referrals to physical & mental health resources, housing, utility, food & employment assistance; suicide & crisis intervention



LifeGuard App & How it works

When someone is about to use, especially alone, they can open the app and record the type of substance they are using and confirm their location. The app will hold this information, and a timer is set which can be paused or extended by the app user at any time.

As the timer ends, the app will sound an alarm, flash a light, and vibrate. The user must hit a button to stop the alarm and indicate they are fine. If they are unable to stop the alarm, a text-to-voice call will go straight to 9-1-1. This alerts emergency medical dispatchers.

MUSQUEAM COUNSELLING SUPPORTS

Brad Morin - NNADAP

Available in-person at the Community Centre/Gym

E: nnadap.bmorin@musqueam.bc.ca

C: [604-652-1368](tel:604-652-1368) / 604-269-3454

- Friday, 6pm - 9pm
- Saturday, 10am - 5pm
- Sunday, 10am - 5pm
- Monday, 6pm - 9pm

Yumiko Kakutani - Counsellor

Available to all Musqueam Community via telephone & online – call (236) 463-3005

- Tues Oct 24, 9:00 - 2:00
- Thurs Oct 26, 9:00 - 2:00



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | OCTOBER 20, 2023 |

COMMUNITY HEALTH

Arlene Haldane, Assistant.

Lice kits are available from the pharmacy and covered by FNHA. If you would like more information you may contact Arlene Haldane. The personal health number (care card number) is required per kit.

MERV's Walking Challenge Continues!

join us for the

WALK-TO-WELLNESS CHALLENGE

10 BENEFITS OF WALKING DAILY



Group sessions on: Tuesdays & Wednesdays

Location: Meet at the Elder's Centre
Time: 10:30am - 11:30am

Who: OPEN to All community members

Prizes: Participant's names will be entered in a draw to win a prize for the most groups attended.

WHAT TO BRING: Wear comfy walking shoes, preferably runners. Bring a hat, wear sunscreen and please bring any mobility aids that you may use.

WHAT WILL BE PROVIDED: Walking poles, fruit and water as needed. You may bring your own snack if you like.

If you would like for us to pick you up on the way and are not able to meet at the café.

To register call Merv: 604-263-3261 to register.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | OCTOBER 20, 2023 |

MUSQUEAM ELDERS CENTRE

Brenda Campbell, Elders Coordinator
Ph: 604 263 – 6312



LADIES GROUP

When: Every Tuesday

Time: 1:00-4:00pm

Location: Elders Centre

let's do
lunch

ELDER'S LUNCHEON:

The next luncheon: **Thursday, Nov.2**

Time: 12:00 Noon

Location: Elders Centre

****Elders only***



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | OCTOBER 20, 2023 |



MUSQUEAM PRIMARY CARE CLINIC

4010 Si Lu Drive, Vancouver BC V6N 4K7

Located in the Primary Care Trailer

(Clinic closed 12:00pm – 1:00pm for lunch)

Monday Oct 23	Tuesday Oct 24	Wednesday Oct 25	Thursday Oct 26	Friday Oct 27
Karen Chandra, NP 9:30am – 11:30am Dr. Marchand, GP 9:30am – 3:30pm	Dr. Dumont, GP Karen Chandra, NP 9:30am – 3:30pm	Karen Chandra, NP Dr. Marchand, GP 9:30am – 3:30pm	Dr. Marchand, GP Jane Estey, Virtual NP 9:30am – 3:30pm	Karen Chandra, NP 9:30am – 3:30pm

Call 604-266-0043 to book an appointment

Please leave a voicemail if you cannot get through - we will return your call as soon as possible.



Unable to attend your in-person or virtual appointment? Please notify us as soon as possible.

Please be available 15 minutes before and after your scheduled appointment call.

Please note: We are no longer a Drop-in walk-in clinic. Enrolled patients are seen by appointment only.
For any urgent matters, please call 911 or go to the emergency department.



Dr. Noah Marchand, our new family doctor, is currently accepting patients from our **patient enrollment waitlist**. Priority will be given to Musqueam Band Members without a family doctor.
Call us at 604.266.0043 to add your name to the waitlist.



Alternate Resources

FNHA Virtual Doctor of the Day

Call **1-855-344-3800** to book an appointment. Available 7 days a week from 8:30 am to 4:30 pm.

Telephone or virtual appointments via zoom.

Available to First Nations people and their family members, even if those family members are not Indigenous.

Walk-In Clinics Nearby

Highroads Medical: 5960 E Boulevard (Kerrisdale)

WELL Health: 2077 W 42nd Avenue (Kerrisdale)

Dr. Anamaria Richardson

from Granville Pediatrics will be working in Musqueam once a month.

Next Visit: Dec.13, 2023

To book an appointment, please call their Granville office at 604-423-4803.



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MUSQUEAM HEALTH DEPARTMENT NEWSLETTER | OCTOBER 20, 2023 |

MUSQUEAM HOME & COMMUNITY CARE PROGRAM

Romeo Cosio, RN, Musqueam Home Care, Nurse & Arlene Haldane, Assistant.

The Musqueam Home Care Program is available to our community members to assist with hospital discharges, home care aides, all medical supplies & equipment. All Home care services & medical equipment require a note from your doctor with your needs specified.

HOME CARE CLIENTS: If you will not be home during your scheduled HCA visit, please contact the Home Care Assistant or Romeo. Please note: Arlene and Romeo's schedule below;

Home Care Nurse Romeo's Office Hours: Monday, Wednesday - Friday from 8:30-5:30 **Tuesdays - Off**

Phone: 604-269-3463 | Email: homecare@musqueam.bc.ca

Arlene Haldane office hours: 4 days a week: **Tues.- Fri.** 8:30-4:30

Phone: 604 269 3354 | Email: nurseassist@musqueam.bc.ca

*If there is no answer please leave a message. ***For Emergencies Call 911 ***

MUSQUEAM YOUTH CENTRE

YOUTH CENTRE

Phone: 604-269-3465

The Youth Centre hours: 2-9pm

If your Child Is **7 Years old or younger**, they must have a guardian who is older than 14 with them at all times who will care for them.

Children 7 & under without a parent or guardian will be sent home.