

# MUSQUEAM x<sup>w</sup>məθk<sup>w</sup>əyəm COMMUNITY NEWSLETTER

Friday, January 19, 2023

ONLINE VERSION

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**Musqueam  
Administration**

Main Office  
604-263-3261  
866-282-3261  
[info@musqueam.bc.ca](mailto:info@musqueam.bc.ca)  
[www.musqueam.bc.ca](http://www.musqueam.bc.ca)  
24/7 Security  
604-968-8058



MUSQUEAM RECREATION PRESENTS:

## MUSQUEAM HOCKEY LEAGUE TOURNAMENT

A family-friendly event with hockey games, food, and fun! Come out and cheer on your very own Jericho Choppers, Point Grey Peacocks, Wreck Beach Wreckers and Salish Sea Sockeye Storm!

FEB. 4TH 2024 | 10 AM ONWARDS  
MUSQUEAM COMMUNITY CENTER

\*HOT DOGS \* POPCORN \* POP \* WATER \*

## REMINDER FINANCIAL ASSISTANCE

Deadline to submit monthly renewal paperwork is  
**Saturday, January 20**  
for February 1 payment



## SAFETY & SECURITY 604-968-8058

If you witness suspicious behaviour in Musqueam, immediately contact Musqueam Security. Remember to take note of descriptions of the person and vehicle (license plate, colour, make).

### Tips for staying safe (especially at night!)

- Be aware of your surroundings at all times.
  - Pay attention if something or someone seems out of place.
- Walk in pairs or groups.
- Kids: Tell an adult where you are going before you leave the house. Check in when you can and let them know when you'll be home.
- Always have your phone with you, if you have one. Make sure it's charged!
  - Bonus tip: Save Musqueam Security's number in your contacts and add to your 'favorites' list so you can call easily.

Always call 9-1-1  
for emergencies.

## LANDS GOVERNANCE

### *Musqueam Creek remains closed since August 2019*

With great respect, be advised that Musqueam Creek is closed due to contamination.

It is not safe to do the following:

- ceremonial bathing
- recreational use
- pets in water

Musqueam Lands cannot recommend cultural use (baths) in the creek until further testing. Any use of Musqueam Creek is at your own risk.

Musqueam Lands is preparing to increase the monitoring of Musqueam Creek and Cutthroat Creek. This work will help find sources of contamination and determine how to work towards eliminating it.

Thank you for remaining safe and staying clear of the creek water until the sources of contamination are confirmed and resolved with the help of Musqueam Public Works, Musqueam Housing, Indigenous Services Canada, Metro Vancouver, City of Vancouver and Vancouver Park Board.

Contact Kim Guerin for more information: 604-329-7916 / [kim@musqueam.bc.ca](mailto:kim@musqueam.bc.ca)

## Green bin service change from January 8 - March 1, 2024

Reminder: Green bin collection is currently every two weeks instead of every week.

Collection is the same day as garbage. Recycling collection continues every week.

Weekly green bin collection resumes in Musqueam on Friday, March 8, 2024.

### January 18 update

Green bin collection is suspended this week due to snow. Garbage collection continues although delays are expected. Please keep your garbage bin out until it is collected.



### Collection schedule for Musqueam (Red South Zone)

#### GARBAGE & GREEN BIN

Thursday, February 1

Thursday, February 15

Friday, March 1

#### RECYCLING

Thursday, January 25

Thursday, February 1

Thursday, February 8

Thursday, February 15

Friday, February 23

Friday, March 1

Scan this QR code with  
your phone to see the full  
collection schedule



Or download the  
VanCollect app!

**tə məmə'əəs?ewtx<sup>w</sup>** *The Children's House*



#### Daycare

7:45am-5pm

Christy Friesen,  
Kelly Herman &  
Ernestine Herman

#### Preschool

9am-3pm

Sherry Point,  
Alice Stogan &  
Stacy George

### Kindergarten registration deadline is January 31, 2024

Children born in 2019 can apply for priority  
kindergarten registration until January 31.

Visit VSB's website ([vsb.bc.ca](http://vsb.bc.ca)) or ask any  
of our staff for help registering your child.

#### Manager

Renee Stogan 604-269-3302

[childcaresup@musqueam.bc.ca](mailto:childcaresup@musqueam.bc.ca)



# EMPLOYMENT & TRAINING



## Basic & Aviation Security Training

Monday, January 29 until  
Friday, February 9  
Weekdays  
8 AM - 4 PM

### Jump start your career in security!


Take this training to gain the certification required to work in security roles throughout BC.


Learn about professionalism, ethics, legal studies, report writing and personal safety.

- 5 days of basic security training
- 4 days of aviation security certifications

*Register now!*

Angela Nahanee  
Job Coach

 604-269-3316

 [anahanee@musqueam.bc.ca](mailto:anahanee@musqueam.bc.ca)

## Career & Trades Exploration Program

Starts this February!  
8-week program  
3 days a week (Tues. - Thurs.)  
Classes held in Musqueam

Enhance your skillset, tour exciting work places and learn about Musqueam's partners for employment opportunities!


Obtain certification in:


- Traffic Control
- Skid Steer Certificate
- Occupational First Aid
- Piping Foundations
- Forklift Certificate
- WHMIS



*Register now!*

Krista Brisk  
Program Coordinator

 604-269-3461

 [kbrisk@musqueam.bc.ca](mailto:kbrisk@musqueam.bc.ca)





## Musqueam 101

Wednesday, January 24

Elders Centre

Dinner: 6pm      Presentation: 7pm

### *Threading Things Together: Salish weaving's resurgence in the 1960s*

*Rescheduled from Jan. 17*

Presenter: Alison Ariss, PhD student in  
Fine Art History at UBC  
(and regular Musqueam 101 attendee!)

Salish weaving is alive and thriving in many communities today. Alison is studying how weaving was renewed in Stó:lō communities near Sardis in the 1960s. She is focussing on the work of four early weavers, Martha James, Adeline Lorenzetto, Mary Peters and Anabel Stewart. Working with contemporary weavers, archives and collections together creates a more complete picture of how these women brought weaving back into the daily lives of their families and communities.

Musqueam 101 brings the UBC and Musqueam communities together every Wednesday night for a shared meal with guest speakers. Please join us!



*Salish Weavers Guild weavings at RBCM, Victoria*



## Watch a Canucks game from the Musqueam suite!

Band members can now request to attend any Canucks home game between January and April 2024.

One game per entry form, but you can apply more than once. You'll be contacted a few days before the game.

This is the last year that Musqueam has a suite at Rogers Arena because of renovations.

 **SIGN-UP FORM**  
[www.woobox.com/ut958t](http://www.woobox.com/ut958t)



Scan with your  
phone camera!



## HEALTH

### Primary Care Clinic

Located in the Primary Care Trailer,  
4010 Si-Lu Drive

#### Hours

9:30am - 3:30pm

*Closed for lunch: 12-1pm*



#### Book an appointment

604-266-0043

*Leave a voicemail and we will call you back!*

\*Only accepting wait list right now

### Granville Pediatrics in Musqueam

Dr. Anamaria Richardson from Granville Pediatrics is working in Musqueam twice a month for scheduled appointments and walk-ins. Contact Granville Pediatrics (604-423-4803) to book an appointment.

Next scheduled visit:  
Wednesday, January 24

### Active Kids

Every Wednesday  
4:30 - 5:30pm

Contact Arlene for more details!  
Hosted by UBC School of Kinesiology



## Elders Centre

#### Ladies' Group

Tuesdays

1 - 4 pm

#### Elders' Lunch

Thursday, January 25

12 pm

**Brenda Campbell, Elders Coordinator**

604-263-6312

## Mental Wellness & Addiction

Looking for support? We can help you.

#### Brad Morin, NNADAP Worker

604-652-1368

[nnadap.bmorin@musqueam.bc.ca](mailto:nnadap.bmorin@musqueam.bc.ca)

Mondays & Fridays: 5:30-9:00pm

Saturdays & Sundays: 10:00-5:00pm

#### Janice Cross, Wellness Counsellor

236-558-9977

#### Janice Carroll, Art Therapist

778-829-0242

## Home & Community Care

#### Romeo Cosio, RN

604-269-3463

[homecare@musqueam.bc.ca](mailto:homecare@musqueam.bc.ca)

Monday, Wednesday - Friday  
8:30-5:30

#### Arlene Haldane, Assistant

604-269-3354

[nurseassist@musqueam.bc.ca](mailto:nurseassist@musqueam.bc.ca)

Tuesday - Friday  
8:30-4:30



## HEALTH

### Chronic Disease Management

Merv Kelly

Did you set a goal to exercise and lose weight this year? I am available to anyone who wants support and motivation with their fitness routine.

#### Visit me in the fitness centre

Mondays, Thursdays & Fridays  
8:30 - 1 pm

Tuesdays & Wednesdays  
8:30 - 10:30am

Circuit training: 12 - 1 pm



#### Join the walking group

Tuesdays & Wednesdays  
10:30 - 11:45 am

Meet at Elders Centre

Weather permitting!



#### Stop by my office

Monday - Friday, 1 - 3:30pm  
2nd floor of the community centre

### FNHA Virtual Doctor of the Day

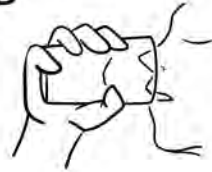
1-855-344-3800

First Nations people and their family members can make phone or virtual appointments. Available 7 days a week from 8:30 - 4:30pm.

### Safe Water Monitoring

Charlene Campbell-Wood

*How much water do you need?*



Your body weight is more than 50% water. Without water, you couldn't maintain a normal body temperature, lubricate your joints, or get rid of waste through urination, sweat, and bowel movements.

Not getting enough water can lead to dehydration, which can cause muscle weakness and cramping, reduced coordination, and an increased risk of heat exhaustion and heat stroke. Water is so important that a person couldn't last more than five days without it.

Information from [www.drinkingwaterquality.com](http://www.drinkingwaterquality.com)

### Helplines

*If you or someone you know needs support, these phonelines are available 24/7.*

HealthLink BC: 8-1-1

National Suicide Crisis Helpline: 9-8-8

BC Mental Health Support Line: 310-6789

Lamathut Crisis Line: 1-800-721-0066

\*Indian Residential School Survivor Society

KUU-US Crisis Line: 1-800-588-8717

Trans Lifeline: 877-330-6366

\*Currently operating 10am - 6pm

Call 2-1-1 to connect with community, government and social services.



## SOCIAL DEVELOPMENT FINANCIAL ASSISTANCE

Deadline to submit monthly renewal paperwork: **Saturday, January 20**

Payment date: **Thursday, February 1**

Cheques can be picked up on Feb. 1 between 8:30-4:30.

Forms submitted the week of January 29th are processed on or after Friday, February 2.



### REMINDERS

- Renewal and job search forms are available at the band office.
- If you are considered "employable" - you must complete a job search form every month, and are expected to pick up your own cheque if not direct deposit.
- If you are not able to work - you must provide a doctor's note with an explanation and duration of exception.
- Submit eligible bills ASAP. We can't pay bills that are not submitted to our office.

WE'RE  
 hiring!



[musqueam.bc.ca/careers](https://musqueam.bc.ca/careers)

Contact for more information:

**Kia Coles, HR Manager**  
[kcoles@musqueam.bc.ca](mailto:kcoles@musqueam.bc.ca)

**Musqueam is hiring for these permanent, casual, full-time and part-time roles.**

- Environmental Stewardship & Fisheries Manager
- Finance Controller
- Senior Archeologist Team Lead
- Council Secretary
- Prescribing Health Nurse
- Community Health Nurse
- Intergovernmental Project Analyst
- Lands Governance Director
- Drug & Alcohol Worker
- Intergovernmental Project Coordinator
- Home Care Attendant (casual)
- Youth Outreach Worker
- Casual employment opportunities





## UBC NOTICES

### 2024 IBA Indigenous Business Conference

Saturday, January 27

10am - 3pm

UBC's Marine Drive Ballroom  
2205 Lower Mall



All are welcome to join for UBC Indigenous Business Association's 2024 Indigenous Business Conference.

Hear from Indigenous business professionals from a variety of industries in three different panel discussions focused on economic reconciliation.

Lunch is provided after the panels, followed by an open-networking session with our partner firms.

#### Companies

- BMO
- CIBC
- GeoComply
- Nch'kay Development Corp.
- PwC
- ....and more!

Join us for a chance to win one of three \$50 gift cards or a grand prize of a \$100 gift card.

Scan this QR code to RSVP!



Contact for more info:  
[iba.ubc@gmail.com](mailto:iba.ubc@gmail.com)

## Kids Take Over UBC!

Sunday,  
February 18  
10am-4pm

UBC Vancouver Campus



## Kids Take Over UBC!

### Art & Culture Festival

Family Day weekend

Sunday, February 18

10am-4pm

20 campus partners host a variety of family-friendly activities throughout the day.

From live music and dance performances to storytelling, cultural crafts, STEM workshops, garden walks, and gallery and museum activities, there will be something for everyone to enjoy!

#### Free tickets for Musqueam families

Starting January 18, tickets are available exclusively for UBC and Musqueam families.

UBC is offering complimentary (free) tickets to Musqueam families!

Register online ([kidstakeover.ubc.ca](http://kidstakeover.ubc.ca)) before January 24 and use coupon code:

**MUSQUEAM24KTO**

To get tickets and view this year's incredible program, visit [kidstakeover.ubc.ca](http://kidstakeover.ubc.ca)

Contact Debbie Yeh for more information:  
[debbie.yeh@ubc.ca](mailto:debbie.yeh@ubc.ca)





Willow Pavilion mural created by Olivia George



## Seeking Indigenous Artwork

Vancouver Coastal Health is looking for three Indigenous artwork pieces to be featured in a health care facility for home support services in Vancouver.

We are seeking three medium-sized artwork pieces, including weaving, painting, carving, photography, and /or framed print. The goal is for these pieces to complement each other in appearance and ambiance.

These art pieces will contribute to creating a welcoming and inclusive space for Indigenous patients, families and everyone who seeks care at the facility.

### ***Submissions\****

Please send an email containing up to three photos of the art pieces along with costs to:

[sara.farid@vch.ca](mailto:sara.farid@vch.ca)

*\*All submissions will be considered for future art requests.*

### ***Compensation***

Up to \$7,000 for three pieces of art.  
Multiple artists may be chosen

### ***Deadline***

January 30, 2024

### ***For more information***

Sara Farid, Senior Clinical Project Manager  
[sara.farid@vch.ca](mailto:sara.farid@vch.ca)

Malissa Smith, Indigenous Engagement  
[malissa.smith@vch.ca](mailto:malissa.smith@vch.ca)





## FEDERAL INDIAN DAY SCHOOL CLASS ACTION

### MISSING INFORMATION: School Details

Did you get a letter from the Administrator saying your Claim Form is missing your school name and the years you attended?



Your letter should include the section of your Claim Form that needs to be completed.



Here's what you need to do



To find the information you need:

1

Go to  
**[indiandayschools.com](http://indiandayschools.com)**  
[or campaign landing page]

2

Click on  
**Schedule K**  
in Quick Links

3

Find your school name  
and see if the years listed  
are the same as the years  
you went there



If your school is on the list and the years match the ones when you were there, add that information to the form. The school name you write in the form must match the name you see in the first column of Schedule K, even if you call your school by a name that appears in the second column or another name.



If your school is NOT listed or the years don't match, you may not be eligible for compensation under this settlement. To be sure, contact Class Counsel. Phone: 1-844-539-3815.



Send your completed sections and any additional information requested by mail, fax or email:

Indian Day Schools Class Action Claims  
Administrator, c/o Deloitte  
PO Box 1775, Toronto, ON Canada, M5C 0A2

Fax: 1-416-366-1102  
Email: [indiandayschools@deloitte.ca](mailto:indiandayschools@deloitte.ca)

You can check your claim status or ask questions about missing information by calling the Administrator at 1-888-221-2898.

Resources, including videos and infographics, available at any time through the claims process at [indiandayschools.com](http://indiandayschools.com). There is also free emotional support available at any time through Hope for Wellness at 1-855-242-3310 or [hopeforwellness.ca](http://hopeforwellness.ca)





# Musqueam Housing Checklists

## FURNACE

- ☐ Clear debris, dirt and dust from around the furnace.
- ☐ Check the filter every 3-4 months to ensure it is not clogged and able to breathe freely. If the filter is clogged, the furnace starts overworking and sensors start failing. Housing does not provide filters.
- ☐ Make sure that the filter is the correct size for your furnace. Having the wrong size filter could cause the furnace to prematurely wear and malfunction.
- ☐ Reusable filters should be washed every 3-4 months. Make sure it is 100% dry before placing it back into the furnace. If the filter is not dry, it will develop mold.
- ☐ If the pilot light goes out, read the lighting instructions and follow the step-by-step instructions to re-light.

## HOT WATER TANK

- ☐ Clear dust, debris or clutter from around the hot water tank.
- ☐ Check for leaks from valve connections (Temperature & Pressure Release (TPR) valve, drain valve or shut off valve).
- ☐ If the tank is in a confined space, be sure the door(s) are vented.
- ☐ If there is a skirt on the bottom of the tank, check and clean when necessary.
- ☐ Check for signs of leaking water, odd noises, banging, clanking, or bad odours. Also check your utility bills. These are signs your hot water tank is working overtime and close to needing repairs.
- ☐ If the tank shuts off, find the manufacturers' instructions and follow the step-by-step instructions to re-light.

## THERMOSTATS & CARBON MONOXIDE DETECTORS

- ☐ Check and change the thermostat battery frequently. The Housing Department does not provide batteries.
- ☐ Test your carbon monoxide detectors by pressing the button and letting it sound.

**For Natural Gas Emergencies call FortisBC at 1-800-663-9911**

**Maintenance Service Requests: 604-269-3381**

The head of household can call for a service request and for urgent home matters, including:

- floods and major leaks
- electrical problems
- malfunctioning hot water tanks & furnaces (no heat or hot water)
- furnace or hot water tank assessments and/or servicing
- home audits to assess condition of building elements such as roof, flooring, appliances, etc.

Service requests are prioritized based on emergency, elders, and disabilities.