



Friday, February 9, 2023

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**Musqueam
Administration**

Main office: 604-263-3261

Toll free: 866-282-3261

24/7 Security: 604-968-8058

www.musqueam.bc.cainfo@musqueam.bc.ca

Happy Valentine's Day!



Language & Culture is
excited to give out special

həŋqəmiŋəŋ Valentine's cards!

Tuesday, February 13

5 - 8pm *or until we run out!*

Community Centre Café

- ♥ Stop by early to make sure you get your cards!
- ♥ Sets include five different həŋqəmiŋəŋ cards.
- ♥ Due to limited quantity, maximum one set per person.
- ♥ You must be there in person to pick up cards (no pick up for others - sorry!).



MUSQUEAM HOCKEY LEAGUE

Floor Hockey Tournament 2024

February 4, 2024



Congratulations Salish Sea Sockeye Storm for taking home first place!

Thank you to all the players & spectators,
Canucks Alumni, Sports Illustrated Clubhouse,
Canacon Construction & Meraloma Club for
making it possible.





EMPLOYMENT & TRAINING'S

CLIENT *of the month*

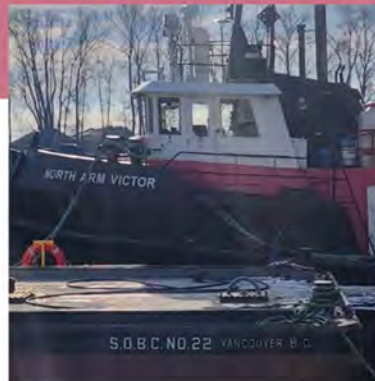


MYLES EDGARS

This month, Musqueam Employment & Training would like to highlight and recognize Myles Edgars.

Myles graduated from our second cohort of the Bridge Watch Rating Program through BCIT. He has now kickstarted his career with North Arm Transportation.

We are so excited to see you thrive in the marine industry and the many adventures you will experience! Help us congratulate him on all his success.





EMPLOYMENT & TRAINING

Career & Trades Exploration Program

8-week program: February 20 - April 11

3 days a week (Tues. - Thurs.)

Classes held in Musqueam



This program is an opportunity to enhance your skillset and explore career options in many different trades.

You will learn about career path mapping and how to write your resume, and tour exciting work places and meet Musqueam's partners for employment opportunities!

Learn about and obtain certification in:

- Traffic Control
- Skid Steering
- Occupational First Aid
- Fall Protection
- Occupational Health & Safety Regulation
- Harness Safety & Confined Space
- Site Safety
- Piping Foundations
- Forklift Driving
- Aerial Lift
- WHMIS
- Fit Test



Register now!

Krista Brisk
Program Coordinator

604-269-3461

kbrisk@musqueam.bc.ca

#2

Musqueam, Squamish, Tsleil-Waututh and MST Development Corporation

www.vanmag.com



FROM THE ARTICLE

Last year, MST's big move was something never seen before in Vancouver: pitching a development that is bigger and higher than in their first proposal. The vision for Jericho Lands is for 13,000 new homes (up from the previous concept of 10,000) that sprawl over 13.6 million square feet and 49 storeys. Also in the new plan is a proposed rapid transit station, an elementary school and neighbourhood amenities that include grocery stores, retail shops and even a hotel. Basically, MST is thinking far bigger than housing—it's creating a whole neighbourhood. In a city that's chronically housing-deficient, these commitments will be a game changer.

And while the Jericho Lands project is one that won't be completed for at least two decades, it's already shaking up the city, with rezoning phases already in progress and powerful partnerships gelling into place.

Insiders say that meetings with MST leadership are among their most important and impactful. If this is the case now, just imagine what power the organization will hold when their portfolio reaches its estimated future value of \$30 billion.

#34 Wade Grant

Grant has been a driving force in championing Indigenous health, securing a monumental \$8.2 billion in funding for the B.C. First Nations Health Authority. This achievement, supporting over 200 First Nations, is a monumental stride toward better systems for Indigenous wellness—and ones, importantly, that are managed by an Indigenous authority. Additionally, in his role as chair of the New Relationship Trust, Grant headed the Indigenous Food Sovereignty Program, a \$30-million initiative empowering local food systems and Indigenous agriculture.



Valentine's Day Elders Lunch

Wednesday, February 14

12pm

Elders Centre

Contact Brenda for more info:
604-263-6312

SOCIAL DEVELOPMENT FINANCIAL ASSISTANCE

Paperwork deadline
Tuesday, February 20

March payments issued
Friday, March 1

- Renewal and job search forms are available at the band office.
- Submit eligible utility bills ASAP. We can't pay bills that are not submitted to our office.

Musqueam 101

Wednesday, February 14

Elders Centre

Dinner: 6pm Presentation: 7pm

*Introduction to CEDaR space at UBC:
Developing relational technologies for
community-led documentation & research*

CEDaR space, in the Institute for Critical Indigenous Studies, is a new studio at UBC for community-led experimentation with new technologies that nurture language and culture.



Our relational principles guide us in research that respects protocol, supports sovereignty, and unfolds according to non-academic timelines. The researchers, staff, and students working at CEDaR will share some current and recent projects in collaboration with local communities: from a 'locative audio' app that allows people to hear hə́nqə́mínə́m street signs and site specific poetry, to video games based on the Kw'í:ts'téleq comic books created by youth for the Stó:lō Xwexwílmexw Treaty Association, and more.

Presenters

Daisy Rosenblum (Assistant Professor, CIS and Anthropology); David Gaertner (PI & Associate Professor, CIS); Dante Cerron (Lab Supervisor); Sara MacLellan (Coordinator & Project Manager)

Celebrate one year until the Invictus Games Vancouver Whistler 2025!



Try adaptive sports featured in the first ever Winter Invictus Games.

Wheelchair Basketball

Sitting Volleyball

Wheelchair Curling

Indoor Rowing

Unconquered Sports Day with Invictus Games

February 19 (Family Day)

10am - 4pm

Seaforth Armoury

1650 Burrard St., Vancouver

Free & family friendly!

All ages and abilities welcome!

Participants rotate through stations where experts in the sport teach you how to play.

Scan this QR code to visit the Eventbrite page.



Special opportunity to visit the home of the Seaforth Highlanders.



Roberta's Trash Talk



Put your bins out on Wednesday night!

Garbage, green bin and recycling pick up is on Thursday, February 15.

tə məməhəs?ewtx^w The Children's House



Daycare

7:45am-5pm

Christy Friesen,
Kelly Herman &
Ernestine Herman

Preschool

9am-3pm

Sherry Point,
Alice Stogan &
Stacy George

Manager

Renee Stogan

604-269-3302

childcaresup@musqueam.bc.ca



Watch a Canucks game from the Musqueam suite!

Band members can now request to attend Canucks home game between February and April 2024.

One game per entry form, but you can apply more than once. You'll be contacted a few days before the game.



Scan with your
phone camera!

 **SIGN-UP FORM** www.woobox.com/ut958t



Saint Michael Church

6386 Crown Place, Musqueam Reserve

Service every Sunday at 1pm

Contact Jeannie Campbell : 604-781-5641

Youth Centre

Monday - Friday

2 - 9pm

604-269-3465

Children younger than 7 must be with someone older than 14 who will care for them, otherwise they will be sent home.



Mobile Mammogram Clinic

Thursday, March 7

Starts at 10am



The BC Cancer Mobile Mammography Bus is returning to Musqueam.

About 1 in 8 women will develop breast cancer in her lifetime. Regular screening mammograms can find breast cancer early, usually before it has spread. Make it part of your regular health routine.

Screening mammograms are available for BC women 40 years and older with no symptoms, and only take about ten minutes.

The mobile clinic is comfortable and private space that uses state-of-the-art digital mammography equipment. The vehicles include a reception area, dressing area, wheelchair access and mammography examination room.

To book an appointment, you must meet all eligibility requirements set out by BC Cancer and submit a registration form to Arlene in the health department. Forms are available from the health department, on our website, or by email.

Contact Arlene Haldane for questions or to receive a form:

604-263-3261 nurseassist@musqueam.bc.ca



*Supporting the fighters, admiring
the survivors, honouring the taken
& never giving up hope!*

Safe water monitoring

Charlene Campbell-Wood

From the First Nations Health Authority

Community Based Drinking Water Monitors (CBWM) play a key role in the Drinking Water Safety Program as the designated person responsible for sampling, testing, recording and communicating the microbiological quality of drinking water within the community. The CBWM is also responsible for distributing results and may assist with developing and carrying out a drinking water quality awareness program.

The CBWM may be a Community Health Representative (CHR), Water Treatment Plant Operator (WTPO), or another individual selected by the Band. If a community does not have a CBWM, the activities may be completed by the FNHA Environmental Health Officer or an FNHA Environmental Health Technician.

Environmental Health Officers train CBWMs to sample and test the drinking water for potential microbial contamination using community lab equipment (Colilert®). WaterTrax®, an internet-based data management system, is used to securely manage all drinking water quality data to which the CBWM, Band Health Directors, and the Drinking Water Safety Program (DWSP) team have access.



First Nations Health Authority

FNHA health benefits

Since September 2019, Pacific Blue Cross has been administering benefits on behalf of First Nations Health Authority (FNHA) clients in British Columbia.

The FNHA Health Benefits program provides Status Indians with coverage of:

- dental
- vision
- hearing
- medical equipment, and transportation
- prescription drugs, including drugs not covered by BC PharmaCare Plan W.
- mental health support, including counselling

www.fnha.ca/benefits

1-855-550-5454

Contact FNHA Health Benefits for more information about what is covered, how to file claims, or for help signing in to your online account.

Primary Care Clinic

Located in the Primary Care Trailer, 4010 Si-Lu Drive

Open Monday to Friday

February 14 & 15 Next pediatrician visits.

Hours 9:30am – 3:30pm

Closed for lunch: 12-1pm

UBC Active Kids

Wednesdays: February 14 & 27

No session February 21

4:30 - 5:30pm Musqueam Gym

Ages: 3-5

Under 3 can attend with an adult



Active, safe and purposeful play for young children to learn the joys of physical activity. Hosted by students from UBC School of Kinesiology.

Snacks provided!

Home & Community Care

Romeo Cosio, Registered Nurse

Romeo is away from January 29 - March 4

Arlene Haldane, Nurse Assistant

604-269-3354

nurseassist@musqueam.bc.ca

Hours: Tuesday - Friday, 8:30-4:30

Arlene can help you with home care, UBC Active Kids, and the pre- and postnatal support programs.



Book an appointment 604-266-0043

Leave a voicemail and we will call you back!

MUSQUEAM VALENTINE'S *Mad Libs*

Valentine's Day is the best because I get to spoil my
_____. This year, I will gift
pet name



them a _____ made by
cultural item

_____, just like our ancestors did.
Musqueam person

I can't wait for our dinner at _____.
local eatery

They make a great _____, but not
favourite Musqueam food



better than my Auntie _____!
Auntie's name



We'll end the evening with a sunset at

_____ where Gord will
beautiful place in Musqueam territory



serenade us with _____.
favourite love song

