MUSQUEAM **≺<©>>** x^wməθk^wəỷəm COMMUNITY NEWSLETTER

Friday, April 12, 2024

IN THIS ISSUE

| _ | _ | |
|----------|----------------------------------------------------|--|
| 2 | Thank yous from McKay, Point & Haldane families | |
| 3 | Fisheries Commission nominations meeting | |
| 6 | Career & Trades Program update | |
| 7 | Drive Forward | |
| 8 | Youth Soccer Tourny | |
| Backpage | | |

2024 War Canoe Schedule

Rescheduled Events

Trivia Night

Thursday, April 18 at 6pm Cultural Centre More on page 4.





Not just a hat rack

Thursday, April 25 at 12pm Cultural Centre More on page 5.





Main office: 604-263-3261 Toll free: 866-282-3261

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www.musqueam.bc.ca



info@musqueam.bc.ca



Elders Lunch

Thursday, April 18 at 12pm Elders Centre

həndəminəm word of the week







Photo from Getty Images via Canva

A message from Bun McKay's family

The family of Bun McKay thanks our family, friends and Musqueam community sincerely for your support.

Thank you everyone for your condolences, visits, meals, hugs and love. It all has not gone unnoticed during our family's difficult time. All your great comfort and support is so appreciated. It brought strength to our family.

Thanking you, McKay and Point Families

A message from Hughie Haldane's family

On behalf of my family, we would like to express our deepest appreciation to the Musqueam Administration staff and Musqueam Council for their support as we came together to lay our Beloved Hughie to rest.

The past months have been very difficult for the community and we realize how hard it is for everyone with all the loses we have gone through.

Please know that it does not go unnoticed and we hold our hands up to each and everyone who stepped forward to help.

Arlene Haldane and family

Notice of Musqueam Fisheries Commission election

THREE (3) CANDIDATES TO BE ELECTED FOR A TWO (2) YEAR TERM

Nominations Meeting

Tuesday, April 30, 2024 4pm - 7pm

Main Boardroom, Musqueam Administration Office

Notice is hereby given to electors of the Musqueam Indian Band that nominations to the Musqueam Fisheries Commission will be accepted on TUESDAY, APRIL 30, 2024 from 4:00PM until 7:00PM at the main boardroom of the band office (enter through the lobby).

There are three available positions, each for a two-year term.

Band members can nominate any other band member to one of the three open positions on the commission. Another band member will be required to second the nomination for the person to be included on the ballot.

NOTE: This election process is internal, as per the terms of reference of the Musqueam Fisheries Commission. Please inform your family members off reserve as there will NOT be a mail out to band members living away from Musqueam.

Election details will be announced soon.

Contact: Jocelyn Campbell-Axson, Electoral Officer, jcampbell@musqueam.bc.ca



Contact for more information:

Kia Coles, HR Manager kcoles@musqueam.bc.ca

Musqueam is hiring for these permanent, casual, full-time and part-time roles.

- Youth Outreach Worker
- Relationship Specialist
- Relationship Specialist Assistant
- Fisheries Manager
- Home Care Attendant (casual)
- Senior Archeologist Team Lead
- Prescribing Health Nurse
- Community Health Nurse
- Intergovernmental Projects Analyst
- · Intergovernmental Project Coordinator



TRIVIA NIGHT



NEW DATE!

Thursday, April 18
6pm
Cultural Centre

Tease your brain & win prizes!



Quizmaster Gordon Grant will test your trivia knowledge about:

- Musqueam
- Sports
- Slogans & Businesses
- Entertainment
- ...and more!

Want to compete?

Sign up by emailing Carly Guerin: cguerin@musqueam.bc.ca

Snacks & drinks provided!

Maximum four players per team.

Individuals can register as a team of one, or we can add you to a team!

This event is for the Musqueam community only (band members and their families, staff etc.)

Musqueam Housing presents

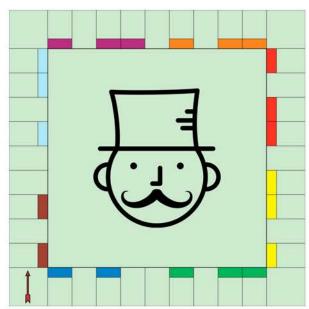
Not Just a Hat Rack



Thursday, April 25

12 - 2pm Cultural Centre

- - Free lunch!
 - Help us refresh Musqueam's presence at Little Mountain.



- Gift cards for participating in our energy efficiency study.
- Learn about insurance claims & how to protect your home.



Roberta's Trash Talk

Put all bins out on Monday night!





Next garbage, green bin & recycling pick up

Tuesday, April 16

EMPLOYMENT & TRAINING

Career & Trades Exploration Program



In February, E&T kicked off it's 8-week Career and Trades Exploration Program. This is the third cohort of the program since June 2023, this time with 17 participants who will all obtain knowledge about a variety of trades, and end the program with numerous certifications and applicable skills to start their new career.

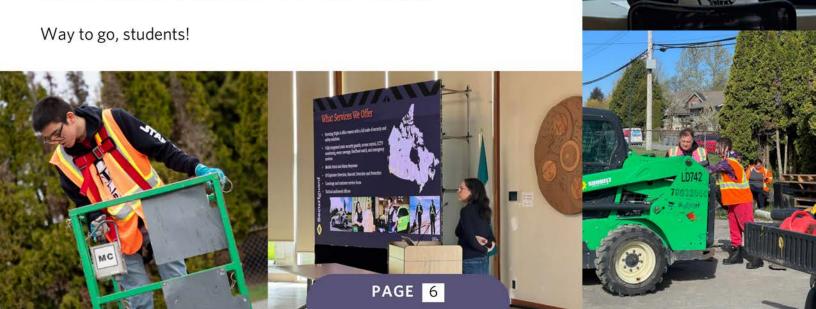
The Career & Trades Exploration Program has been instrumental in preparing our students for the workforce.



CLASS UPDATE

Spring is a time of transformation and our Career & Trades students are embracing it by pursuing new certifications. Over the last couple of weeks, our students have completed their SiteReady, WHMIS, Confined Spaces, Scissor Lift and Skid Steer.

We also want to extend our gratitude to Reuben and Taylor for generously offering their time and expertise to guide us towards success within the Securiguard Services Ltd company.



EMPLOYMENT & TRAINING



Out of office: April 16 - 19

The E&T team will be away from the office Tuesday, April 16 until Friday, April 19 participating in a strategic planning session.

This session is an opportunity for our team to set long-term goals, create a success roadmap, finalize policies, and further develop innovative programs and services to meet the needs of the community.

During this time, you can reach out to Malonie Langthorne, E&T Manager, for urgent enquiries or requests: 604-807-1222

Drive Forward: 'What the L' workshop

Want to obtain your learner's licence (Class 7L)?

Sign up for this two-day workshop to prepare for your learner's test!

Wednesday, May 8 & Thursday, May 9 5 - 9pm in the Cultural Centre

4-hour sessions with 30-minute dinner break

E&T also has on-going 7N driving lessons available to Musqueam members. Enquire with Krista Brisk.

Register: Krista Brisk, Coordinator

604-269-3461, kbrisk@musqueam.bc.ca



Eligibility

- Valid photo ID
- Completed E&T application
- No outstanding fines/charges with ICBC





Musqueam Youth Soccer Tournament

May 18 & 19, 2024

Our annual youth soccer tournament is scheduled for Saturday, May 18 and Sunday, May 19.

Registration opened yesterday afternoon and we already have 42 teams registered, with four teams on the waitlist!

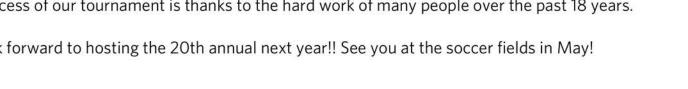
We have received great feedback through from coaches:

"This is by far the best youth tournament each year"

"This is always a good tournament. You guys do good work hosting this"

The success of our tournament is thanks to the hard work of many people over the past 18 years.

We look forward to hosting the 20th annual next year!! See you at the soccer fields in May!



SOCIAL DEVELOPMENT **INCOME ASSISTANCE**

Paperwork deadline

Saturday, April 20

May payments issued Wednesday, May 1



Renewal and job search forms are available at the band office.

Submit eligible utility bills ASAP. We can't pay bills that are not submitted to our office.

All income assistance clients needed to complete their annual application renewal.

Application renewal deadline was Wednesday, March 20.

If you have not renewed your application, please contact Leanne or Michele immediately! May payments will NOT be processed until your application is renewed.

Contact Leanne Hensel or Michele Point to book an appointment by emailing or directly or calling reception (604-263-3261) and asking to speak with either of them.

Free basic tax returns from MNP

Need help filing your taxes?



Musqueam's auditors, MNP LLP, are completing basic tax returns for members on a no fee basis. This complimentary service is to support Musqueam members that would otherwise have challenges in filing their tax returns due to cost or accessibility. The service is only available for personal taxes with T slips, like T4s.

Deadline to apply: MNP in Musqueam: Saturday, April 20, 2024 Monday, April 22, 2024

Find out more about how to apply for this service: <u>musqueam.bc.ca/free-tax-returns-mnp</u>

Need help? Filing taxes can be confusing.

If you have any questions, contact Jay Gill, CFO, at 604-269-3448 or jgill@musqueam.bc.ca



BIKE FOR SALE

Elder Jack Stogan is selling this brand new bike that he won from Save On Foods.

Never on the road, he would like to sell for \$300 o.b.o.

Cash only, no I.O.U.'s.

If interested please call Jack @ 778-707-0385.





Saint Michael Church

6386 Crown Place, Musqueam Reserve Service resumes this Sunday at 1pm Contact Jeannie Campbell: 604-781-5641

Musqueam Health

Primary Care Clinic

Located in the Primary Care Trailer (4010 Si-Lu Drive)

Book an appointment

604-266-0043

Hours

Monday - Friday

9:30am - 3:30pm

Closed for lunch: 12-1pm

Elders Lunch

Wednesday, March 13 12pm

Ladies Group

Tuesdays in the Elders Centre 1 - 4 pm

Home & Community Care

Available to community members for assistance with hospital discharges, home care aides, all medical supplies & equipment.

All home care services & medical equipment require a note from a doctor with specific needs.

Romeo Cosio, Registered Nurse

Monday, Wednesday - Friday, 8:30-5:30 604-269-3463 homecare@musqueam.bc.ca

Chronic Disease Management

Merv Kelly is available to anyone who wants support and motivation with their fitness routine!

Visit Merv in the fitness centre

Mondays, Thursdays & Fridays: 8:30 - 1 pm

Tuesdays & Wednesdays: 8:30 - 10:30am

Circuit training: 12 - 1 pm

Stop by Merv's office

Monday - Friday, 1 - 3:30 pm 2nd floor of the community centre



Join the walking group

Tuesdays & Wednesdays 10:30am

Meet at Elders Centre

Weather permitting.

welcome!

Contact Merv if you aren't sure.

Everyone

Youth Centre 604-269-3465

Monday - Friday 2 - 9pm

1st floor of the community centre

Children younger than 7 must be with someone older than 14 who will care for them, otherwise they will be sent home.

-(CO)>

Mental Wellness & Addiction

Looking for support? We can help you.

National Native Alcohol & Drug Abuse Program (NNADAP)

NNADAP aims to support community members struggling with addictions through education, counselling, detox support, relapse prevention planning, family intervention, referrals and more.

Nicolette Moore is back after an extended leave, and she is available to past or new clients.

Call to make an appointment with Brad or Nicolette, or stop by the health department office in the community centre during their shifts.

Brad Morin, Drug & Alcohol Worker

604-652-1368

nnadap.bmorin@musqueam.bc.ca

Mondays & Fridays: 5:30pm - 9pm Saturdays & Sundays: 10am - 5pm

Nicolette Moore, Drug & Alcohol Worker

236-558-8482

nnadap.nmoore@musqueam.bc.ca

Mondays - Fridays

9am - 12pm

Counselling services

Private counselling services are available to Musqueam people via phone or virtually.

Janice Cross, Wellness Counsellor

236-558-9977

mentalwellness@musqueam.bc.ca

Monday - Friday

Janice Carroll, Art Therapist

778-829-0242

jcarroll@musqueam.bc.ca

Monday - Thursday

Safe Water Monitoring Charlene Campbell-Wood

What to do if your tap water tastes odd

If you are experiencing an odd taste, odour or colour of your tap water in your home, please email or call the Musqueam Health Department at 604-263-3261 and they will inform me and I'll place a call to our Environmental Health Officer She usually may accompany me. I will then be able to test your water as soon as possible. In the meantime, drink bottled water.

2024 War Canoe Schedule

| MAY | | | |
|---------------|--------------------------|--------------------------------------------|--|
| May 4-5 | Tulalip Days | Tulalip Sports Complex, WA | |
| May 11-12 | OPEN | | |
| May 18 | Penn Cove | Coupville, WA | |
| May 18-19 | Pilalt Days | Skwah (Chilliwack Landing), BC | |
| May 24-26 | Nooksack Days | Bloedel Donovan Park, WA | |
| May 24-26 | Seabird Island Days | Seabird Island (Agassiz), BC | |
| JUNE | | | |
| May 31-June 2 | Cultus Lake Water Sports | Cultus Lake, BC | |
| June 7-8-9 | Musqueam | Musqueam Cultural Centre, BC | |
| June 14-16 | Stommish Water Festival | Lummi, WA | |
| June 22-23 | Sasquatch Days | Harrison Hot Springs, BC | |
| June 28-30 | Whey-Ah-Whichen Festival | Cates Park, Tsleil-Waututh, North Van., BC | |
| JULY | | | |
| July 6-7 | Ambleside | Ambleside Park, West Van., BC | |
| July 6-7 | Nin'wu Days | Wjolep (W. Saanich), BC | |
| July 12-14 | Sqewlets | Squawkum Park, Harrison Bay, BC | |
| July 13-14 | Tsawout | Tsawout, BC | |
| July 13-14 | Stzuminus | Chemainus, BC | |
| July 20-21 | Quw'utsun | Cowichan Bay, BC | |
| July 26-28 | Snuneymuxw Water Sports | Snuneymuxw (Nanaimo), BC | |
| AUGUST | | | |
| August 2-4 | Geronimo Days | West Saanich, BC | |
| August 10-11 | Swinomish | LaConner, WA | |
| August 17-18 | Chief Seattle Days | Suquamish, WA | |
| August 17-18 | Snaw-naw-as | Nanoose Bay, BC | |
| August 22-25 | Makah Days | Neah Bay, WA | |

