# MUSQUEAM **≺<∞>>** x<sup>w</sup>məθk<sup>w</sup>əýəm **COMMUNITY NEWSLETTER**

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Friday, June 28, 2024

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# Band Office closed on Monday, July 1 for Canada Day.

Essential services remain open.

The primary care clinic and daycare are closed.

# Slahal Nights

Starts July 9 5 - 7:30pm Cultural Centre

# Elders Lunch

Thurs. July 11
12pm
\*Elders only\*

# Musqueam Administration

Main office: 604-263-3261 Toll free: 866-282-3261

24/7 Security: 604-968-8058



www.musqueam.bc.ca

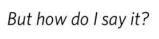


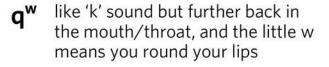
info@musqueam.bc.ca

hənqəminəm word of the week

q<sup>w</sup>ənəs

whale





**a** 'uh' sound in hug, item, cousin



# **EVENTS**



## MONDAY, JULY 1

#### **Band office closed for Canada Day**

Administration closed, including the daycare and primary care clinic.

#### **JULY 4 & 5**

Kids Summer Rec Program: REGISTRATION

10am - 2pm in Community Centre



## **MONDAY, JULY 8**

Kids Summer Rec Program: FIRST WEEK!

See page 3 for schedule and registration info.

# **MONDAY, JULY 8**

**Adult Biking Program** 

10am - 12pm

Also running July 22, August 12 & 26

## JULY 9, 16, 23 & 30

#### **Slahal Nights**

Tuesdays in July, 5 - 7:30pm More info on page 15.



#### COMING IN SEPTEMBER

?əmi ce:p xwiwəl (Come Toward the Fire)

September 14, 12 - 7pm

#### **Elders Lunch**

12pm in the Elders Centre

THURSDAY, JULY 11

Presented by Musqueam and UBC's Chan Centre for the Performing Arts.

Currently seeking vendors! See page 13 for more info.



# **MUSQUEAM RECREATION**

#### Meet our new Recreation Coordinator, Faren Sam!

?əý sweyəl, good day, my name is Faren Sam. I am from the Point & Campbell families of Musqueam. My parents are Mike & Pam Sam, my grandparents are Gerald & Darlene Point and I grew up on Penelakut Island.

My role as Rec Coordinator is to develop health and wellness programming for Musqueam, starting with the youth program this summer. In my free time I enjoy paddling, weight lifting and yoga. I look forward to bringing my education, cultural teachings and experience to Musqueam, and am especially excited to be living at home.

It's been a whirlwind since starting, but I look forward to meeting everyone soon!

hay ce:p qo, Faren S

## **Kids Summer Rec Program starts July 8**

We are busy planning our annual summer program, which kicks off on Monday, July 8. This summer will be filled with fun activities, outings, and days immersed in culture, education and sport. We look forward to a fun, creative and educational summer with your kids!

#### Register your child on July 4 & 5

Parents are invited to register their child(ren) aged on Thursday, July 4 and Friday, July 5, between 10am to 2pm in the Community Centre.

Registration includes completing intake forms and signing waivers for outings. This is a drop-in program, but parents/gaurdians must complete paperwork prior to your child(ren) joining us.

Summer Rec is a free program open to children aged 5 – 12 years old that live in a Musqueam Household, which is any household within Musqueam Reserve, as well as any household off reserve with at least one Musqueam band member.

Week 1: July 8 - 12

Monday, July 8

**Orientation Day** 

Tuesday, July 9

**Dunbar Theatre (Movie TBD)** 

Wednesday, July 10

Crafts & Games

Thursday, July 11

Maple Grove Water Park

Friday, July 12

Musqueam Golf Driving Range



# **Chief Ernie Campbell Memorial Fund**

## Now accepting scholarship applications!

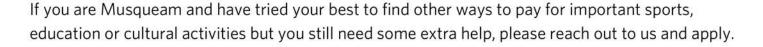
The CECMF is happy to announce that we are accepting applications for post-secondary bursaries and scholarships for the 24/25 school year.

Students who would like to apply can email <u>admin@cecmf.ca</u> for an application. More information will be available on the Musqueam website soon.

Deadline to apply is August 15, 2024.

#### About the CECMF

The Chief Ernie Campbell Memorial Fund was founded in 2017 by Chief Wayne Sparrow to honour the late Chief Campbell and provide funds to members for education, personal growth, sport and cultural activities.



#### What we fund

The CECMF is also accepting funding applications for culture, education and sports.

<u>Sports</u>: Team and individual sports for uniform costs, sports equipment, competition fees, user fees, or reasonable travel fees and expenses associated with attending competitions.

<u>Education</u>: Some of the things we can help fund are course fees, uniform costs, school/course supplies, educational assessment fees, shortfall in tuition fees, or reasonable travel fees and expenses associated with attending educational related events

<u>Culture</u>: We want to help the Musqueam Community rediscover their culture and heritage, and to support activities that help promote increased awareness of the Musqueam culture and values. Some of the things we could help fund are activities that revitalize Musqueam traditional practices or language, or reasonable expenses associated with cultural exchanges

For more details about the fund, email admin@cecmf.ca

# Japanese beetle monitoring

As part of ongoing efforts to prevent the spread of Japanese beetle within our traditional territory, the Canada Food Inspection Agency (CFIA) is conducting activities within Musqueam IR2 in the coming weeks.

Inspectors with the CFIA will be setting up traps to collect data for the purpose of determining whether the beetle is present in the area. The inspectors will then check on the traps every three weeks approximately.

Adult Japanese beetle flying season occurs from mid-June to mid-October. CFIA traps will remain in place until mid-November, after which they will be removed.

The traps have a floral and pheromone lure. The CFIA confirmed that the lure is not harmful to humans, pets, birds or other insects, like bees and butterflies.



Japanese beetle (popillia japonica) is an invasive and regulated pest. It feeds on roots of turf grass and the foliage of more than 300 plant species, including: roses, fruit trees, grapevines, and other common landscape and food plants.

While this insect is not a risk to human health or safety, its spread can cause significant damage to lawns, landscapes, golf courses, gardens and parks, and agricultural land.

#### Find out more

An interactive map is available on the CFIA website shows where the Japanese beetle regulations are in effect: <a href="http://inspection.canada.ca/eng/1656012404559/1656012405146">http://inspection.canada.ca/eng/1656012404559/1656012405146</a>.

IR2 is not a part of the regulated area, though it is directly bordering it.

Call CFIA at 604-292-5742 or email <u>BCPF.Japanese.Beetle@inspection.gc.ca</u> to:

- obtain a Movement Certificate (not applicable to members living on IR2 or IR4);
- request a site assessment (members living on IR2/IR4, please contact Kieran Wilson first);
- report Japanese beetle presence;
- ask questions; or
   More information is also available on the CFIA website:
- receive more information.
   <a href="http://inspection.canada.ca/JB">http://inspection.canada.ca/JB</a>

#### Contact Musqueam Environmental Stewardship for more info

Kieran Wilson, Environmental Stewardship Coordinator kieran.wilson@musqueam.bc.ca





# **Creek Monitoring Project**

Musqueam Creek and Cutthroat Creek is important to Musqueam and used for traditional ceremonial and recreational purposes by the community. However, bacterial contamination has been identified in the creeks and is a health and safety concern for our community.

Activities upstream and surrounding the creeks have impacted the water quality, and are likely derived from new developments, increased urbanization, as well as outdated infrastructure and other nearby impacts.

The Musqueam Lands department received funding and is working with Arcadis (consulting company) on a project to identify the sources of contamination. The goal is to find a solution to reduce the contamination so we can safely use the creeks as our ancestors have for thousands of years.

This project will also build Musqueam's capacity to monitor and evaluate the water quality of our creeks independently.

#### Get involved: Join the steering committee

There will be a number of opportunities for Musqueam members to participate in the project. One of the biggest roles will be the steering committee, which will work closely with the project team to share knowledge and provide guidance that will direct the project.

We are seeking band members with relevant experience, knowledge and insight into the cultural and ecological values of the creek. Potential members may include community health advocates, elders, youth, and people who use the creek for ceremonial bathing.

- Time commitment: monthly meetings from July November 2024, online and/or in person, plus 1-2 creek walks
- Honouraria: \$200/meeting
- 5 positions available

#### How to apply

Submit an expression of interest to Kim A. Guerin, Lands Governance Officer. Send via email to kim@musqueam.bc.ca, or hand deliver to the band office

Deadline to submit is Wednesday, July 5.

More information is available on our website: www.musqueam.bc.ca

Shape the future. Take our survey.



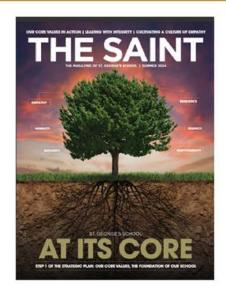
# Musqueam's Karen, Felix & Owen Grant featured in The Saint Magazine

St. George's School recognizes they have much to learn about Truth and Reconciliation and have been working to strengthen their relationship with Musqueam. To learn more about our history and lived experiences, they interviewed Karen Grant and her two sons Felix, class of 2022, and Owen, class of 2025.

Karen opens up about the intergenerational and community impacts of residential schools, and emphasizes that reconciliation is a lifetime commitment to uncovering truths of colonization.

The core value of respect is shared between Musqueam and St. George's, and the three Grants share ways that the school community can continue to demonstrate respect to Indigenous peoples.

Read the full article on St. George's website: www.stgeorges.bc.ca/welcome/publications/the-saint-magazine



Read the article online:





# Artist Opportunities

- Lu'ma Native Housing Society & FIRST UNITED is seeking Musqueam, Squamish or Tsleil-Waututh artists to create public art installations
- CIMS is seeking a Musqueam youth artist to create a Musqueam-inspired logo

See full artist calls on our website:



musqueam.bc.ca/artcalls

## **MUSQUEAM EMPLOYMENT & TRAINING**

# **Department Update**

**JUNE 2024** 







# Musqueam Grad 2024

The annual celebration of Musqueam graduates' success, collaboratively organized by Education and Employment & Training, is a testament to our commitment to our members' academic and professional growth.

On June 13, we honoured 38 Education students and 60 Employment & Training students.

We extend our gratitude to Gordon Grant, Carl and Oscar Point, Tammy Harkey and her catering team, Noreen Point, Peter So, Odette Wilson, Rebecca Campbell and last but not least, our setup/cleanup crew for their invaluable contributions to the success of this event.

To every graduating student, we offer our sincerest congratulations and best wishes for a future filled with continued learning, growth and prosperity.









# Thank you to our partners for attending!

JODI CARLOW, MELANIE LIZOTTE, HAMISH ROBERTSON, ALANA OLSON & PETER SO

Thank you for your continued support and participation in community events, especially during these special celebrations of success.

























# RAM Youth Scholarship



#### **2024 RECIPIENT - MARIE SCOTCHMAN**

This year's RAM Scholarship recipient is Marie Scotchman. Marie has completed her Welding Level B through UA Piping Industry College of British Columbia. Marie is a hard worker, eager learner and has put in many extra hours of hands-on learning and practice to her successful outcome. Marie has also impressed us with her positive outlook, dedication and determination.

Congratulations, Marie! We also would like to graciously thank RAM Consulting for your generosity and commitment to enhancing the social-economic impacts of Musqueam members.

# Job Search in the Computer Lab

Monday-Friday 8:30am-4:30pm

Community Centre (upstairs)

Community is always welcome to use Musqueam's computer lab anytime during the week to search and apply for employment.

Krista Brisk and Angela Nahanee are also available to assist with resume writing and fine-tuning, and have tons of tips and tricks.



#### **CONTACT US**

Krista Brisk, Coordinator 604-269-3461 <a href="mailto:kbrisk@musqueam.bc.ca">kbrisk@musqueam.bc.ca</a>

Angela Nahanee, Job Coach 604-269-3316 anahanee@musqueam.bc.ca

# Client of the Month

#### MARIE SCOTCHMAN

The Musqueam Employment & Training department is excited to celebrate and highlight the success of one of our hard working members/students, Marie Scotchman. Marie recently completed her Welding Level B through UA Piping Industry College of British Columbia. Marie has been a client of E&T since 2020.

Earlier this year, RAM Consulting tasked Musqueam Employment & Training Department to select a recipient who was deserving of a \$2,000 Scholarship. After careful consideration, our department has agreed that Marie Scotchman would be selected for her hard work and determination. Her success has not gone unnoticed.

Marie, we are so proud of you and cannot wait to see your career evolve over the next few years. Congratulations on being the recipient of RAM Consulting's Indigenous Youth Scholarship.









# Send your photos to E&T to be featured!

Alicea Bradley, Data & Communications Officer abradley@musqueam.bc.ca







# WERE



musqueam.bc.ca/careers

Contact for more information:

Kia Coles, HR Manager kcoles@musqueam.bc.ca

#### Musqueam is currently hiring for these positions:

- Payroll Administrator
- Learning Facilitator
- · Youth Outreach Worker
- Relationship Specialist Assistant
- Home Care Attendant (casual)
- Prescribing Nurse
- Intergovernmental Projects Analyst
- Intergovernmental Project Coordinator
- Executive Assistant to UBC Liaison
- Census Data Collector (Survey Interviewer)

## tə memənəs?ewtx The Children's House

Preschool

# Daycare 7:45am-5pm

9am-3pm Christy Friesen, Sherry Point,

Kelly Herman & Alice Stogan & Ernestine Herman Stacy George



Renee Stogan 604-269-3302

childcaresup@musqueam.bc.ca





#### **Preschool Registration**

Children aged 3-5 years old can register for preschool starting Tuesday, July 2.

Contact Renee Stogan to sign up your child.





# Saint Michael Church

6386 Crown Place, Musqueam Reserve

Service every Sunday at 1pm

Contact Jeannie Campbell: 604-781-5641



# Musqueam and UBC's Chan Centre for the Performing Arts announce the return of this Indigenous festival!

7əmi ce:p x<sup>w</sup>iwəl (Come Toward the Fire)
September 14, 2024
12pm - 7pm

Join us for the third year of this family-friendly Indigenous-led festival.

# =,Call for Vendors!

- Indigenous food vendors (all cuisines welcome, especially indigenous foods)
- Musqueam artisans (for daytime artisan market)

If you'd like to participate as a vendor, please email chancentre.programming@ubc.ca. Provide the name of your business, contact info and social media handles (if you have them).



#### Musqueam Housing presents

# **Adult Bike Program**

Four Mondays this summer!

10am - 12pm

- July 8
- July 22
- August 12
- August 26



Come join us for a refresher on bike and road safety, and stay for a gentle bike ride through the neighbourhood! Participants are welcome to stay for a post-ride meal.

Bring your own bike or try one of our sturdy, easy-to-use adult-sized electric tricycles

Elders, come ride with our youth helpers!

Contact the Housing Department for more information.



# 2024 Land Awards

WINNER Real Estate

#### leləm

Musqueam Indian Band & Musqueam Capital Corporation





# Musqueam Health

# Land Based Healing with Kymberlee Stogan

# Slahal Nights

Tuesdays in July 5 - 7:30pm Cultural Centre

- July 9
- July 16
- July 23
- July 30

Knowledge Holders from the community will be leading the games.

Dinner provided.

Contact Kymberlee Stogan, Land Based Healing Coordinator for any questions. kymberleestogan@gmail.com

# **Primary Care Clinic**

Located in the Primary Care Trailer, 4010 Si-Lu Drive

**Book an appointment** 604-266-0043

Leave a voicemail and we will call you back!

Open Monday to Friday 9:30am - 3:30pm

Closed for lunch: 12-1pm

Closed on June 21 for Indigenous Peoples Day



Dr. Noah Marchand & Adam Mayers

**Pediatrician** Dr. Anamaria Richardson is next in Musqueam on July 10 & 11.

No referral needed. Open to children ages 0-19 years old.

Appointments available 9am - 12pm.

Drop-in appointments available from 1 - 3:20pm.

Call Granville Pediatrics to make an appointment: 604-423-4803



# Musqueam Wellness Program

Every Monday, 6 - 7:30pm Community Centre



## Women's Wellness Group

Yoga room (Main floor of Community Centre)

Hosted by Nicolette Moore & Mitra Ariyah

Open to female-identified Musqueam community members.

Drop in and learn about:

- Self-reflection & self-care
- Family dynamics
- Motivation vs. procrastination
- Personal growth
- Health communication
- Co-dependency

- · Trauma awareness
- Budgeting
- Harm reduction
- Finding balance
- · Healthy coping skills

#### Contacts

Nicolette Moore NNADAP Worker 236-558-8482

Mitra Ariyah Social Worker 136-889-8312

Childcare and dinner provided!

Once a month visits from Crystal Point, Community Health Nurse, and Kymberlee Stogan, Land Based Healing Coordinator.

Crystal will cover topics like menopause, diabetes, smoking cessation, osteoporosis (bone health), pregnancy, menstrual disorders, cancer screening and more. Kym will cover land-based treatment and healing that reconnect us to the land while utilizing supports to relearn, revitalize and reclaim traditional wellness practices.

#### **UBC Active Kids - Fall 2024**

The next UBC Active Kids session will start this fall. Please sign up with Arlene if you have a young one who wants to participate. Details will be released near the end of the summer.



# Musqueam Wellness Program

Every Monday, 6 - 7:30pm Community Centre



## Men's Wellness Group

Centre Pod (Second Floor of Community Centre)

Hosted by Brad Morin & Merv Kelly

Open to male-identified Musqueam community members wanting a safe place to spend some time learning new skills and doing fun activities.

#### Contact

Brad Morin, NNADAP Worker 604-652-1368 nnadapbmorin@musqueam.bc.ca

#### Drop in and learn about:

- · Personal growth
- Healthy coping skills
- Disease prevention
- Nutrition

- Fitness & sport activity
- · Positive role modelling
- Harm reduction
- Building respectful relationships

#### Lice education

Please contact Crystal or Arlene if you are interested in learning more about lice treatment and prevention. We are compiling a list of interested Musqueam parents and caregivers before inviting The Greater Vancouver Lice Clinic for an information session.

#### Learn more about:

- lice facts, including life stages and cycles
- treatment
- prevention

- · wet combing method
- · what to do with your environment
- reducing stigma

You can also contact Crystal or Arlene for lice combs and current information/handouts.



#### Pre- & post-natal support

Are you pregnant or recently had a baby?

Musqueam Health offers valuable incentives to pre-natal and post-natal families.

Contact Crystal Point or Arlene Haldane for more information.

# Family lunch confirmed for July 16

Open invitation to pre- and postnatal families to join us for a park lunch!

Tuesday, July 16 from 12-2pm

Chaldecott Park (King Edward & Crown Steet - the small water park/picnic area)

Crystal has returned as Musqueam's Community Health Nurse, and she wants to re-engage with current and past clients. Share your valuable feedback on the program while we enjoy the summertime heat, share a meal and let the kiddos run in the splash park!

We want to know: What did you like about the program? What could be improved?

Family welcome to join!

RSVP with Arlene: 604-655-0580 / nurseassist@musqueam.bc.ca

#### **Chronic Disease Management**

Merv Kelly is available to anyone who wants support and motivation with their fitness routine!

#### Visit Mery in the fitness centre

Mondays, Thursdays & Fridays: 8:30 - 1 pm

Tuesdays & Wednesdays: 8:30 - 10:30am

Circuit training: 12 - 1 pm

#### Stop by Merv's office

Monday - Friday, 1 - 3:30 pm 2nd floor of the community centre

#### Join the walking group

Tuesdays & Wednesdays 10:30am

Meet at Elders Centre

Weather permitting.
Contact Merv or Brenda.



Everyone welcome!



#### **Take Home Naloxone (THN)**

Please remember to look at your THN kit to see if it is expired.

If you need a new kit, contact Nicolette Moore or Crystal Point to replace the expired Naloxone. We are happy to set up a training session If you or family or friends would like a refresher training session on THN, or are new and have not had any previous training before.

Please get in touch with us!

#### Smile2Smile - Fall 2024

This fall, the health department will be organizing dental screening for toddlers. Please contact Arlene to sign up. Details to be determined, but we will start a list to see how many families are interested in this screening.

#### **Elders Lunch**

Thursday, July 11

12pm

**Elders Centre** 

#### **Ladies Group**

**Every Tuesday** 

1 - 4pm

**Elders Centre** 

#### **Youth Centre**

Monday - Friday

2 - 9pm

604-269-3465

#### Mental Wellness & Addiction

Private counselling services are available to Musqueam people via phone or virtually.

#### Janice Cross, Wellness Counsellor Janice Carroll, Art Therapist

236-558-9977 778-829-0242

mentalwellness@musqueam.bc.ca jcarroll@musqueam.bc.ca

NNADAP aims to support community members struggling with addictions through education, counselling, detox support, relapse prevention planning, family intervention, referrals and more.

Call to make an appointment with Brad or Nicolette, or stop by the health department office in the community centre during their shifts.

#### Brad Morin, Drug & Alcohol Worker

604-652-1368

nnadap.bmorin@musqueam.bc.ca

Mondays & Fridays: 5:30pm - 9pm Saturdays & Sundays: 10am - 5pm

#### Nicolette Moore, Drug & Alcohol Worker

236-558-8482 nnadap.nmoore@musqueam.bc.ca

Mondays - Fridays 9am - 5pm







# Exclusive to Musqueam Members & Employees Purchase Opportunity & Discount Program

We are excited to share information on our newest project, šx<sup>w</sup>q̇teχən edge way at leləḿ, Musqueam's first project in partnership with Townline.

šx<sup>w</sup>q́texən edge way at leləḿ is a rare opportunity to own a home at UBC, placing you close to daily conveniences and premier schools. šx<sup>w</sup>q́texən edge way to leləḿ offers a range of home types including 1-, 2- and 2-bedroom plus lock-off condominium homes, garden flats and 3 bedroom townhomes.



The šxwqtexən edge way at leləm program:

#### 5% discount

Musqueam Members and Employees: Full-time, Part-time or Hourly Employee (minimum 3 months)

#### 2% discount

Spouse, child, sibling or parent of Musqueam Employee

- You may purchase up to a max of two homes
- · No discount on the assignment fee
- No contract may be written with a subject; important to have your financing organized before paperwork is prepared
- A cooperating brokerage commission is not payable with this discount program
- No other promotion will be offered in conjunction with this discount
- A 5% deposit will only be accepted if you are first-time home buyer and you provide a letter from CMHC showing that you quality for a 5% down payment (deposit is conditional upon the approval of the project's Lending Institutions)
- Please note that in the event that CRA rules this as a taxable benefit, the tax obligation is the Musqueam Member or Employee's responsibility

Contact the sales team: Vivian Zhang, Sales Manager, 778-869-0504, vivian.zhang@townline.com Pauline Thiessen, Sales Associate, 778-938-3422, pauline.thiessen@townline.com